

CONGREGATION BETH ISRAEL

ChaiLights

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From Rabbi Yonatan Cohen

The book of Numbers is replete with uncertainty. The difficult sojourn in the desert leads to multiple instances of rebellion and communal disintegration. Miriam questions Moses' actions. Korach challenges Moses and Aaron's leadership. The spies' pessimistic report about the land of Israel leads to utter despair among the people. As a consequence, the people remain in the desert for forty years, a period of time long enough to ensure that those who left Egypt would never enter the Promised Land. Uncertainty begets more uncertainty, greater instability, and a difficult journey becomes seemingly endless.

At this time, we too find ourselves in a desert. How long will our journey back to shul, back to schools, back to work, back to "normalcy" take? Though I do not have clear answers to any of these questions—even as our leadership team diligently works on multiple contingency plans—I do know one thing for sure: Uncertainty does not necessarily beget more uncertainty and or greater instability.

Our communal pivot over the past few months demonstrates that as a shul we have the capacity to overwhelm uncertainty with acts of lovingkindness, spiritual resilience, creativity, and generosity. Time and time again, I receive messages from different members of our community who insist that while they miss being physically in our sanctuary and shul, they currently feel more deeply connected to fellow community members (through various *Chesed* initiatives) and/or to God (through a renewed or reinvigorated commitment to prayer and study).

In addition, many of you have expressed the sentiment that when it comes to our community, you feel that you are "in good hands." That sense of



stability and steadfastness is certainly due to the incredible team of professionals and lay leaders with whom I am privileged to work. Though each deserves the unique appreciation of each member of our community, at this time allow me to simply acknowledge our president, Issy Kipnis, whose stewardship of our shul during dark times embodies the highest standards we strive to uphold as a community.

Over the past two years, time and time again, Issy taught me and us important lessons. Whatever came our way, be it security challenges or the various threats brought by the covid-19 pandemic, Issy remained modest, direct, caring, selfless, consistent, and reliable. Much of the sense of stability and communal cogency with which we face these uncertain times is due to his faithful leadership.

Issy became our president as a way to honor the memory of his beloved parents, who were visionary leaders in their own community. As Issy completes his tenure as our shul president, it is clear that their memory is truly a blessing for us all.

I deeply appreciate Dan Magid’s commitment to becoming our next president at this extraordinary time. I first met Daniel at CBI’s morning services over ten years ago. Our connection grew deeper over a year’s long *Chevrutah* study, and it matured as we worked together on community projects for our beloved shul. Through sad times and joyous ones as well, our bond became even closer. Dan shares deeply in CBI’s mission, and I know that he will build upon Issy’s and our board’s many accomplishments.

The desert remains before us, and myriad challenges lie ahead. Despite this, I remain confident that any uncertainty that comes our way will only lead us to further solidify our innermost commitments to lovingkindness, spiritual resilience, creativity, and generosity. *Chazak, chazak v’nitzchek!* Let us respond with strength, and more strength, and even more strength!

R. Yonatan Cohen



CONGREGATION BETH ISRAEL BOARD MEMBERS 2020-2022

EXECUTIVE COMMITTEE

President, Dan Magid
1st Vice President, Carol Cunradi
2rd Vice President, Rebecca Landes
3rd Vice President, Noah Nathan
Treasurer, Ori Kanefsky
Secretary, Miriam Barrere

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Chaya Miriam Fried
Jodie Morgan
Irene Resnikoff
Zev Rosen
Adam Rosenzweig

Naama Sadan
Thom Seaton
Philip Tandler
Chaim Stauber, Gan Representative
Susie Marcus, Sisterhood Representative
Issy Kipnis, Past President

From Our Outgoing President, Issy Kipnis

Piece of cake. As I was getting ready to lead the CBI Board of Directors two years ago, that is exactly what I thought. How difficult could it be, really? We have outstanding and established clergy leadership, a competent administrator who has been with CBI for more than a decade, a preschool that runs like clockwork, and relatively new facilities, both for the shul and the Gan. And I was gifted by the congregation to work with an energetic, efficient, and experienced board of directors. What is the job, I asked myself? Chairing the board's meeting once a month and giving the announcements from the *bimah* on Shabbat? Leslie Valas told me just three things about the announcement: welcome visitors, kiddush sponsors, and *hachnassat orchim* hosts. Ezra Hendon added keep it short. Piece of cake.

Of course, I had my own ideas of what I wanted to accomplish during my two-year term, mainly to strengthen the finances of the shul. I am happy to report that we accomplished that mission. We re-established our Circle of David and Solomon Society programs, and restructured our dues schedule. This could not have been done without the tireless work of our treasurers, Ben Rose initially and then Ori Kanefsky. Folks, we all owe a debt of gratitude to our treasurers, the one role on the board that never stops.

Smooth sailing for the first four months, until the tragic attack on the Tree of Life Or *L'Simcha* Synagogue in Pittsburgh, followed by attacks on other synagogues. The board immediately responded by requesting security assessments of CBI facilities by the Berkeley Police Department and the Jewish Federation. We established our program of greeters to enhance security awareness and hired security guards who work as needed. We created a CBI security handbook and followed security policies. The determined work of Noah Nathan was crucial in keeping Beth Israel a safe and welcoming community.

This January we realized that we would need to find a new director for Gan Shalom. Again, the board immediately responded and with the participation of Rachel Heitler and Chaim Stauber, formed a Gan Shalom Search Committee. We were fortunate to find and hire Emma Schnur as the new Gan director, starting on July first. Emma has been a classroom teacher at Gan Avraham for ten years and in 2018 won the Helen Diller Award for Excellence in Jewish education. Emma is also a past student of Gan Shalom, which makes this hire even more special.

And then Covid-19 reached Beth Israel in mid-March. The transformation of CBI and Gan Shalom has been unprecedented. The work of our clergy leaders, R. Cohen and M. Sutton, and our administrator, Joelle Yzquierdo, aided by an army of member volunteers, has positioned CBI at the center of our lives, albeit virtually, in these difficult moments. I want to recognize the work of Adam Rosenzweig and Jeanette Wickelgren in leading our emergency Covid-19 Gan Shalom committee.

Rabbi Cohen gave once a beautiful *drash* for *Parshat Beha'alotcha* about the movement of the *Mishkan* through the desert. Go ask him for the sources. Rabbi Cohen

concluded by saying that we are not really the ones who plan and control our lives, and things happen that we did not plan or ask for. We have to face this fact of life and internalize that we must expect the unexpected and continue on our path. Those words truly resonant during the challenges that Covid-19 has brought.

I am particularly appreciative that Dan Magid has kindly agreed to serve as CBI's next president, leading us in these extraordinary times. We have a stellar cast in our new board of directors, with both new faces and a new generation taking over the lay leadership of the shul. In combination with our outstanding staff—R. Cohen, M. Sutton, and Joelle Yzquierdo. I am confident that we are placing the future of CBI in the most capable hands.

After all is said and done, the last two years have not been a piece of cake for me. But they have been two of the most meaningful years of my life. I thank the congregation for allowing me to serve, and I encourage all my fellow CBI members to deeply engage with our community. We own a treasure that must be preserved.

I hope and pray that we will soon be meeting in person again. It will be hard at the beginning because it will not be the beautiful experience that we all love with Shabbat services attended by 200 members, and it will not be a *kol nidrei* service with people standing in the back. But we will return slowly and carefully, we will congregate to celebrate our life cycles, we will congregate to rejoice in our festivals, and we will congregate to pray to *HaShem*. Paraphrasing the prophet *Yirmeyahu*, we will come back to our now desolate shul, and again it shall be heard in CBI, the sound of joy and the sound of gladness, the voice of the groom and the voice of the bride.

From Our Incoming President, Dan Magid

Rabbi Cohen and I were speaking about the impact of quarantine, the Covid virus, and sheltering in place on the shul a few weeks before my term as president commenced, and he said, “Not what you signed up for, is it?” As always with Rabbi Cohen, it was such a great question. I had to stop and think about what I had signed up for. Would I have made a different decision if I had known that we would be in quarantine and unable to gather as a community?

At the time Issy Kipnis and the Rabbi asked me to step up to the job, it looked like a pretty sweet gig. Issy (our outgoing president), his predecessors, the board, Rabbi Cohen, and Maharat Sutton had done a great job of creating a growing, thriving, and financially secure community. Joelle Yzquierdo kept shul operations in top shape, and we had a cadre of volunteers that was always ready to step in and help. What could go wrong?

Then came Covid-19 and seemingly everything changed. We could no longer gather together for Shabbat services and study, our children could no longer attend the Gan or our educational programs, we couldn't come together for a *minyan* to say Kaddish, and even the possibility of communal *t'filah* during the *chaggim* seems in doubt. How would we respond?

My answer came quickly. The board immediately decided to continue paying our staff even though our programs were closed and some of our sources of income were dramatically reduced or eliminated. An online volunteer board was set up to run errands and shop for people who were at risk and couldn't leave their homes. Our clergy and a variety of guest speakers began teaching classes and holding services online. A parents' WhatsApp group was launched to provide communal support for stressed families dealing with closed schools, online learning, and economic uncertainty. Congregants checked in with each other by phone.

As I write this, we are just eight weeks from the original shelter-in-place order, and we as a community have aggressively moved to not only adapt to our new circumstances but to thrive.

That response answered Rabbi Cohen's question for me. The answer is that this is exactly what I signed up for when I accepted the nomination for president. It is an honor for me to serve the amazing Beth Israel community—a place that is truly a light unto the nations. Beth Israel is there for us when we need a place to pray. (I love the daily *minyans* and highly recommend everyone check them out.) It is there when we yearn to study and learn more about our history and traditions. It is there for our celebrations and when we need comfort. It nurtures us when we are young and cares for us when we are old. And the it is us. When we face a challenge (like Covid), we do it together.

Each of us has a role to play in our community and being president is just one of the many roles. I look forward to doing my part to help us overcome the challenges we face in these times and to working with everyone to build our future.



From Maharat Victoria Sutton So Good to See You! Zoom & Shehechyanu

The daily Mishnah class completed Mishnah Berakhot this past week - *yasher koach* to all the participants! Much of the learning felt practical and timely as we reimagine our prayer practice, and I wanted to share one such relevant example. Among the blessings for a whole host of situations and experiences, the last chapter (*Mishnah Berakhot*9:3) discusses the blessing of *Shehechyanu* on a new item of clothing or a new home. The *Gemara* extends this to a situation in which one experiences something anew, namely, seeing someone who one hasn't seen in a significant amount of time: "R. Yehoshua ben Levi said: Who sees their friend after thirty days says, 'Baruch...*Shehechyanu vikiyimanu vhiyigyanu lazeman hazeh* (Who has kept us in life, and has preserved us, and enabled us to reach this season).' After twelve months one says, 'Blessed...Who revives the dead.' (*Bavli Berakhot* 58b)"

The discussion of *Shehechyanu* on seeing someone after a long period of absence has been renewed after months of shelter-in-place and quarantine measures in Jewish communities across the globe. In our current reality, with video chats and Zoom gatherings that connect us, would individuals still say *Shehechyanu* if they hadn't seen each other in person (IRL if you will) in more than thirty days? What is the reason behind this *shehechyanu*? And is seeing someone on Zoom really like seeing them for this purpose? The *Shulchan Arukh* (OC 225:1) explains that one recites *Shehechyanu* after this long absence for a friend who "is very dear to them and one is happy to see them." The blessing expresses gratitude to God for the heightened joy and warmth of friendship one experiences in these reunions. Does a virtual connection produce the same experience and require a *Shehechyanu*?

In some ways, this is not a new question. Since the advent of regular mail correspondence, then telephone, radio, and, more recently, video, poskim have raised the question as to how these various virtual media that keep us connected function with respect to *Shehechyanu*.

R. Ovadiah Yosef (Yehave Da'at 4:17) discusses whether one should say *Shehechyanu* when seeing someone after thirty days on a live video (TV) broadcast. Although he cites an opinion that a phone call or live TV broadcast would qualify as it provides a feeling of connection and puts one's mind at ease to know the other person is doing well, R. Ovadiah does not agree that those situations would call for *Shehechyanu* and is also concerned about a doubtful blessing in vain. R. Ovadiah concludes "we do not add to what the rabbis said, who use the language of seeing, when one sees their friend

with their own eyes, and is happy in being (physically) near to them."

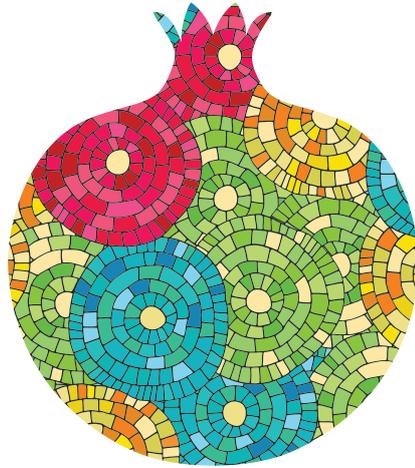
If one holds that a video reunion does not call for *Shehechyanu*, one might then extend this logic to saying *Shehechyanu* on seeing someone after thirty days in person, even if one had seen them on Zoom. There are various rulings being discussed in communities that have begun to reopen. For example, R. Avraham Stav in Israel writes, "It is clear that a virtual meeting does not exempt from blessing on a real meeting (*mifgash mammashi*)...as no one writes that one shouldn't bless on seeing a sovereign or the sea or a grave (in person) if they had seen it in a live broadcast within the last thirty days. And how much more so in our discussion." R. Stav emphasizes the importance of this *Shehechyanu* in our days given the heightened level of gratitude and joy on these reunions when so many have been restricted from seeing loved ones under the threat of the pandemic.

Beyond a *halakhic* ruling (which was not the intention of this write-up), learning these sources helps provide language and platform to consider how we both as individuals and as a community relate to these questions of connection and relationship. Do Zoom meetings and virtual gatherings bring joy and the warmth of friendship? Do regular phone calls provide companionship and peace of mind? Is there any replacement in human experience for being with someone in person or for seeing their smiling, unmasked face up close or for giving them a hug?

May we continue to feel the joy and loving embrace of friends and community through the means and media safely available to us.

YOUR CHAI-LIGHTS TEAM

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CIRCLE OF DAVID & SOLOMON SOCIETY TRUSTEE PROGRAMS

The Board of Directors of CBI launched an initiative this year to revamp our existing Circle of David program. We established a new structure with two categories, Circle of David and Solomon Society, contributing twice or three times regular dues for the year, respectively.

Fourteen CBI households agreed to participate in the 2019-2020 inaugural class of the new program.

We wholeheartedly thank these members for their support and dedication to CBI.

Noah & Hope Alper • Anonymous (1) • Alan & Elissa Kittner • Gary & Lois Marcus • Allen Mayer • Edward & Phyllis Miller
Joel & Irene Resnikoff • Ben Rose & Rebecca Landes • Mordy & Rena Rosen • Adam Rosenzweig & Jessica Fain
Jeremy Smith & Iris Greenberg-Smith • Bob & Naomi Stamper • Jeff & Doreet Stein • Stanley & Linda Wulf

CONFESSIONS OF A SCRIP SALESPERSON

I majored and worked in education not in marketing. I am great at explaining that scrip means gift cards that earn between 4 and 20% for CBI. I can be clear that Berkeley Bowl, Peet's Coffee, CVS, Walgreens, Lands' End, L. L. Bean, and Safeway are always available. I can deliver the scrip and thank you for painlessly helping us to raise thousands of dollars each year for the Shul.

What I don't do well is find new customers. I need marketing skills! So here goes:
Going out of business.....Last chance to buy.....Your laundry will smell better....Buy two get one free.....
It will lower your cholesterol. Oh I give up ..JUST SHOP WITH SCRIP!

Contact Naomi Stamper nstamper@sbcglobal.net



Gan Shalom From Our Gan Shalom Director Emma Schnur

Thirty years ago, I entered Gan Shalom for the first time. I was nervous, I was excited, I was ready—and I was three years old. I cannot say that I remember my first moments at Gan Shalom, but I do remember the feelings I had every day for the two years that I was there—safe, loved, and at home.

Gan Shalom was the first step on my path into Bay Area Jewish education. After Gan Shalom, I attended Tehiyah Day School from kindergarten until eighth grade, and I was a camper then a counselor at Camp Kee Tov. I treasure the friendships that I made at these Jewish organizations, and from them I built my own *kehillah* (community).

I have worked in the field of Jewish early child education for ten years. For the past three years I served as a teacher and a Jewish resource specialist (JRS), a leadership program put on through the San Francisco Federation's Jewish Early Childhood and Family Engagement Initiative. As the JRS, I worked to deepen Jewish learning and engage families in Jewish life. As a Jewish early childhood educator, my passion is helping children lay the foundation upon which they can build their Jewish identity. I strongly believe in creating safe spaces and experiences so young families can build their own *kehillah*. I am inspired when engaging with fellow early childhood educators on our Jewish values and traditions, and I look forward to working with the incredibly talented educators at Gan Shalom.

One of my favorite *Pirkei Avot* (yes, I have more than one) comes from Rabbi Hillel, and he says, “Do not sepa-

rate yourself from the community” (*Pirkei Avot* 2:4). This may seem like an oxymoron in this time of separation, but Jewish early childhood directors are finding ways to stay connected. In preparation for the coming weeks and months, I am attending a Bay Area directors meeting at least once a week to share information and discuss contingency plans. We are making sure that we stay up to date with health and safety regulations by monitoring statements from the CDC, both California and Alameda County licensing agencies, and Governor Newsom. I am also attending meetings with Jewish early childhood directors nationally to gain insight into how our Jewish early childhood community as a whole is coping in these unprecedented times. As your incoming director, I am committed to communicating with you regularly as our plans become clear, and ensuring that our vision and plan going forward meet the needs of Gan Shalom's beloved children and families, as well as our cherished faculty.

I know firsthand that Gan Shalom is a special place. The feelings I had while at Gan Shalom have stayed with me for three decades. I am working hard to maintain the sanctity of the school during this pandemic. I look forward to meeting you soon, even if our meeting is virtual!

B'ahava,

Emma

Gan Shalom Welcomes Emma Schnur!

Laws & Customs of the Three Weeks and Nine Days

The 17th of Tammuz, commemorating the fall of Jerusalem prior to the destruction of the Temple, marks the beginning of a 3-week national period of mourning culminating with the 9th of Av. Our rabbis referred to the time period between the 17th of Tammuz and the 9th of Av as 'Bein Hamitzarim,' between the straits, based on the verse: "All her oppressors have overtaken her within the straits" (Lamentations 1:3).

On Shabbat during the Three Weeks, the Haftorot focus upon the Temple's destruction and the exile of the Jewish people.



THE FIVE EVENTS WHICH WE MOURN ON THE 17TH OF TAMMUZ ARE:

1. Moshe broke the tablets at Mount Sinai - in response to the sin of the Golden Calf.
2. The daily offerings in the First Temple were suspended during the siege of Jerusalem, after the *Kohanim* could no longer obtain animals.
3. Jerusalem's walls were breached, prior to the destruction of the Second Temple in 70 CE.
4. Prior to the Great Revolt, the Roman general Apostamos burned a Torah scroll - setting a precedent for the burning of Jewish books throughout the centuries.
5. An idolatrous image was placed in the Sanctuary of the Temple.

In addition, in 1942 the mass deportations of Jews from the Warsaw ghetto began on Erev Tisha B'Av.

ASPECTS OF MOURNING DURING THE THREE WEEKS

1. We do not get married. However, one may get engaged.
2. We avoid public celebrations -- especially those which involve singing, dancing, and musical accompaniment.
3. We do not enjoy live music. This prohibition however does not apply if you make your living as a musician or teacher, or if you are a student practicing, but not performing.
4. We do not get haircuts. A person who usually shaves daily and would suffer business or financial loss by not shaving, may continue to do so.

ASPECTS OF MOURNING DURING THE NINE DAYS

The period commencing with Rosh Chodesh Av is called the 'Nine Days.' During this time, a stricter level of mourning is observed, in accordance with the Talmudic dictum: "When the month of Av begins, we reduce our joy." (BT Taanit 26)

1. We don't eat meat (including poultry) or drink wine. These foods are symbolic of the Temple service, and are generally expressions of celebration and joy.
 - On Shabbat, meat and wine are permitted. This applies also to any other seudat *mitzvah* -- for example, at a *Brit Milah*, *Simchat Bat*, or at the completion of a tractate of Talmud.
2. We do not bathe for pleasure. However for daily hygiene one should continue to bathe but in a manner that is somewhat less enjoyable. Those taking swim lessons or who swim for medical reasons may continue to do so.
3. We avoid purchasing any items that bring great joy. However, one may buy things if they will be difficult to find after the 9th of Av, or even if they will be more expensive later, but if possible should refrain from using or wearing them until after this period. Purchases necessary for one's livelihood are permitted.
4. We do not say the blessing *She-hechyanu* on new food or clothes, except on Shabbat.
5. We postpone starting home improvements, or the planting of trees and flowers, until after the 9th of Av, as it would seem inconsistent to focus upon our home decor as we mourn the destruction of God's house.
6. If one has the option, it is preferable to refrain from wearing newly laundered exterior garments (except on Shabbat)
 - If the "freshness" has been taken out of a garment prior to the Nine Days (by having worn it for even a few moments) it may be worn. It is in fact advisable before the Nine Days to start to put on for a few moments any exterior garments you wish to wear in the coming days.
 - The clothing of small children, which get soiled frequently, may be laundered and worn during the Nine Days.

The Ninth of Av: History & Laws

On the 9th of Av we remember and mourn tragedies which occurred to our people throughout our history. The following events are said to have transpired or started on this very day:



1. The sin of the spies caused God to decree that the Children of Israel who left Egypt would not be permitted to enter the land of Israel.
2. The first Temple was destroyed.
3. The second Temple was destroyed.
4. Betar, the last fortress to hold out against the Romans during the Bar Kochba revolt in the year 135, fell, sealing the fate of the Jewish people.
5. One year after the fall of Betar, the Temple area was plowed.
6. In 1492, King Ferdinand of Spain issued the expulsion decree, setting the 9th of Av as the final date by which not a single Jew would be allowed on Spanish soil.
7. World War I, which began the downward slide to the Holocaust – began on the 9th of Av.

The central component of the day however is not only sadness and loss but also the hope for teshuva and the betterment of ourselves.

There are five major prohibitions (all of which are rabbinically ordained) that help create as well as reflect our sense of loss and introspection.

1. We do not Eat or Drink on the 9th of Av (individuals who are ill or pregnant or nursing should in no way harm themselves. For further guidance please contact Rabbi Cohen.)
2. We do not Bathe even parts of our body on the 9th of Av. If part of the body becomes soiled one may wash that area. After using the restroom and after waking up one washes his/her hands up to the knuckles.
3. We do not anoint our bodies with Oils on the 9th of Av, this include creams, cosmetics, cologne and perfume.
4. We do not wear Leather Shoes on the 9th of Av.
5. Marital Relations are prohibited on the 9th of Av.

Other traditions include:

Greeting: We do not greet each other by saying “hello” or “how are you doing” on the 9th of Av. One should be careful not to offend another person who may be unaware of this law. There is an added custom to minimize speech in general on the 9th of Av at least until the midday (*chatzot*- precisely between sunrise *neitz* and sunset *shkia*- see the *zmanim* chart for details).

Torah Study: We do not study Torah as it is the greatest joy. However elements dealing with the destruction of the Temple, or the laws of mourning should be studied.

Sitting on the Floor: We sit on the floor or on a low chair until *chatzot* of the 9th of Av. One may also stand or lie down. There is an added custom to remove a pillow from one’s bed or to place a stone beneath the pillow.

Tallit and Tefilin: Are not worn in the morning, but are worn for *mincha*.

Our tradition teaches that the process of redemption will also begin on the 9th of Av.

May we merit to see the rebuilding of Yerushalayim filled with peace and unity speedily in our days,

R. Yonatan Cohen

Member Profile

Reyna Schachter & Isaac Bleaman

By Katrin Arefy

Reyna Schachter and Isaac Bleaman are new transplants to the Bay Area, having lived most recently in Cambridge, MA, and before that in New York. They got married in June 2019 and moved to Berkeley one week later. In April, during the pandemic, they bought a house in Oakland and self-moved.

Reyna and Isaac were introduced to CBI by Reyna's cousin Meena Viswanath. They were impressed by the vibrant and open community and decided to become members.

Isaac is an assistant professor of linguistics at UC Berkeley and his research is focused on Yiddish. During graduate school, he worked as a Yiddish grammar instructor and shared a group of students with Khane Gonshor, who happens to be Frayda Gonshor Cohen's mother. "Khane is a very tough grader," he laughed.

Isaac grew up in the LA area. He has a PhD in linguistics from NYU and a master's in Yiddish Studies from Oxford. He received his BA at Stanford.

Reyna works at a mental health technology company in San Francisco, working with employers to offer on-demand mental health benefits to their employees. She grew up in a Yiddish-speaking household in Manhattan and earned a BA in history at Yale in 2017. When Reyna was younger, she performed around the world with her sister, singing and acting in Yiddish, under the musical direction of their dad. Their group is called Di Shekhter-Tekhterin Yiddish, or the Schachter Sisters in English.

Reyna and Isaac both play instruments. Reyna plays the piano and Isaac plays the violin. Reyna is also a certified yoga teacher. I asked what they do for fun. "Cooking, baking, Zoom cardio workouts with family. And just recently we've been trying not to kill our new fruit trees, with tips from our gardening consultant and friend, CBI member Nehama Rogozen," Reyna said.



Member Profile

Abigail, Shai & Noa Dardashti

By Katrin Arefy

Abigail, Shai, and eight-month old Noa Dardashti moved to Berkeley from New York City around Purim time this year. Abigail got a job at San Francisco State University as assistant professor in art history, where she is going to start working this August.

Upon the recommendation of Aryeh Canter and Ariela Yomtovian, the couple initially visited Berkeley last year in November and stayed with Leslie Valas and Alan Finkelstein. "After spending Shabbat here we realized this was the perfect match, and we didn't even look anywhere else for a community," said Shai. "We love how warm and diverse the community is. Initially, we were planning to move in summer 2020 but because we liked the community and with the help of Maharat Victoria, Rabbi Cohen, and Rena and Ori Kanefsky, we got an apartment and moved earlier."

Shai was born in Israel and grew up in Philadelphia. He works in finance. Abigail was born in the French Alps and grew up in Paris. Her family moved to New York when she was sixteen years old. The couple lived in Brazil for a year and a half during Abigail's doctoral research, and they found it a very appealing experience. "We love traveling, cooking, and eating. Shai is learning how to garden and grow many different herbs and salads since we moved here," said Abigail.



Member Profile

Ross Gusky & Amanda Reyes

By Katrin Arefy

Ross Gusky and Amanda Reyes have been attending services at CBI frequently since about June 2018 and became members a few months ago. They eventually moved from Pleasant Hill to be closer to CBI.

Ross is a college baseball coach at San Jose State University, and Amanda is an interior designer at HKIT Architects.

Ross grew up with an athletic background. He played a little bit of professional baseball before he started coaching. He has been a coach for seven years now. "I was inducted into the Class of 2019 Jewish Sports Hall Fame in Western Pennsylvania. I got to give a speech in front of a big audience and that was my share of Jewish experience in sport."

When I asked Ross how Jewish experience in sport could be different, he replied, "Sport has taken me all over the world and I have tried to find Jewish communities to experience my Jewishness. I went to a synagogue in Vienna Austria while being there for baseball for a whole summer. I got to go to an Orthodox shul during Yom Kippur there. Baseball takes me into different countries and I get to experience my Jewish heritage and culture through my travels from sport."

Why choose CBI? "I grew up in an Orthodox community. I experienced conservative communities traveling around the country. After moving here we did a little search and found CBI. We gravitated toward CBI because of Rabbi Cohen's speeches and his relationship with the members of the community."

"Everyone in the community has been very welcoming, and we got invited for Shabbat and high holidays, so we are very appreciative of the community. And even now that we can't meet face to face, all the Zoom meetings and events have been very good for us."

Amanda added, "I have been learning with Maharat Victoria Sutton pretty frequently and having her and Rabbi Cohen as resources has been really great. That also goes in with why we choose CBI. Just by looking at the website we could tell how inclusive the community is with men and women and that is a big plus."

"We both kind of work a lot," Ross said. "As for hobbies, I would say outdoor sport. We played soccer a bit with the synagogue team, and we like to run and work out. We are both much into fitness."

"We became engaged last summer, and we were very much looking forward to celebrating a wedding in August. Because of everything that has happened, our plans are looking a lot different. But despite the change, we are still looking forward to celebrating this year in which ever way guidelines will allow us. Hopefully there will be another time to celebrate with all of our family and friends, but we are more than happy to move into the next chapter of our lives together."

We just want to say thank you to Rabbi Cohen and Maharat Victoria for guiding us through this pivotal time in our lives and a major milestone in our relationship. CBI is such a beautiful congregation and we are so happy that our paths have led us here.





Beth Israel Classes

Classes are held at CBI unless otherwise noted

DAILY PRACTICE

CBI DAILY TORAH WHATSAPP GROUP W/ R. COHEN

Rabbi Cohen will share a daily video dvar Torah to the CBI Daily Torah Group and CBI FB group.

On Friday, Rabbi Cohen will share a video drasha and a source sheet to print. To join this group, please use this link: <https://chat.whatsapp.com/GxGxiHICAmG9nN6p2TseAd>.

CBI FB group can be found here: <https://www.facebook.com/groups/169500763063398/>

DAILY MISHNA W/ M. SUTTON

8:45-9:00 am • Sun-Fri. via Zoom

Join us to learn a Mishna together, particularly in lieu of saying kaddish for departed loved ones during this time. We will start with Mishna Berakhot. Please be in touch with M. Sutton if you have a yearzeit this week or in the 11 months of saying kaddish for a loved one (maharatvictoria@gmail.com).

Listen to past Daily Mishna classes with M Sutton at <https://tinyurl.com/ydhoouf5>

MONDAY

12:00 PM VIA ZOOM

Key Books in Tanakh w/Maharat Victoria Sutton: Book of Samuel II

Following the chaotic period of the Judges, the Book of Samuel narrates the centralization of leadership in Israel. The book opens with the birth of the prophet Samuel, who unifies the nation, and crowns the first kings of Israel. The second book of Samuel focuses on David's struggles in establishing a dynasty. The Book of Samuel presents a gripping exploration of political personalities, palace intrigue and the role of God in the lives of kings and nations.

8:00 PM VIA ZOOM

Process Group with Beth Oelberger

Please join us for an open and contained process group in order to connect with others during this stressful time. All are welcome! Facilitated by Beth Oelberger, Licensed Marriage and Family Therapist and Expressive Arts Therapist, specializing in complex trauma and self-care.

TUESDAY

12:00-3:00 PM

CBI Mah Jongg Group via Zoom!

The regular Tuesday Mah Jongg group that met at CBI has moved to Zoom and <https://realmahjongg.com>, thanks to Lea Lasman! It's for players that know how to play and already have their National Mah Jongg Play Card 2019/2020.

To join, please be in touch with Marti Zedeck.

THURSDAY

10:00-11:30 am

Hashiva Hakaratit w/ Racheli Perl

Join in learning what has been termed as the contemporary-Hasidic-female movement! "Hashiva Hakaratit" or the Yemi-ma method is an Israeli spiritual movement that has been growing over the last thirty years, originally taught by Yemi-ma Avital (1929-1999) in Herzelia in the 80's and 90's. Her system teaches us how to be more connected to our true essence ("mahut") and be closer to, and more accepting of ourselves and others.

FRIDAY

9:00 am via Zoom

Talmudic Wisdom w/R. Yonatan Cohen: Join us for a weekly class on Tractate Chagigah that explores major Jewish questions of practice and thought.

In this week's class we will explore the second chapter of the tractate.

Emotional, Tech, Practical & Financial Support

CBI SUPPORTIVE WHATSAPP GROUPS:

To join a WhatsApp group sharing positive insights during this time of hardship, please use this link: <https://chat.whatsapp.com/C6gYUxkhUoZ1cuMVg7UII0>

To join a WhatsApp group sharing ideas for caring and creative parenting during this time of hardship, please use this link: <https://chat.whatsapp.com/EY6NvTZlyk3bEBX73iow>

SAFETY IN THE HOME:

During social distancing, and prolonged time at home, those who live with domestic violence are at increased risk. For anyone feeling unsafe in their homes right now there, here are some helpful resources on coping when stuck at home. <https://www.shalomtaskforce.org/single-post/2020/03/17/Staying-Safe-When-Stuck-at-Home>
<https://www.thehotline.org/2020/03/13/staying-safe-during-covid-19/>

TECH SUPPORT:

If you are looking for some tech support to get on Zoom, WhatsApp or FB to stay connected, please let us know and we will direct you to some tech angels. Email office@cbiberkeley.org

CHESSD CALLERS & ERRAND ANGELS:

We now have a group of over 40 volunteers that have paired with over 100 community members around the East Bay that may need some extra support during this health crisis. This amazing group will be keeping regular communication with community members as well as assisting with running errands during the shelter-in-place protocol. It is our hope that all members of our community will remain healthy inside their homes in the coming weeks. As R. Cohen emphasized in a previous message to our community: "At this time IT IS A MITZVAH to ask for support and help as it is a mitzvah not to put yourself and others at risk." The Chessed Callers & Errand Angels are here to make that as easy as possible!

ERRAND FORM

Anybody in the community is encouraged both to submit and fulfill errands using the Errand Form located here: <https://forms.gle/TpvqP5YmYT8fbqJY8>.

If you have multiple errands, such as a grocery request as well as a pharmacy pickup, please submit one form per errand so that we can better organize assignments and timelines. If you have trouble using the form, you can also send your request to Jana Loeb (janajett@gmail.com – 414-573-3730)

Important Information About Requesting Errands

One note about errands, as with everybody we must be conscious of social distancing and safety for our Errand Angels. We would like to help our angels to make very efficient trips and minimize the number of locations. To that end, when you are submitting errands please keep a few things in mind:

1. Plan Ahead – things like groceries should be requested far in advance so that our Angels can consolidate errands. Also, please try and include everything in your original request to the best of your ability.

2. Specific store/item requests – we are encouraging Angels to shop at a single store per trip and thus may not be able to get the specific store/brand you are requesting. Have that in mind when making the request and set your expectations accordingly.
3. Quantities – many stores are either limiting quantities of purchase on some items or certain items (pasta, toilet paper etc.) are proving hard to find. Again, to help with this please submit and consolidate errand requests as early as possible and set your expectation in terms of delivery times.

HOW TO HELP OUT

First and foremost, please take care of yourself! Stay inside, wash your hands, and listen to official guidelines. If you would like to help out either as a Chessed Caller or to take on some Errands, you can sign up here: <https://forms.gle/SnJ-fUfdTL0DQAMcu6>

Every morning an email goes out with all of the outstanding Errand Requests and any volunteer can claim them. You can always check on the outstanding errands here: <https://docs.google.com/spreadsheets/d/1DK2VMVCZ9bHpHCVTwFo4O6QkPUFRvn-QQDyYhny-sDY/edit?usp=sharing>

FINANCIAL AID:

We recognize that sheltering-in-place impacts the financial well-being of some of our members as well as some of our beloved Jewish institutions. In the coming weeks and months, the shul's Tzedakah fund will be used exclusively to aid our community. Please contact R. Cohen if you anticipate financial hardship in the weeks and months to come, we are here to offer support. You can make a donation to help fellow congregants, indicate "communal chessed".

- <https://www.cbiberkeley.org/connect/giving/> by Paypal, please pick the Rabbi's Discretionary Fund
- @CBI-Berkeley on Venmo (last four digits of phone: 9444)
- to office@cbiberkeley.org by Zelle
- by check "Congregation Beth Israel" to 1630 Bancroft Way, Berkeley CA 94703

Hebrew Free Loans. HFL provides interest-free loans to help Jewish individuals in Northern California overcome financial challenges. They are now offering loans to help manage financial difficulties related to COVID-19. <https://www.hflasf.org/apply/loans-we-offer/coronavirus-impact/>

Jewish Community Federation and Endowment Fund has set up a COVID-19 Response Fund to enable donors and the community to help meet individual and organizational needs, as well as an up-to-date Jewish community resource guide for all to use. **JFCS East Bay** is now operating a new COVID-10 Emergency Assistance Program, including a Jewish Community Safety Net Program. We are offering emergency financial assistance to our agency clients and to any East Bay Jew in need. We are also providing information/navigation services, benefits enrollment assistance, food assistance (including home-delivered groceries for those who need it), mental health support, ongoing telephone support, and follow-up contact.

Contact jcsn@jfcseastbay.org or (510) 704-7480 X716.

Calendar

Please consult our weekly bulletin for Zoom and services information.

SHAVUOT

Thursday night, May 28 – Saturday, May 30

FIRST DAY SHAVUOT

Thursday night, May 28

Candle Lighting 8:05 pm

SECOND DAY OF SHAVUOT

Friday night, May 29

Candle Lighting (light from a pre-existing flame) 8:06 pm

SHABBAT, SECOND DAY SHAVUOT, MAY 30

Havdalah & Yom Tov ends after 9:11 p.m

SHABBAT PARSHAT NASSO

Friday night & Saturday, June 5-6

Candle Lighting 8:10 pm

Havdalah & Shabbat ends after 9:16 pm

SHABBAT PARSHAT BEHA'ALOTECHAH

Friday Night & Saturday, June 12-13

Candle Lighting 8:14 pm

Havdalah & Shabbat ends after 9:19 pm

SHABBAT MEVARCHIM PARSHAT SH'LACH

Friday Night & Saturday, June 19-20

Candle Lighting 8:16 pm

Havdalah & Shabbat ends after 9:22 pm

ROSH CHODESH TAMMUZ

Sunday night, Monday & Tuesday, June 21-23

SHABBAT PARSHAT KORACH

Friday Night & Saturday, June 26-27

Candle Lighting 8:17 pm

Havdalah & Shabbat ends after 9:22 pm

BETH ISRAEL'S ZOOM GALA - AN EVENING OF "SOME GOOD NEWS"

Honoring our CBI Volunteers

Sunday, June 28, 9:00 pm

SHABBAT PARSHAT CHUKAT-BALAK

Independence Day

Friday Night & Saturday, July 3 & 4

Candle Lighting 8:17 pm

Havdalah & Shabbat ends after 9:21 pm

FAST OF 17 OF TAMMUZ

Thursday, July 9

Yahrzeit of Archie Greenberg, z"l

Fast begins 4:15 am

Fast ends 9:05 pm

SHABBAT PARSHAT PINCHAS

Friday Night & Saturday, July 10 & 11

Candle Lighting 8:15 pm

Shabbat ends and Havdalah after 9:18 pm

SHABBAT MEVARCHIM PARSHAT MATOT-MASEI

Friday Night & Saturday, July 17 & 18

Candle Lighting 8:11 pm

Havdalah & Shabbat ends after 9:14 pm

ROSH CHODESH AV

Tuesday night & Wednesday, July 21 & 22

SHABBAT CHAZON PARSHAT DEVARIM

Friday Night & Saturday, July 24 & 25

Candle Lighting 8:06 pm

Shabbat ends and Havdalah after 9:08 pm

FAST OF TISHA B'AV

Wednesday night & Thursday, July 29 & 30

For full details of the laws of Tisha B'Av and the Week that precedes it, please see pages ___ .

WEDNESDAY, JULY 29

Fast begins 8:16 pm

Thursday, July 30

Fast ends 8:50 pm

SHABBAT NACHAMU PARSHAT VAETCHANAN

Friday night & Saturday, July 31 & August 1

Candle Lighting 8:00 pm

Shabbat ends and Havdalah after 9:01 pm

Calendar

TU B'AV

Tuesday night & Wednesday, August 4 & 5

SHABBAT PARSHAT EIKEV

Friday Night & Saturday, August 7 & 8

Candle Lighting 7:53 pm

Shabbat ends & Havdalah..... 8:52 pm

SHABBAT MEVARCHIM PARSHAT RE'EH

Friday Night & Saturday, August 14 & 15

Candle Lighting 7:44 pm

Shabbat ends and Havdalah after 8:43 pm

ROSH CHODESH ELUL

Wed. night, Thur. & Fri, August 19 - 21

SHABBAT PARSHAT SHOFTIM

Friday Night & Saturday, August 22 & 23

Candle Lighting 7:35 pm

Shabbat ends and Havdalah after 8:33 pm

SHABBAT PARSHAT KI TEITZEI

Friday Night & Saturday, August 28 & 29

Candle Lighting 7:25 pm

Havdalah & Shabbat ends after 8:22 pm



**CBI
ZOOM
GALA**

Join us for an evening of



SOME GOOD NEWS

Sunday, June 28 • 9:00 pm

See page 18

Times for Action

Many commandments are required to be performed during particular times of the day; below is a list of those times.

All times are for Berkeley CA, Pacific Standard Time (Pacific Daylight Time resumes March 8, 2020)

| Week of | June 6 | June 13 | June 20 | June 27 | July 4 | July 11 | July 18 |
|--|---------|---------|---------|---------|---------|---------|---------|
| Alot Ha'Shachar Dawn | 4:08 am | 4:06 am | 4:07 am | 4:09 am | 4:13 am | 4:19 am | 4:26 am |
| Misheyakir Earliest Tallit/Tefillin | 5:02 am | 5:01 am | 5:02am | 5:04 am | 5:07 am | 5:12 am | 5:17 am |
| Neitz-Sunrise | 5:47 am | 5:46 am | 5:47 am | 5:49 am | 5:52 am | 5:57 am | 6:02 am |
| Latest ideal time for the morning Sh'ma | 9:28 am | 9:28 am | 9:29 am | 9:31 am | 9:33 am | 9:36 am | 9:38 am |
| Mincha Gedolah Earliest time for Mincha | 1:45 pm | 1:46 pm | 1:48 pm | 1:49 pm | 1:50 pm | 1:51 pm | 1:51 pm |
| Sh'kia Sunset | 8:29 pm | 8:32 pm | 8:35 pm | 8:35 pm | 8:35 pm | 8:32 pm | 8:29 pm |
| Tzeit Ha'kochavim Nightfall | 9:11 pm | 9:14 pm | 9:17 pm | 9:17 pm | 9:17 pm | 9:14 pm | 9:11 pm |

| Week of | July 25 | August 1 | August 8 | August 15 | August 22 | August 29 | Sept. 5 |
|--|---------|----------|----------|-----------|-----------|-----------|---------|
| Alot Ha'Shachar Dawn | 4:34 am | 4:42 am | 4:51 am | 4:59 am | 5:07 am | 5:15 am | 5:23 am |
| Misheyakir Earliest Tallit/Tefillin | 5:22 am | 5:28 am | 5:34 am | 5:40 am | 5:46 am | 5:52 am | 5:58 am |
| Neitz-Sunrise | 6:07 am | 6:13 am | 6:19 am | 6:25 am | 6:31 am | 6:37 am | 6:43 am |
| Latest ideal time for the morning Sh'ma | 9:41 am | 9:44 am | 9:47 am | 9:49 am | 9:51 am | 9:53 am | 9:55 am |
| Mincha Gedolah Earliest time for Mincha | 1:51 pm | 1:50 pm | 1:49 pm | 1:47 pm | 1:45 pm | 1:42 pm | 1:39 pm |
| Sh'kia Sunset | 8:24 pm | 8:17 pm | 8:10 pm | 8:01 pm | 7:52 pm | 7:42 pm | 7:31 pm |
| Tzeit Ha'kochavim Nightfall | 9:06 pm | 8:59 pm | 8:52 pm | 8:43 pm | 8:34 pm | 8:24 pm | 8:13 pm |

— WEEKDAY SERVICES —

SHACHARIT • Monday-Friday • 6:30 am Sunday & Legal Holidays • 8:00 am
MINCHA/MA'ARIV • Five minutes before candle lighting

— SHABBAT SERVICES —

MINCHA & KABBALAT SHABBAT • At candle lighting time
SHABBAT MORNING SERVICE • 9:15 am

CBI COOKS AT THE SHELTER

CBI has cooked and served a monthly meal for the neighborhood shelter for years, on the fourth Wednesday of the month. Due to COVID policies, the shelter is not currently accepting food or on-site volunteers, but still has a need for funds to feed the shelter guests. CBI will be making a monthly donation to the Dwight Way shelter until we can resume providing meals.

Please donate to the Rabbis Discretionary Fund and indicate shelter dinner.

Here are ways to donate:

1. @CBI-Berkeley on Venmo
2. To office@cbiberkeley.org by Zelle
3. By check to "Congregation Beth Israel" c/o Joelle Yzquierdo, 432 60th Street, Oakland, CA 94609
4. <https://www.cbiberkeley.org/connect/giving/> by Paypal, please pick the Rabbi's Discretionary Fund

HOMELESS SHELTER

CONSIDER A
DONATION
DURING
COVID
PANDEMIC
TO THE
SHELTER



**Thanks CBI for
supporting the shelter.**



Join us for an evening of



SOME GOOD NEWS

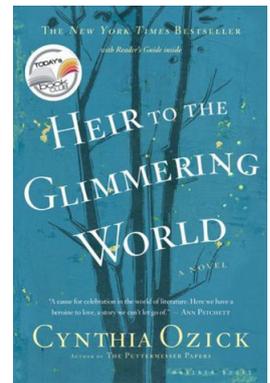
Honoring our CBI Volunteers
Sunday, June 28 • 9:00 pm
From the comfort of your own home

To RSVP, please send us your stories,
photos and videos,
and be part of the Tribute Book!

Go to www.cbiberkeley.org/connect/join-us/gala2020

Sisterhood Book Group

The CBI Sisterhood Book Group is moving to Zoom. Our first meeting will be Sunday, June 14 from 10-Noon. We will discuss Cynthia Ozick's novel, "Heir to the Glimmering World". The e-book is available from the Jewish Community Library. Click on [this link](#) to fill out the Application for Jewish Community Library borrowing privileges. Email Desmid Lyon or Rita Kohl with questions or to sign up to receive Zoom link.



סדר הנזכרת נשמות

YIZKOR BOOK

Our community's Yizkor Book is dedicated to the memory of those who have passed from our lives. Revised annually and used four times during the year, the Yizkor Book is a meaningful way to honor, through tzedaka, the names and lives of loved ones of blessed memory.

The cost is \$10 per name. New payment is required each year.

RETURN BY: TUESDAY, SEPTEMBER 1

ROSH HASHANAH CARD MAY WE BE INSCRIBED IN THE BOOK OF LIFE

This Rosh Hashanah, share your blessings with all of Beth Israel's friends! A beautiful Rosh Hashanah card will be sent to all shul members for the High Holidays.

Have your family's name included among the well-wishers on the inside of this card.

\$36 to have one or two names listed.

\$54 to include your entire (first generational) family.

PLEASE PRINT NAMES EXACTLY AS YOU WOULD LIKE THEM
TO APPEAR IN THE CARD

Don't Forget! All proceeds support adult education programming at CBI.



Basic Necessities & Gift Card Drive through JFCS East Bay July 9-July 31

Many East Bay families are struggling during this COVID-19 pandemic time. JFCS East Bay is providing assistance with bills and our volunteers are shopping and delivering food to particularly vulnerable families. In addition, some families can't afford basic items. Your help in providing these items is so appreciated!

Ways to help:

1. Gift Cards: Purchase \$25 Gift Card(s) from Target and mail or drop off through mail slot at 1548 Channing Way. You can also donate funds to CBI to purchase much-needed gift cards for these families (<https://www.cbiberkeley.org/connect/giving/>). CBI will pool funds collected and purchase gift cards through SCRIP, magnifying the impact of each donation.

2. Wish list: Purchase essential items (particularly diapers and wipes) through JFCS Amazon Wish list. They'll be sent to the JFCS office and be distributed to those who need them most. After you place your order, please send an email to kwinogura@jfcs-eastbay.org and mention CBI Drive, so they can send you a donation receipt.

https://www.amazon.com/hz/wishlist/ls/BG2U7V1LK0QP/ref=nav_wishlist_lists_2?_encoding=UTF8&type=wishlist

Alameda County Community Food Bank: If you are able to make an additional gift this time of year, support of any amount is greatly appreciated. Gifts can be made at donate.accfb.org/dinner – the same page you donate through during the Holiday Dinner Drive.

Since the COVID-19 outbreak took hold, ACCFB has seen an unprecedented surge in need. Calls to our Emergency Food Helpline increased 1,000 percent. More than half the calls are from people who have never reached out for help; on some days two-thirds are coming from homes with seniors. Distribution in March was nearly 20 percent higher than the year before as 20 new distribution sites – including 10 school districts – and a drive-through distribution served 743 households in a single day. In 35 years, we have never experienced something like this. I know this has been a difficult time for you as well – many of you are being kept from work; or your children being kept from school and friends. In challenging times it's important that you know we're here for you too. That is what "Community" means.

SHABBAT GROUPS YOUTH FUND

In memory of Elizabeth Laurie Zedeck • Shelly & Marti Zedeck

We are pleased to announce that we have designated a fund in memory of Marti & Shelly's daughter, Elizabeth, to help support CBI's Shabbat youth groups and special programs for children. Please consider making a donation to this fund in appreciation of CBI's youth programming, educators and/or in honor of the Zedeck Family.

Memorial Plaques

To memorialize your loved one, you may wish to purchase a memorial plaque to be placed on the memorial board in the sanctuary.

Besides ensuring that Kaddish will be recited perpetually in the name of your beloved deceased, you will receive a notice annually of the date of the *yahrzeit* and the date the *yahrzeit* will be observed by the recitation of Kaddish.

The cost of a memorial plaque is \$360.

To purchase contact Carol Cunradi • 510.234.1003 • cunradi@sbcglobal.net
Or the CBI Office • 510.843.5246 • office@cbiberkeley.org

Morasha Legacy Society

For those of you who don't know what it is, the Morasha Legacy Society is a program for members to designate CBI as a beneficiary in their estate plan. When the Morasha Society member passes away - *ad me'ah v'esrim, b"h* - their contribution, be it stock, annuity, or outright financial gift, is donated to CBI and helps ensure the shul's financial future. Through the Morasha Legacy Society, CBI members demonstrate their commitment to our beloved community, in the present and in the future. To date, we have 42 members (one of the most robust tallies from the East Bay Jewish community!) who have made this commitment to CBI.

Please consider joining the Morasha Legacy Society, and be a part of CBI's commitment to future generations.

For more information or to join the Society contact:

Noah Alper • noahalper@gmail.com

Leslie Valas • vffam5@gmail.com



Morasha Legacy Society

Our commitment to our beloved community is evident in everything we do.

Now each of us can extend our commitment into the future.

Please consider joining us.

For more information or to join the Society please contact:

Noah Alper • noahalper@gmail.com

Leslie Valas • vffam5@gmail.com

Paul & Serach Bracha Albert • Fran Alexander • Noah & Hope Alper
Anonymous (4) • Ron z"l & Bella Barany • Dan z"l & Judith Bloom • Benjamin & Sara Darmoni
Nimrod & Aliza Elias • Jane Falk, z"l • Malcolm Feeley & Rivka Amado • Alan Finkelstein & Leslie Valas
Sam Ginsburg • NR Golomb • David & Diane Gould • Ezra & Toby Hendon • Sam & Bathea James
Russell Kassman • Gary & Ilene Katz • Jesse & Gabriella Kellerman • Seymour Kessler, z"l
Alan & Elissa Kittner • Daniel & Robinn Magid • Aaron Marcus • Gary & Lois Marcus
Ed & Phyllis Miller • Jeff & Jodie Morgan • Joel & Irene Resnikoff • Ben Rose & Rebecca Landes
Mordy & Rena Rosen • Harry z"l & Dorothy Rubin • Bob & June Safran • Ory Sandel
SaraLeya Schley • Batya Schick • Carol Shivel, z"l • Steve Silberblatt & Rita Kohl
Bob & Naomi Stamper • David & Rikki Sudikoff • Justin & Sheba Sweet
Friedner & Ruth Wittman • Linda & Stanley Wulf



KIDDUSH SPONSORS

February 1: Roman Kazinnik and family on the yahrzeit of Roman's beloved mom Natalia Aronson (Kazinnik) z"l who is forever in our hearts.

February 8: The Langer & Levin Families in honor of Ashira Langer-Levin's Bat Mitzvah.

February 15: Congregation Beth Israel in honor of our scholar-in-residence, Dr. Rivka Press Schwartz; Judy & Glenn Massarano commemorating the meldado/yahrzeit of Glenn's father Leonard Mell; Miriam R L Petruck, on the occasion of the Bar-Mitzvah of Itai Elimelech, who had the zchut to be born on the first yahrzeit of his great grandfather, HaRav Elimelech ben

Yosef Dov Ber, whose 14th yahrzeit she also marks.

February 22: Sondra & Jonah Markowitz, Bella Barany, Alisa Einwohner, Yael Galinson, and Shira Wakshlag in honor of Jonah Markowitz's birthday; Assaf Romm & Deborah Marciano in honor of Naava's Birthday; Daniel Lehmann in memory of his father Henry Lehmann on his 20th yahrzeit; Yoshi Fenton, wishing Yasher Kocachem to the crew of teenage Torah readers: Yaakov Fenton, Shai Krantz, Bear Mahgel-Friedman, Dror Neumeier, Raanan & Daniel Schweig, Charlie Spivak, Gili Stein; Adina Polen, Ariel Mayse, Ezra, Nahum and Daniel in honor of our beloved Bubby Nettie,

Geneshe Bat Sarah, whose yahrzeit is on Kaf Tet Shevat.

February 29: The Frank Family in honor of Be'eri Frank's Bar Mitzvah.

March 7: The Midrash says that it was easier for Hashem to part the Sea of Reeds than it is to match a man and a woman. With gratitude to Hashem, Avraham and Ruchama Burrell invite the Community to celebrate their 30th Wedding Anniversary at today's Kiddush; Batya Schick in honor of Avraham and Ruchama Burrell; Henri and Violette Sibony in memory of the yahrzeit of Violette's mother Simha Rosilio bat Hanina, and in memory of Harry Rubin.

SEUDAH SHELISHIT SPONSORS

February 22: Daniel Lehman in memory of his father Henry Lehmann on his 20th yahrzeit.

March 7: Rivka Amado in honor of her mother Vicky Amado's yahrzeit, and in honor of M. Sutton for learning together and for her comfort during this time; the Fried Family in honor of Chaya Miriam's birthday

HACHNASSAT ORCHIM

Jory & Lisa Gessow • Eliezah & Daniel Hoffman • Judy & Glenn Massarano • Doreet & Jeff Stein



Skill & Sensitivity ת"ד
Recommended by MD's and by Rabbi Chanan Feld z"l

**SERVING THE GREATER BAY AREA
& NORTHERN CALIFORNIA
JEWISH COMMUNITY**

*Mazel Tov!
It's A Boy!* *1000's of satisfied customers*

RABBI GIL Y. LEEDS, Certified Traditional Mohel
WWW.BAYAREAMOHEL.COM ♦ 510.730.BRIS





BARUCH DAYAN EMET • CONDOLENCES

We mourn the passing on February 19 of **Linda Nied**, beloved wife of Kevin Zimmerman.

We mourn the passing on March 17 of **Joseph Benjamin Ginsburg (Katriel ben David v'Shoshana)**, beloved husband of Claire Gonder, beloved brother of Sam Ginsburg and brother-in-law of Rose Ginsburg.

We mourn the passing on May 5 of **Justin Sweet**, past president of CBI (1978-1980). His passing was peaceful. He was surrounded by his children Lisa, Jon and Sharon. He is also survived by his beloved wife, Sheba Sweet.

*HaMakom Yenacheim Et'chem Betoch She'ar Aveilei Tziyon VeYerushalayim.
May God comfort the family and all others who mourn Zion and Jerusalem.*

MAZEL TOV

To new parents **Renna Khuner Haber** and **Ilana Mantell** on the birth on March 8 of a baby boy, Nadav Lev Yizshak

To **Rabbi Chaim and Nell Mahgel-Friedman** on the birth of their first grandchild, Lyra Sophia, born to Chaim's daughter, Taliah Malloy and Mark Hinson of Melbourne, Australia, on April 16.

To parents **Jeanette Wickelgren & Raphael Rosen**, big brothers and sister **Caleb, Sol and Liviya**, and grandparents **Mordy & Rena Rosen and Norma Graham** on the birth of a baby girl, Helen Galya (Rivkah Galya), on May 1.

To **Danielle Diamond-Bongard and Ilan Bongard-Rosenzweig** and big sister **Hallel** in Zichron Yaakov, Israel, to grandparents **Linda Diamond and Donald Light, Rivka Bongard and Yehuda Bongard-Rosenzweig** on the birth of a baby boy on May 3.

To parents **Lori and Ian James**, grandparents **Batheia & Sam James, and David & Pat Medford** on the birth in Richmond, Virginia of a baby girl, Violet Deena on May 4.

May these children's lives be filled with the insights of Torah, the warm and supportive love of family and community, and the blessing of good deeds. Mazal Tov!

To great grandparents **Lois and Gary Marcus** on the birth of their first great grandchild, Alexander Moshe Gordon on May 30.

To **Benjamin Fleischman and Lauren Schuchart** on their recent engagement.

*May the couple build a home filled with the light of Torah and mitzvot.
May their families and our community have many more occasions to celebrate in simcha together.*

To **Be'eri Frank** on his bar mitzvah.

To **Raizel Mahgel-Friedman** on her bat mitzvah.

To **Boaz Buchman** on his bar mitzvah.

To **Reyzel Berge** on her bat mitzvah.

To **Malcolm Feeley** (Claire Sanders Clements Dean's Professor of Law emeritus), on his election to the American Academy of Arts and Sciences (AAAS), a 240-year-old organization honoring the country's most accomplished artists, scholars, scientists and leaders.



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Laura Lipman: in memory of my beloved best friend, Brachatova Knyper
Eric & Rachel Seder: in memory of our parents

GENERAL FUND

Rhoda Agin: in memory of my dear mother, Diana (Sheina Dina) Agin; in memory of devoted members of our CBI community, Samuel Haber and Harry Rubin; in memory of David Herman
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Noah & Hope Alper: from the proceeds of book sales at CBI's Art Shuk
Bernard Backer: for zeddaka/maser
Yossi Ben-nun: in memory of my parents

Menachem and Rivkah Ben-nun
CBI Board: in honor of the work Rabbi Cohen, Maharat Sutton, and Joelle Yzquierdo have done over the past few weeks to transform and support the community.
Gilad Buchman & Racheli Perl
Robert Budnitz: in honor of Benjamin Darmoni for his fabulous help to me recently
Max & Dalia Davis: in memory of Harry Rubin, z"l
Sanne DeWitt: on my mother Clara Kalter's yahrzeit
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David & Ariele Hain: thanking R. Cohen for speaking to his class about David's father's yahrzeit
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 Sam Haber; of David Kinstle; of Harry
 Rubin; of Samuel Apple; mazal tov to
 Ezra and Toby Hendon on the birth of a
 granddaughter
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 tion of R. Cohen's leadership; in memory
 of Yehudit Miryam bat Yoel U'Basha
 Robert Bonem: thanking R. Cohen for
 Fireside Talk and for all he is doing
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 Jim & Carol Cunradi: for ma'ot chitim

Abigail Dembo
 Nimrod Elias & Aliza Craimer Elias: in gratitude to Hagit Caspi for our front porch family photos
 Malcolm Feeley & Rivka Amado: for Issy Kipnis in honor of his service as President of the Shul; for Paul Panish and Aaron Marcus for their service to the community
 Heshy & Chaya Miriam Fried: for ma'ot chitim; for a refuah shelema for Juanita bat Georgia
 Joel & Katya Gerwein: for ma'ot chitim
 Sam & Rose Ginsburg: a) in honor of our Religious and Lay leaders and Joelle who have created a marvelous system of leadership, support and staying-in-touch in this time of home confinement, and b) in appreciation of all those who have volunteered to do shopping and other errands for us and others. It's hard to explain how much this has meant for us!
 Terry & Olga Gordon
 Rachel & Andrea Gross: for chametz sale
 Zahav & Stephanie Green: for the sale of chametz
 Sam & Bathea James: in memory of Bathea's beloved father Michael Majus
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 Jesse Kellerman & Gabriella Rosen Kellerman: in gratitude to Hagit Caspi for our front porch family photos
 Josh & Jenny Kirsch: for ma'ot chitim
 Alan & Elissa Kittner: in honor of Frieda Kittner's yahrzeit
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 Ilana Mantell & Renna Khuner-Haber: with gratitude for Jonathan Astmann
 Allen Mayer: in memory of Harry Rubin
 Ariel Mayse & Adina Polen: from our tzedakah box
 David & Bat Sheva Miller: honoring our community's sense of community, on the 5th day of the Omer; sending blessings for a brighter and healthier future!
 Edward & Phyllis Miller: in memory of Harry Rubin, z"l; condolences to Kate Haber on the passing of David Kinstle; in memory Justin Sweet, z"l; in honor of the birth of Galya Rosen, daughter of Jeanette & Raphael Rosen; in honor of the birth of a grandson to Linda Diamond & Donald Light; in honor of the birth of Violet Deanna, granddaughter of Bathea & Sam James
 Noah & Melissa Nathan
 Elliot Onn: in honor of birth of a baby boy to Ilana and Renna, two incredible individuals who embrace their community with chesed
 Sarah Petruck: for ma'ot chitim
 Dorit Resnikoff: for ma'ot chitim
 Assaf Romm & Deborah Marciano: for Zecher le-machatzit ha-shekel
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 Philip Rosenthal & Sherrin Packer-Rosenthal: for R. Cohen selling our chametz for Pesach
 Alice Rosenzweig: to honor Jessica Fain, a true Woman of Valor
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 Barbara Schick: for ma'ot chitim
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 Rachel Schorr: in memory of Harry Rubin; in loving memory of David Spieler, z"l, for Purim and on David's birthday
 Lauren Schuchart: thank you to Hagit Caspi for the "Front Steps Project"
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 Richard & Susan Seeley: Happy Pesach!
 Jeremy Smith & Iris Greenberg-Smith: in honor of Hagit Caspi and her quarantine photo project
 Birger & Juliet Stamperdahl: for Pesach and spurred by Hagit's porch photo of us.
 Brad & Brenna Strauss: thanking R. Cohen for taking care of our community!
 David & Rikki Sudikoff: in honor of Iris Greenberg & Jeremy Smith; in memory of Harry Rubin whose advice is sorely missed
 Marvin & Sheila Yudenfreund: for ma'ot chitim; in memory of Sam Haber; of Harry Rubin; of Joseph Ginsburg; mazel tov to Sam & Bathea James on occasion of the birth of Violet Deanna, mazel tov to Sara & Marv Engel on occasion of Coby's Bar Mitzvah; refuah shelema to Bob Stamper
 Ben & Jo-Ellen Zeitlin: thank you to Hagit Caspi for taking our front door portraits!
 Sheldon & Marti Zedeck: in honor of the recent bar/bat mitzvahs; wishing a refuah shelema to Bob Stamper
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