



DAF HASHABBAT

SHABBAT & UPCOMING EVENTS

SHABBAT MEVARCHIM MISHPATIM
PARSHAT SHEKALIM

FEBRUARY 21-22, 2020
27 SHEVAT, 5780

Weekday Morning and Evening Services

February 23-28, 2020

8:00 am Sun • 6:30 am Mo - F

Evening: Su-Th 5:40 pm @ CBI

Friday night, February 21

Northside minyan at Sudikoff home 5:35 pm
1209 Shattuck Ave (east side of street, past Live Oak Park, near Eunice)
Candle Lighting 5:36 pm
Mincha & Kabbalat Shabbat 5:40 pm

Tot Kabbalat Shabbat & Dinner

Candle lighting (families are welcome to light at CBI) 5:36 pm
Kabbalat Shabbat with CBI Community 5:40 pm
Young Family Catered Shabbat Dinner at CBI 6:30 pm
Fish/Dairy and Vegan Dinner Options- registration closed at this time.

Saturday, February 22

Morning Service.....9:15 am
Tot Childcare (upstairs at CBI*) with **Shyenne Burrell**9:15 am
**Children 18 mos-3 yrs can be dropped off at tot childcare.*
Childcare at Gan Shalom (ages 3-10).....9:15 am
Greeters: **Joshua Kirsch, Bathea James, Leslie Valas**
Torah Readers: **Yaakov Fenton, Shai Krantz, Bear Mahgel-Friedman, Dror Neumeier, Raanan & Daniel Schweig, Charlie Spivak, Gili Stein**
Haftarah Reader: **Aaron Wolgel**
Formal Group Time.....10:30 am
Kedma (Pre-K): **M. Victoria Sutton**
Tzafona (K-2nd grade): **Moriya Gamliel**
Negba (3rd-5th grade): **Meitav Ovadia**
Gan Assistant: **Veronica Gonzales & Liz Ramirez**
Parent Supervision: **Josh & Jenny Kirsch**
Tot Shabbat circle in the CBI Loft (parent-led)11:15 am
Sermon by R. Yonatan Cohen: Coveting in Contemporary Context
Shabbat Mincha.....12:50 am
Seudah Shlishit sponsored by **Daniel Lehman** in memory of his father Henry Lehmann on his 20th yahrzeit..... 5:35 pm
Ma'ariv, Havdalah & Shabbat ends after 6:41 pm

KIDDUSH SPONSORS

Sondra & Jonah Markowitz, Bella Barany, Alisa Einwohner, Yael Galinson, and Shira Wakshlag in honor of Jonah's Birthday; **Assaf Romm & Deborah Marciano** in honor of Naava's Birthday; **Daniel Lehman** in memory of his father Henry Lehmann on his 20th yahrzeit; **Yoshi Fenton**, wishing *Yasher Kocachem* to the crew of teenage Torah readers: Yaakov Fenton, Shai Krantz, Bear Mahgel-Friedman, Dror Neumeier, Raanan & Daniel Schweig, Charlie Spivak, Gili Stein; Adina Polen, Ariel Mayse, Ezra, Nahum and Daniel in honor of our beloved Bubby Nettie, Geneshe Bat Sarah, whose yahrzeit is on Kaf Tet Shevat.

HACHNASSAT ORCHIM

Doreet & Jeff Stein

Kiddush Wine:

Covenant Winery, with special thanks to the Morgan Family

ROSH CHODESH ADAR

Mon. night, Tu. & Wed., February 24-26

Shacharit..... 6:30 am

Beth Israel Classes

MONDAY

Key Books in Tanakh: Book of Samuel: Following the chaotic period of the Judges, the Book of Samuel narrates the centralization of leadership in Israel. The book opens with the birth of the prophet Samuel, who unifies the nation, and crowns the first kings of Israel. The Book of Samuel presents a gripping exploration of political personalities, palace intrigue and the role of God in the lives of kings and nations.

M. Victoria Sutton — Mondays @ 12:00 pm.

NCSY LNL – Latte & Learning (for teens in grades 9 to 12): Our Special Blend: Coffee & Torah every week. In addition to coffee, NCSY's Latte & Learning initiative serves up Judaism in a relaxed, inspirational, and fun environment. L&L is the place for teens to ask questions, voice their feelings, and connect with each other.

Mondays at 7:30-8:30 pm, @ Starbucks 2128 Oxford

TUESDAY

Inner Light, Sacred Fire: Embracing the Whole Self in Hasidic Mysticism:

This class explores Hasidic teachings on the emotional life and the importance of cultivating aspects of the self beyond the intellect. The first session will be devoted to Hasidic teachings on the importance of joy as a first-order religious value, understood in these sources not as a simplistic commitment to happiness but rather as a contemplative, mindful approach to life in the world. Our second class will take up the theme of *tikkun ha-middot*, on the process of uplifting and transforming one's inner spiritual qualities as the key to religious transformation. The third and final session will explore emotion in the teachings of Rabbi Kalonymous Kalman Shapira, the Esh Kodesh, including: his pre-war spiritual diary, his handbook for a mystical fellowship, his guidelines for emotional work, and, of course, in impassioned wartime sermons. *Ariel Evan Mayse joined the faculty of Stanford University in 2017 as an assistant professor in the Department of Religious Studies, after previously serving as the Director of Jewish Studies and Visiting Assistant Professor of Modern Jewish Thought at Hebrew College in Newton, Massachusetts, and a research fellow at the Frankel Institute for Advanced Judaic Studies of the University of Michigan. He holds a Ph.D. in Jewish Studies from Harvard University and rabbinic ordination from Beit Midrash Har'el in Israel.*

R. Ariel Mayse – Tuesdays February 25 @ 7:30 pm

WEDNESDAY

Vices & Virtues: Mussar is a spiritual Jewish practice focused on virtue-based ethics. Through the cultivation of inner virtues, such as patience, gratitude, and reverence, we improve ourselves. Our sessions will explore various vices and virtues as presented by classical books of Mussar.

R. Yonatan Cohen — Wednesdays @ 12:00 pm

Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.

TO RECEIVE WEEKLY UPDATES ABOUT THE BERKELEY ERUV, EMAIL INFO@BERKELEYERUV.ORG

Mussar Shmooze: Join in ongoing *mussar chaburot* or *hevrutot*, organized around a particular mussar work, from classical to modern. The evening of learning, over hearty soup, will close with an opportunity for folks to share words of Torah from their learning.

Please be in touch with Maharat Victoria Sutton to participate or if you would like to convene a *chabura* on a particular mussar work.

Bi-monthly, Wednesday Nights at 7:30 pm, March 4, 18, April 1, 22, May 6, 20

Emmanuel Levinas: Nine readings of the Talmud by the French Jewish philosopher Emmanuel Levinas translate Jewish thought into the language of modern times. Here Levinas applies a hermeneutic that simultaneously allows the classic Jewish texts to shed light on contemporary problems and lets modern problems illuminate the texts. Besides being quintessential illustrations of the art of reading, the essays express the deeply ethical vision of the human condition that makes Levinas one of the most important thinkers of our time.

Muni Schweig — Wednesdays @ 8:00 pm @ the Schweig home

THURSDAY

Hashiva Hakaratit: As part of the Mussar Shmooze, come and join us in learning what has been termed as the contemporary-Hasidic-female movement! "Hashiva Hakaratit" or the Yemima method is an Israeli spiritual movement that has been growing over the last thirty years, originally taught by Yemima Avital (1929-1999) in Herzliya in the 80's and 90's. Her system teaches us how to be connected more to our true essence ("*mahut*") and be closer and accepting of ourselves and others. Class is taught in English. Both men and women are welcome; you can always join, even if you missed previous classes.

Rachel Perl — Thursdays, 10-11:30 am. Meets weekly through March 5.

FRIDAY

Talmudic Wisdom: Join us for a weekly class on Tractate Chagigah that explores major Jewish questions of practice and thought. In this week's class we will begin the second chapter of the tractate.

R. Yonatan Cohen — Fridays, 9:00 am

SUNDAY

Tell Your Story: Despair and Ecstasy: Each 3-hour workshop will teach you the structure of compelling storytelling and give you the opportunity to tell a story to other participants. Being able to tell a story well is a great skill to have. It's also a chance to bond with your fellow CBI members and hear a story about them you never have before!

Michael Kaye is a writer and performer who has garnered press in Rolling Stone, Billboard, The San Francisco Chronicle, and The Los Angeles Times. Michael has been a writing fellow at the Virginia Center for the Creative Arts, the Julia and David White Colony, Ragdale, the Millay Colony for the Arts, and the WUJS-Arad Arts Program in Israel. He taught memoir writing for four years at the famed Gotham Writers' Workshop in New York and is the author of Mastering the Narrative. He received the President's Undergraduate Fellowship for his film work while at U.C. Berkeley, where he graduated Phi Beta Kappa with honors.

RSVP to Michael Kaye: michaelkaye@fastmail.com

Michael Kaye — Sunday, February 23 @ 1:00-4:00 pm

EVENTS/ANNOUNCEMENTS

In Beth Israel

Condolences/Baruch Dayan Emet: We deeply regret to inform you of the passing on February 19 of **Linda Nied**, beloved wife of Kevin Zimmerman. Loved ones are observing this period of mourning privately.

HaMakom Yenacheim Et'chem Betoch She'ar Aveilei Tziyon

VeYerushalayim. May God comfort the family and all others who mourn

Zion and Jerusalem.

Come join us for CBI Sunday Afternoon at the movies! There will be delicious kosher snacks, drinks and great company. We will be showing the wonderful Israeli movie "An Israeli Love Story". The event will be on **Sunday, February 23rd at 4pm at the home of Dan and Robinn Magid**, 833 Mendocino Avenue, Berkeley. Here is the official description of the movie and a link to the trailer: It's 1947, just months before the State of Israel will be established. When 18-year-old Margalit, an aspiring actress from northern Israel, meets Eli (Avraham Aviv Alush, Beauty and the Baker), a passionate kibbutznik devoted to his work in the Palmach (Israel's pre-state underground army) it's love at first sight. But in a nascent nation in need of fierce protection, love can only take them so far. An Israeli Love Story is based on the true story of theater director Pnina Gary and Eli Ben-Zvi, son of Israel's second president Yitzhak Ben-Zvi. Trailer: <https://youtu.be/wD9AU2LZgSw>

CBI Cooks at Berkeley Men's & Women's Shelter

Wednesday, February 26, 5-7:30 PM

With your help, CBI prepares and serves dinner to more than 75 guests, both men and women. Please note shelter location is 2140 Dwight Way. Email M. Sutton to sign up for a shift: maharatvictoria@gmail.com.

5-6:30 - Cook and Prep Shift

6:40-7:30 Serve and Clean-Up Shift

To help support the shelter cooking, you can contribute to Rabbi Cohen's Discretionary Fund which finances these dinners. Whether paying online or by check, please indicate "Homeless Shelter" in your memo section.

Tizku I'Mitzvot, Maharat Victoria Sutton

Tea & Torah

Topic: Mourning Abusive Parents and or Relationships

Thursday, February 27, 3:00 - 5:00 pm

Join us monthly in an intimate home setting, for a daytime weekday opportunity to connect with friends and learn together. Each gathering will explore a few core texts tackling a contemporary topic of interest through a Jewish lens. Kindly hosted by Sam and Bathea James and facilitated by R. Yonatan Cohen.

RSVP Required to Sam James

Open Kiddushim:

- April 9 (Pesach 1st Day)
- April 10 (Pesach 2nd Day)
- April 11 (Pesach Shabbat Chol HaMoed)
- April 16 (Pesach 8th Day)

Email kiddush@cbiberkeley.org to sponsor kiddush or ask any questions on details of kiddush sponsorship options. Donations at all levels are welcome. Be our next kiddush Sponsor! You'll be glad you did! Please donate here: <https://www.cbiberkeley.org/connect/giving/>

Embodied Chassidis - A Men's Dance Group

Monday, March 16, 7:30-9:00 pm

Come join us as we embody chassidis through learning, song and dance. We will begin by learning a piece of chassidis from Rebbe Nachman that relates to movement. We will then put on music and dance! The hope is to draw a relationship between what we learn with our minds and what we do with our bodies. Come explore how to turn our bodies into vessels of joy and break the boundaries in our relationship with G-d. *Facilitated by Aryeh Canter. Reach out to him if you have a song to request! This event is for men only. Light refreshments provided.*

The Jewish and the Universal in Contemporary Poetry with Daniel Viragh Shabbat, March 21, 6 pm

The topic of today's lecture is to contrast the Jewish and the universal in

the works of some contemporary poets, all of whom are Jewish, and most of whom are Canadian. We will be looking at the works of Irving Layton, Leonard Cohen and A. M. Klein; we will also be looking at some of Yehuda Amichai's work, in translation and in Hebrew. And for good measure, I will also read some of my own verse, as well.

The intent today is to see, where the poet transcends that which is particularly Jewish, to convey a universal (and human) message; and then to ask, does that universal message, have any aspect that's recognizably Jewish within it? In other words, once the message becomes universal, and recognizably human, is there a remnant of Jewishness that can be distinguished? And if yes, what is it, and how can we distinguish it?

CBI GAME GROUPS

Mah Jongg w/Marti Zedeck: Anyone interested is welcome to meet on **Tuesdays** from noon to 3:00 pm at the shul. Check with Marti to confirm dates.

CBI Sunday Soccer: A group of CBI members meet on Sunday mornings at 9 am at San Pablo park for a friendly game of soccer. All ages and levels of play skills (and no-skills) are welcomed to join. Email Noah Nathan for exact dates each week.

GAN SHALOM PRESCHOOL ACCEPTS VEHICLE DONATIONS: Car donations are an easy way to support Gan Shalom Preschool, providing you with a tax write-off and with additional funds for our community. We take care of the DMV paperwork, pick up your car, sell it at auction and then send you a receipt for the full amount that the car sold for. It's that easy! We can also accept trucks, boats, motorcycles and RVs. For more information and to begin the process, please contact **Jerry Robbins**, robbins42@hotmail.com (650) 766-7233.

In The Community

Earth Seder 2020: February 26, 2020, 7:00-8:30 pm
Congregation Netivot Shalom

Come and explore with Rabbi Ellen Bernstein as she shares the earthy wisdom of Passover through her new critically acclaimed haggadah, *The Promise of the Land*, and join with others around the world to create Earth Seders.

Ellen Bernstein founded Shomrei Adamah, the first national Jewish environmental organization, and has spent her entire career writing, thinking and teaching about Judaism, the Bible and ecology.
www.ellenbernstein.org #earthseder www.thepromiseoftheland.com

3rd Annual Jewish Heritage Night at Cal Basketball
Thursday, February 27, 6 pm, Haas Pavilion

Special Ticket Package (\$20) Includes:

- Seat for Cal vs. Colorado
- Jewish Heritage Night T-Shirt!
- Access to postgame Q&A facilitated by Rabbi Adam with current player Jacob Orender and former player Sam Singer!

To purchase, visit fevo.me/jhn2020 or contact Jack Keys (510) 642-2683 jkeys@berkeley.edu



MISHLOACH MANOT 2020

CBI Sisterhood Fundraiser
Each Beautiful Purim Box is \$36.
All gift boxes will be sent, free shipping.
ORDERS DUE BY THIS THURSDAY, 2/27, 5:00 PM

6" Gourmet Purim Gift Box. Contains Chocolate Dipped Hamantaschen, Chocolate Covered Craisins and Roasted Salted Cashews. Star K Certification. As shown above.

TWO-STEP PROCESS:

1. **EMAIL SUSIE MARCUS** (marcusdesign@sbcglobal.net) AND FILL OUT YOUR ORDER DETAILS BELOW. Indicate how many boxes you would like to purchase and make sure to fill out your Gift and Mailing Info for each box ordered. Ask any questions if unclear.
2. **PAY ONLINE AT THE LINK PROVIDED BELOW OR BY ZELLE.** Your Total Amount is \$36 x number of boxes you want to purchase. At the link, please select Type of Donation Dues: Sisterhood. <https://www.cbiberkeley.org/connect/giving/>. For Zelle, please send \$36 per box to office@cbiberkeley.org, and indicate "Mishloach Manot 2020" in the memo section.

GIFT BOX #1 (repeat for each gift box)

RECIPIENT

Name (First/Last or Family Name):
Address, City, State, Zip, Apt. # if necessary:

FROM:

Name (First/Last or Family Name):
Address, City, State, Zip, Apt. # if necessary:

MESSAGE:

(For example, Happy Purim, Love from the Smith Family):