



Weekday Morning and Evening Services

January 12-16, 2020

6:30 am Su- F

Evening: Sun-Th 5:00 pm

Friday, January 10

Northside minyan at Sudikoff home..... 4:50 pm
1209 Shattuck Ave (east side of street, past Live Oak Park, near Eunice)
Candle Lighting 4:51 pm
Mincha & Kabbalat Shabbat @ CBI 4:55 pm
Shabbat Dinner & Games, Friday, January 10: Join us for a communal Shabbat dinner with opportunities to learn, sing, and play games together as a community. options — **Registration is closed at this time**
Catered Shabbat Dinner 6:00 pm
Games for All Ages 7:15 pm

Saturday, January 11

Morning Service 9:15 am
Tot Childcare (upstairs at CBI*) with **Shyenne Burrell**..... 9:15 am
**Children 18 mos-3 yrs can be dropped off at tot childcare.*
Childcare at Gan Shalom (ages 3-10) 9:15 am
Greeters: **Stephen Leist, Lou Schubert, Adina Polen, Carol Cunradi**
Torah Readers: **Elie Hassenfeld**
Haftarah Reader: **Issy Kipnis**
Formal Group Time 10:30 am
Kedma (Pre-K): **Natan Kuchar**
Tzafona: **Moriya Gamliel**
Negba: **Meitav Ovadia**
Gan Assistant: **Veronica Gonzales**
Parent Supervision: **Ethan Katz**
Sermon by R. Yonatan Cohen: A Blessed Rebuke
Mincha 12:40 pm
Seudah Shelishit 4:55 pm
Ma'ariv, Havdalah & Shabbat ends after..... 5:52 pm

FAREWELL KIDDUSH FOR RACHEL & NOAM SAPER

Avraham & Ruchama Burrell, David Corwin, Heshy & Chaya Miriam Fried, Rena Greenfield & Ori Kanefsky, Eden Gerson & Chanan Zupnick, Brian Helfer, Sara & David Hirschberg, Eliezah & Daniel Hoffman, Amalya Lehmann & Ariel Weiss, Talya & Paul Marcus, Nehemya McCarter-Ribakoff, James & Sarah Mitrani, Noah & Melissa Nathan, Raizy & Ellianna, Lauren & Dean Robinson, Nehama Rogozen, Lou Schubert, Meena Viswanath & Jamie Conway

Kiddush Wine:

Covenant Winery, with special thanks to the Morgan Family

Beth Israel Classes

MONDAY

Key Books in Tanakh: Book of Samuel: Following the chaotic period of the Judges, the Book of Samuel narrates the centralization of leadership in Israel. The book opens with the birth of the prophet Samuel, who unifies the nation, and crowns the first kings of Israel. The Book of Samuel presents a gripping exploration of political personalities, palace intrigue and the role of God in the lives of kings and nations. **Class does not meet on**

Monday, January 13, resumes January 20.
M. Victoria Sutton — Mondays @ 12:00 pm.

NCSY LNL – Latte & Learning (for teens in grades 9 to 12): Our Special Blend: Coffee & Torah every week. In addition to coffee, NCSY's Latte & Learning initiative serves up Judaism in a relaxed, inspirational, and fun environment. L&L is the place for teens to ask questions, voice their feelings, and connect with each other.

Mondays at 7:30-8:30 pm, @ Starbucks 2128 Oxford

TUESDAY

“Alter” natives: Divergent Paths to Ethical Perfection in the Evolution of the Mussar Movement: Rabbi Israel Salanter (1809-1883) innovated the Lithuanian Mussar Movement, an immersive and controversial approach to character development which applied ethical teachings and psychology to Torah study and meditative practice. Rabbi Israel's three primary disciples, the “Alters” (Elders of Kelm, Slabodka, and Novhardok, approached the monumental task of character development from different angles. In exploring a selection of their texts, we will focus on the creative and startlingly divergent ways in which the “Alters” interpreted Biblical passages and instituted Mussar exercises in order to inspire personal growth in their students. We will also consider how some of these approaches might be meaningful in a contemporary quest for personal development.

Raizy Lichtenstein has taught Judaic Studies and English Literature in a wide variety of educational settings. She holds a master's degree in English Literature from the Hebrew University. Raizy currently works as a Jewish educator at Edah and Kevah, and is an artist-in-residence fellow at the Atiq Maker Kollel.

Raizy Lichtenstein — Tuesdays, Jan 21, 28, Feb 4 @ 7:30 pm

WEDNESDAY

Vices & Virtues: Mussar is a spiritual Jewish practice focused on virtue-based ethics. Through the cultivation of inner virtues, such as patience, gratitude, and reverence, we improve ourselves. Our sessions will explore various vices and virtues as presented by classical books of Mussar.

R. Yonatan Cohen — Wednesdays @ 12:00 pm

Mussar Shmooze: Join in ongoing *mussar chaburot* or *hevrutot*, organized around a particular mussar work, from classical to modern. The evening of learning, over hearty soup, will close with an opportunity for folks to share words of Torah from their learning.

Please be in touch with Maharat Victoria Sutton to participate or if you would like to convene a *chabura* on a particular mussar work.

Bi-monthly, Wednesday Nights at 7:30 pm, January 22, February 5, 19, March 4, 18, April 1, 22, May 6, 20

Emmanuel Levinas: Nine readings of the Talmud by the French Jewish philosopher Emmanuel Levinas translate Jewish thought into the language of modern times. Here Levinas applies a hermeneutic that simultaneously allows the classic Jewish texts to shed light on contemporary problems and lets modern problems illuminate the texts. Besides being quintessential illustrations of the art of reading, the essays express the deeply ethical vision of the human condition that makes Levinas one of the most important thinkers of our time.

Muni Schweig — Wednesdays @ 8:00 pm @ the Schweig home

Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.

FRIDAY

Talmudic Wisdom: Join us for a weekly class on Tractate Chagigah that explores major Jewish questions of practice and thought. In this week's class we will begin the second chapter of the tractate.

R. Yonatan Cohen — Fridays, 9:00 am

EVENTS/ANNOUNCEMENTS

In Beth Israel

Mazal Tov! to the entire Davis Family, and to parents Ayana Bracha Davis, and David Davis, son of Ljuba Davis and Leo Davis, z"l and big sister Natalie on the birth on January 7 of a baby girl, Camille. Mother and baby are in good health, *b"n*.

Mazal Tov! to Toby & Ezra Hendon, and to parents Aliza and Kenny Hendon, and big sisters Rena, Tehilla and Miriam Orah on the birth of a baby girl. Mother and baby are in good health, *b"n*.

Mazal Tov! to new parents Maayane Soumagnac Mor and Yitzhak Mor on the birth of twin baby girls. Mother and baby are in good health, *b"n*. Shifra Puah information to follow.

May these children's lives be filled with the insights of Torah, the warm and supportive love of family and community, and the blessing of good deeds.

Mazal Tov! Happy Birthday to our beloved bat sherut Moriya Gamliel! Mazal tov!

Paint & Wine Night, Motzei Shabbat, January 11th 7:15pm - 10pm @ CBI: Join Young Professionals (and Young at Heart) for the first Paint & Wine Night with a local artist. No prior artistic skill or experience is necessary. Our artist will guide us to make a beautiful creation as we sip delicious wine. Light snacks will be provided. This event is capped at 25 people, so make sure you sign up here early!

Please Venmo \$15 to @Melissa-Nathan-6 to attend. Please reach out to Melissa Nathan - melissanathan92@gmail.com with any questions.

CBI SISTERHOOD

"NEAR NORMAL MAN" - A FILM SCREENING & REAL CONVERSATION

Sunday, January 12, 2020, 5:30 p.m. at CBI

With Ben Stern, Holocaust Survivor and Social Justice Activist, 2017 James Joyce Award Winner & Charlene Stern, Producer/Director/Daughter

www.nearnormalman.org

How and when do we respond to the growth of hate speech when unchecked, turns into hatred anger and violence? Ben, now 98, survived while remaining human through the Holocaust, then sparked national resistance in Skokie, IL 1978.

STITCH MEETING

Thursday, January 23, 10 am to 1 pm

WHERE: Home of Barbara Budnitz

BRING: Scissors & yarn needle if you have one. (I have a few)

AGENDA: Finish sewing the Afghan project and finishing the edge with blanket stitch.

RSVP: barbara@budnitz.com or 510-527-9775

rosegins@gmail.com or 510-525-3906

Embodied Chassidis - A Men's Dance Group

Monday, January 27 7:00 pm-8:30 pm

Come join us as we embody chassidis through learning, song and dance. We will begin by learning a piece of chassidis from Rebbe Nachman that

relates to movement. We will then put on music and dance! The hope is to draw a relationship between what we learn with our minds and what we do with our bodies. Come explore how to turn our bodies into vessels of joy and break the boundaries in our relationship with G-d. *Facilitated by Aryeh Canter. Reach out to him if you have a song to request! This event is for men only. Light refreshments provided.*

Open Kiddushim:

- February 15
- February 22
- March 14
- April 9 (Pesach 1st Day)
- April 10 (Pesach 2nd Day)
- April 11 (Pesach Shabbat Chol HaMoed)
- April 16 (Pesach 8th Day)

Email kiddush@cbiberkeley.org to sponsor kiddush or ask any questions on details of kiddush sponsorship options. Donations at all levels are welcome. Be our next kiddush Sponsor! You'll be glad you did! Please donate here: <https://www.cbiberkeley.org/connect/giving/>

Scrip: To all of you who are "married" to your credit card miles -- first I wish you safe flying and good luck getting "free" trips. Please resolve to shop at at least one retail store this new year with scrip rather than your credit card. Why do I ask this of you? It is both chutzpah and good economic sense. I am sure you know that a payment on your credit card equals about 1% for an airline ticket. A scrip purchase which benefits the Shul gives from 4% (Berkeley Bowl) to as much as 20% (Peets Coffee). So choose something like Lands End, LL Bean, Old Navy which give us at least 14%. Check out the Shopwithscrip.com website to see all the retail stores and choose just one. Then continue collecting points for miles with all of your other shopping.

Contact Naomi Stamper nstamper@sbcglobal.net with any questions, orders or requests to stop nagging you.

CBI GAME GROUPS

Mah Jongg w/Marti Zedeck: Anyone interested is welcome to meet on **Tuesdays** from noon to 3:00 pm at the shul. Check with Marti to confirm dates: martizedeck@yahoo.com (510) 527 0719.

CBI Sunday Soccer: A group of CBI members meet on Sunday mornings at 9 am at San Pablo park for a friendly game of soccer. All ages and levels of play skills (and no-skills) are welcomed to join. Email Noah Nathan at noahnathan@hotmail.co.uk for exact dates each week.

Phone-a-thon: The 2020 CBI Phone-a-thon will take place on Sunday morning, January 26th. **Our goal for the 2020 Phone-a-thon, to help us meet rising expenses, is \$26,000.** We are asking members to increase their giving to this campaign by 10% from 2019. Donate online at <https://www.cbiberkeley.org/connect/giving/phone-a-thon2020/>

- Send a check to CBI, with "2020 Phone-a-thon" on the memo line. Checks can be sent to Congregation Beth Israel, 1630 Bancroft Way, Berkeley, CA 94703.
- Use your bank's online payment center to make a payment to CBI by billpay; if Zelle is available to you, simply transfer to "office@cbiberkeley.org", making sure to indicate "phone-a-thon 2020" in the memo section.
- Call the office (510) 843-5246 to make a pledge by phone; your pledge will be added to your CBI statement.

Donors will be recognized for their support in the Spring issue of Chai Lights in five categories, according to their level of giving:

\$18 – \$179: Supporters
\$180 – \$499: Guardians
\$500 – \$1,000: Sustainers
\$1,000 – \$1,999: Pillars
\$2000+: Visionaries

If you don't call us, we'll call you on January 26! We look forward to speaking to every member of the CBI family! Best regards, and *todah rabbah!*

Carol Cunradi and Eliezah Hoffman
Phone-a-thon Co-Chairs

GAN SHALOM PRESCHOOL ACCEPTS VEHICLE DONATIONS: Car donations are an easy way to support Gan Shalom Preschool, providing you with a tax write-off and with additional funds for our community. We take care of the DMV paperwork, pick up your car, sell it at auction and then send you a receipt for the full amount that the car sold for. It's that easy! We can also accept trucks, boats, motorcycles and RVs. For more information and to begin the process, please contact **Jerry Robbins**, robbins42@hotmail.com (650) 766-7233.

In The Community

Jewish Summer Camp Open House: Come Learn about Camp Stone: A Bnai Akiva camp in Pennsylvania that attracts kids from around the country. Please join us Monday evening, January 13, 2020 at 7:30 PM at the home of Tamara Beliak & Zeev Neumeier, 1691 Ward Street. Come out to see Yakov Fleischmann, hear stories about your children's exciting adventures at camp this past summer and get answers to all your questions for 2020!