



Weekday Morning and Evening Services

December 8-12, 2019

8:00 am Sun • 6:30 am M - F

Evening: Sun-Mo Dec. 8 & 9 @ Haber home, 6100 Broadway Terrace, Oakland

Please note: no mincha at CBI on November 8-9

4:30 pm Tu- Th, Dec 10-12

HACHNASSAT ORCHIM

Lauren Schuchart & Ben Fleischman

Kiddush Wine:

Covenant Winery, with special thanks to the Morgan Family

Beth Israel Classes

Friday, December 6

- Northside minyan at Sudikoff home 4:30 pm
1209 Shattuck Ave (east side of street, past Live Oak Park, near Eunice)
Candle Lighting..... 4:32 pm
Mincha & Kabbalat Shabbat @ CBI 4:35 pm
Tot Kabbalat Shabbat @ CBI 4:45 pm
Young Family Catered Shabbat Dinner at CBI 5:00 pm
(registration is closed at this time)

Saturday, December 7

- Morning Service 9:15 am
Tot Childcare (upstairs at CBI*) with Suelao Barajas..... 9:15 am
*Children 18 mos-3 yrs can be dropped off at tot childcare.
Childcare at Gan Shalom (ages 3-10) 9:15 am
Greeters: Dorit Resnikoff, Desmid Lyon, Jonathan Astmann, Marti Zedeck
Torah & Haftarah Readers: Gili Stein, Bear Mahgel-Friedman, Yaakov Fenton, Charlie Spivak, Dror Neumeier, Zeev Neumeier
Formal Group Time 10:30 am
Kedma (Pre-K): Natan Kuchar
Tzafona: Moriya Gamliel
Negba: Meitav Ovadia
Gan Assistant: Amal Shefedin
Parent Supervisor: (TBD)

Sermon by R. Yonatan Cohen: A Holy Kiss

- Mincha 12:30 pm
Women's mincha and Torah reading 4:00 pm
Torah Readers: Vered Frank, Jenny Kirsch, Racheli Perl
Women's Seudah Shelishit, Learning & Singing 4:30 pm
sponsored by Jessica Klass in honor of her grandmother Lillian (Lifsha)
Schmuner on her thirtieth Yahrzeit and her mentor, Shirley Effenbach Howard, on her seventh yahrzeit.
Seudah shelishit 4:35 pm
Ma'ariv, Havdalah & Shabbat ends 5:33 pm
Mishmash..... 6:15 pm

Women's Tefillah

Join CBI's women's community for a series of unique opportunities to pray, sing and learn Torah together. Mincha and Torah reading will be followed by seudah shelishit & learning. Women's Tefillah will meet for Shabbat Mincha on the following dates (1st Shabbat of the month): Jan 4 • Feb 1 • March 7 • May 2
Please contact Maharat Victoria Sutton (maharatvictoria@gmail.com) or Judy Massarano (jmassarano@gmail.com) if you wish to serve as a gabbayit, read Torah, lead prayers, teach during the meal, or sponsor seudah shelishit.

KIDDUSH SPONSORS

The Greenberg-Smith family in honor of Jeremy Smith's birthday
Tamar Sandel & family in honor of Ori Sandel's birthday

SUNDAY

Contemplation Practice from Jewish Tradition: On-going group for both beginner and experienced meditators with CBI Member R. Ken Lipman, Ph.D. Theory and practice based on the teachings of the Maggid of Mezeritch and other Hasidic masters
Includes: Brief teaching / Text study • Practice • Questions / Discussion time. Drop-ins welcome.
R. Ken Lipman, Ph.D. — Sundays, 9:30 am-10:45 am @ CBI

MONDAY

Key Books in Tanakh: Book of Samuel: Following the chaotic period of the Judges, the Book of Samuel narrates the centralization of leadership in Israel. The book opens with the birth of the prophet Samuel, who unifies the nation, and crowns the first kings of Israel. The Book of Samuel presents a gripping exploration of political personalities, palace intrigue and the role of God in the lives of kings and nations.
M. Victoria Sutton — Mondays @ 12:00 pm.

NCSY LNL – Latte & Learning (for teens in grades 9 to 12): Our Special Blend: Coffee & Torah every week. In addition to coffee, NCSY's Latte & Learning initiative serves up Judaism in a relaxed, inspirational, and fun environment. L&L is the place for teens to ask questions, voice their feelings, and connect with each other.
Mondays at 7:30-8:30 pm, @ Starbucks 2128 Oxford

TUESDAY

Emotions in Halakha: Jewish law has a lot to say about how we act, but do emotional states have significance in halakha? We will look at some well-known human emotions through a halakhic lens, from the Talmud through rabbinic responsa, as well as some constructs around more elusive emotional states that have implications in Jewish law.
M. Victoria Sutton — Tuesdays, Dec. 3, & 10 @ 7:30 pm

WEDNESDAY

Vices & Virtues: Mussar is a spiritual Jewish practice focused on virtue-based ethics. Through the cultivation of inner virtues, such as patience, gratitude, and reverence, we improve ourselves. Our sessions will explore various vices and virtues as presented by classical books of Mussar.
R. Yonatan Cohen — Wednesdays @ 12:00 pm

Mussar Shmooze: Join in ongoing mussar chaburot or hevrutot, organized around a particular mussar work, from classical to modern. The evening of learning, over hearty soup, will close with an opportunity for folks to share words of Torah from their learning.
Please be in touch with Maharat Victoria Sutton to participate or if you would like to convene a chabura on a particular mussar work.
Bimonthly, Wednesday Nights at 7:30 pm, January 8, 22, February 5, 19, March 4, 18, April 1, 22, May 6, 20

Emmanuel Levinas: Nine readings of the Talmud by the French Jewish philosopher Emmanuel Levinas translate Jewish thought into the language

Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.

of modern times. Here Levinas applies a hermeneutic that simultaneously allows the classic Jewish texts to shed light on contemporary problems and lets modern problems illuminate the texts. Besides being quintessential illustrations of the art of reading, the essays express the deeply ethical vision of the human condition that makes Levinas one of the most important thinkers of our time.

Muni Schweig — Wednesdays @ 8:00 pm @ the Schweig home

FRIDAY

Talmudic Wisdom: Join us for a weekly class on Tractate Chagigah that explores major Jewish questions of practice and thought. In this week's class we will begin the second chapter of the tractate.

R. Yonatan Cohen — Fridays, 9:00 am

EVENTS/ANNOUNCEMENTS **In Beth Israel**

Baruch Dayan Emet/Condolences: We deeply regret to inform you of the passing of **Sam Haber (Shemuel Zanvil ben Tziviya)**, beloved husband to Janice Haber z"l, father to Kate, Sara and Ruth Haber, father-in-law to Beth Sousa and David Kinstle and grandfather to Celia Haber and Molly Kinstle.

Mincha and Ma'ariv services will be held at the shiva at the Haber home (6100 Broadway Terrace, Oakland) Sunday, December 8 and Monday, December 9 at 4:30 pm. Given the early time of the day, please let us know you will be attending those services by signing up at this link:

<https://tinyurl.com/vdlkxbm>

Please note Mincha/Maariv will NOT take place at CBI on those days. If you're a regular at weekday services and need help with a ride email CBI office. Community members are warmly welcome to visit with the Haber family at the following times:

Sunday, December 8, 12:00 pm-7:00 pm

Monday, December 9, 12:00 pm-7:00 pm

NCSY

JSU & NCSY Summer programs info session!

Sunday, December 8th, 7:30 - 8:30, at Beth Jacob, 3778 Park Blvd Oakland, 94610

Register: <https://tinyurl.com/s9r2b27>

Israel. Europe. Surfing. Internships. Sports. Medical Training. If you can imagine it, we've got it!

Unveiling for Annette Cohen, beloved mother of Marilyn Markowitz, Dennis Cohen and Gale Caplan, will take place Tuesday, December 10, 11:00 am at Hills of Eternity, 1301 El Camino Real, Colma, CA 94014. Community warmly invited to Marilyn Markowitz's home, 1285 Monterey following the unveiling, starting at 12:45 pm.



Shabbat Shalem with Dr. Chaim Saiman, December 13-14

Dr. Chaim Saiman is a Professor of Law at Villanova University where he teaches Jewish law, and Contracts and Insurance law. He is an editor of the American Journal of Comparative Law, and has served as the Gruss Professor of Jewish Law at the University of Pennsylvania Law School, as a fellow in Religion and Public Life at Princeton University. In 2017, he was the Gruss Visiting Professor of Talmudic Law at Harvard Law School. He is the author of Halakha: The Rabbinic Idea of Law (2018).

Friday, December 13

4:32 pm Candle Lighting

4:35 pm Mincha & Kabbalat Shabbat

5:30 pm Communal Shabbat Dinner followed by learning w/Dr. Chai Saiman.

<https://www.cbiberkeley.org/learn/scholars-in-residence/2019-12/>

Saturday, December 14

10:45 am Sermon by Dr. Saiman

4:15 pm Seudah shelishit

Learning with Dr. Saiman at 4:25 pm

CBI SISTERHOOD UPCOMING EVENT

2nd Annual Art Shuk

Sunday, December 15th 11 am - 4 pm at CBI

Come view the talents of our Shul members and other local Jewish artists. Art will be available for purchase. Come support our community of artists. Food and drink will be available for purchase as well.

Questions? Interested in participating in the Shuk? Call/text Sabrina at 510 847-0050

CBI Sunday Afternoon at the movies! Sunday, December 15, 2019, 2pm at The home of Dan & Robinn Magid (833 Mendocino Avenue)

Come join us for CBI Sunday Afternoon at the movies! There will be delicious kosher snacks, drinks and great company. We will be showing the wonderful Israeli movie "The Women's Balcony". The event will be on Sunday, December 15th at 2pm at the home of Dan and Robinn Magid, 833 Mendocino Avenue, Berkeley. Here is the official description of the movie and a link to the trailer:

New York Times & Los Angeles Times CRITICS PICK! Israel's #1 Film of the Year!

When the women's balcony in an Orthodox synagogue collapses, leaving the rabbi's wife in a coma and the rabbi in shock, the congregation falls into crisis. Charismatic young Rabbi David appears to be a savior after the accident, but slowly starts pushing his fundamentalist ways and tries to take control. This tests the women's friendships and creates an almost Lysistrata-type rift between the community's women and men.

Trailer: <https://www.menemshafilms.com/womens-balcony>

Embodied Chassidis - A Men's Dance Group

Monday, December 16, 7:00 pm-8:30 pm

Come join us as we embody chassidis through learning, song and dance. We will begin by learning a piece of chassidis from Rebbe Nachman that relates to movement.

We will then put on music and dance! The hope is to draw a relationship between what we learn with our minds and what we do with our bodies. Come explore how to turn our bodies into vessels of joy and break the boundaries in our relationship with G-d.

Facilitated by Aryeh Canter. Reach out to him if you have a song to request! This event is for men only. Light refreshments provided.

What Now? 2-minute Tips for Solving Common Parenting Challenges:

December 11, 7:30 p.m. at Congregation Beth Israel. Join Rachel Biale, psychotherapist and author, to explore a road map for navigating the twists and turns of raising kids. Presented in collaboration with Gan Shalom Preschool and PJ Library.

Open Kiddushim:

- December 14 (co-sponsor kiddush in honor of Natan & Lili Kuchar)
- December 28
- January 4

Email kiddush@cbiberkeley.org to sponsor kiddush at any level or please donate here: <https://www.cbiberkeley.org/connect/giving/>

CBI GAME GROUPS

Mah Jongg w/Marti Zedeck: Anyone interested is welcome to meet on **Tuesdays** from noon to 3:00 pm at the shul. Check with Marti to confirm dates: martizeck@yahoo.com (510) 527 0719.

CBI Sunday Soccer: A group of CBI members meet on Sunday mornings at 9 am at San Pablo park for a friendly game of soccer. All ages and levels of play skills (and no-skills) are welcomed to join. Email Noah Nathan at noahnathan@hotmail.co.uk for exact dates each week.

GAN SHALOM PRESCHOOL ACCEPTS VEHICLE DONATIONS: Car donations are an easy way to support Gan Shalom Preschool, providing you with a tax write-off and with additional funds for our community. We take care of the DMV paperwork, pick up your car, sell it at auction and then send you a receipt for the full amount that the car sold for. It's that easy! We can also accept trucks, boats, motorcycles and RVs. For more information and to begin the process, please contact **Jerry Robbins, robbins42@hotmail.com (650) 766-7233.**

In the Community

The Chanukah Bears of Marin Circle

Written by Hope Alper - Illustrated by Jennifer Silverman
Meet the Author ~ Book Reading & Release Party ~ Sunday, December 8, 2019 ~ 11:30 am @ Afikomen Judaica

Why do the bears in the fountain at Marin Circle wear kipot at Chanukah? This charming picture book follows the adventures of Little Bear as she explores the neighborhood and finds the answer. Written by CBI member Hope Alper, this book will delight children from 2-6 and early readers. A perfect Chanukah gift!
 The book will also be available at the CBI Art Shuk on December 15. For more info: hopeworkspr@pacbell.net

Hasidah: Hasidah IVF Grant Cycle is open! Applications are due January 6th. Applications are available at www.hasidah.org/apply. December 19th at 5:30pm- Community In Fertility is an ONLINE opportunity for Jewish women experiencing family building challenges to connect with each other during what can be a painful and isolating experience. These conversations provide the space to reflect on the experience of infertility in a Jewish context. The December session will focus on Hanukkah, miracles, and hope. Hanukkah is about the miracle of oil. But is hoping for a miracle when facing infertility a good approach? We'll explore our ideas of miracles and the role of hope when trying for a baby. E-mail Ariel@hasidah.org for more information or to sign up.

Moshava Alevy Summer 2020 - Open House: Oakland Lunch & Shmooze, Thursday, December 12, 11:50 am - 12:45 pm @ OHDS, grades 4-8.
 RSVP www.moshavaAlevy.org/openhouse
 Join us and receive an open house discount: \$100 for new families! \$50 for returning families!
 Session 1: June 22-July 15
 Session 2: July 20-August 12

Hanukkah Concert & Sing-Along: hosted by Nigunim Chorus with guest performers Noa Levy and Asaf Ophir, Saturday, December 21, 6:30 pm at the JCC East Bay, 1414 Walnut St., Berkeley
 \$15 in advance, \$20 at the door, \$10 for children
[Eventbrite.com](https://www.eventbrite.com) (search "Nigunim")
 Enjoy a hamish, musical Havdalah, an uplifting Hanukkah sing-along, and amazing performances by Nigunim Chorus, vocalist Noa Levy, and multi-instrumentalist Asaf Ophir. The program includes a special medley of songs by Jewish American songwriter Irving Berlin.



Marcia Falk, © You St. Long Beach

CONGREGATION BETH ISRAEL ART SHUK
SUNDAY, DECEMBER 15 • 11 AM - 4:00 PM

Buy Holiday Gifts! Local Community Artists!

Deborah Lesser/Ceramics • Avram Davis /Paintings
 Adina Polen/ Handmade Creations • Andrea Brott/Digital Paintings
 Hope Alper/ Children's Hanukkah Book • Marcia Falk /Books & Paintings
 Deb Sibony/Monotype Prints • Laura Kowler/Earth Sourced Jewelry
 Lisa Zabrack /Chanukah Cards • Rose Ginsburg /Textiles
 Betzelel Massarano/ Woodwork
 Nitzhia Shaked /Paintings • Aaron Marcus/ Digital Art
 Isaac Kaplan & Sandy Kaplan Schwarz/ Fused Glassworks
 Gabby Schubert / Pencil and Ink Fantasy Art

Come view the talents of Congregation Beth Israel members and other local Jewish artists.
 Art will be available for purchase. Come support our community of artists.
 Food and drinks will be available for purchase as well.

Questions • Call or text Sabrina • 510 847-0050

ACCFB.ORG/DINNER

On behalf of the thousands of Alameda County neighbors who you'll feed this winter, thank you for all your help with the Holiday Dinner Drive. The Chronicle recently reported "almost 200,000 Alameda County residents [have] low or

Please give today: **YOUR DONATION WILL BE DOUBLED!**

CONGREGATION BETH ISRAEL

Holiday Dinner Drive

Benefiting 

Alameda County Community Food Bank serves **1 in 5** of our neighbors

Your donation of \$36 provides 7 holiday meals	Your donation of \$60 provides 12 holiday meals	Your donation of \$100 provides 20 holiday meals
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The Koret Foundation is generously matching all gifts, dollar-for-dollar, up to \$25,000, to support this year's Holiday Dinner Drive in Alameda County.

For every \$1 you give, the Food Bank will provide \$7 now \$14 worth of food with the match!

Thank you for your generous support!

DONATE ONLINE:
accfb.org/dinner
 Enter donation info and at the bottom of the page select Congregation Beth Israel from the dropdown menu

DONATE BY CHECK:
 Payable to ACCFB and write Holiday Dinner Drive on the check memo line, mail to:
Congregation Beth Israel
 Attn: Holiday Dinner Drive
 1630 Bancroft Way
 Berkeley CA 94703



the food bank is a:



The Food Bank is a 501(c)(3) nonprofit organization. Your tax-deductible gift of any amount is appreciated and needed.

Dear CBI family and friends,

For the past decade, each January has brought a fundraising appeal from Congregation Beth Israel. Every year, we have held a Phone-a-thon to ask for help bridging the gap between incoming commitments and outgoing expenditures, faced by all synagogues, to support the meaningful programming and events held throughout the year. And every year, Beth Israel's family and friends have risen to the occasion. **Our goal for the 2020 Phone-a-thon, to help us meet rising expenses, is \$26,000.**



This year, our members have joined together weekly for meaningful davening, thought-provoking *drashot*, and engaging classes. We have connected with our larger Berkeley community by providing hot meals and collecting towels, socks, and underwear for those in need. We have seen the fruits of our labor as Gan Shalom begins its fifth year in its newly revitalized building, a daily home to 32 children. Our weekly Shabbat groups are an anchor for families in the CBI community. And we achieved two important infrastructure additions: the creation of East Bay Kosher and certifying Flying Falafel and Boichik Bagels, and the expansion of the Berkeley Eruv

This fall, we have already embarked on an ambitious program of scholars and teachers; we have much more to look forward to in the coming months. None of this is possible without your support. We salute you for your past generosity and ask you to help get the job done again this year.

The 2020 CBI Phone-a-thon will take place on Sunday morning, January 26th. We are asking members to increase their giving to this campaign by 10% from 2019. If you want to have this donation credited to your 2019 tax return, please consider giving before the end of December! If you would prefer, you can make your donation in one of four ways:

- Donate online here <https://www.cbiberkeley.org/connect/giving/phone-a-thon2020/>
- Send a check to CBI, with "2020 Phone-a-thon" on the memo line. Checks can be sent to Congregation Beth Israel, 1630 Bancroft Way, Berkeley, CA 94703.
- Use your bank's online payment center to make a payment to CBI.
- Call the office (510) 843-5246 to make a pledge by phone; your pledge will be added to your CBI statement.

Donors will be recognized for their support in the Spring issue of Chai Lights in five categories, according to their level of giving:

\$18 – \$179: Supporters
\$180 – \$499: Guardians
\$500 – \$1,000: Sustainers
\$1,000 – \$1,999: Pillars
\$2000+: Visionaries

If you don't call us, we'll call you on January 26! We look forward to speaking to every member of the CBI family!

Best regards, and *todah rabbah!*

Carol Cunradi and Eliezah Hoffman
Phone-a-thon Co-Chairs