



Weekday Morning and Evening Services

October 27-31, 2019

Morning: 8:00 am Sun • 6:30 am M - F

Evening: 5:55 pm Sun - Th

Friday, October 25

Northside minyan at Sudikoff home 6:00 pm
1209 Shattuck Ave (east side of street, past Live Oak Park, near Eunice)
Candle Lighting 6:00 pm
Mincha & Kabbalat Shabbat 6:05 pm

Saturday, October 26

Morning Service9:15 am
Tot Childcare (upstairs at CBI*) with **Shyenne Burrell**9:15 am
*Children 18 mos-3 yrs can be dropped off at tot childcare.
Childcare at Gan Shalom (ages 3-10).....9:15 am
Greeters: **Rebecca Landes, Allen Mayer, James Mitrani, Susie Marcus**
Torah Reader: **Na'aman Kam**
Haftarah Reader: **Ori Kanefsky**
Formal Group Time 10:30 am
Kedma (Pre-K): **Natan Kuchar**
Tzafona: **Moriya Gamliel**
Negba: **Meitav Ovdia**
Gan Assistant: **Liz Ramirez**
Parent Supervisor: **Adam Brelow**
Tot Shabbat circle in the CBI Loft w/**Natan Kuchar** 11:15 am
Sermon by Joshua Ladon: Creation and Our Mandate to Be Holy
Mincha 5:45 pm
Seudah Shlishit 6:05 pm
Ma'ariv, Havdalah & Shabbat ends..... 6:57 pm

KIDDUSH SPONSORS

Alison Jordan; Miriam R L Petruck in honor of her father, R. Marvin Petruck, and his life in Torah, as well as in gratitude for the enlightened clerical leadership of CBI, R. Yonatan Cohen and M. Victoria Sutton.

HACHNASSAT ORCHIM

Noah & Melissa Nathan

Kiddush Wine:

Covenant Winery, with special thanks to the Morgan Family

ROSH CHODESH CHESHVAN

Mon, night, Tues. & Wed., October 28-30

Shacharit.....6:30 am

Beth Israel Classes

SUNDAY

Contemplation Practice from Jewish Tradition: On-going group for both beginner and experienced meditators with CBI Member R. Ken Lipman, Ph.D. Theory and practice based on the teachings of the Maggid of Mezeritch and other Hasidic masters
Includes: Brief teaching / Text study • Practice • Questions / Discussion time. Drop-ins welcome. **Class on hiatus, resumes October 27.**
R. Ken Lipman, Ph.D. — Sundays, 9:30 am-10:45 am @ CBI

MONDAY

Key Books in Tanakh: Book of Samuel: Following the chaotic period of the Judges, the Book of Samuel narrates the centralization of leadership in Israel. The book opens with the birth of the prophet Samuel, who unifies the nation, and crowns the first kings of Israel. The Book of Samuel presents a gripping exploration of political personalities, palace intrigue and the role of God in the lives of kings and nations. **Class resumes October 28.**
M. Victoria Sutton — Mondays @ 12:00 pm.

NCSY LNL – Latte & Learning (for teens in grades 9 to 12): Our Special Blend: Coffee & Torah every week. In addition to coffee, NCSY's Latte & Learning initiative serves up Judaism in a relaxed, inspirational, and fun environment. L&L is the place for teens to ask questions, voice their feelings, and connect with each other.

Mondays at 7:30-8:30 pm, @ Starbucks 2128 Oxford

TUESDAY

The Competing Powers of Feeling and Thinking: Self, Other, Action: For millennia, humans have struggled to balance the competing powers of emotion and mind, feeling and thinking. How does Jewish tradition understand the relationship between emotion and thought, feeling and thinking? In this series, we shall explore this core question in terms of its practical relevance to three related vital questions: How do we understand ourselves as individuals, our humanity, Jewishly? How do we understand & value our relationships with others? How do we translate these views of self and others into moral and political actions? Our discussion will be based on classical and contemporary Jewish texts and a variety of other sources.

Dr. Bernie Steinberg is Director Emeritus, Harvard Hillel, teaches at the Graduate Theological Union and Kevah in Berkeley. He recently wrote an essay on Maimonides for Oxford University Press Bibliographies.

Dr. Bernie Steinberg -- Tuesdays @ 7:30 pm, November 5, 12, 19

WEDNESDAY

Emmanuel Levinas: Nine readings of the Talmud by the French Jewish philosopher Emmanuel Levinas translate Jewish thought into the language of modern times. Here Levinas applies a hermeneutic that simultaneously allows the classic Jewish texts to shed light on contemporary problems and lets modern problems illuminate the texts. Besides being quintessential illustrations of the art of reading, the essays express the deeply ethical vision of the human condition that makes Levinas one of the most important thinkers of our time.

Muni Schweig — Wednesdays @ 8:00 pm @ the Schweig home

FRIDAY

Talmudic Wisdom: Join us for a weekly class on Tractate Chagigah that explores major Jewish questions of practice and thought. In this week's class we will begin the second chapter of the tractate.

R. Yonatan Cohen — Fridays, 9:00 am

EVENTS/ANNOUNCEMENTS

In Beth Israel

Newcomer & New Member Kiddush, November 2: the CBI community is warmly invited to join us next Shabbat, November 2, for a newcomer and new member Kiddush, sponsored by the CBI Sisterhood!
Open Kiddushim:

Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.

- November 9 co-sponsors needed
- November 30

Email kiddush@cbiberkeley.org to sponsor kiddush at any level or please donate here: <https://www.cbiberkeley.org/connect/giving/>

Women's Tefillah @CBI - Shabbat Nov. 2, 5 pm

Join CBI's women's community for a series of unique opportunities to pray, sing and learn Torah together. Mincha and Torah reading will be followed by seudah shelishit and learning.

We will meet Shabbat November 2 at 5 pm for Shabbat mincha with Torah, followed by seudah shelishit and learning, sponsored in memory of Shira Shivel

CBI Shabbat Group assistant: Seeking a responsible and dynamic teen who enjoys working with young children, and can commit to helping out during groups (10:30-11:45 am) for 2-4 Shabbatot per month (can be shared between 2 teens who rotate). Teen will assist our educators and support staff during group times. Please be in touch with M. Victoria Sutton if interested.

Holiday Dinner Drive For Alameda County Food Bank: The Food Bank serves 1 in 5 Alameda County residents. The holidays, unfortunately, make things extra difficult for households who are already making impossible decisions – like food vs. rent, or food vs. medicine. Putting together a holiday meal for a family is often out of reach. **You can change that.** Last year, Congregation Beth Israel raised \$5,356.00. With the match from the Koret Foundation, that was enough to provide 2,142 healthy holiday meals for families in Alameda County.

We hope you'll give generously. If you've never given before, will you consider it this year? The Food Bank needs you more than ever. A gift of any amount will help many in our community. <https://donate.acfb.org/dinner>

CBI SISTERHOOD UPCOMING EVENT

Sunday, October 27th, 10:30 am at CBI

Annual General Meeting and guest speaker, author Marcia Falk.

Please join us at 10:30 for refreshments and sisterhood meeting. Our speaker will begin her program at 11am.

All are welcome to attend our guest speaker's presentation at 11am. Marcia will present her new book, *Inner East: Illuminated Poems and Blessings*, which pairs her poetic writing with her original paintings to create a meditative dialogue.

2nd Annual Art Shuk

Sunday, Dec 8th 11 am -4 pm at CBI

Come view the talents of our Shul members and other local Jewish artists. Art will be available for purchase. Come support our community of artists. Food and drink will be available for purchase as well.

Questions? Interested in participating in the Shuk? Call/text Sabrina at 510 847-0050

NCSY Color Run. Laser Tag. Silent Rave. And more.

Who: Grades 9-12

Where: The beautiful Dovid Oved Retreat Center in Running Springs, Ca

When: We will be flying down at 8am Friday, November 8th from SFO, and flying back in SFO on Monday, November 11th landing at 5pm.

What: An incredible weekend retreat for JSUers and NCSYers from all over West Coast!

Cost: \$325. Note: No NCSYer or JSUer will be turned away because of financial difficulties.

Grab your spot here: <https://westcoast.ncsy.org/events/230541/fall-summit-2019/>

CBI GAME GROUPS

Mah Jongg w/Marti Zedeck: Anyone interested is welcome to meet on **Tuesdays** from noon to 3:00 pm at the shul. Check with Marti to confirm dates: martizedeck@yahoo.com (510) 527 0719. **On hiatus, resumes October 29.**

CBI Sunday Soccer: A group of CBI members meet on Sunday mornings at 9 am at San Pablo park for a friendly game of soccer. All ages and levels of play skills (and no-skills) are welcomed to join. Email Noah Nathan at noahnathan@hotmail.co.uk for exact dates each week.

GAN SHALOM PRESCHOOL ACCEPTS VEHICLE DONATIONS: Car donations are an easy way to support Gan Shalom Preschool, providing you with a tax write-off and with additional funds for our community. We take care of the DMV paperwork, pick up your car, sell it at auction and then send you a receipt for the full amount that the car sold for. It's that easy! We can also accept trucks, boats, motorcycles and RVs. For more information and to begin the process, please contact **Jerry Robbins**, robbins42@hotmail.com (650) 766-7233.

In the Community

Let's Celebrate OHDS! Nov 3, 5:30 p.m. at Piedmont Veteran's Hall

This year we are thrilled to honor **Lisa Blumenband** for Excellence in Education as well as

Bella Barany and Elana Silver for Volunteers of the Year. Please join us for Epic Bites Catering, Hajdu and Covenant wines, and a whole lot of celebration! Register at https://secure.lgiforms.com/form_engine/s/zNC8nlaDpuAoFV4Y18V1VQ

Contact Philippa Lichterman with any questions: plichterman@ohds.org

Preschool Science Event: Nov 13, 2:30 p.m. at OHDS

Bring your 3-5 year old for some fun maker science activities plus a science magic show! Come meet our teachers while your little ones bring science to life. Brought to you in partnership with PJ Library Bay Area. To RSVP, please contact Philippa Lichterman, Admissions Director: plichterman@ohds.org or (510) 531-8600 x12.

Jewish Family & Community Services East Bay invites you to our 13th annual Art of Living gala fundraiser on Sunday, October 27, 2019 at Temple Isaiah in Lafayette.

This year, we are thrilled to welcome **Peter Sagal**, host of NPR's *Wait Wait . . . Don't Tell Me!* Peter will have an on-stage conversation **Scott Shafer**, KQED Radio's Senior Editor for Politics and Government. The evening will support JFCS East Bay's vital services for immigrants, refugees, kids, parents, seniors, and Holocaust survivors here in the East Bay. Information and tickets: <https://jfcs-eastbay.org/art-of-living-2019/>

OHDS staff member seeking affordable housing for herself and five-year-old daughter. South Berkeley, Elmwood, or Temescal would be ideal, but open to other neighborhoods too. Would love to find a cat-friendly place so we can get a kitten, but not a deal-breaker. If desired, happy to help take care of your pets too, and to help out with gardening, cooking, or errands to help offset rent. We don't need much space, our dream would be a little cottage in a backyard or a little in-law apartment. Excellent references available upon request. You can reach me at alethea.marie@gmail.com.



Todah Rabah - Our Utmost Gratitude:

The past Rosh Hashannah and Yom Kippur services at Beth Israel were infused with *kavanah* (intentionality and focus), *simchah* (joy), and *kedushah* (sanctity). None of these would have been possible without proper *hachanah* (preparation).

We take this moment to single out those individual members of our community whose *avodat kodesh* (sacred service and volunteerism) allowed us to enjoy our own. Please make an effort to express personal gratitude to each of these individuals and to consider joining CBI's ever expanding community of *ovdei kodesh* (volunteer workers). You can also honor them with a donation to CBI (to donate on our website <https://www.cbiberkeley.org/connect/giving/>).

R. Cohen's High Holiday sermons are now posted on <http://www.cbiberkeley.org/rabbis-sermons-categories/high-holiday-sermons/>
 We apologize in advance for any inadvertent omissions (a corrected list, if need be, will be added to the Daf Hashavuah).

Mikol HaLev - Wholeheartedly:

Adult Education:

R. Yonatan Cohen
 Dr. Frayda Gonshor-Cohen
 R. Ariel Mayse
 R. Dorothy Richman
 M. Victoria Sutton

Bima Flowers:

The Haber Family

Community Building (meal matching) & Hachnassat Orchim:

Sara Darmoni
 Yael Krieger
 M. Victoria Sutton

New Member Baskets:

Sara Darmoni
 Covenant Wines, Jeff and Jodie Morgan
 Dov Jelen
 Lois Marcus
 Irene Resnikoff
 Leslie Valas

Gabbais:

Bob Budnitz

Benjamin Epstein
 Jory Gessow
 Guy Harel
 Aaron Katler
 Dean Robinson
 Ory Sandel
 Mark Schickman
 Steve Silberblatt
 Joshua Willner

Greeters:

Lois Marcus
 Noah Nathan
 Daniel Magid
 Marti Zedeck
 Jodie Morgan
 Doreet Stein
 Leslie Valas
 Rebecca Landes
 Leora Lawton
 Desmid Lyon
 Irene Resnikoff
 Sheila Yudenfreud
 Miriam Barrere
 Stephen Leist
 Nimrod Elias
 Dorit Resnikoff
 Carol Cunradi
 Eric Seder
 Ben Rose

Rona Kabatznick
 Philip Tendler
 R. Joshua Ladon
 Issy Kipnis
 Dov Jelen
 Rona Rothenberg
 Patricia Kipnis
 Allen Mayer
 Elliot Onn
 Jeff Stein
 Matan Gilbert
 Noam Saper
 Jonathan Astmann
 Ori Kanefsky

Kiddush Coordinator:

M. Victoria Sutton

Kiddush Wine, Rosh Hashanah Kiddush, & Sukkot Dinners:

Covenant Winery, with special thanks to the Morgan Family

Lights Coordinator:

Seth Greenberg

Megillah Coordinator (Kohelet):

Judy Massarano
 M. Victoria Sutton

Megillah Readers (Kohélet):

Morey Garelick
 Daniel Blumenthal Hoffman
 Issy Kipnis
 Yael Krieger
 Desmid Lyon
 Rona Teitelman
 Gitl Viswanath
 Meena Viswanath

Office Administrator:

Joelle Yzquierdo

High Holidays Prayer Leaders:

Bob Budnitz
 R. Daniel Hoffman
 Ori Kanefsky
 R. Joshua Ladon
 R. Daniel Lehmann
 Yedidya Neumeier
 Zeev Neumeier
 Mark Schickman
 Steve Silberblatt

Sanctuary Setup:

Niva & Talia Bamberger
 Bella Barany
 Joel Brodsky
 Hoshaya, Gavriel & Amarya Cohen
 Jamie Conway
 David Corwin
 Vered, Be'eri, Tamar & Karmi Frank
 Nae Golomb
 Shulamis Green
 Bathea James
 Issy Kipnis
 Josh & Menashe Kirsch
 Stephen Kloder
 Rebecca Landes & Ben Rose
 Leora Lawton
 Desmid Lyon
 Dan Magid
 Bear Mahgel-Friedman
 Lois Marcus
 Sarah, Rebecca & Yaakov Miranda
 Benjamin Yzquierdo-Norton
 John Pilkington
 Jonathan Purcell
 Irene Resnikoff
 Ben Norton
 Naama Sadan
 Aaron Schweig
 Aliza Shapiro
 Lou Schubert
 Irene Smith
 Leslie Valas

Shofar Blower:

Jamie Conway

Shofar Blowing @Gan:

Adam Brelow

Shofar Blowing as *Bikkur Cholim*:

Joe Hellerstein
 Renna Khuner-Haber

Sukkah Builders:

Nae Golomb
 Alan Leon
 Douglas Walters

Torah Reading Coordinator:

Joel Resnikoff

Torah and Haftarah Readers:

Jamie Conway
 R. Daniel Hoffman
 Isaac Kaplan
 Issy Kipnis
 Glenn Massarano
 Noah Nathan
 Zeev Neumeier
 Raphael Rosen
 Mark Schickman
 Yonim Schweig
 David Sudikoff
 Phillip Tendler
 Aron Wolgel

Women's Simchat Torah Reading:**Coordinators:**

Judy Massarano
 M. Victoria Sutton
 Meena Viswanath

Gabbais:

Tamara Beliak
 Lisa Blumenband
 Yael Saiger
 Nava Schweig

Readers:

Deena Aranoff
 Niva Bamberger
 Shani Gross
 Hazel Kirsch
 Jenny Kirsch
 Yael Kreiger
 Emily Levy
 Nell Maghel-Friedman
 Racheli Perl
 Adina Polen
 Naama Sadan
 Yael Saiger
 Nava Schweig
 Tali Singer
 M. Victoria Sutton
 Rona Teitelman
 Gitl Viswanath
 Meena Viswanath

Yizkor Book:

Lois Marcus
 Susie Marcus

Yizkor Lights:

Carol Cunradi
 Jory Gessow
 Seth Greenberg

Yom Tov Kiddushim:

Special thanks to Janice Mac Millan and her dedicated team for our Yom Tov Kiddushim. A special shout out to Batya Schick for volunteering to support Janice's crew for the Sukkot communal dinners.

Youth Educators:

Alana Kessler
 Lili Kuchar
 Natan Kuchar
 Risa Lenore
 Melita Silberstein

Group Leaders:

Ronna Bach
 Moriyah Gamliel
 Meitav Ovadia
 Lou Schubert

Childcare Assistants:

Shyenne Burrell
 Luana Lima
 Liz Ramirez
 Veronica Rodriguez

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We are hoping for 100% membership participation. If you did not get a Yom Kippur Appeal pledge card or you weren't in shul for Yom Kippur, you can reply with your pledge by return email; you can also donate directly on our site by using this link: (please pick the "General Fund") <https://www.cbiberkeley.org/connect/giving/>

Tizku L'Mitzvot! - May You Merit the Abundance of Mitzvot!

Please give today: **YOUR DONATION WILL BE DOUBLED!**

CONGREGATION BETH ISRAEL

Holiday Dinner Drive

Benefiting  **ALAMEDA COUNTY
COMMUNITY
FOOD BANK**

Alameda County Community Food Bank serves **1 in 5 of our neighbors**

Your donation of \$36
provides 7 holiday meals



Your donation of \$60
provides 12 holiday meals



Your donation of \$100
provides 20 holiday meals



The Koret Foundation is generously **matching all gifts, dollar-for-dollar, up to \$25,000**, to support this year's Holiday Dinner Drive in Alameda County.

For every \$1 you give, the Food Bank will provide \$7 now \$14 worth of food with the match!

Thank you for your generous support!

DONATE ONLINE:
accfb.org/dinner

Enter donation info and at the bottom of the page select **Congregation Beth Israel** from the dropdown menu

DONATE BY CHECK:

Payable to ACCFB and write Holiday Dinner Drive on the check memo line, mail to:

Congregation Beth Israel
Attn: Holiday Dinner Drive
1630 Bancroft Way
Berkeley CA 94703



Congregation
Beth Israel

the food bank is a:



The Food Bank is a 501(c)(3) nonprofit organization. Your tax-deductible gift of any amount is appreciated and needed.

PLEASE DO NOT REMOVE THIS SHEET FROM THE BUILDING ON SHABBAT