



Weekday Morning and Evening Services

September 15-19, 2019

Morning: 8:00 am Su • 6:30 am M

Please note Shacharit will take place at 6:30 am on

Wednesday through Friday at the Miller home, no services at CBI

Evening: 6:55 pm Su- Mon

Please note mincha will take place at 6:55 pm on

Tuesday through Thursday at the Miller home, no services at CBI

Friday Night, September 13

Northside Minyan @ Sudikoff home..... 6:50 pm

1209 Shattuck Ave (east side of street, past Live Oak Park, near Eunice)

Mincha & Kabbalat Shabbat 7:00 pm

Candle Lighting 7:02 pm

Saturday, September 14

Morning Service9:15 am

Tot Childcare (upstairs at CBI*) with **Shyenne Burrell**9:15 am

*Children 18 mos-3 yrs can be dropped off at tot childcare.

Childcare at Gan Shalom (ages 3-10)9:15 am

Greeters: **Rebecca Landes, Rona Teitelman, Brian Helfer, Issy Kipnis**

Torah Reader: **Jamie Conway**

Haftarah Reader: **Noam Saper**

Formal Group Time10:30 am

Kedma (Pre-K): **Natan Kuchar**

Tzafona: **Moriya Gamliel**

Negba: **Meitav Ovadia**

Gan Assistant: **Luana Lima**

Parent supervisor: **Jeanette & Rafi Rosen**

Tot Shabbat circle in the CBI Loft11:15 am

Drasha by R. Yonatan Cohen: *The Wayward Child and Hagar's Son – Two Models*

Shabbat Mincha 6:45 pm

Seudah Shlishit 7:05 pm

Ma'ariv, Havdalah & Shabbat ends after 7:58 pm

KIDDUSH SPONSORS

Jeff and Jodie Morgan, with gratitude of the CBI community and in celebration of the 2019 grape harvest.

HACHNASSAT ORCHIM

Josh & Jenny Kirsch

Kiddush Wine Donors:

Covenant Winery, with special thanks to the **Morgan Family**

Beth Israel Classes

SUNDAY

Contemplation Practice from Jewish Tradition: On-going group for both beginner and experienced meditators with CBI Member R. Ken Lipman, Ph.D. Theory and practice based on the teachings of the Maggid of Mezeritch and other Hasidic masters

Includes: Brief teaching / Text study • Practice • Questions / Discussion time. Drop-ins welcome.

R. Ken Lipman, Ph.D. — Sundays, 9:30 am-10:45 am @ CBI

MONDAY

Key Books in Tanakh: Book of Samuel: Following the chaotic period of the Judges, the Book of Samuel narrates the centralization of leadership in Israel. The book opens with the birth of the prophet Samuel, who unifies the nation, and crowns the first kings of Israel. The Book of Samuel presents a gripping exploration of political personalities, palace intrigue and the role of God in the lives of kings and nations.

M. Victoria Sutton — Mondays @ 12:00 pm.

NCSY LNL – Latte & Learning (for teens in grades 9 to 12): Our Special Blend: Coffee & Torah every week. In addition to coffee, NCSY's Latte & Learning initiative serves up Judaism in a relaxed, inspirational, and fun environment. L&L is the place for teens to ask questions, voice their feelings, and connect with each other.

Mondays at 7:30-8:30 pm, @ Flying Felafel, 2114 Shattuck Ave

WEDNESDAY

Emmanuel Levinas: Nine readings of the Talmud by the French Jewish philosopher Emmanuel Levinas translate Jewish thought into the language of modern times. Here Levinas applies a hermeneutic that simultaneously allows the classic Jewish texts to shed light on contemporary problems and lets modern problems illuminate the texts. Besides being quintessential illustrations of the art of reading, the essays express the deeply ethical vision of the human condition that makes Levinas one of the most important thinkers of our time.

Muni Schweig — Wednesdays @ 8:00 pm @ the Schweig home

FRIDAY

Talmudic Wisdom: Join us for a weekly class on Tractate Chagigah that explores major Jewish questions of practice and thought. In this week's class we will begin the second chapter of the tractate.

R. Yonatan Cohen — Fridays, 9:00 am

EVENTS/ANNOUNCEMENTS

In Beth Israel

Baruch Dayan Emet/Condolences: We deeply regret to inform you of the passing of **Blossom Selma Miller (Sarah Beila bas Meyer v'Yetta)**, beloved mother of Ann, Jonathan and David Miller, mother-in-law of BatSheva Miller, grandmother of Caitlin, Devon, Netzach, Liana, Tzvi, Corinna, Rebecca, Hodayah, and Meir (Didi), and great-grandmother of Betzael and Arava. She passed on peacefully in her home in Rockville Centre, New York on Friday September 13 / 13th of Elul with her children around her.

The funeral will take place at Sinai Chapels on Monday morning 9/16 @ 10:15 am, 162-05 Horace Harding Expy, Fresh Meadows NY 11365

Shiva & Services in NY - 88 Lenox Rd. #2N, Rockville Centre, NY

Monday in NY

Shiva Visitation hours: 2:00 pm - 5:00 pm

Mincha: 6:45 pm prompt

Maariv: 7:05 pm

Shiva visit continues until 8:30pm

Tuesday morning in NY

Shacharit: 7:30 am

Shiva & Services in Berkeley at the Miller's home - 1621 Oregon Street, Berkeley

(Note: No services will be held at Beth Israel on these days in the mornings and evenings)

Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.

Tuesday

Shiva Visitation hours:

6:30 pm - 9:00 pm

Mincha & Maariv Services: 6:55 pm

Wednesday & Thursday

Shacharit: 6:30 am

Shiva Visitation hours:

6:30 am - 9:30 am

12:30 pm - 4:00 pm

6:30 pm - 9:00 pm

Mincha & Maariv Services: 6:55 pm

Friday

Shacharit: 6:30 am

Shiva Visitation hours:

6:30 am - 9:30 am

12:30 pm - 2:30 pm

Sunday Morning

Shacharit: 8:00 am

Followed by completion of Shiva

HaMakom Yenacheim Et'chem Betoche She'ar Aveilei Tziyon VeYerushalayim. May God comfort the family and all others who mourn Zion and Jerusalem

High Holiday Seating: Kavod Exception- Senior CBI members (age 70 and over) and those with disabilities can request and may be assigned specific seat assignments. *Kavod* seats will be labeled with the name of the seat holder. Please email office@cbiberkeley.org with your request.

CBI Board Meeting: Our next Board meeting will be Wednesday, September 18 at 7:30 pm at CBI. The meeting is open to the public.

Kiddush Lunch: The Magid Family warmly invites the community to a Kiddush lunch next Shabbat, September 21, in honor of their anniversary.

Brettler Buder Simchat Bat: The Brettler Buder family would like to invite the community to join them in celebrating the *simchat bat* of their daughter at CBI on September 22 at 11 am.

High Holidays Setup - Volunteers Needed: Have you always wondered how the shul gets turned into an expanded holy space for our community for the *chagim*, every year, without fail? Be a part of the set-up team, and experience it from the inside. Help us install the curtain that blocks off the kitchen, add more chairs, put out the machzors and get the temporary bimah installed at the sky-wall.

When: Sunday, September 22nd

Time: 3 pm

Who: You...your kids, teens, parents and all CBI-ers.

Get in the spirit of Elul and be ready to hear the blast of the shofar during Rosh Hashanah. **RSVP to Leslie Valas at vffam5@gmail.com**

High Holiday Kiddushim:

You can make a contribution to sponsor a catered kiddush for

- One day of Rosh Hashana (\$50)
- Both days of Rosh HaShana (\$100)
- Night or Day of Simchat Torah (\$50)
- Both Night and Day of Simchat Torah (\$100)

- OR both days of Rosh Hashana and Simchat Torah (\$200)

Open Kiddush dates:

- September 28 - Kiddush in Memory of David Spieler z"l
The CBI community will mark the first yahrzeit of our dear friend, David Spieler, on Shabbat, September 28. Contributions welcome: <https://www.cbiberkeley.org/connect/giving/>
- October 5
- October 12
- Sukkot 1 (October 14)
- Shabbat Chol Hamoed (October 19)
- Shabbat Bereishit (October 26) co-sponsors needed
- November 9
- November 30

Email kiddush@cbiberkeley.org to sponsor kiddush at any level.

Participate in CBI High Holidays Meal Matching: The *Chagim* are right around the corner! At Congregation Beth Israel, we are offering a meal matching program as we did over the High Holidays in past years.

Hosts: Just let Sara Darmoni (schnitzsa@gmail.com) know if you have an extra place or 2, or 3, etc. at your table during Rosh HaShanah, and/or Sukkot.

Guests: Let Sara Darmoni know if you need a place for a meal during Rosh Hashanah, and/or Sukkot.

Please let her know of any dietary restrictions you may have.

We'll make all the matching happen!

Also, during Shabbat Kiddush at CBI please go around and ask: "Will you attend our Shabbat lunch/dinner?" Let's be welcoming and expand our tables even more. Thank you, Sara

The Beth Israel Sisterhood is pleased to have Shul member Sanne DeWitt talk about her memoir of growing up in Germany during World War 2. **Sunday, Sept. 15th 11am, home of Sabrina Kabella, 2647 Stuart St. Berkeley 510 847-0050**

Susanne (Sanne) Kalter DeWitt was born in Munich, Germany in 1934, during the Nazi era. Her parents were members of the Munich Jewish community. Sanne describes her deportation to Poland, her arrest on Kristallnacht, followed by incarceration in Dachau concentration camp. She escaped Nazi Germany and lived as a refugee in a number of countries. Sanne eventually settled in the US, had a career in Molecular biology and raised a family in Berkeley, together with her physicist husband, Dr. Hugh DeWitt.

Amazon Link: <https://www.amazon.com/dp/1944841172/>

CBI GAME GROUPS

Mah Jongg w/Marti Zedeck: Anyone interested is welcome to meet on **Tuesdays** from noon to 3:00 pm at the shul. Check with Marti to confirm dates: martizedeck@yahoo.com (510) 527 0719.

CBI Sunday Soccer: A group of CBI members meet on Sunday mornings at 9 am at San Pablo park for a friendly game of soccer. All ages and levels of play skills (and no-skills) are welcomed to join. Email Noah Nathan at noahnathan@hotmail.co.uk for exact dates each week.

NCSY:

- **Shabbaton on October 4th:** Set at the beautiful La Quinta Hotel in Berkeley, this Shabbaton has space for 52 teens from all over the bay to come together for a weekend of celebrating Shabbat, connecting to friends and advisors, and delve into the theme of the Shabbaton. <https://tinyurl.com/y58o8so4>

GAN SHALOM PRESCHOOL ACCEPTS VEHICLE DONATIONS: Car donations are an easy way to support Gan Shalom Preschool, providing you with a tax write-off and with additional funds for our community. We take care of the DMV paperwork, pick up your car, sell it at auction and then send you a receipt for the full amount that the car sold for. It's that easy! We can also accept trucks, boats, motorcycles and RVs. For more information and to begin the process, please contact **Jerry Robbins, robbins42@hotmail.com (650) 766-7233.**

In The Community

Order Your Lulav and Etrog Set for Sukkot at Afikomen Judaica

Our Premium Sets include Lulav, Etrog, Hadassah and Myrtle
Reserve your set by calling 510-655-1977 or go to www.afikomen.com

Building Conscious Spiritual Community, Wednesday, September 18

7:30 pm @ 1266 Bancroft: Aryeh and Ariela Yomtovian Canter invite you to their home for an evening of learning and meditation with Reb Tsvi Bar David based on the Piaseczna Rebbe. We will experientially explore - through niggun, meditation and dialogue - the Piaseczna's method of building a non-hierarchical community centered on a monotheistic meditation practice.

Hatred Old and New: The Roots and Resurgence of Antisemitism

Tuesday September 17, 2019, 5:15pm, 370 Dwinelle Hall

RSVP here: <https://tinyurl.com/y2lxnoeh>

This panel of experts addresses these issues, with ample time for questions and discussion: Robert Braun, Assistant Professor, Department of Sociology; John Efron, Koret Professor, Department of History; Ethan Katz, Associate Professor, Department of History; Ronit Y. Stahl, Assistant Professor, Department of History.

Leora Lawton is holding the more or less annual clothing swap on

Sept 22, from 10 AM to 12 Noon. Come learn some Torah, do some *Hesed*, and get ready for Rosh Hashana by cleaning out your closet of the old and opening up space for the new. Please bring gently worn women's clothing in good condition (no tears, stains, fades), and this year, bring jewelry. You don't have to have clothes to contribute – there is always more articles of clothing than acquirers. Try-on is from 10-10:30-ish. Then we have a dvar torah on clothing and this year it's Jewelry in Judaism. The Dvar Torah is in the memory of Jane Falk, one of the most loyal clothing swap attendees. Clothing that is not taken will be donated to either Out of the Closet or Wardrobe for Opportunity.
Address is 2371 West St. Phone: 510-548-6174 | 510-928-7572.

Jewish Family & Community Services East Bay invites you to our 13th annual Art of Living gala fundraiser on Sunday, October 27, 2019 at Temple Isaiah in Lafayette.

This year, we are thrilled to welcome **Peter Sagal**, host of NPR's *Wait Wait . . . Don't Tell Me!* Peter will have an on-stage conversation **Scott Shafer**, KQED Radio's Senior Editor for Politics and Government. The evening will support JFCS East Bay's vital services for immigrants, refugees, kids, parents, seniors, and Holocaust survivors here in the East Bay. Information and tickets: <https://jfcs-eastbay.org/art-of-living-2019/>

HIGH HOLIDAY CLASSES

13 Middot: Divine Qualities, Human Receptivity

The 13 *Middot*, Attributes of the Divine, form the core of the *selichot*, *tashlich* and other high holiday liturgy. Over this two class series, we will explore how our human consciousness perceives these Divine qualities, and inquire as to the movement and transformation we seek in the Divine and in our ourselves through the *teshuvah* process.

Tuesday, September 17, 7:30 pm & Yom Kippur Afternoon (October 9, 3 pm)
M. Victoria Sutton

***Mussar* and *Yirat Shamayim*: Paths to Transformation**

The literature and practice of *Mussar* is experiencing a renaissance in the Jewish world. *Mussar* offers teachings to help move ideas and texts into habits and behaviors. Learning selections from the *Orchot Tzaddikim*'s exploration of *yirat shamayim*, we will actively engage what we know about the obstacles and possibilities of personal transformation.

Selichot Night, Saturday, Sept 21, 9:30 pm - 11:00 pm

R. Dorothy Richman

Followed by Selichot Services led by R. Daniel Hoffman, 11:00 pm

Parenting Matters During the High Holidays

Join Frayda Gonshor Cohen for a facilitated discussion about entering the High Holidays as parents - what are some of the unique challenges and opportunities (from the practical to the spiritual) that these (many) days present to us and how we might enter into this time with greater connection. This gathering is geared for parents of young children through elementary school.

RSVP requested to CBI Office: office@cbiberkeley.org

Monday, September 23, 8:30 pm

Dr. Frayda Gonshor Cohen

Returning, Again: *Teshuvah* as an Unfolding Journey in Hasidic Thought

Come explore the art of *teshuvah* in Hasidic sources, examining the process of inner growth and considered reflection as a never-ending and joyful quest.

Tuesday, September 24, 7:30 pm

Dr. Ariel Even Mayse

Rabbi Aryeh Levin Prepares to Die

The holiday of Sukkot offers insights about temporality and life's transient nature. These teachings are reinforced by our communal reading of the book of Ecclesiastes. In this gathering we will read several stories about R. Aryeh Levin as he prepared for death, and delve into the unique lessons his example offers.

Wednesday, Oct. 16, 12:00 pm

Light lunch and learn in the CBI Sukkah

R. Yonatan Cohen

YIZKOR BOOK OF REMEMBRANCE

Our community's Yizkor Book is dedicated to the memory of those who have passed from our lives. Revised annually and used four times during the year, it contains the text of the Yizkor liturgy and the names of those who are being remembered by the members of the Congregation.

The Yizkor Book is a meaningful way to honor, through *tzedaka*, the names and lives of loved ones of blessed memory. The cost is \$10 per name. New payment is required each year.

To see last year's booklet:

<https://tinyurl.com/ywqhg54>

Book of Remembrance Form

Please list the following name(s):

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____

Remembered by:

RSVP by September 18

☐ Please use the names I (we) submitted for last year's book (____ # of Names @ \$10.00 per name).

In memory of my loved ones, I am enclosing a check to Beth Israel for \$ _____

<https://www.cbiberkeley.org/pray/holiday-calendar/yizkor-book-remembrance/>

Women's Torah Reading Refreshers

Shabbat September 14, during kiddush (12-1 pm) w/ Judy Massarano
Sunday, September 15, 8-9 pm at CBI w/ Meena Viswanath

Want to brush up on your Torah leyning? Eager to sign up to leyn on Simchat Torah or a Shabbat mincha women's tefillah, but feeling a little rusty?

There will be two opportunities for leyning review for women in the coming weeks. This is specifically geared those who have leyned Torah at some point. Appointments available in 15 min increments. Please indicate if you are interested in reviewing one of the aliyot for Simchat Torah (multiple readers for each of the five aliyot appreciated as we do multiple rounds) or if you have something else in mind to review - or just want the opportunity to brush up. Additional review opportunities available on request.

Please RSVP to Maharat Victoria Sutton for one of the dates above for appointment time.

Women's Tefillah

We are excited to continue regular Women's Tefillah and Torah reading at CBI this coming year! Yasher koach to all of the readers, gabbaites and participants of the CBI's Women's Tefillah over the past years.

Women's Tefillah will meet for Shabbat Mincha, including Torah reading, on the **first Shabbat of the month**, followed by Women's Seudah shelishit & Learning, as well as for Simchat Torah and Purim Day.

Schedule for this year:

Simchat Torah Women's Reading: Tuesday, Oct 22 at 12 pm

Sign up here to read on Simchat Torah. If you would like to review your aliyah before Simchat Torah please sign up for a review session above

Shabbat Mincha Nov 2

Shabbat Mincha December 7

Shabbat Mincha Jan 4

Shabbat Mincha Feb 1

Shabbat Mincha March 7

Purim Day, Tuesday March 10 @ 12 - Women's *Megillat Esther*

Shabbat Mincha May 2

To participate by leyning, gabbaing, leading tefillah, teaching during seudah shelishit, or sponsoring seudah shelishit sign up here.

To learn more, please contact or M. Victoria Sutton (maharatvictoria@gmail.com), Judy Massarano (jmassarano@gmail.com) or Dr. Tamara Beliak (tbeliak@ohds.org).

Women's Talmud Study

CBI will be participating in Talmud study to complete the tractate of Moed Kattan, God willing, towards the Siyum HaShas for Women (hadran.org.il)

Stay tuned for updates on learning kickoff & signup!