



CONGREGATION BETH ISRAEL

# ChaiLights

SUMMER EDITION 2019 • TAMMUZ-CHESHVAN

5779 NEWSLETTER



3 WEEKS  
AND  
9 DAYS  
P. 4-5



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## From M. Victoria Sutton

As many are already aware, I joined a group of West Coast rabbis and museum directors on a trip to Germany in May, organized by the German Foreign Office. The trip focused on Jewish life in Germany, past and present. Never have the Biblical blessings and curses we read in Leviticus and Deuteronomy felt so palpable and visceral.

In Berlin, the structure of the buildings and the streets themselves tell a still unfolding narrative, as past and present are superimposed, sometimes quite clumsily and other times strikingly, a narrative of blessing, curse, blessing, curse, blessing.

The jutting columns that once supported the grand sanctuary of Oranienburger Strasse Synagogue loom naked in what is now the back courtyard. Curse.

The relic tells only a part of the story. Inside, in a more modest sanctuary, a German-born and raised female rabbi has been growing a vibrant Jewish community and a school over the last decade, just one example of the flourishing of Jewish life in Berlin in recent years. Blessing.

The Holocaust memorial installed in the last two decades consists of hundreds of concrete stelae rooted like a graveyard in the middle of the city. If you step into it and follow its somber calling, the city disappears from view, even the noise of the city becomes muted, and one is wholly swallowed up in the play of shadows on the rows of stelae that extend in every direction. Curse.

One cannot walk the streets without coming upon *Stolpersteine* (“stumbling stones”), gold memorial stones to victims of Nazi persecution laid in the pavement at the site of the last voluntarily-chosen residence of the individual



being memorialized. This culture of remembrance and education around the crimes against humanity committed by the Nazis is conveyed as inoculation against future curses of hate and fascism. The deep commitment and responsibility felt by all the officials and educators we met, in the face of the dark history of the last century's curses, was clear and present.

*"Im bechukotai telechu"* "If you follow My laws and faithfully observe My commandments" (Leviticus 27:2), then blessing will surround you, and the curses cannot touch you. To create a society whose members are protected from the curses, there must be *chukot* - ethical rules of engagement, social constructs, taboos. What are the institutional structures, pedagogical methods, rules for social engagement and discourse, legislative and judicial measures that will ensure blessing and preclude the curses that plague us? Can we as a society educate and legislate away the pernicious curse of baseless hatred? Or at the very least, can we educate and promote *chukot* that will safeguard groups targeted for hate and violence based on their identity?

There is an additional piece.

In the Torah portions in Leviticus and Deuteronomy, the blessings and curses are directed at the collective, at society as a whole. A guiding message from Jeremiah, which mirrors the blessings and curses in Leviticus and Deuteronomy, does so with one critical exception - Jeremiah's words address the individual. From Jeremiah we learn that each and every individual within the society is responsible for pursuing truth and eschewing evil. One cannot rely on viewing oneself as a passive part of the collective, who bears no responsibility for the curses (yet perhaps seeks to reap the blessings of the collective).

Yet the question still remains, What will ensure success and blessing? What will mitigate the curses?

As we discovered during our trip, Germany has made a commitment to Holocaust education, and legislation around anti-Semitism. Although there has been much focus and public discourse on this issue, recent years have seen a rise in right-wing populism in some regions of Germany with an upswing in anti-Semitic acts. A number of officials we met shook their heads in dismay at this.

Even in the US - the golden land of hope and freedom - the shadow of the curse of anti-Semitism and hate crimes against other targeted groups has darkened the landscape. Amidst so much blessing, this curse gnaws away at our peace of mind, as one startled "by the sound of a driven leaf" (Leviticus 26:36).

As a society, we do not yet have the *chukot*, the social structures, in place that the Torah thrusts on our collective shoulders. And as individuals, we might not yet have answers to the challenges that the prophet Jeremiah poses to each one of us. But we are not free from the responsibility those questions raise: the difficult conversations, soul searching, and the yearning to

immerse ourselves in the living waters of hope and trust. I don't know if healing is possible, yet the *haftarah* from the first set of curses ends the cycle with blessings."God is the hope (*mikveh*) of Israel... Heal me, God, that I may be healed; save me that I may be saved... (Jeremiah 17:13-14).

Each summer, during the three weeks from 17 Tammuz culminating on *Tisha b'Av*, the Jewish nation mourns the curses that befell us. We weep bitterly, reciting *kinot* (elegies) for tragedies from ancient times through the Crusades and the *Shoah*, when the curses laid out in *Ki Tavo* became a living nightmare. The Shabbat immediately following, we begin the 7 *haftorot* (prophetic readings) of *nechama*, of comfort and hope, which echo the message of Jeremiah above. This cycle of *haftorot* takes us through to Rosh Hashanah, the new year filled with the promise of being remembered only for blessing and never for a curse. What are the steps we still need to take and what do we as a society need to put in place to end the curses of the past year and begin the new year with blessing?

*Tikhleh shana ve'kiletocha, tahel shana u'birkhotecha* - May the previous year and her curses cease, and the new year and her blessings begin.



## From The President

By the time you read this issue of ChaiLights, we will have passed the half mark of our present Board term. And boy, how time flies when you're having fun! I cannot stop thinking how fortunate I am to be a part of Beth Israel.

I am beyond grateful for the richness that our Beth Israel Modern Orthodox Congregation gives me in prayer, learning, celebrating Jewish festivals, and love of Israel. I am also beyond grateful for the warmth, commitment, engagement, and caring of the Beth Israel community, in which I have established lifelong friendships for the past 32 years.

This past year, the Board was occupied with many of the activities that occupy the Board year-over-year: High Holiday preparations, Phone-a-Thon fundraiser, Gala/Fiesta event, and ChaiLights, as well as the week-over-week activities in the Finance, Ritual, Kiddush, and Community Building Committees.

With the realization of the financial challenges the Congregation will face over the next 10 years, we established a strategic fundraising committee that is looking broadly at all our sources of income including dues, internal/external gifts, grants, permanent endowment fund, and our Morasha/Legacy Society. In this regard, we restructured our Circle of David sponsorship program and added a new Solomon Society sponsorship category with the goals of increasing overall revenue, and of shifting revenue from Donations to Commitment, to anchor revenue year-over-year.

The tragic attack on the Tree of Life Or L'Simcha Synagogue in Pittsburgh last October generated an unexpected flurry of activities to strengthen security at Beth Israel. We worked closely with the Berkeley Police Department to perform a comprehensive security assessment both at the shul and at Gan Shalom. One of the most important measures to increase security awareness at

CBI is the Greeters Program that we instituted for Shabbat and *chagim*. We also authored our first version of the CBI Emergency Procedures Handbook as a guide for staff, teachers, and Greeters.

There were changes to the Board roster that was elected in June 2018. After 5 years of tirelessly and effectively serving as CBI Treasurer, we accepted with understanding and appreciation Ben Rose's request to step down as Treasurer. We were fortunate to have Ori Kanefsky agree to step up as our new Treasurer. Ori worked with Ben and Joelle for many weeks before officially taking over the Treasurer's role on March 13th. Fortunately, Ben agreed to stay on the Board and continue to offer his expertise as part of the Finance Committee. We thank Ben for his many years of service to CBI, and we thank Ori for stepping up to the challenge and wish him the best of luck in his new role. Also, Racheli Perl and Sarah Miranda realized that they could not dedicate to the Board the time that it deserves so they both decided to step down. We thank Racheli and Sarah for their service to Board over the last few years.

There is still much work ahead of us, mainly to put CBI on solid financial footing to sustain our privileged situation and to carry on the mission of the Congregation for generations to come. But I am happy to report that we made solid progress in this past year. Wishing you a fun and relaxed summer.

*B'chavod,*  
Issy Kipnis

## CONGREGATION BETH ISRAEL BOARD MEMBERS

### EXECUTIVE COMMITTEE

President, Issy Kipnis  
1st Vice President, Sara Darmoni  
2nd Vice President, Daniel Magid  
3rd Vice President, Carol Cunradi  
Treasurer, Ori Kanefsky  
Secretary, Miriam Barrere

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Katrin Arefy  
Joshua Ladon  
Jodie Morgan  
Noah Nathan  
Irene Resnikoff

Eric Seder  
Philip Tendler  
Marti Zedeck  
Susie Marcus, Sisterhood Representative  
Ben Rose, Gan Representative  
Leslie Valas, Past President

### EXECUTIVE

Issy Kipnis, Sara Darmoni, Dan Magid, Carol Cunradi, Ben Rose, Miriam Barrere  
\*R. Yonatan Cohen

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\*Eliezh Blumenthal Hoffman

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\*Lois Marcus

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\*R. Yonatan Cohen, Rebecca Landes, Desmid Lyon, M. Victoria Sutton, Joelle Yzquierdo

### GAN SHALOM LIAISON

Ben Rose

### COMMUNITY BUILDING

Sara Darmoni, Josh Ladon, Noah Nathan, Marti Zedeck, Miriam Barrere, Irene Resnikoff

### HIGH HOLIDAY SET UP

Leslie Valas, Irene Resnikoff  
\*Lois Marcus, Nae Golomb

### STRATEGIC PLANNING

Jodie Morgan, Issy Kipnis, Leslie Valas, Miriam Barrere, Sara Darmoni, Philip Tendler, Josh Ladon  
\*Noah Alper, R. Yonatan Cohen, Jessica Fain

### YOUTH EDUCATION

\*M. Victoria Sutton;  
Advisors - Irene Resnikoff, Sara Darmoni, Sarah Miranda, Philip Tendler

### CHESED

Carol Cunradi, Irene Resnikoff, Miriam Barrere

### PERSONNEL

\*Steve Silberblatt

### BUILDING

Philip Tendler, Eric Seder,  
\*Joelle Yzquierdo

### RITUAL

\*Tamara Beliak, R. Yonatan Cohen, Bobby Budnitz, Judy Massarano, Joel Resnikoff,  
\*M. Victoria Sutton

### KIDDUSH COORDINATION

\*Melissa Nathan, M. Victoria Sutton

### LEGACY SOCIETY

Leslie Valas  
\*Noah Alper

\*indicates non-board member

# Laws & Customs of the Three Weeks and Nine Days

The 17th of Tammuz, commemorating the fall of Jerusalem prior to the destruction of the Temple, marks the beginning of a 3-week national period of mourning culminating with the 9th of Av. Our rabbis referred to the time period between the 17th of Tammuz and the 9th of Av as 'Bein Hamitzarim,' between the straits, based on the verse: "All her oppressors have overtaken her within the straits" (Lamentations 1:3).

On Shabbat during the Three Weeks, the Haftorot focus upon the Temple's destruction and the exile of the Jewish people.



## THE FIVE EVENTS WHICH WE MOURN ON THE 17TH OF TAMMUZ ARE:

1. Moshe broke the tablets at Mount Sinai - in response to the sin of the Golden Calf.
2. The daily offerings in the First Temple were suspended during the siege of Jerusalem, after the *Kohanim* could no longer obtain animals.
3. Jerusalem's walls were breached, prior to the destruction of the Second Temple in 70 CE.
4. Prior to the Great Revolt, the Roman general Apostamos burned a Torah scroll - setting a precedent for the burning of Jewish books throughout the centuries.
5. An idolatrous image was placed in the Sanctuary of the Temple.

In addition, in 1942 the mass deportations of Jews from the Warsaw ghetto began on Erev Tisha B'Av.

## ASPECTS OF MOURNING DURING THE THREE WEEKS

1. We do not get married. However, one may get engaged.
2. We avoid public celebrations -- especially those which involve singing, dancing, and musical accompaniment.
3. We do not enjoy live music. This prohibition however does not apply if you make your living as a musician or teacher, or if you are a student practicing, but not performing.
4. We do not get haircuts. A person who usually shaves daily and would suffer business or financial loss by not shaving, may continue to do so.

## ASPECTS OF MOURNING DURING THE NINE DAYS

The period commencing with Rosh Chodesh Av is called the 'Nine Days.' During this time, a stricter level of mourning is observed, in accordance with the Talmudic dictum: "When the month of Av begins, we reduce our joy." (BT Taanit 26)

1. We don't eat meat (including poultry) or drink wine. These foods are symbolic of the Temple service, and are generally expressions of celebration and joy.
  - On Shabbat, meat and wine are permitted. This applies also to any other seudat *mitzvah* -- for example, at a *Brit Milah*, *Simchat Bat*, or at the completion of a tractate of Talmud.
2. We do not bathe for pleasure. However for daily hygiene one should continue to bathe but in a manner that is somewhat less enjoyable. Those taking swim lessons or who swim for medical reasons may continue to do so.
3. We avoid purchasing any items that bring great joy. However, one may buy things if they will be difficult to find after the 9th of Av, or even if they will be more expensive later, but if possible should refrain from using or wearing them until after this period. Purchases necessary for one's livelihood are permitted.
4. We do not say the blessing *She-hechyanu* on new food or clothes, except on Shabbat.
5. We postpone starting home improvements, or the planting of trees and flowers, until after the 9th of Av, as it would seem inconsistent to focus upon our home decor as we mourn the destruction of God's house.
6. If one has the option, it is preferable to refrain from wearing newly laundered exterior garments (except on Shabbat)
  - If the "freshness" has been taken out of a garment prior to the Nine Days (by having worn it for even a few moments) it may be worn. It is in fact advisable before the Nine Days to start to put on for a few moments any exterior garments you wish to wear in the coming days.
  - The clothing of small children, which get soiled frequently, may be laundered and worn during the Nine Days.

# The Ninth of Av: History & Laws

On the 9th of Av we remember and mourn tragedies which occurred to our people throughout our history. The following events are said to have transpired or started on this very day:



1. The sin of the spies caused God to decree that the Children of Israel who left Egypt would not be permitted to enter the land of Israel.
2. The first Temple was destroyed.
3. The second Temple was destroyed.
4. Betar, the last fortress to hold out against the Romans during the Bar Kochba revolt in the year 135, fell, sealing the fate of the Jewish people.
5. One year after the fall of Betar, the Temple area was plowed.
6. In 1492, King Ferdinand of Spain issued the expulsion decree, setting the 9th of Av as the final date by which not a single Jew would be allowed on Spanish soil.
7. World War I, which began the downward slide to the Holocaust – began on the 9th of Av.

The central component of the day however is not only sadness and loss but also the hope for teshuva and the betterment of ourselves.

There are five major prohibitions (all of which are rabbinically ordained) that help create as well as reflect our sense of loss and introspection.

1. We do not Eat or Drink on the 9th of Av (individuals who are ill or pregnant or nursing should in no way harm themselves. For further guidance please contact Rabbi Cohen.)
2. We do not Bathe even parts of our body on the 9th of Av. If part of the body becomes soiled one may wash that area. After using the restroom and after waking up one washes his/her hands up to the knuckles.
3. We do not anoint our bodies with Oils on the 9th of Av, this include creams, cosmetics, cologne and perfume.
4. We do not wear Leather Shoes on the 9th of Av.
5. Marital Relations are prohibited on the 9th of Av.

Other traditions include:

**Greeting:** We do not greet each other by saying “hello” or “how are you doing” on the 9th of Av. One should be careful not to offend another person who may be unaware of this law. There is an added custom to minimize speech in general on the 9th of Av at least until the midday (*chatzot*- precisely between sunrise *neitz* and sunset *shkia*- see the *zmanim* chart for details).

**Torah Study:** We do not study Torah as it is the greatest joy. However elements dealing with the destruction of the Temple, or the laws of mourning should be studied.

**Sitting on the Floor:** We sit on the floor or on a low chair until *chatzot* of the 9th of Av. One may also stand or lie down. There is an added custom to remove a pillow from one’s bed or to place a stone beneath the pillow.

**Tallit and Tefilin:** Are not worn in the morning, but are worn for *mincha*.

Our tradition teaches that the process of redemption will also begin on the 9th of Av.

*May we merit to see the rebuilding of Yerushalayim filled with peace and unity speedily in our days,*

*R. Yonatan Cohen*



## Gan Shalom: Shaping the Next Generation

Dr. Beatrice Balfour, Gan Shalom Director

### Importance of Boundaries for Children's Development

This year in preparation for Passover we invited Adina Polen, who is the founder of *Atiq* and a parent at Gan Shalom, to teach at our staff meeting and guide us in reflection about how to strike a balance between freedom and boundaries in teaching children.

We started with a reflection on Jewish texts and holidays. The upcoming holiday of Pesach centers around notions of freedom – what it means for your body and spirit to be free, and what it means to be free in your own land. How might we understand freedom? *Sefer Yetzira*, one of the earliest Jewish Mystical texts, describes the world as having been created by God at the intersection of three axes – *Olam* (space), *Shana* (time), and *Nefesh* (self/soul). Another version describes God as creating the world using three words, all of which have the same root – s.f.r. – which becomes *Sippur* (story), *Sfar* (number or time), *Sapar* (boundaries or space).

So we might say that freedom really entails determining what we do with, and who can use, our time, our space, and our sense of who we are as individuals and as a community. This led us to discuss the following questions with the teachers: What does freedom involve for you as an individual? What does your personal definition involve? How do things shift when you are free in a community? As educators, how do we facilitate a sense of personal freedom for the children while also creating an environment in which everyone feels safe and respected?

More specifically, we answered in pairs the following questions:

1. What is a scenario in which you had to set boundaries or rules for a child or more than one child, and how did those boundaries enable that child or children to meet their needs, to express who they were, and to explore their interests.

2. How did it feel to set boundaries with the children?

3. What's a recent situation in which you had to bend the rules or change the structure of your class plan in order to meet a child or a group of children where they were at, or to meet their needs? How did you come to that decision?

After reflection on these questions, we engaged in a 'maker activity': we asked teachers to make something to demonstrate what a boundary is, and how it relates to individual and collective freedom, and also how this might relate to their own teaching. We asked teachers to work with wire, clay and pipe cleaners – these are materials that we do not use often and wanted to further explore using in the classroom. Also wire and pipe cleaners are linear materials that seemed appropriate to represent boundaries.

The teachers made beautiful and inspiring artworks and then shared their reflections with the group. It emerged from the activity that the teachers think boundaries are not limiting – actually, they serve as containers enabling us to experiment, explore, and feel safe in expressing who we are. This is what we hope to convey to the children, setting boundaries so that they can express and experiment freely. We want children to internalize these boundaries, such as learning to keep themselves and others safe and showing kavod (respect), so that they can feel free in the school and elsewhere to express who they really are and similarly allow others to do so.

Thank you Adina!

From the Gan Shalom blog, <https://ganshalomberkeley.org/blog/>



## Adina Polen, Founder of Atiq: Jewish Maker Institute

I'm delighted to share a few reflections from members of the People of the (Artists') Book class at CBI. The group met once a month over the course of six months from Cheshvan to Adar Bet.

Our source material was: 1) our experiences of that month; 2) holidays occurring in that month; and 3) biblical verses that are, in *Kabbalist* tradition, associated with each month. Each month we translated our communal learning into individual artists' books, where the form in some way expressed the content. At our final meeting, we gathered as a cohort and pulled together the different pages and objects we had created into all manner of creative bindings. We marveled at how different each artist's book was from the others, and we wished each other well as we entered the next arc of the Jewish year.

### ARTISTS' STATEMENTS:

Averie Cohen

This class was very unusual in combining intellectual with visual art. The text study was mystifying yet appealingly mysterious to me; the physical creation of the book parts, more familiar. It was a stretch to leap between the two, but we were encouraged to create our pieces intuitively. I thought a lot about the colors and movement between the dark and light, color and monochrome, as the time of year suggested, and I enjoyed letting myself play with materials and textures without over-thinking.

Rose Ginsburg

A Connection

My book shows the relationship between Torah, Psalm, and Hebrew months. I focused on the theme that the Jewish people were agricultural. Many of the quotes from the Bible are related to laws of agriculture. With agriculture one has to have seasons for planting and growing, and the seasons, of course, are monthly. I used coarse brown paper to simulate the course hand-made paper used in the early days of the Jewish people. I included a map to show the journey from Egypt to Israel that the Jews took after leaving Egypt, as well as drawings on tithing and on the text.

Hope Alper

I did not know what to expect when I signed up for this class, but I love creating art. The first page of my book is a reflection of the verse we studied in *Mar Heshvan*. I am currently working in fabric, so I was drawn to use fabric in my picture, an interpretation of the twelve tribes travelling in different and overlapping paths in the land of milk and honey.

For subsequent months, my pages reflect what was happening in the world around me. *Chanukah* for the month of *Kislev*, the plum trees blossoming in *Sh'vat*, and the double months of *Adar* which span the time between *Purim* and *Pesach*. Particularly meaningful to me are the *yahrzeits* during this time of my beloved Aunt Jan who passed away right before *Purim* in 2008, and my beloved father Bob who passed away in *Adar II* in 1989.

The class was an opportunity to explore my creativity in a Jewish direction, and be inspired by working in the CBI library with other creative minds.

Beatrice Balfour

Page 1

The first page represents my experience in the month of *Cheshvan*, which this year was the month of the shooting at the synagogue in Pittsburgh. The circle in black is connected to the feeling of community I experienced at the vigil held at Beth El.

Page 2

This is the month of *Hanukkah*, as the blue, white, and yellow colors represent on this page. This representation reminds me of the Gan Shalom *Hanukkah* party held at CBI, and the spices we read about, and the class discussion that reminded me of winter.



Page 3 and 4

*Tevet* and *Sh'vat* - My creation represents the time we start paying attention to nature and how plants grow. At Gan Shalom we talked about nature and the garden. The first page of *Tevet* represents the earth, and below that is a sheet that represents growth, and then the month of *Sh'vat* is when we start to see how the seed we planted is growing.

Page 5

In the month of *Adar* we start to see colors and joy. At Gan Shalom we see many different colors in preparation for the carnival when the teachers hang up different fabrics in many colors, and so on my page are a variety of colors. From the black circle in the first month on page one that represents community but also mourning, we now get to a variety of colors and concentric circles, and it's at this time, when it's been many months since the start of the school year, that we start to see real growth, and the sense of community and new creation.



# Soccer News • June 2019

By Noah Nathan

BETH ISRAEL 1: BETH EL 1

On a cold night in Berkeley, the two titans of the Jewish community faced off in a soccer game at the Tom Bates Sports Complex by the I-80 freeway. With the same-day transfer of R'(onaldo) Cohen from FC Montreal, Team Beth Israel started off the scoring with a fantastic goal by striker Raanan Schweig. Lots of rolling substitutions later, he almost scored a second with a curling shot that hit the bar on its way down.

At half time, with CBI 1:0 up, we were treated to snacks from the home supporters. After the break, Beth El came on the offensive and scored a goal to even it up. Despite CBI substitutes singing Hashem Melech and a potential break in the dying minutes, the game ended with a fair 1:1 draw. After the game, the final few survivors went off to Flying Falafel for a late-night snack.

We're hoping for a rematch in a couple months and maybe a game against another shul. Keep your eyes posted here. And come out to support our team!!

## SQUAD:

Seva (Reina) Rodnyansky, Melissa (Neville) Nathan, Yoni (Ian Wright) Wulf, Rona (Touré) Teitelman, Noah (Nani) Nathan, Zvi (Ramos) Rosen, Rachel (Suárez) Saper, Ariel (Scholes) Strauss, Amanda (Rooney) Reyes, Lisa (de Bruyne) Blumenband, Coby (Silva) Stein, Stephen (Lampard) Leist, Adam (Beckham) Brelow, R'(onaldo) Cohen, Raanan (Sancho) Schweig



## Member Profile

### Yaakov and Rena Harari

By Katrin Arefy

Yaakov and Rena Harari have been members of Beth Israel since about 1965. Yaakov was president of the shul in the '70s, and their son had his bar mitzvah here. They have a son, a daughter, and one granddaughter.

Yaakov grew up in a part of Poland that is now in Ukraine. "The Jewish population was about 18,000. In 1939 the Soviets came, and in 1941, the Germans attacked Russia, so my town was occupied. I was seven years old. When the Germans came in, the Jewish population went from 18,000 to 23,000 as refugees flocked to town. In April 1942, they designated an area of the town as a ghetto. By the end of the year, the Germans had killed 23,000 Jews. Only 70 people survived, of which only two were full families. One of them was mine.

"I was saved because I went from the ghetto to hiding in the basement of a Ukrainian woman's house. I was in that basement for almost two years. There were four of us for about a year and a half, and then three people joined us.

"When the Soviets returned in the summer of 1944, we stayed one year under the Soviets, and then we moved to Poland. After two years, my mother's two sisters who lived in Palestine sent us false papers that allowed us to emigrate to Palestine in 1947. A year later the War of Independence broke out. I volunteered for the army at 16 years old and served two years. After that I came to the United States to study engineering in New York. I moved to Detroit and taught in the afternoons at United Hebrew School where I met Rena. We married in 1959. In 1964 we moved to Berkeley. We have been here ever since and in our house since 1995."

Rena was also born in Poland. "During the war my family went to the Soviet Union, and we were sent to Uzbekistan. We returned to Poland after the war, there was nothing for us there; all of the Jewish community and all the members of my family were killed. We continued to Germany to a displaced persons camp where it took six years to get a visa for my family to emigrate to Detroit, Michigan in 1951. That is where I went to school and that is where I met Yaakov. We both taught at the United Hebrew school." During her career, Rena was a teacher and then an administrator.

"At CBI the people are very special to us, and we have lots of friends there. When my mother visited, she was very impressed how young the congregation was and still is. I really love the young people, they are very nice and considerate," said Rena.

Rena is an avid concert- and theater-goer. Yaakov audits lots of classes on campus.

"We are very happy with Rabbi Cohen, Maharat Sutton, and Joelle. I find that people are very kind to us. We especially appreciate it since we are elderly," Rena added.



Yaakov Harari and his family, 1939.

## Member Profile

### Judith Bloom

By Katrin Arefy

Dan and I wandered into CBI because we heard of all of the young families with young children, and a very dynamic young rabbi, Saul Berman, who were building a community here. Needless to say, we joined and stayed for a “couple of years.”

One of the community activities we did was a lot of cooking in the old kitchen. We basically didn't have a caterer in the seventies, when our children were becoming bar and bat mitzvah. So we the parents got together and cooked. For our son Jim's celebration we made 300 stuffed cabbage rolls, and for our daughter's bat mitzvah we made 300 blintzes.

Dan was president of CBI three times over a period of 35 years. At some point in the early 1970's I was treasurer of the congregation.

We both were active in the broader Jewish community. I was president of Berkeley Hadassah, a member of the Hadassah Regional Board, and treasurer of Young Judaea and Camp Young Judaea West. I was also on the board of the Jewish Federation of the East Bay, and chair of the Business and Professional Women's group. Dan was on the board of the Agency for Jewish Education for more than 15 years.

Both of our children attended our wonderful Hebrew school. There were no Hebrew day schools in those days. In the early 1970's, Dan, Yaakov Harari, and representatives from Beth Hillel in Richmond and Temple Beth El in Berkeley met with Seymour Fromer, head of the Agency for Jewish Education, to found Mi-drasha for our high school age students. We all realized it is very



important to study Judaism after the bar or bat mitzvah to learn how to be an adult Jew.

Synagogue has always been a warm, supportive place. I was particularly grateful for its supportive community when my husband was dying. That was during Rabbi Silverman's tenure.

I am very excited now to see how the synagogue has grown under the current leadership. I appreciate Rabbi Cohen's compassionate leadership. I am grateful that we have Maharat Victoria as a role model not only for our daughters but for our sons as well. Rabbi Cohen has been very supportive of my family.

These days, now that I have retired from my CPA practice, I spend two days a week as a volunteer at Jefferson Elementary School. I take Talmud classes and also classes at OLLI (Osher Lifelong Learning Institute) at Cal. I am on the boards of Berkeley Holiday Fund and Bay Area Community Services, which is working on creative ways to solve homelessness. Of course what I really do for fun is play with my grandchildren. I am very proud of them - they too are committed to building community.

## HOMELESS SHELTER

### Upcoming Dates

### Please Join Us!

July 24

August 28

September 25

October 23

November 27



## THE POETRY OF AVRAHAM CHALFI

In a recent class that was auctioned at last year's gala, R. Cohen introduced participants to the poetry of Avraham Chalfi (1904, Poland – 1980, Israel) who is counted among Israel's leading modernist poets (along with Natan Alterman and Avraham Shlonsky). Chalfi's poetry reached new acclaim in the 1980's when Israel's leading musician at the time, Arik Einstein, produced an entire record of Chalfi's poetry set to music. Below are two poems, translated by R. Cohen for the class, that are fitting to the summer's focus on repentance and temporality.

### A JEWISH AUTUMN

A Jewish autumn in the land of my forefathers  
Sends hints of Elul  
Coursing through me.

My sanity a touch compromised by  
The tiny birds whistling the sadness  
Of Yom Kippur.

At that point the shofar will sound  
to open the gates of Heaven.  
And Jewish faces of exile will soar  
In a gray cloud  
Before the King of kings.

Deep in their eyes lie innumerable sparks  
that beseech and implore.

סתיו יהודי

סתיו יהודי בארץ אבותיי  
שולח בי  
רמזי אלול.

כבר משתגעות בי קצת  
הציפורים הקטנטנות שורקות העצב  
של יום הכיפורים.

אז יתקע בשופרות לפתוח שערי  
שמים.  
ופנים יהודיות מן הגולה  
באפרפר נוגה  
ירחפו לפני כיסא אדון עולם.

ובקשות ותחנונים וניצוצות הרבה  
בעומק עיניהן.

### A MAN BELIEVED

A man believed here in the evening's whisper,  
With a hazy glance, he kissed the stars.  
He left his house and stood in the street  
To see if a star had fallen from afar.

A silent wind rolled through the grass,  
As the horizon brought close that which lay  
distant in a dream.  
Upon this miracle the dreamer began to pray,  
As if the evening itself had offered him a blessing  
of peace.

Behold the sky has a thousand wings,  
Fear not from dying through bursting in song.  
But if the eyes occasionally see  
A falling star – that's a clear death.

A man believed here in the evening's whisper,  
He listened carefully to the Heavenly chorus,  
He left his house and stood in the street  
To see if a star and death are alike.

אדם האמין

אדם האמין פה ללחש הערב,  
נשק כוכבים במבט מעורפל.  
הלך מביתו ועמד בדרך  
לראות אם כוכב מרקיע נפל.

רוח-דממות גלגלה את העשב,  
האופק קירב מרחקים בחלום.  
נשא תפילתו החולם אז על נס  
זה,  
כאילו הערב ברכו לשלום.

הנה לרקיע יש אלף כנפיים,  
על כן אין כל פחד לגווע בשיר.  
אבל אם רואות לפעמים  
העיניים  
כוכב שנושר - זה מוות בהיר.

אדם האמין פה ללחש הערב,  
שמע מקהלת האוויר  
במרומים,  
הלך מביתו ועמד בדרך  
לראות אם כוכב והמוות דומים.

# Times for Action

Many commandments are required to be performed during particular times of the day;  
below is a list of those times. All times are for Berkeley CA, Pacific Daylight Time  
(Pacific Standard Time resumes November 3, 2019)

Week of	July 6	July 13	July 20	July 27	August 3	August 10
<i>Alot Ha'Shachar Dawn</i>	4:41 am	4:45 am	4:51 am	4:56 am	5:02 am	5:08 am
<i>Neit Sunrise</i>	5:53 am	5:57 am	6:03 am	6:08 am	6:14 am	6:20 am
<b>Latest ideal time for the morning <i>Sh'ma</i></b>	9:33 am	9:36 am	9:39 am	9:42 am	9:45 am	9:47 am
<b>Latest time for prayer <i>Tefilah</i></b>	10:47 am	10:49 am	10:51 am	10:53 am	10:55 am	10:56 am
<i>Mincha Gedolah</i> <b>Earliest time for Mincha</b>	1:50 pm	1:51 pm	1:51 pm	1:51 pm	1:50 pm	1:49 pm
<i>Sh'kia Sunset</i>	8:34 pm	8:32 pm	8:24 pm	8:23 pm	8:16 pm	8:08 pm
<i>Tzeit Ha'kochavim Nightfall</i>	9:16 pm	9:14 pm	9:10 pm	9:05 pm	8:58 pm	8:50 pm

Week of	August 17	August 24	August 31	September 7	September 14	September 21
<i>Alot Ha'Shachar Dawn</i>	5:14 am	5:20 am	5:26 am	5:32 am	5:38 am	5:44 am
<i>Neitz Sunrise</i>	6:26 am	6:32 am	6:38 am	6:44 am	6:50 am	6:56 am
<b>Latest ideal time for the morning <i>Sh'ma</i></b>	9:49 am	9:52 am	9:54 am	9:55 am	9:57 am	9:59 am
<b>Latest time for prayer <i>Tefilah</i></b>	10:57 am	10:58 am	10:59 am	10:59 am	11:00 am	11:00 am
<i>Mincha Gedolah</i> <b>Earliest time for Mincha</b>	1:47 pm	1:44 pm	1:42 pm	1:39 pm	1:36 pm	1:32 pm
<i>Sh'kia Sunset</i>	8:00 pm	7:50 pm	7:40 pm	7:30 pm	7:19 pm	7:08 pm
<i>Tzeit Ha'kochavim Nightfall</i>	8:42 pm	8:32 pm	8:22 pm	8:12 pm	8:01 pm	7:50 pm

Week of	September 28	October 5	October 12	October 19	October 26	November 2
<i>Alot Ha'Shachar Dawn</i>	5:50 am	5:56 am	6:03 am	6:09 am	6:16 am	6:24 am
<i>Neitz Sunrise</i>	7:02 am	7:08 am	7:15 am	7:21 am	7:28 am	7:36 am
<b>Latest ideal time for the morning <i>Sh'ma</i></b>	10:01 am	10:03 am	10:05 am	10:08 am	10:11 am	10:14 am
<b>Latest time for prayer <i>Tefilah</i></b>	11:00 am	11:01 am	11:02 am	11:03 am	11:05 am	11:08 am
<i>Mincha Gedolah</i> <b>Earliest time for Mincha</b>	1:29 pm	1:26 pm	1:24 pm	1:21 pm	1:20 pm	1:19 pm
<i>Sh'kia Sunset</i>	6:57 pm	6:46 pm	6:36 pm	6:26 pm	6:17 pm	6:09 pm
<i>Tzeit Ha'kochavim Nightfall</i>	7:39 pm	7:28 pm	7:18 pm	7:08 pm	6:59 pm	6:51 pm

## WEEKDAY SERVICES

### SHACHARIT

Monday-Friday • 6:30 am  
Sunday & Legal Holidays • 8:00 am

### MINCHA/MA'ARIV

Five minutes after candlelighting

## SHABBAT SERVICES

### MINCHA & KABBALAT SHABBAT

7:00 pm

### MORNING SERVICE

9:15 am

# Calendar

## SHABBAT MEVARCHIM PARASHAT SH'LACH

Friday Night & Saturday, June 28-29

Mincha & Kabbalat Shabbat.....	7:00 pm
Candle Lighting.....	8:17 pm
Morning Service.....	9:15 am
Childcare.....	9:15 am
Formal Group Time.....	10:30 am
Mincha.....	8:00 pm
Seudah Shlishit.....	8:20 pm
Ma'ariv.....	9:20 pm
Havdalah & Shabbat ends after.....	9:22 pm

## ROSH CHODESH TAMMUZ

Tues. night, Wed. & Thursday, July 2-4

Shacharit on Wed.....	6:30 a.m.
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## INDEPENDENCE DAY

Thursday, July 4th

BAR MITZVAH OF SHAI KRANTZ

Shacharit.....	9:15 a.m.
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## SHABBAT PARASHAT KORACH

Friday Night & Saturday, July 5-6

Mincha & Kabbalat Shabbat.....	7:00 pm
Candle Lighting.....	8:16 pm
Morning Service.....	9:15 am
Childcare.....	9:15 am
Formal Group Time.....	10:30 am
Mincha.....	8:00 pm
Seudah Shlishit.....	8:20 pm
Ma'ariv.....	9:20 pm
Havdalah & Shabbat ends after.....	9:21 pm

## SHABBAT PARASHAT CHUKAT

Friday Night & Saturday, July 12-13

Mincha & Kabbalat Shabbat.....	7:00 pm
Candle Lighting.....	8:14 pm
Morning Service.....	9:15 am
Childcare.....	9:15 am
Formal Group Time.....	10:30 am
Mincha.....	7:55 pm
Seudah Shlishit.....	8:15 pm
Ma'ariv.....	9:15 pm
Havdalah & Shabbat ends after.....	9:18 pm

## SHABBAT PARASHAT BALAK

Friday Night & Saturday, July 19-20

BAR MITZVAH OF DOVID KENIN

Mincha & Kabbalat Shabbat.....	7:00 pm
Candle Lighting.....	8:10 pm
Morning Service.....	9:15 am
Childcare.....	9:15 am
Formal Group Time.....	10:30 am
Mincha.....	7:50 pm
Seudah Shlishit.....	8:10 pm
Ma'ariv.....	9:10 pm
Havdalah & Shabbat ends after.....	9:13 pm

## FAST OF 17TH OF TAMMUZ

Yahrzeit of Archie Greenberg, z"l

Sunday, July 21

Fast Begins.....	4:26 am
Shacharit w/selichot.....	8:00 am
Mincha w/Torah reading & Haftarah.....	7:50 pm
Ma'ariv.....	8:50 pm
Fast ends.....	8:59 pm

## SHABBAT MEVARCHIM PARASHAT PINCHAS

Friday Night & Saturday, July 26-27

Mincha & Kabbalat Shabbat.....	7:00 pm
Candle Lighting.....	8:05 pm
Morning Service.....	9:15 am
Childcare.....	9:15 am
Formal Group Time.....	10:30 am
Mincha.....	7:50 pm
Seudah Shlishit.....	8:10 pm
Ma'ariv.....	9:05 pm
Havdalah & Shabbat ends after.....	9:07 pm

## ROSH CHODESH AV

Thursday night & Friday, August 1-2

Shacharit.....	6:30 am
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## SHABBAT PARASHAT MATOT-MASSEI

Friday Night & Saturday, August 2-3

Mincha & Kabbalat Shabbat.....	7:00 pm
Candle Lighting.....	7:59 pm
Morning Service.....	9:15 am
Childcare.....	9:15 am
Formal Group Time.....	10:30 am
Mincha.....	7:45 pm
Seudah Shlishit.....	8:05 pm
Ma'ariv.....	8:55 pm
Havdalah & Shabbat ends after.....	8:59 pm

## SHABBAT CHAZON PARASHAT DEVARIM

### EREV TISHA B'AV

Friday Night & Saturday, August 9-10

Mincha & Kabbalat Shabbat.....	7:00 pm
Candle Lighting.....	7:51 pm
Morning Service.....	9:15 am
Educational Childcare.....	11:00 am
Mincha.....	4:30 pm
followed by Seudah Shlishit at home*	

Fast of Av begins.....	8:08 pm
Shabbat ends after.....	8:51 pm
Ma'ariv & Eicha.....	9:10 pm

\*Given that Tisha B'Av occurs after Shabbat we eat a regular Third Meal, i.e. we may have meat and wine and say Birkat haMazon with a zimmin. We conclude the meal before the sun sets at 8:08 pm.

# Calendar

## FAST OF TISHA B'AV

Sat. night & Sun., August 10-11

Saturday, August 10

Mincha.....	4:30 pm
Followed by Seudah Shlishit at home*	
Fast Begins.....	8:08 pm
Shabbat ends after .....	8:51 pm
Ma'ariv & Eicha.....	9:10 pm

\*Given that Tisha B'Av occurs after Shabbat we eat a regular Third Meal, i.e. we may have meat and wine and say Birkat haMazon with a zimmun. We conclude the meal before the sun sets at 8:08 pm.

Sunday, August 11

Shacharit for Tisha B'Av .....	8:00 am
Kinnot .....	9:00 am
Tisha B'Av community-wide learning .....	10:00 am-2:00 pm
Classes taught by educators from the East Bay Jewish Community on themes of Tisha B'Av. Torah study, as it brings joy, is limited on Tisha B'Av to topics appropriate for the day of communal mourning.	
Chatzot (midday) .....	1:13 pm
Mincha with Tallit & Tefilin .....	7:30 pm
Ma'ariv .....	8:30 pm
Fast ends .....	8:37 pm

## TU B'AV

Thur. night & Fri., August 15-16

## SHABBAT NACHAMU PARASHAT VAETCHANAN

Friday Night & Saturday, August 16-17

Mincha & Kabbalat Shabbat.....	7:00 pm
Candle Lighting .....	7:43 pm
Morning Service .....	9:15 am
Childcare.....	9:15 am
Formal Group Time.....	10:30 am
Mincha.....	7:30 pm
Seudah Shlishit .....	7:50 pm
Ma'ariv.....	8:35 pm
Havdalah & Shabbat ends after .....	8:41 pm

## SHABBAT MEVARCHIM PARASHAT EIKEV

Friday Night & Saturday, August 23-24

Mincha & Kabbalat Shabbat.....	7:00 pm
Candle Lighting .....	7:33 pm
Morning Service .....	9:15 am
Childcare.....	9:15 am
Formal Group Time.....	10:30 am
Mincha.....	7:15 pm
Seudah Shlishit .....	7:35 pm
Ma'ariv.....	8:25 pm
Havdalah & Shabbat ends after .....	8:31 pm

## ROSH CHODESH ELUL

Fri. night, Sat. & Sun., August 30-September 1

Shacharit Sunday.....	8:00 am
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## SHABBAT ROSH CHODESH ELUL PARASHAT RE'EH BAR MITZVAH OF ETAI DRORI

Friday Night & Saturday, August 30-31

Mincha & Kabbalat Shabbat.....	7:00 pm
Candle Lighting .....	7:23 pm
Morning Service .....	9:15 am
Childcare.....	9:15 am
Formal Group Time.....	10:30 am
Mincha.....	7:05 pm
Seudah Shlishit .....	7:25 pm
Ma'ariv .....	8:15 pm
Havdalah & Shabbat ends after .....	8:20 pm

## LABOR DAY

Monday, September 2

Shacharit .....	8:00 am
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## SHABBAT PARASHAT SHOFTIM

Friday Night & Saturday, September 6-7

Mincha & Kabbalat Shabbat.....	7:00 pm
Candle Lighting .....	7:13 pm
Morning Service .....	9:15 am
Childcare.....	9:15 am
Formal Group Time.....	10:30 am
Mincha.....	7:00 pm
Seudah Shlishit .....	7:20 pm
Ma'ariv.....	8:05 pm
Havdalah & Shabbat ends after .....	8:09 pm

## SHABBAT PARASHAT KI TEIZEI

Friday Night & Saturday, September 13-14

Mincha & Kabbalat Shabbat.....	7:00 pm
Candle Lighting .....	7:02 pm
Morning Service .....	9:15 am
Childcare.....	9:15 am
Formal Group Time.....	10:30 am
Mincha.....	6:45 pm
Seudah Shlishit .....	7:05 pm
Ma'ariv, Havdalah & Shabbat ends after.....	7:58 pm

## SHABBAT SELICHOT PARASHAT KI TAVO

Friday Night & Saturday, September 20-21

Candle Lighting .....	6:51 pm
Mincha & Kabbalat Shabbat.....	6:50 pm
Morning Service .....	9:15 am
Childcare.....	9:15 am
Formal Group Time.....	10:30 am
Mincha.....	6:35 pm
Seudah Shlishit .....	6:55 pm
Ma'ariv, Havdalah & Shabbat ends after.....	7:47 pm
Pre-Selichot Study and Song .....	9:00 pm
Selichot .....	11:00 pm

# Calendar

## WEEKDAY SELICHOT

Mon-Fri, September 23-27

Selichot ..... 6:15 am

## SHABBAT PARASHAT NITZAVIM

Friday Night & Saturday, September 27-28

Candle Lighting ..... 6:40 pm

Mincha & Kabbalat Shabbat ..... 6:40 pm

Morning Service ..... 9:15 am

Childcare ..... 9:15 am

Formal Group Time ..... 10:30 am

Mincha ..... 6:25 pm

Seudah Shlishit ..... 6:45 pm

Ma'ariv, Havdalah & Shabbat ends after ..... 7:36 pm

## HIGH HOLIDAY SCHEDULE

### ROSH HASHANAH

Sunday night-Tuesday, September 29-October 1

### EREV ROSH HASHANAH

Sunday, September 29

Selichot & Shacharit ..... 8:00 am

Annulment of Vows ..... 9:30 am

Yom Tov Candle Lighting\* ..... 6:37 pm

Mincha & Ma'ariv ..... 6:37 pm

\*Note: Before a two-day Yom Tov, it is advisable to light a 24-hour yahrzeit candle or a seven-day candle so that on the second evening the candles may be lit by transferring the flame from the preexisting flame.

### 1ST DAY ROSH HASHANAH

Monday, September 30

Morning Service ..... 8:00 am

Youth Programming ..... 9:00 am - 1:30 pm

Torah Reading ..... 10:00 am

Shofar\* not before ..... 10:30 am

Communal Tashlich @ Strawberry Creek ..... 5:00 pm

Mincha followed by Ma'ariv ..... 6:30 pm

Light candles from pre-existing flame ..... after 7:33 pm

\*Note: Hearing 30 blasts of the Shofar is a Biblically-ordained commandment traditionally fulfilled by both men and women. Those who are within reasonable walking distance and cannot be at CBI and wish to hear the Shofar should contact Rabbi Cohen.

### 2ND DAY OF ROSH HASHANAH

Tuesday, October 1

Morning Service ..... 8:00 am

Youth Programming ..... 9:00 am - 1:30 pm

Torah Reading ..... 10:00 am

Shofar\* not before ..... 10:30 am

Yom Tov Mincha ..... 6:30 pm

Ma'ariv, Havdalah, & Yom Tom ends \*\* ..... 7:31 pm

\*Note: Hearing 30 blasts of the Shofar is a Biblically ordained commandment traditionally fulfilled by both men and women. Those who are within reasonable walking distance and cannot be at CBI and wish to hear the Shofar should contact Rabbi Cohen.

\*\*Note: Havdalah is comprised of the blessing over the wine (borei

pri ha'gafen) followed by the blessing of Havdalah (hamavdil bein kodesh l'chol). We omit the blessing over incense and candle.

## FAST OF GEDALIAH

Wednesday, October 2

Fast begins ..... 5:43 am

Selichot & Morning Service ..... 6:15 am

Mincha w/Torah Reading & Haftorah ..... 6:20 pm

Ma'ariv & Fast ends ..... 7:17 pm

## WEEKDAY SELICHOT FOR TEN DAYS OF TESHUVAH

Wednesday, October 2 - Friday, October 4

Shacharit ..... 6:15 am

## SHABBAT SHUVA PARASHAT VAYELECH

Friday Night & Saturday, October 4-5

Candle Lighting ..... 6:30 pm

Mincha & Kabbalat Shabbat ..... 6:35 pm

Morning Service ..... 9:15 am

Childcare ..... 9:15 am

Formal Group Time ..... 10:30 am

Shabbat Mincha ..... 6:15 pm

Seudah Shelisheet ..... 6:35 pm

Ma'ariv, Havdalah & Shabbat ends after ..... 7:25 pm

## SELICHOT FOR TEN DAYS OF TESHUVAH

Sunday, October 6 ..... 8:00 am

Monday, October 7 ..... 6:15 am

## YOM KIPPUR

Tues. night & Wed., October 8-9

### EREV YOM KIPPUR

Tuesday night, October 8

Selichot and Morning Service ..... 6:20 am

Mincha with Vidduy ..... 4:00 pm

Tefillah Za'aka ..... 6:20 pm

Yom Kippur Candle Lighting ..... 6:24 pm

Youth Programming (childcare will be provided during the Kol Nidrei services)

Fast Begins at ..... 6:24 pm

Kol Nidrei ..... 6:30 pm

### YOM KIPPUR

Wednesday, October 9

Morning Service ..... 8:00 am

Educational Programming ..... 9:00 am - 2:30 pm

Yizkor ..... 11:15 am

Mincha ..... 4:00 pm

Childcare ..... 5:00-7:15 pm

Neilah ..... 5:30 pm

Shofar ..... 7:19 pm

Ma'ariv & Havdalah\* ..... after 7:19 pm

\*Note: One is obligated to hear Havdalah after Yom Kippur before eating or drinking.

## SHABBAT PARASHAT HA'AZINU

Friday Night & Saturday, October 11-12

# Calendar

Candle Lighting .....	6:19 pm
Mincha & Kabbalat Shabbat.....	6:20 pm
Morning Service .....	9:15 am
Childcare .....	9:15 am
Formal Group Time .....	10:30 am
Shabbat Mincha .....	6:00 pm
Seudah Shelisheet .....	6:20 pm
Ma'ariv, Havdalah & Shabbat ends after .....	7:15 pm

## SUKKOT

Sunday, October 13 – Tuesday, October 20

### EREV SUKKOT

Sunday, October 13

*Yom Tov Candle Lighting .....	6:16 pm
Mincha & Yom Tov Ma'ariv .....	6:20 pm
Communal Sukkah Meal .....	7:01 pm

\*Note: Before a two-day Yom Tov, it is advisable to light a 24-hour yahrzeit candle so that on the second evening the candles may be lit by transferring the flame from the pre-existing flame. Eating in the sukkah on the first two nights of Sukkot a minimum of a portion of bread and reciting the kiddush is a Biblically ordained commandment. If you do not have access to a sukkah, and wish to perform this mitzvah, please contact the CBI office ASAP or join CBI's Sukkah Meal on the first night. (If you have a space in your sukkah for guests, kindly let the office know.) Throughout the 7 days of Sukkot please avail yourselves of the CBI sukkah. As always, no home cooked food may be brought into the CBI kitchen, but the sukkah is open to all.

### YOM TOV - 1ST DAY OF SUKKOT

Monday, October 14

*Morning Service .....	9:15 am
Educational Programming .....	10:30 am
Yom Tov Mincha and Ma'ariv .....	6:10 pm
Light candles from pre-existing flame after .....	7:12 pm
Communal Sukkah Meal .....	7:12 pm

\*Note: Please remember to bring your four species to shul.

### YOM TOV - 2ND DAY OF SUKKOT

Tuesday, October 15

*Morning Service .....	9:15 am
Educational Programming .....	10:30 am
Yom Tov Mincha .....	6:10 pm
Maariv, Havdalah and Yom Tov ends .....	7:11 pm

Note: Please remember to bring your four species to shul.

### 1st -3rd DAY OF CHOL HA'MOED SUKKOT

Wednesday-Friday, October 16-18

Morning Service .....	6:30 am
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### SHABBAT CHOL HA'MOED SUKKOT

Friday Night & Saturday, October 18-19

Candle Lighting .....	6:09 pm
Mincha & Kabbalat Shabbat .....	6:10 pm
Morning Service .....	9:15 am
Educational Childcare.....	10:30 am
Kohelet with extended childcare .....	11:30 am
Shabbat Mincha .....	5:50 pm
Seudah Shlishit .....	6:10 pm
Ma'ariv, Havdalah and Shabbat ends .....	7:05 pm

## HOSHANA RABBA

Sunday, October 20

Morning Service .....	8:00 am
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Hoshanot (willow bundles) will be available for sale at CBI.

## SHEMINI ATZERET

Sun. night – Mon., October 20-21

*Yom Tov Candle Lighting .....	6:07 pm
Mincha & Yom Tom Ma'ariv .....	6:07 pm
Morning Service .....	9:15 am
Educational Programming .....	10:30 am
Yizkor .....	10:30 am

\*Note: Before a two-day Yom Tov, it is advisable to light a 24-hour yahrzeit candle or a seven-day candle, so that on the second evening the candles may be lit by transferring the flame from the pre-existing flame.

## SIMCHAT TORAH

Mon. night & Tues., October 21-22

Yom Tov Mincha .....	6:10 pm
Yom Tov Ma'ariv & Light Yom Tov Meal followed by Hakafot @CBI .....	7:03 pm
Light Candles from pre-existing flame after .....	7:03 pm
Morning service .....	9:15 am
Hakafot .....	10:00 am
Multiple Torah readings .....	12:00 pm
Kiddush .....	1:00 pm
Completion and Beginning of the Torah .....	1:45 pm
Mussaf .....	2:15 pm
Yom Tov Mincha .....	2:45 pm
Maariv, Havdalah and Yom Tov ends.....	7:02 pm

## SHABBAT MEVARCHIM PARASHAT BEREISHIT

Friday Night & Saturday, October 25-26

Candle Lighting .....	6:00 pm
Mincha & Kabbalat Shabbat.....	6:05 pm
Morning Service .....	9:15 am
Childcare.....	9:15 am
Formal Group Time.....	10:30 am
Shabbat Mincha .....	5:45 pm
Seudah Shelisheet .....	6:05 pm
Ma'ariv, Havdalah & Shabbat ends after .....	6:57 pm

## ROSH CHODESH CHESHVAN

Mon, night, Tues. & Wed., October 28-30

Shacharit .....	6:30 am
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## SHABBAT PARASHAT NOACH

Friday Night & Saturday, November 1-2

Candle Lighting .....	5:52 pm
Mincha & Kabbalat Shabbat.....	5:55 pm
Morning Service .....	9:15 am
Childcare.....	9:15 am
Formal Group Time.....	10:30 am
Women's Tefillah.....	5:00 pm
Shabbat Mincha .....	5:40 pm
Seudah Shelisheet .....	6:00 pm
Ma'ariv, Havdalah & Shabbat ends after.....	6:49 pm

Sunday, November 3

Pacific Standard Time resumes; turn your clocks one hour back

# Beth Israel Classes

Classes are held at CBI unless otherwise noted

## MONDAY

**Key Books in Tanakh: Book of Samuel:** Following the chaotic period of the Judges, the Book of Samuel narrates the centralization of leadership in Israel. The book opens with the birth of the prophet Samuel, who unifies the nation and crowns the first kings of Israel. The Book of Samuel presents a gripping exploration of political personalities, palace intrigue, and the role of God in the lives of kings and nations.

**M. Victoria Sutton – Mondays @ 12:00 p.m. @ CBI**

## WEDNESDAY

**Emmanuel Levinas:** Nine readings of the Talmud by the French Jewish philosopher Emmanuel Levinas translate Jewish thought into the language of modern times. Levinas applies a hermeneutic that simultaneously allows classic Jewish texts to shed light on contemporary problems and lets modern problems illuminate texts. Besides being quintessential illustrations of the art of reading, the essays express the deeply ethical vision of the human condition that marks Levinas as one of the most important thinkers of our time.

**Muni Schweig – Wednesdays at 8:00 pm • Contact Muni for class location**

## FRIDAY

**Talmudic Wisdom:** Join us for a weekly class on Tractate Chagigah that explores major questions of Jewish practice and thought. We are currently focusing on the second chapter of the tractate.

**R. Yonatan Cohen – Fridays at 9:00 am**

## SUNDAY

**Jewish Meditation Group: A Hasidic Approach to Jewish Meditation** based on the Teachings of the Maggid of Mezeritch and other Hasidic Masters, in theory (*haskafah*) and practice. This is not a class! It is a group to create and support a *chevre* of meditators in our community. Beginners can come to learn the basics. Those more experienced can practice a quiet meditation you already do and discover more of the wealth of our contemplative tradition.

**R. Ken Lipman, Ph.D. – Sundays, 9:30 am-10:45 am @ CBI**



# High Holidays at CBI

We look forward to celebrating the High Holidays with you this year. Below please find information about our various services and programs.

## ATTENDANCE REQUESTS

### Members

No cost with payment of at least half of membership commitment fees or with fee commitment payment plan in place. For friends, relatives and visitors, our fees are below.

### Non-Members - Regular

Rosh Hashanah Service only – \$150/person  
Yom Kippur services only – \$150/person  
Both Rosh Hashanah and Yom Kippur services – \$250/person

### Non-Members Full-Time Students

Rosh Hashanah services only – \$75/person  
Yom Kippur services only – \$75/person  
Both Rosh Hashanah and Yom Kippur services – \$125/person  
No one will be turned away for lack of funds.

## MEAL MATCHING

We offer a meal matching program as in past years.

The process is simple:

Hosts: Just let M. Sutton know if you have an extra place or 2, or 3, etc. at your table during Rosh Hashanah, and/or Sukkot.

Guests: Let M. Sutton know if you need a place for a meal during Rosh Hashanah, and/or Sukkot

## HIGH HOLIDAY YOUTH PROGRAMMING AND CHILDCARE

Childcare and youth programming will be available on both days of Rosh Hashanah, Yom Kippur eve, and Yom Kippur day/Neilah. Led by the boundless energy and incredible creativity of Natan and Lili Kuchar, along with our Bnot Sherut, our program enriches and enlivens our children's Shabbat and Yom Tov experience. Parents are assigned to a volunteer slot during the High Holidays, and can indicate preferred windows during sign-up.

The cost is \$50 per child, with a maximum of \$110 per family. No one will be turned away for lack of funds. For complete information, and to register your child(ren) and specify volunteer preferences, contact Maharat Victoria Sutton.

## YIZKOR BOOK

Our community's Yizkor Book is dedicated to the memory of those who have passed from our lives. Revised annually and used four times during the year, the Yizkor Book is a meaningful way to honor, through tzedaka, the names and lives of loved ones of blessed memory. The cost is \$10 per name. New payment is required each year.

## MEMORIAL PLAQUES

Loved ones may be remembered by having their names inscribed on a memorial plaque to be mounted on CBI's memorial wall in the sanctuary. This is a permanent way to remember those who have passed from our lives. The memorial light is lit annually during the week of yahrzeit of your loved one and at Yizkor services throughout the year. The cost of a memorial plaque is \$360.

## HIGH HOLIDAYS SHUL SETUP

If you wish to volunteer to set up our social hall and sanctuary on Saturday night and Sunday for the High Holidays, please contact the office (office@cbiberkeley.org, (510) 843-5246).

## PAYMENTS

- 1) You may send your check to: Congregation Beth Israel, 1630 Bancroft Way, Berkeley, CA 94703.
- 2) Alternatively, you can make your online payment on our website.

## HIGH HOLIDAY CHILDCARE

Dear CBI Parents and Families,

The High Holidays are approaching and we are thrilled to share important information about childcare and youth programming at the shul. As in every year, we hope our children will have a positive, fun, and educational experience during their time in groups. We are continually grateful for our beautiful Gan Shalom Youth Center, which will house most of our youth programming. In addition, we are exceedingly excited by the energy and talents that Natan and Lili Kuchar, along with our Bnot Sherut, bring to enrich and enliven our children's Shabbat and Yom Tov experience.

At this time we are deeply appreciative of your engagement as parents and look forward to working together with you and your family. We know that each of us will lend a hand to help make a successful High Holiday experience for everyone involved - children, parents, and the community at large. Below, please find information about parent volunteer shifts, a crucial part of making our programming work, as well as other pertinent information.

Programming will be available to the groups listed below. Signs and schedules will be posted with clear designations of the various age groups and their assigned locations. Each room and space will be set up with age appropriate games and programming. When you register your child(ren), they will be assigned to the space appropriate for their age. The groups will be led by experienced educators, as well as parent and teen volunteers. The programs are structured around children's prayers, storytelling/singing, and activities relevant to the High Holidays. A full schedule, including volunteer shifts, will be sent in advance of Rosh Hashanah, and will be posted throughout CBI.

In past years, a number of families have found hiring their own childcare for High Holidays to be a positive experience for the entire family. In that spirit we continue to encourage parents to make the decision that works best for their children and their family's needs over the High Holidays. Please feel free to contact Maharat Sutton with specific questions or concerns.

### Dates:

Rosh Hashanah Day 1: Monday, September 30, 9:00-1:30  
Rosh Hashanah Day 2: Tuesday, October 1, 9:00-1:30  
Yom Kippur Evening/Kol Nidrei: Tuesday, October 8, 6:30-9:00 pm  
Yom Kippur Day: Wednesday, October 9, 9:00-2:00 pm  
Yom Kippur Evening/Neilah: Wednesday, October 9, 5:00-7:30 pm

### Highlights:

- \*Rosh Hashanah Seder
- \*Shofar Blowing
- \*Rosh Hashanah Activities and Games
- \*Special programming with community educators

### Cost:

The cost is \$50 per child, with a maximum of \$110 per family, which covers the three days of Yom Tov as well as Kol Nidre and Neilah. These fees cover the cost of snacks, materials and staffing for childcare. No one will be turned away for lack of funds.

**MAY WE BE INSCRIBED  
IN THE BOOK OF LIFE**

This Rosh Hashanah,  
share your blessings with all of  
Beth Israel's friends!  
A beautiful Rosh Hashanah  
card will be sent to all  
shul members for the High Holidays.

Have your family's name included  
among the well-wishers on the  
inside of this card.

\$36 to have one or two names listed.

\$54 to include your entire  
(first generational) family.

PLEASE PRINT NAMES  
EXACTLY AS YOU WOULD LIKE THEM  
TO APPEAR IN THE CARD

Name(s):

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**Don't Forget!**  
**ABSOLUTE DEADLINE:**  
**THURSDAY, SEPTEMBER 12**

All proceeds support  
adult education programming at CBI.



*Tisha B'Av*

**IF I FORGET  
THEE JERUSALEM...**

**SPECIAL  
TISHA B'AV  
PROGRAMMING  
AT CBI**

Join us for a  
time of mourning  
through prayer and learning.  
Shacharit followed by kinnot,  
8:00 am

Special  
Community-Wide Learning,  
10:00 am

**SUNDAY, AUGUST 11**



**A NIGHT OF FORGIVENESS**

THE SELICHOT SERVICE BEGINS  
OUR PROCESS OF TESHUVA AND  
SELF REFLECTION

JOIN US AS WE PREPARE THROUGH  
SONG & STUDY FOR THIS NIGHT  
OF FORGIVENESS

**SATURDAY NIGHT  
SEPTEMBER 21**

MA'ARIV, HAVDALAH & SHABBAT ENDS  
AFTER 7:47 PM

PRE-SELICHOT COMMUNITY LEARNING  
9:00 PM

SELICHOT SERVICES  
11:00 PM

# REFUGEE SUPPLY DRIVE

Jewish Family and Community Services East Bay is a local agency that has been supporting refugees for decades. **We can help!**

## WHO YOU'RE HELPING

The majority of refugees JFCS East Bay has resettled in recent years are from Afghanistan. Many are former translators who worked with the U.S. military. Under threat of violence and death from the Taliban and other extremist groups, these young men and their families have been forced to flee their country. Donating supplies is a great way to support these young families who have sacrificed so much for our country.

## WHAT THEY NEED

### “Welcome Kits” in a bag:

- Shampoo
- Conditioner
- Soap
- Toothpaste
- Toothbrush
- Dental Floss
- Shaving Items (razors and shaving cream/gel)
- Deodorant
- Toilet Paper
- Sanitary Napkins (not tampons)

\*Newly purchased, full size items only.

### Also needed:

- Newly purchased twin/queen sheet sets, blankets, and towels
- Target or Safeway gift cards in denominations of \$25 to \$50
- Write a card or note to a newcomer refugee. Notes of support and acceptance go a long way in welcoming refugees to our community.



**JEWISH FAMILY &  
COMMUNITY SERVICES  
EAST BAY**

COMPASSION IN ACTION. COMMITMENT TO ALL.

[jfcs-eastbay.org](http://jfcs-eastbay.org)



**COLLECTING DONATIONS  
JULY 21-AUGUST 11**

**VOUNTEER ON  
TISHA B'AV  
TO ASSEMBLE THE  
WELCOME KITS**

**SUNDAY AUGUST 11  
2:30-4 PM**

# HAPPY PURIM

2019





**FIESTA MEXICO**  
COVENANT WINERY  
CBIGALA 2019

**THANK YOU TO ALL WHO ATTENDED  
AND HELPED MAKE THE GALA A SUCCESS!**



## Women's Tefillah

Join CBI's women's community for a series of unique opportunities to pray, sing and learn Torah together. Mincha and Torah reading will be followed by se'udah shlishit and learning. Women's Tefillah will meet for Shabbat Mincha on the following dates (1st Shabbat of the month):

November 2, 2019 • 5 pm  
December 7, 2019 • 4:00 pm  
January 4, 2020 • 4:30 pm  
February 1, 2020 • 4:30 pm  
March 7, 2020 • 4:45 pm  
April 4, 2020 • 5:30 pm  
May 2, 2020 • 5:30 pm

### SIMCHAT TORAH READING:

October 22, 2019 • 10:00 am

### MEGILLAT ESTHER WOMEN'S READING:

March 10, 2020 • 12:00 pm

Please contact M. Victoria Sutton (maharatvictoria@gmail.com) if you want to serve as a gabbayit, read Torah, lead prayers, teach during the meal, or sponsor se'udah shlishit.



## OAKLAND HEBREW DAY SCHOOL

Bridge Kindergartners Explore Accessibility at OHDS  
By Philippa Lichterman

What happens when a group of Bridge Kindergarten students can't reach the mezuzah in their classroom? They set off on a service learning course around accessibility!

After trying to reach the mezuzah in their classroom, the students in HaMorah Nessa's bridge kindergarten class began to ask questions about how they could access their classroom mezuzah to kiss it. They started learning about the challenges for people who are not able to access physical spaces easily. This inspired them to learn more about mezuzot and how to make them accessible for anyone to touch. Soon they discovered what lies inside the magical mezuzah and why it's a *mitzvah* to have one on the doorpost. Their eyes grew with wonder as they heard the story about the conflict between two rabbis who had different opinions on how to hang the mezuzah and how a compromise was reached in Jewish law. Then one day Rabbi Rue the Sofer came to visit OHDS! The students were excited to learn from him what the scroll in the mezuzah looks like, how to write on the scroll, and how to hang it on the doorpost.

The bridge kindergartners jumped into action by making a few of their own mezuzot for the school including for the kindergarten class. They carefully placed special prayers inside. Then the day arrived for their special mezuzah-hanging party with the kindergartners where they placed their mezuzot on the doorpost, so

that anyone could access them (these were hung just below the classroom mezuzot already in place).

So what happens next? The kids are looking forward to meeting HaMorah Nessa's friend who will share her experiences around accessibility, the challenges associated with it, and some of the wonderful innovations that have come about as a result.

Stay tuned!



# What is The Morasha Legacy Society?

On Shabbat a few weeks ago, Noah Alper made an announcement from the bimah about CBI's Morasha Legacy Society. For those of you who don't know what it is, the Morasha Legacy Society is a program for members to designate CBI as a beneficiary in their estate plan. When the Morasha Society member passes away - ad me'ah v'esrim, b"ch - their contribution, be it stock, annuity, or outright financial gift, is donated to CBI and help ensures the shul's financial future. Through the Morasha Legacy Society, CBI members demonstrate their commitment to our beloved community, in the present and in the future. To date, we have 41 members (one of the most robust tallies from the East Bay Jewish community!) who have made this commitment to CBI.

Please consider joining the Morasha Legacy Society, and be a part of CBI's commitment to future generations.  
For more information or to join the Society contact: Noah Alper • noahalper@gmail.com or Leslie Valas • vffam5@gmail.com



## *Morasha Legacy Society*

*Our commitment to our beloved community is evident in everything we do.  
Now each of us can extend our commitment into the future.  
Please consider joining us.*

*For more information or to join the Society please contact:  
Noah Alper • noahalper@gmail.com  
Leslie Valas • vffam5@gmail.com*

Paul & Serach Bracha Albert • Fran Alexander • Noah & Hope Alper  
Anonymous (4) • Ron z"l & Bella Barany • Dan z"l & Judith Bloom • Benjamin & Sara Darmoni  
Nimrod & Aliza Elias • Jane Falk • Malcolm Feeley & Rivka Amado • Alan Finkelstein & Leslie Valas  
Sam Ginsburg • David & Diane Gould • Ezra & Toby Hendon • Sam & Bathea James  
Russell Kassman • Gary & Ilene Katz • Jesse & Gabriella Kellerman • Seymour Kessler, z"l  
Alan & Elissa Kittner • Aaron Marcus • Gary & Lois Marcus • Ed & Phyllis Miller  
Joel & Irene Resnikoff • Ben Rose & Rebecca Landes • Mordy & Rena Rosen • Harry & Dorothy Rubin  
Bob & June Safran • Ory Sandel • Sara Leya Schley • Batya Schick • Carol Shivel  
Steve Silberblatt & Rita Kohl • Bob & Naomi Stamper • David & Rikki Sudikoff • Justin & Sheba Sweet  
Friedner & Ruth Wittman • Linda & Stanley Wulf



## KIDDUSH SPONSORS

**March 9:** Rebecca Landes & Ben Rose in memory of Ephraim Landes on his 22nd *yahrzeit* and Albert Rose on his 29th *yahrzeit*; Ron Elkayam in honor of his upcoming wedding to Ora Karavani, his *aliyah* to the Torah on his Shabbat Chatan, and in honor of the Beth Israel community which has been so supportive to him; Deborah Shaw in honor of her father, Max Shaw (Mordechai ben Aaron) on his 20th *yahrzeit*; Thom and Betty Seaton; l'chaims donated by Marvin Yudenfreund as a token of my thanks to Hashem for my speedy recovery, my wonderful spinal neurosurgical team led by Dr. Parveen Mummaneni, and the kindness and generosity of the Rabbi and all of my friends

**March 16:** Marti & Shelly Zedeck in honor of the members of the Chevra Kadisha, past, present and future; and in memory of our beloved daughter Elizabeth Laurie Zedeck on her 41st *yahrzeit*

**March 21, Purim Seudah Sponsors:** Paul & Serach Bracha Albert; Noah & Hope Alper; Oded & Rebecca Angel; Anonymous; Bella Barany; Avraham & Ruchama Burrell; Jim & Carol Cunradi; Marvin & Sara Engel; Alan Finkelstein & Leslie Valas; Heshy & Chaya Miriam Fried; Wendy Kenin; Lisa Klug; Daniel & Robinn Magid; Chaim & Nell Mahgel-Friedman; Jonah Markowitz; Esaul & Ana Sarah Miranda; Birger & Juliet Stamperdahl; Jeff & Doreet Stein; Abraham & Laila Stone; Rona Teitelman

**March 23:** Bella Barany in memory of Ron Barany's first *yahrzeit*.

**March 30:** Jim & Carol Cunradi in celebration of their 35th wedding anniversary; Matan Gilbert in honor of Nadav's sixth birthday

**April 6:** Batya Schick in memory of her mother Hannah Raiza bat Mordechai Ha-Levi on her 5th *yahrzeit*; Sanne DeWitt in memory of Hugh DeWitt; Jane Falk

**April 13:** Joel & Irene Resnikoff; Lenny Kristal & Denise Resnikoff honoring the

memory of Eli Resnikoff on his 30th *yahrzeit*

**First Born Break Fast – April 19:** Lev & Sarah Jasper

**Pesach - April 20-21:** Anonymous; Sara & Marv Engel; Vered & Hilik Frank; Heshy & Chaya Miriam Fried; Rena & Yakov Harari; Robinn & Dan Magid; Molly & Eli Nadav-Silins in honor of Welton and Lewis and their curiosity; Ory & Tamar Sandel in honor of Birkat haTal

**April 26:** Lou Schubert in memory of his father Wilfried Schubert on his *yahrzeit*

**April 27:** Anonymous; Sara & Benni Darmoni; Heshy & Chaya Miriam Fried

**May 4:** Bella Barany and Bob & Judy Albietz in honor of the liberation of Amsterdam; Thom & Betty Seaton in memory of Thom's step-father Samuel Greenfield; the Cohen Family in honor of Hoshaya's first decade and R. Cohen's fourth

**May 8 Yom Ha'atzmaut Sponsors:** Rebecca & Oded Angel; Yossi Ben-nun; Vered & Hilik Frank; Jenny & Josh Kirsch; Gladys & Phil Leider; Judy & Glenn Massarano, Paul & AnnaBelle Panish, Rena & Mordy Rosen; Betty & Thom Seaton

**May 11:** Jessica Fain & Adam Rosenzweig in honor of one year of us being part of CBI and Hana's first birthday; the Mit-rani family in memory of Jaime ben Ieda (Chayim ben Eida)

**May 18:** The Alperin Family in honor of David Alperin's Bar Mitzvah

**May 25:** Congregation Beth Israel

**June 1:** Natan & Lili Kuchar, to mark the *shloshim* of Natan's grandfather, Michael Neuhauser, who is survived by his wife Rachel, two daughters Dianne and Pauline, 5 grandchildren, and 16 great-grandchildren

**June 8 (Graduates kiddush):** Jennifer Shy & Michael Feiner, Claire & Yoshi Fenton, Sarah & Lev Jasper, Deb Fink, Aaron Katler, & Noah Katler, Jonah Markowitz, Marilyn Markowitz, Tamara Beliak & Zeev Neumeier, Janice Mac Millan & Ron Reissberg, Tamar & Ori Sandel, Tania &

Muni Schweig, Amelia & Josh Spivak  
Shavuot Kiddush Sponsors: Anonymous, Rebecca & Oded Angel, Carol & Jim Cunradi, Yehuda Ben-Israel & Rona Rothenberg, Jeff & Jodie Morgan, Doreet Stein

**June 15 (Bnot Sherut & Resnikoff Thank you Kiddush):** Adam Brelow & Maharat Victoria Sutton, R. Yonatan Cohen & Frayda Gonshor Cohen, Jim & Carol Cunradi, Benni & Sara Darmoni, Alan Finkelstein & Leslie Valas, Hilik & Vered Frank, Jacob & Rachel Heitler, Daniel & Eliezah Blumenthal Hoffman, Rebecca Landes & Ben Rose, Leora Lawton, Laura Lipman, Chaim & Nell Mahgel-Friedman, Glenn & Judy Massarano, Racheli Perl & Gilad Buchman, Muni & Tania Schweig, Jeff & Doreet Stein, Kenny & Aliza Weiss, Ruth Wiseman, OHDS.

Aaron Katler, Deb Fink, Shoshana & Noah, in celebration of Papa's (Alan Katler) 80th birthday.

**June 22:** Anonymous; Judy & Glenn Massarano in honor of their Anniversary

**June 29:** The Kirsch Family in honor of Hazel Kirsch's bat mitzvah

## SEUDAH SHLISHIT SPONSORS

**May 11:** The Kenin family in honor of Chanah Ella Kenin in anticipation of her upcoming Bat Mitzvah (Parashat Ki Teitze)

**May 5:** Bella Barany, Rona Rothenberg, Luna Schector

## HACHNASSAT ORCHIM

Aryeh & Ariela Canter  
Lisa & Jory Gessow  
Eliezah & Daniel Hoffman  
Matty Lichtenstein & Zvi Rosen  
Melissa & Noah Nathan  
Tamar & Ory Sandel  
Doreet Stein

## KIDDUSH WINE DONATION:

Covenant Winery, with special thanks to the Morgan Family





## BARUCH DAYAN EMET • CONDOLENCES

We mourn the passing in Kfar Saba, Israel on March 13 of **Vicky Amado (Vicky bat Kaden and Yoseph)**, beloved mother of Rivka Amado of Berkeley and Ziva Schmidt of Kfar Saba, mother-in-law of Malcolm Feeley, grandmother of Amir Amado Feeley, Eyal Grundstein, Gil Schmidt, and Yaniv Schmidt, and great grandmother of seven.

We mourn the passing in Laguna Niguel, CA on March 22 of **Solomon Blumenfeld (Shlomo ben HaRav Meir)**, beloved brother of Aaron Blumenfeld.

We mourn the passing of **Ervin Schwarcz** at the age of 94 in early April. Ervin was the beloved father of Sandy Schwarcz, father-in-law of Isaac Kaplan, and grandfather of Theresa and Jay.

We mourn the passing on May 8 in Bethesda, MD, of **Harry Galblum (Herschel)**, beloved father of Lisa Gessow and father-in-law of Jory Gessow. He is survived by Lisa and her three sisters, Judy, Jane, and Amy, nine grandchildren, and fourteen great-grandchildren.

We mourn the passing in Sebastopol on May 10 of **Steven Jeffrey Sheldon**, age 72, beloved brother of Matan Gilbert and uncle of Nadav Gilbert. He is survived by his wife, Michaela, children Oliver (Brody), Will (Sarah), Lowell (Natalie), Brenna, and six grandchildren.

We mourn the passing of **Daniel Simhi**, beloved father of Efrat Simhi Aloni, a beloved teacher in our extended OHDS community.

We mourn the passing on June 10 of **Yvette Hoffer (Esther bat Avraham)**, beloved mother of Avi and Rina Hoffer. Yvette was among the founding members of the Beth Israel shul community.

We mourn the passing on June 23 of **Vida Lehmann**, beloved mother of Sophia Lehmann, mother in law of Jonas Duke and grandmother of Jacob and Celia Lehmann Duke.

We mourn the passing of **Jacob Alchanan Oelberger** on June 23. Born in the Bronx, he is survived by his wife Irene Henken, his children and their spouses, Beth Oelberger Astmann and Jonathan Astmann, Richard and Courtney Oelberger, Gregg and Don Barrette, and 8 grandchildren.

*HaMakom Yenacheim Et'chem Betoch She'ar Aveilei Tziyon VeYerushalayim.  
May God comfort the family and all others who mourn Zion and Jerusalem.*



### *Memorial Plaques*

To memorialize your loved one, you may wish to purchase a memorial plaque to be placed on the memorial board in the sanctuary.

Besides ensuring that Kaddish will be recited perpetually in the name of your beloved deceased, you will receive a notice annually of the date of the yahrzeit and the date the yahrzeit will be observed by the recitation of Kaddish.

The cost of a memorial plaque is \$360.

To purchase contact Carol Cunradi • 510.234.1003 • [cunradi@sbcglobal.net](mailto:cunradi@sbcglobal.net)  
Or the CBI Office • 510.843.5246 • [office@cbiberkeley.org](mailto:office@cbiberkeley.org)



## MAZEL TOV

To grandparents **Susan and Mark Schickman**, parents **Laura and Joe Schickman**, and big brother **Caedyn** on the birth of a baby girl in Santa Cruz.

To grandparents **Patricia & Issy Kipnis** and **Howard & Susu Fine**, and new parents **Gabriela Kipnis & Abe Fine** on the birth of a baby boy, Asher Fine, on May 12 in San Francisco.

To **Matty Lichtenstein and Zvi Rosen** on the birth of a baby girl Devorah Sophia on June 2.

To our custodial staff, parents **Neri De Leon & Adis Canales**, and big sisters **Adis Carolina, Glendy, & Ilsa**, on the birth of a baby boy Neri Elias De Leon.

*May these children's lives be filled with the insights of Torah, the warm and supportive love of family and community, and the blessing of good deeds. Mazal tov!*

• • • • •

To **Chana Ella Kenin** on her bat mitzvah on Parashat Ki Teitze.

To **David Alperin** on his bar mitzvah on May 18.

To **Hazel Kirsch** on her bat mitzvah on June 29.

• • • • •

To **Tzippi Crowe and Hank Hanig** on their wedding on April 7.

To **Leslie Valas & Alan Finkelstein** on the wedding of their son **Ari Finkelstein to Lissy Isaacson** on May 26 in Savannah, GA.

To **Jared Ellias and Valerie Bonner** on their wedding on June 16 in Detroit, MI.

*May these couples build homes filled with the light of Torah and mitzvot, and may their families and our community have many more occasions to celebrate in simchah together. Mazal tov!*

## TODA RABA

To **Hiram Simon of WineWise and Jodie & Jeff Morgan of Covenant Winery** for their generous support of CBI through the Annual Pesach Wine Sale



### YOUR CHAI-LIGHTS TEAM

Rabbi Yonatan Cohen

Katrin Arefy • Rebecca Landes • Desmid Lyon • Susie Marcus  
Maharat Victoria Sutton • Joelle Yzquierdo

CBI office • 510 843-5246 • office@cbiberkeley.org  
Rabbi Cohen • 510 843-8052 • rabbi@cbiberkeley.org  
Maharat Victoria Sutton • maharatvictoria@gmail.com  
Gan Shalom Office • 510 848-3298  
Scrip Hotline • 510 525-8259

office@cbiberkeley.org • www.cbiberkeley.org  
1630 Bancroft Way, Berkeley, CA 94703

## THANK YOU TO OUR DONORS

### GAN SHALOM

Fain Family Foundation

Elaine Gerstler & Booker Holton: in loving memory of Seymour Kessler, whom we miss so much

Jesse Grant & Arianna Heller

Jacob & Rachel Heitler

Jeffrey Kasowitz & Adina Allen

Adam Rosenzweig & Jessica Fain

### GENERAL FUND

Jonathan Abrami

Noah & Hope Alper: in honor of Jonah Markowitz; in honor of Russell Kassman

Judith Bloom: in honor of Maxine Winer's special birthday; in honor of R. Cohen's birthday; in honor of the marriage of Hank Hanig & Tzippi Crowe

Aryeh & Ariela Canter: in honor of Ariela's saba's yahrzeit, Avraham ben Eliyahu ve. Chanom

Jamie Conway & Meena Viswanath

Jim & Carol Cunradi: wishing Eric Habbaz a *refuah shleima*; with gratitude for Avraham Burrell, Judy Massarano, Laura Lipman, Marti Zedeck, Susan Kayman, Peter Dale Scott & Ronna Kabatznick, Alison Jordan, Joel & Irene Resnikoff, Issy & Patricia Kipnis

Jane Falk: in honor of Jonah Markowitz's birthday; in honor of the third anniversary of Paul & Serach Bracha Albert; in memory of Herschel Galblum, father of Lisa Gessow

Malcolm Feeley & Rivka Amado: in honor of Jonah Markowitz's birthday; in honor of Bella Barany; in honor of Zeev Neumeier and the Beth Israel Children's Choir

Jennifer Fenster: in memory of Matan Gilbert's brother Steven Jeffrey Sheldon

N. R. Golomb: for yizkor

Robert Hara & Judith Rapp Hara

Terence & Olga Gordon: in memory of Vicky Amado

Alison Harris: in honor of the wedding of Carole Crowe & Hank Hanig

Alison Jordan: in honor of Carol & Jim Cunradi

Elaine Kofman: in honor of the wedding of Carol Crowe to Hank Hanig

Iziaslav & Raisa Kreymer: in memory of our parents

Laura Lipman: in memory of Barbara Knyper, z"l

Aaron Marcus & Sandy Speier: to the Library Fund, in honor of Bella Barany for her co-sponsoring a Kiddush, her generosity, her constant enthusiasm, and her many kind acts/*mitzvoth*

Gary & Lois Marcus: in memory of Selma Marcus, beloved mother of Gary

Jonah Markowitz: in honor of Ruth Brelow's birthday

Edward & Phyllis Miller: in honor of the Schickman family on the birth of a baby girl; in memory of Ervin Schwarcz; in honor of the birth of Asher Kipnis, grandson of Issy & Patricia Kipnis

Deborah Pearl: in memory of my beloved father, Emanuel Hillel Perl

Raphael & Jeanette Rosen

Ira & Susan Ross: in honor of Maxine Winer's 80th birthday

Bob & June Safran: in honor of Jonah Markowitz's birthday

Helen Schneider: in honor of Nae for her kindness

Muni & Tania Schweig: in appreciation of Marv Engel

Richard & Susan Seeley: in honor of Yaacov Harari's 90th birthday

Henry & Violette Sibony: for aliya and for yizkor

Ronald Sires

Michael & Deborah Sosebee: in memory of Vicky Amado

Karen Treiger: in honor and to thank Mordy and Rena Rosen for their hospitality

Irene Unterberger: to support the work of M. Sutton at CBI

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Rhoda Agin: for *ma'ot chitim*

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Jim & Carol Cunradi: for sale of *chametz*; *refuah shleima* to Marvin Yudenfreund

Susanne DeWitt: in honor of Jonah Markowitz's birthday

Morey & Kayla Garelick: for *ma'ot chitim*

Mina Gobler: in honor of Carol & Jim Cunradi's 35th wedding anniversary

Jacob & Rena Harari: in honor of Jim & Carol Cunradi on their anniversary; in honor of Peter Dale Scott's 90th birthday

Reily Hardee: in honor of Jonah Markowitz

Lois Hirt

Sam & Bathea James: in memory of Bathea's father Mordechai Majus

Gabriela Kipnis: Thank you R. Cohen for joining us and participating in Asher's bris

Issy & Patricia Kipnis: Mazal Tov to the Finkelstein family on the wedding of Ari and Lizzie

Leonard Kristal & Denise Resnikoff: in loving memory of Denise's mother Irene Lipton; in loving memory of Lenny's brother, Tony Kristal

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Marilyn Markowitz: thank you to the congregation for all of your support during shiva

Robert & Judith Miller: in honor of Jonah Markowitz's birthday

James Mitrani: for tzedakah

Mordecai & Rena Rosen: for *ma'ot chitim*

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 Hiram Simon: in honor of Jonah Markowitz on the occasion of his birthday  
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 Robert & Naomi Stamper: in honor of Jonah Markowitz; in honor of Sam Ginsburg  
 Jeff & Doreet Stein: in honor of Jonah Markowitz's birthday  
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 Ariel Strauss: for ma'ot chitim  
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 Marvin & Sheila Yudenfreund: for ma'ot chitim; Mazel Tov to Carol & Jim Cunradi on the occasion of their 35th wedding anniversary

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