



# CONGREGATION BETH ISRAEL

## DAF HASHAVUAH

SHABBAT PARSHAT PEKUDEI  
SHABBAT SHALEM WITH DR. MIRIAM UDEL

MARCH 8 & 9, 2019 — 2 ADAR II, 5779

### Weekday Morning and Evening Services

March 10-14, 2019

**Morning:** 8:00 am Su • 6:30 am Mo - F

**Evening:** 7:00 pm @ CBI Sun-Th

### TELLING STORIES (& STORIES THAT ARE TELLING)

#### A Special Shabbat Shalem Series

Dr. Miriam Udel

MARCH 8-9



*Dr. Miriam Udel is associate professor of German Studies and Jewish Studies at Emory University, where her teaching focuses on Yiddish language, literature, and culture. She holds an AB in Near Eastern Languages and Civilizations from Harvard University, as well as a PhD in Comparative Literature from the same institution. She is the author of Never Better! The Modern Jewish Picaresque (University of Michigan Press, 2016), winner of a National Jewish Book Award in Modern Jewish Thought and Experience. Her*

*annotated, translated anthology of Yiddish children's literature, Honey on the Page, is slated to appear with New York University Press in Fall 2019. She is also part of the first cohort of Yeshivat Maharat's Executive Kollel Track.*

*Co-sponsored by Graduate Theological Union and The Richard S. Dinner Center for Jewish Studies*

#### Friday, March 8

Candle Lighting..... 5:51 pm

Northside minyan @ Sudikoff home ..... 5:52 pm

1209 Shattuck Ave (east side of street, past Live Oak Park, near Eunice)

Mincha & Kabbalat Shabbat @ CBI ..... 6:00 pm

Communal Shabbat Dinner ..... 7:00 pm

**Learning w/Dr. Miriam Udel: "A Sabbath for Socialists: ..... 8:00 pm**

#### **Yiddish Children's Literature Between Sacred and Secular" — A**

literature for Yiddish speaking children flourished during the early decades of the twentieth century, a time of rapid modernization when large numbers of Eastern European Jews became urban and secular.

Distinguished authors and teachers alike crafted stories, poems and plays to model the politically progressive, ethically engaged values that they hoped to foster in the next generation. Curiously, against that backdrop, we can discern a subgenre of tales that celebrated Sabbath observance under adverse circumstances. We will examine why such stories flowed from the pens of socialist leaders both Bundist and Zionist—and what they came to signify.

#### Saturday, March 9

Morning Service ..... 9:15 am

Tot Childcare (upstairs at CBI\*) w/Liz Ramirez..... 9:15 am

\*Children 18 mos-3 yrs can be dropped off at tot childcare.

Childcare at Gan Shalom (ages 3-10) ..... 9:15 am

Torah Readers: Daniel Blumenthal-Hoffman

Haftorah Reader: **Bob Budnitz**

Formal Group Time ..... 10:30 am

Kedma (Pre-K): **Natan Kuchar**

Tzafona: **Hadas Jacobson & Noam Hallel Menachem**

Negba: **Noah Nathan**

Gan Assistant: **Veronica Gonzales**

Parent supervisor: **Beth Oelberger Astmann & Jonathan Astmann**

Tot Shabbat circle in the CBI Loft w/**Natan Kuchar** ..... 11:15 am

**Greeters: James Mitrani, Josh Kirsch, Dov Jelen, Ben Rose**

**Sermon by Dr. Miriam Udel: "The Megillah According to.....11:00 am Manger"** – The Yiddish bard Itsik Manger (1901-1969) wrote lyrical midrashic poetry, including a book-length treatment of the Scroll of Esther. In properly carnivalesque spirit, we'll learn about the important characters whose role in the Real Story of Purim was "suppressed."

Shabbat Mincha ..... 12:50 pm

Seudah Shlishit ..... 5:30 pm

**Learning w/Dr. Miriam Udel: "What the Saw Saw— ..... 5:45 pm**

**The Ethics of Speech and Shteynberg's Fables.**" What makes speech acceptable, the language in which it's written or the content?

Maimonides articulates a case for the latter. We will examine his argument and then illustrate it with the rhyming verse fables of Eliezer Shteynberg.

*Co-sponsored by Graduate Theological Union and The Richard S. Dinner Center for Jewish Studies*

Ma'ariv, Havdalah & Shabbat ends ..... 6:49 pm

Mishmash Siyum ..... 7:15 pm

#### NCSY Shabbat Shabang

Teen Schmooze..... 11:00 am

Middle School Lunch..... 1:00 pm

#### DAYLIGHT SAVINGS TIME

**Saturday night, March 9**

Remember to move clocks one hour forward

#### KIDDUSH SPONSORS

**Rebecca Landes & Ben Rose** in memory of Ephraim Landes on his 22nd yearzeit and Albert Rose on his 29th yearzeit

**Ron Elkayam** in honor of his upcoming wedding to Ora Karavani, his aliyah to the torah on his Shabbat Chatan, and in honor of the Beth Israel community who has been so supportive to him;

**Deborah Shaw** in honor of her father, Max Shaw (Mordechai ben Aaron) on his 20th yearzeit

**Thom and Betty Seaton**

L'chaims donated by **Marvin Yudenfreund** as a token of my thanks to Hashem for my speedy recovery, my wonderful spinal neurosurgical team led by Dr. Parveen Mummaneni, and the kindness and generosity of the Rabbi and all of my friends

#### HACHNASSAT ORCHIM

**Eliezah & Daniel Hoffman**

#### Kiddush Wine Donors:

**Covenant Winery, with special thanks to the Morgan Family**

## Beth Israel Classes

### SUNDAY

**Jewish Meditation Group:** A Hasidic Approach to Jewish Meditation based on the Teachings of the Maggid of Mezeritch and other Hasidic Masters, in theory (*haskafah*) and practice. We will cover:

1. Preparatory Practices

a. Quietening/Settling the Mind (*hashkatah*)

b. Meditative Mussar (*yeshuv da'at*): Strengthening Positive Qualities (*middot*)

2. Developing Meditative Concentration

*Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.*

PLEASE DO NOT REMOVE THIS SHEET FROM THE BUILDING ON SHABBAT

a. Thinking Deeply (*nachshav ha-ruchaniyut*) and Transforming Confusion (*aliyat machshavot zarot*)

b. Experiencing Unity

**R. Ken Lipman, Ph.D. — Sundays, 9:30 am-10:45 am @ CBI**

### MONDAY

**Key Books in Tanakh: Book of Samuel:** Following the chaotic period of the Judges, the Book of Samuel narrates the centralization of leadership in Israel. The book opens with the birth of the prophet Samuel, who unifies the nation, and crowns the first kings of Israel. The Book of Samuel presents a gripping exploration of political personalities, palace intrigue and the role of God in the lives of kings and nations.

**Please note: Special Pre-Purim Class on March 18:** The Book of Esther is read by the community as part of the observance of Purim. We'll explore the themes and major characters of this exciting tale.

**M. Victoria Sutton — Mondays @ 12:00 pm.**

**The Most Telling Rabbinic Stories of Dispute:** Every page of the Talmud is replete with rabbinic disagreements concerning Jewish law and practice. At several points, the Talmud also provides detailed descriptions of some of the more critical controversies that both plagued and enriched the rabbinic culture of dispute in its early and later stages of formation. This series will examine some of the most telling stories that best characterize this feature of our rabbinic inheritance.

**R. Yonatan Cohen — Tuesdays @ 7:30-9:00 pm. March 19, April 2**

**NCSY LNL – Latte & Learning (for Teens; Grades 9-12):** Our Special Blend: Coffee & Torah Every week. In addition to coffee, NCSY's Latte & Learning initiative serves up Judaism in a relaxed, inspirational, and fun environment. LNL is the place for teens to ask questions, voice their feelings, and connect with each other. **Class on hiatus until April 15. Mondays @ 7:30-8:30 pm @ CBI**

### WEDNESDAY

**Special Purim Class w/R. Daniel Hoffman: *Marbin be...simcha?*** How happy are we really on Purim? Hallel is a staple of nearly every holiday on the Jewish calendar as we praise God and express our joy. Purim is a notable exception. Why is this? The Talmud gives more than one possible answer to this question, and these answers relate to deeper underlying truths about Purim, about life in the diaspora, and what happiness means.

**R. Daniel Hoffman — Wednesday, @ 7:45-pm, March 13**

**Please note date changed from Tuesday, March 12**

**Emmanuel Levinas:** Nine readings of the Talmud by the French Jewish philosopher Emmanuel Levinas translate Jewish thought into the language of modern times. Here Levinas applies a hermeneutic that simultaneously allows the classic Jewish texts to shed light on contemporary problems and lets modern problems illuminate the texts. Besides being quintessential illustrations of the art of reading, the essays express the deeply ethical vision of the human condition that makes Levinas one of the most important thinkers of our time.

**Muni Schweig — Wednesdays @ 8:00 pm @ the Schweig home**

### FRIDAY

**Talmudic Wisdom:** Join us for a weekly class that explores key *sugyot* (talmudic units) that discuss major Jewish questions of practice and thought.

**Please note: class will not meet on March 15**

**R. Yonatan Cohen — Fridays, 9:00 am**

## EVENTS/ANNOUNCEMENTS

### In Beth Israel

**Safe Travels to R. Cohen** who will be out of town March 11-18.

**Open Kiddush Dates:** Please email our Kiddush coordinators at [kiddush@cbiberkeley.org](mailto:kiddush@cbiberkeley.org) to sponsor the following open dates:

**April 6 - co-sponsors needed**

**April 20 (Pesach 1st day)**

For more details on Kiddush sponsorship information, please see our website <https://www.cbiberkeley.org/connect/sponsor-a-kiddush/>



### **Congregation Beth Israel Sisterhood**

**Author Book Talk: Karen Treiger March 17, 2019**

The Beth Israel Sisterhood warmly invites the community to meet and hear author, Karen Treiger talk about her new book "My Soul Is Filled with Joy: A Holocaust Story", Sunday, March 17th at 11am, hosted at the home of Sabrina Kabella 2647 Stuart Street @College Ave. 510 847-0050.

Karen Treiger, is the daughter-in-law of two Holocaust survivors, Sam and Ester Goldberg. In her riveting memoir of their life story - "My Soul Is Filled with Joy: A Holocaust Story", Karen weaves two separate stories, that of Ester Wisznia from Stoczek, Poland and that of Sam Goldberg from Bagatele, Poland.

Copies are available for purchase from Sabrina Kabella.

### **CBI GAME GROUPS**

**Congregation Berkeley Jewish Soccer Game: Beth Israel vs. Beth El**

Come represent your shul by playing or supporting us in our first competitive inter-community fixture. **Monday March 18th at 9 pm at Gilman Fields.** Co-ed 8-aside 50 minute game with unlimited substitutions.

Email [noahnathan@hotmail.co.uk](mailto:noahnathan@hotmail.co.uk) for more details.

If you just want to come and support the team, let me know so I can send you details nearer the time. Also, if you wish to sponsor the team's jerseys, please be in touch.

**Are you interested in joining a group of folks who love playing**

**Sheshbesh?** A member of our community is interested in convening a few gatherings. The first gathering is set for **March 24** in the evening at a private home in Berkeley. If you are interested, please let Rona Teitelman know @ [ronateitelman@gmail.com](mailto:ronateitelman@gmail.com).

**Mah Jongg w/Marti Zedeck:** Anyone interested in learning to play Mah Jongg is welcome to meet on Wednesdays from noon to 3:00 pm at the shul. Contact Marti for any details: [martizedeck@yahoo.com](mailto:martizedeck@yahoo.com) (510) 527 0719

### **NCSY**

• **NCSY Shabbat Shabang @ CBI March 9**

• **4th year running: Teen Advocacy Program:** TAP offers 20 teens (grades 9-12) the opportunity to learn how to gain critical organization, presentation, and leadership skills for lobbying and advocacy. They will become well versed in the state government and the legislative process through participation in interactive sessions, focusing on issues of concern to the Jewish community. T.A.P. will close with a lobbying session with politicians in Sacramento, a gala dinner with officials, and a Certification of Completion. Details at <https://eastbay.ncsy.org/>

- **Bat Mitzvah Club for 6th and 7th grade girls**, Sunday March 17th from 10:30am - 12pm @ Congregation Beth Jacob, 3778 Park Blvd.  
"The Power of Meditation" -- Lets come together and introspect what prayer means to us and learn how to clear our minds through Yoga and Meditation. Please bring a Yoga mat and comfortable clothes to wear. Light refreshments will be served  
RSVP at [eastbay.ncsy.org](http://eastbay.ncsy.org) or Mielcah Munk - [Mielcah.a@gmail.com](mailto:Mielcah.a@gmail.com) 773 4807153
- **April 6th weekend** - Spring Regionals in Vegas!! The event you've all been waiting for! Note that we will be flying Thursday night at 8pm from SFO and arriving back in SFO Sunday night.
- **NORCAL NCSY CELEBRATION DINNER**, April 10th 6:45 pm- 8:15 pm, @ Beth Jacob 3778 Park Blvd. Oakland. RSVP at [norcal.ncsy.org](http://norcal.ncsy.org) R. Akiva Naiman [naimana@ncsy.org](mailto:naimana@ncsy.org) 510.882-1503

Scholarships are available for all Shabbatons.

**Pre purim Puppet Show & 3rd Meal Shabbat, March 16, 4:45-6:15 pm @ Gan Shalom**  
**Featuring Risa of Jelly Jam**  
\*Light Dairy Meal  
\$18-\$25 suggested per family  
Register here: <http://tinyurl.com/yxox8me> or email [Maharatvictoria@gmail.com](mailto:Maharatvictoria@gmail.com)

### **PURIM** **March 20-21**

#### **FAST OF ESTHER /PURIM NIGHT** **Wednesday, March 20**

Fast begins 5:52 am  
Shacharit 6:30 am  
Mincha with Torah reading and Haftorah 6:45 pm  
Ma'ariv followed by Megillah reading 7:20 pm  
Fast ends 7:49 pm  
Late Megillah Reading 10:00 pm

#### **PURIM DAY** **Thursday, March 21**

Early Shacharit followed by Megillah Reading 6:30 am  
Late Shacharit followed by Megillah Reading 8:00 am  
Women's only Megillah Reading 12:00 pm  
Se'udat Purim with music by Shamati 4:00 pm  
Mincha & Ma'ariv 7:00 pm

**Purim gifts to the needy (*Matanot L'Evyonim*):** The Megillah established that one of the most important ways in which Purim is celebrated is through giving to our fellow Jews. Please consider bringing cash or a generous check, made out to Congregation Beth Israel on Wednesday night, or to the morning reading on Thursday. You can also make your contribution right away through our website, picking the Rabbi's Discretionary Fund and indicating it as a Purim gift to the needy. Your contribution needs to be made by Thursday morning. Rabbi Cohen will make sure that the funds will be distributed in a timely fashion.

**CONGREGATION BETH ISRAEL ACCEPTS VEHICLE DONATIONS**  
IT'S A WIN/WIN FOR YOU AND FOR CBI. Car donations are an easy way

to support Congregation Beth Israel, providing you with a tax write-off and with additional funds for our community. We take care of the DMV paperwork, pick up your car, sell it at auction and then send you a receipt for the full amount that the car sold for. It's that easy! We can also accept trucks, boats, motorcycles and RVs. For more information and to begin the process, please contact Jerry Robbins, [robbins42@hotmail.com](mailto:robbins42@hotmail.com) (650) 766-7233.

### **In The Community**

**L'Chaim Foods - Passover Orders-** For a Passover menu order form, please contact [rebecca@lchaimfoods.com](mailto:rebecca@lchaimfoods.com) (234) 817-0748

#### **Upcoming Spring Programs at UC Berkeley**

##### **Justice Daphne Barak-Erez**

Supreme Court of Israel

"Israeli Law and Society: Judicial Reflections"

**Thursday, March 14, 5:30 PM, Room 100, Berkeley Law**

##### **Tomer Persico**

Koret Visiting Assistant Professor of Jewish and Israel Studies, UC Berkeley

Shalom Hartman Institute Scholar-in-Residence

"Jewish Identities in Israel: Confrontations, Crises, and Novel Conceptions"

**Tuesday, April 2, 5:30 PM, Morrison Library, Doe Library**

#### **Kidpower Safety Workshop for Ages 6-8 with their adults**

**Sunday, March 24, 2019, 10:00 am – 12:00 pm**

\$15/participant (for example \$30 for a parent-child pair)

Location: Jewish Federation of the East Bay, 2121 Allston Way, Berkeley

More information and registration: <https://www.jfed.org/kidpower/>

#### **Expectant Mothers Empowerment Workshop**

Come together and learn birthing techniques, breathing, and yoga, to alleviate pregnancy discomforts and labor pains and put you in control of creating an optimal birth experience - one that is as positive and empowering as possible!

Sunday March 24th, 11am-1pm @ Oakland Birth and Wellness Center, 5735 Shattuck Ave, Oakland, CA 94609

Cost- \$35

RSVP: [Mielcah.Munk@gmail.com](mailto:Mielcah.Munk@gmail.com) / 773 480 7153

Mielcah Munk is a Registered Yoga Instructor, Licensed Massage Therapist, and Certified Birth Doula.

#### **Raising Jewish Teens with Rabbi Akiva & Chani Naiman**

**Tuesday, March 26, 7:00 -8:30 p.m. @ Oakland Hebrew Day School**

Raising kids? Hard. Raising teens? Harder. Raising JEWISH teens? We're off the charts! All kidding aside, teens are at an incredible stage in life, when they are building and shaping their identities. Judaism plays a part in that identity! Together we will discuss the importance of Judaism in a teen's life, and some #life hacks at making Judaism a [fun] priority. Whether you have a teen, pre-teen or future teen, come join us.

Rabbi Akiva Naiman is the NCSY Director for Northern California and Chani Naiman is an Associate Marriage and Family Therapist with San Mateo County. Both have worked with kids and teens for many years. Please email [office@ohds.org](mailto:office@ohds.org) to register (no cost).

**Knowledge is Power: Understanding and Managing BRCA-Related Cancer Risk, Thursday, March 28th - 7:30 - 9:30pm, @ Congregation**

**Beth El**

Join the Basser Center for BRCA at the University of Pennsylvania and Congregation Beth El of Berkeley for an important discussion about the experience of living with BRCA mutations and hereditary cancers. These mutations affect all populations but are found 10 times more frequently (1 in 40 people) among Ashkenazi Jewish men and women. A panel of experts in the field will discuss genetic counseling and testing, preventative care and navigating through the challenging decision-making and medical management options faced by mutation carriers.

- Dr. Susan Domchek, Basser Center Executive Director
- Dr. Samantha Langer, Kaiser Permanente Breast Surgeon (and Beth El member/BENS mom)
- Dr. Allison W. Kurian, M.Sc./Associate Professor Stanford University School of Medicine
- 2 community members impacted by these issues (Jennifer Brand and Alyson Kaldis)

- Moderated by journalist Jill Werman Harris

7:30 – 9:00pm: Panel Discussion and Q & A

9:00 – 9:30pm: Meet and greet with panelists

The event is free to the public with registration. [https://](https://www.basser.org/knowledgeispower)

[www.basser.org/knowledgeispower](https://www.basser.org/knowledgeispower) Co-sponsored by Congregation Beth Israel