



Weekday Morning and Evening Services

January 6-10, 2019

**Morning:** 8:00 am Sun • 6:30 am M- F

**Evening:** 4:50 pm @ CBI Sun-W,

4:45 pm @ Alper Home Th (no services at CBI)

**Friday, January 4**

Candle Lighting..... 4:45 pm  
Northside minyan @ Alper home, 910 Oxford Street ..... 4:45 pm  
Mincha & Kabbalat Shabbat..... 4:50 pm

**Saturday, January 5**

Morning Service ..... 9:15 am  
Torah Readers: **Glenn Massarano**  
Haftorah Reader: **Philip Tendler**  
Formal Group Time ..... 10:30 am  
Kedma (Pre-K): **Natan Kuchar**  
Tzafona: **Ariela Canter**  
Gan Assistant: **Jade Cooper**  
Parent supervisor: **Joshua Ladon**

**Sermon by Dr. Deena Aranoff: *The Four Expressions of Deliverance***

Shabbat Mincha ..... 12:39 pm  
Women's tefillah mincha ..... 4:00 pm

Torah Readers: **Ariel Wolgel, Ilana Mantell, Rebecca Landes**  
Women's tefillah seudah shlishit & learning..... 4:30 pm

**Learning with Judy Massarano - Reading Torah by Hand: The Chironomy of Ta'amei Torah.** In our session, Judy will present an overview of the *ta'amim* and a set of hand signals used to chant Torah. We'll focus on one particular note as an example of how *ta'amim* can sometimes even interpret Torah text.

Seudah Shlishit ..... 4:45 pm  
Ma'ariv, Havdalah & Shabbat ends ..... 5:47 pm

**Please note "Mishmash will not meet January 5. Next Mishmash will be January 12 at 6:30 pm**

KIDDUSH SPONSORS

**Yossi Ben Nun; Anonymous** in honor of Sara and Benny Darmoni; **Rob Bonem** in honor and memory of his stepfather, Peter Gilbert; **Gitl and Meylekh Viswanath** in honor of the 5th yortsayt of Gitl's mother Ita-Charne bas Yosl v'Rivke-Mirl, and in honor of the birth of a granddaughter; **Roman Kazinnik** in memory of Natalia Aronson (Kazinnik) Z"l, in our memory forever.

Kiddush Wine Donor:

**Covenant Winery, with special thanks to the Morgan Family**

**ROSH CHODESH SHEVAT**

**Sun. night & Mon., January 6-7**

Shacharit ..... 6:30 am

**Beth Israel Classes**

MONDAY

**Key Books in Tanakh: Sefer Shoftim/Judges** The cycle of the period of the Judges spans several hundred years from the days of Joshua to the prophet Samuel. In the absence of strong, central leadership, individuals rose up to

meet the challenges facing the nation. Some of these leaders are larger than life, such as Samson and Deborah, while others' stories are less known yet compelling and thought provoking. Through learning the book of Shoftim, we will compare and contrast these diverse leaders and gain an understanding of this liminal period in Jewish history.

**M. Victoria Sutton — Mondays @ 12:00 pm.**

**NCSY LNL – Latte & Learning (for Teens; Grades 9-12):** Our Special Blend: Coffee & Torah Every week. In addition to coffee, NCSY's Latte & Learning initiative serves up Judaism in a relaxed, inspirational, and fun environment. LNL is the place for teens to ask questions, voice their feelings, and connect with each other.

**Mondays @ 7:30-9:00 pm @ CBI**

TUESDAY

**Laws of Shabbat:** In this class we will re-use R. Eliezer Melamed's well-organized, clear and concise *halakhic* (Jewish legal) writings as a spring-board to deepen our understanding and our observance of the laws of Shabbat. Each class will focus on a specific area of religious practice and move from general principle to practical details. **On hiatus.**

**R. Yonatan Cohen — Tuesdays @ 12:00 pm.**

**What's in a Name?** Some of the most well-known and critical characters in Biblical narratives remain anonymous, leaving us to wonder why we never learn their names. Names and identities are essential to our understanding of various personalities in Tanakh, and their enduring legacies. We will explore why these significant individuals remain anonymous. As many of these unnamed characters are women, we will also touch on the larger issues of how women's stories are told, and how they are not told, in Tanakh.

**M. Victoria Sutton — Tuesdays, Jan. 8, 15 7:30-9:00 pm**

**People of the (Artists') Book: Creating Around the Jewish Sacred Cycle** Over the course of six monthly sessions, we will collaboratively create interactive artists' books.

**Adina Polen — Tuesdays 7:00-9:30 pm, Jan. 29, Feb. 26, Mar. 26**

WEDNESDAY

**Nine Talmudic Readings by Emmanuel Levinas:** Nine readings of the Talmud by the French Jewish philosopher Emmanuel Levinas translate Jewish thought into the language of modern times. Here Levinas applies a hermeneutic that simultaneously allows the classic Jewish texts to shed light on contemporary problems and lets modern problems illuminate the texts. Besides being quintessential illustrations of the art of reading, the essays express the deeply ethical vision of the human condition that makes Levinas one of the most important thinkers of our time.

**Muni Schweig — Wednesdays @ 8:00 pm @ the Schweig home**

FRIDAY

**Talmudic Wisdom:** Join us for a weekly class that explores key *sugyot* (talmudic units) that discuss major Jewish questions of practice and thought. **Class on hiatus.**

**R. Yonatan Cohen — Fridays, 9:00 am**

EVENTS/ANNOUNCEMENTS

In Beth Israel

**Nessiah Tovah to R. Cohen and Family.** R. Cohen will return on January 8.

*Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.*

### **Mazal Tov! to Meena Viswanath & Jamie Conway and big brother**

**Psakhye** on the birth of a baby girl Mother and baby are in good health, b"n. May this child's life be filled with the insights of Torah, the warm and supportive love of family and community, and the blessing of good deeds. Mazal Tov!

### **Tot Kabbalat Shabbat & Dinner, Friday, January 11**

Welcome Shabbat with song and movement, followed by a special dinner for families with young children.

4:50 pm: Tot Kabbalat Shabbat at Gan Shalom

5:30 pm dinner at CBI.

<https://www.cbiberkeley.org/connect/join-us/tot-shabbat/>

*\$15 for adults, \$10 for children, maximum \$50 per family. Payment can be sent to the CBI office as well, 1630 Bancroft Way Berkeley CA 94703.*

### **Save the Date for future Tot Shabbat dinner:**

February 8, Tot Kabbalat Shabbat at Gan 5:20 pm, Dinner at CBI at 6:00 pm

**Open Kiddush Dates:** Please email our Kiddush coordinators at [kiddush@cbiberkeley.org](mailto:kiddush@cbiberkeley.org) to sponsor the following open dates:

January 5 - co-sponsors needed

January 25

February 9

February 23 - cosponsors needed

April 6 - cosponsors needed

April 20 (Pesach 1st day)

May 25

For more details on Kiddush sponsorship information, please see our website <https://www.cbiberkeley.org/connect/sponsor-a-kiddush/>

### **CBI Cooks at Berkeley Men's Shelter: January 23, 2019**

With your help, CBI prepares and serves dinner to more than 75 guests, both men and women, on the 4th Wednesday of each month. You can join us to cook, serve or clean up. Please note new shelter location 2140 Dwight Way.

5-6:30 - Cook and Prep Shift - 6:40-7:30 Serve and Clean-Up Shift

To help support the shelter cooking, you can contribute to Rabbi Cohen's Discretionary Fund which finances these dinners.

*Tizku l'Mitzvot*, Maharat Victoria Sutton

### **NCSY**

**Latte and Learning - Monday nights 7:30-9:00 pm @CBI**

**Berkeley Shabbat Shabang! January 11-12 @ CBI**

Friday night: NCSY dinner for High schoolers!

Shabbat Lunch: NCSY Lunch for middle schoolers.

(There will also be a separate 8th grade only Friday night dinner in Oakland - all 8th graders are invited!)

Sign up at [eastbay.ncsy.org](http://eastbay.ncsy.org)



### **Save the Date! Shabbat Shalem with Rabba Wendy Amsellem**

**JAN. 25-26**

Wendy Amsellem teaches Talmud and Halakha at Yeshivat Maharat and is the Editor of Yeshivat Maharat's Keren journal. She is also a faculty member at Drisha Institute and Pardes Institute of Jewish Studies, and she is an editor at The Lehrhaus.

Wendy is the former Director of the Dr. Beth Samuels Drisha High School Program and she was the Rosh Kollel of the Drisha July Kollel. She has been a Wexner Graduate Fellow and a Mandel Jerusalem Fellow. Wendy is an alumna of the Drisha Scholars Circle and she has a BA in History and Literature from Harvard University. She is currently pursuing a PhD in rabbinic literature at NYU.

### **CONGREGATION BETH ISRAEL ACCEPTS VEHICLE DONATIONS**

IT'S A WIN/WIN FOR YOU AND FOR CBI. Car donations are an easy way to support Congregation Beth Israel, providing you with a tax write-off and with additional funds for our community. We take care of the DMV paperwork, pick up your car, sell it at auction and then send you a receipt for the full amount that the car sold for. It's that easy! We can also accept trucks, boats, motorcycles and RVs.

For more information and to begin the process, please contact Jerry Robbins, [robbins42@hotmail.com](mailto:robbins42@hotmail.com) (650) 766-7233.

### **In The Community**

#### **Online Zohar Course w/Daniel Matt**

**Wednesdays 6 pm-7:15 pm, January 16-February 20, 2019, via Zoom.** We will be exploring Volume 1 of *The Zohar: Pritzker Edition*. There is no requirement for fluency in Hebrew or Aramaic or any extensive background in Jewish sources. Sliding scale from \$150 – \$250. For further information, please visit <https://www.facebook.com/daniel.matt.16> or email [danielcmatt@gmail.com](mailto:danielcmatt@gmail.com)

#### **OHDS Winter Book Club: The Emotional Life of Girls & Boys with Tania Schweig & Bat Sheva Miller**

**Thursday, January 24, 7:30-9 p.m. @ CBI**

Wondering about how to help your child manage their emotions in different social scenarios? Join us for an engaging parent education session by signing up to read one of two parenting books and take part in a book club style discussion. Purchase or borrow your book choice now, read over the next few weeks and join the discussion of your choice!

Book Choice #1 with Tania Schweig, OHDS Head of School

Odd Girl Out: The Hidden Culture of Aggression in Girls

by Rachel Simmons

Book Choice #2 with Bat Sheva Miller, OHDS Assistant Head of School

Raising Cain: Protecting the Emotional Life of Boys

by Dan Kindlon and Michael Thompson

Email Philippa to sign up (no cost): [plichterman@ohds.org](mailto:plichterman@ohds.org).

# PHONE-A-THON 2019



Dear CBI family and friends,

For the past decade, each January has brought a fundraising appeal from Congregation Beth Israel. Every year, we have held a Phone-A-Thon to ask for help in bridging the gap between incoming commitments and outgoing expenditures, faced by all synagogues, to support the meaningful programming and events held throughout the year. And every year, Beth Israel's family and friends have risen to the occasion.

What does CBI mean to you? For ourselves and our families, CBI is a home where we can *daven*, hear thought-provoking *drashot*, participate in engaging classes, be uplifted by Jewish values, deepen our commitment to Torah learning, contribute to Jewish living in the Bay Area, nurture a thriving Jewish cultural home, learn with our amazing Maharat and Rabbi, rely on wonderful, regular children's programs, observe meaningful celebration of holidays, and participate in *tikkun olam* initiatives that contribute to our community at large. None of these things are possible without your support.

We salute you for your past generosity, and ask you to help get the job done again this year. In 2018, we shattered previous giving records. For 2019, we are aiming high: **Our goal is 100% participation to raise \$30,000 with individual pledges increasing by 10%.** The 2019 CBI Phone-A-Thon will take place on Sunday morning, **January 27th.**

If you want to have this donation credited to your 2018 tax return, please consider giving before the end of December! If you would prefer, you can make your donation before in one of three ways:

- Donate online here <https://www.cbiberkeley.org/connect/giving/telethon2019/>
- Send a check to CBI, with "2019 Phone-a-thon" on the memo line. Checks can be sent to Congregation Beth Israel, 1630 Bancroft Way, Berkeley, CA 94703.
- Call the CBI office (510) 843-5246 to make a pledge by phone; your pledge will be added to your CBI statement.

Donors will be recognized for their support in the spring issue of Chai Lights in six categories:

\$18–\$179: Supporters

\$180–\$499: Guardians

\$500–\$999: Sustainers

\$1,000–\$1,999: Pillars

\$2,000–\$4,999: Innovators

\$5,000+: Visionaries

If you don't call us, we'll call you on Sunday, January 27! We look forward to speaking to every member of the CBI family!

Best regards, and *todah rabbah!*

*Carol Cunradi and Eliezah Hoffman*

*Phone-A-Thon Co-Chairs*