CONGREGATION BETH ISRAEL

DAF HASHAVUAH

SHABBAT PARSHAT SHEMOT

JANUARY 5-6, 2018 — 19 TEVET, 5778

Weekday Morning and Evening Services
January 7-11 2018
Morning: 8:00 am Sun, Mo • 6:30 am Tu-Th
Evening: 4:55 pm Sun-Th

Friday Night, January 5
Northside minyan at Sudikoff Home ..... 4:40 pm
1209 Shattuck Ave (east side of street, past Live Oak Park, near Eunice)
Shabbat Candle Lighting ..... 4:46 pm
Mincha & Kabbalat Shabbat ..... 4:50 pm

Tot Kabbalat Shabbat
& Dinner for Families with Young Children
Tot Kabbalat Shabbat @ Gan Shalom ..... 4:45 pm
Tot Dinner @ CBI ..... 5:25 pm
Save the Date! Next Tot Kabbalat Shabbat & Dinner: February 9

Saturday, January 6
Morning Service ..... 9:15 am
Childcare ..... 9:15 am
Torah Readers: **Zvi Rosen**
Haftorah Reader: **Zeev Neumeier**
Formal Group Time: ..... 10:30 am
Kedma: **Natan Kuchar**
Tzafona (K-2): **Nerya Davidi & Shira Desta**
Negba: **M. Victoria Sutton**
Parent supervisor**: Talia Falk and Elie Hassenfeld**
Sermon by R. Yonatan Cohen: *Positions of Power and Passivity*
Mincha ..... 12:36 pm
Women's Mincha and Torah Reading ..... 4:00 pm
Readers: Rona Rothenberg, Meena Viswanath, M Victoria Sutton
Women's Seudah Shelishit & Learning w/Sarah Silverman ..... 4:30 pm
sponsored by Marily Benson in memory of her mother, Marjorie Cohn Kludjian, who was a lovely hostess.
Sarah Silverman, *"Nothing Green Was Left: The Ten Plagues and the Human Impact of Insect Outbreaks"*
Sarah Silverman is a PhD candidate in Entomology (Insect Biology) at UC Davis specializing in insect aging and demography. She is a proud graduate of the Ag School of McGill University and a Berkeley resident and CBI member of three years.
Seudah Shlishit ..... 4:40 pm
Ma'ariv, Havdalah & Shabbat ends ..... 5:49 pm
Mishmash ..... 6:20 pm

Women's Tefillah and Seudah Shelishit
We are excited to continue regular Women's Tefillah and Torah reading at CBI this year! Thank you to all those who participated at our last meeting on December 2nd. Women's Tefillah meets for Shabbat Mincha, including Torah reading, on the first Shabbat of the month, followed by Women's Seudah shelishit & Learning. Women's tefillah also holds an annual Simhat Torah reading and Purim day reading of Megillat Esther.
Upcoming Schedule:
Shabbat, Feb 10* - 4 pm
Megillat Esther - Thursday, March 1st @ Noon
Shabbat, May 5 - 5 pm
** Note this is the 2nd Shabbat of the month*
To participate by *leyning *gabbaing *leading tefillah *teaching during seudah shelishit *sponsoring seudah shelishit
sign up here: https://tinyurl.com/yde5tfut
To learn more, contact M. Victoria Sutton (maharatvictoria@gmail.com) or Dr. Tamara Beliak (tbeliak@ohds.org).

Mishmash offers CBI's parents and children an opportunity to study in pairs in a unique beit midrash atmosphere. For guidance in choosing learning materials best suited to your child's individual need, please contact Maharat Victoria Sutton at maharatvictoria@gmail.com. Children in grades 1-8 and their parents are invited to participate. The evening begins with pizza, as parents and children settle into their learning spaces. At the close of each Mishmash, a Dvar Torah is given over by one of the children.
Mishmash meets twice a month, on Motzei Shabbat: January 6, 20, February 3, 17, March 3

KIDDUSH SPONSORS:
Carol and Jim Cunradi in memory of Carol's dad, Chaim Behr ben Mordechai haCohen v'Leah, on his 7th yahrzeit.

HACHNASSAT ORCHIM
Eliezah and Daniel Hoffman

ASHKENAZ/SEFARAD
A Special Shabbat Shalem Series

R. Haim Ovadia -- January 19-20
Friday, January 19
5:00 pm Candle Lighting
5:05 pm Mincha & Kabbalat Shabbat
6:00 pm Communal Shabbat Dinner
RSVP by January 16 – Dinner fills up quickly, please register early! $10 per child, student, & young professional, $18 per adult, $50 maximum per family
7:30 pm Learning with R. Ovadia
R. Haim Ovadia is the Rabbi of Magen David Sephardic Congregation in Rockville, MD. He was born in Jerusalem to an Iraqi family. R. Ovadia served in the Israeli Army and holds a BA in Talmud from Bar Ilan University and a MA in Near East languages and Cultures from UCLA. R. Ovadia received semikha from Chief Rabbi Mordekhai Eliyahu through SSC Shehebar Sephardic Center in the Old City of Jerusalem. He went on to serve pulpits in Israel, Colombia, and the Unites States – in Deal, NJ, and Brooklyn, NY.

R. Nathaniel Helfgot
February 16-17
R. Nathaniel Helfgot is the Chair of the Department of Talmud and Rabbinics at SAR High School and is the Spiritual Leader of Congregation Netivot Shalom in Teaneck, NJ. He is a member of YCT's faculty in the Department of Bible and Jewish Thought and is the convener of the department's Yemei Iyun. He is the editor of Community, Covenant, and Commitment: Selected Letters and Communications of Rabbi Joseph B. Soloveitchik and the author of Mikra and Meaning among several other works.

Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.

PLEASE DO NOT REMOVE THIS SHEET FROM THE BUILDING ON SHABBAT

Beth Israel Classes

MONDAY

Key Books in Tanach: Daniel, Ezra & Nehemiah with Maharat Victoria Sutton: These narratives tell the story of the Jewish people between the First and Second Temples. From the writing on the wall to the lion's den, we will explore the life and times of the prophet Daniel in the Babylonian court. Next, we turn to Ezra and Nehemiah, pivotal figures in the establishment of the Second Commonwealth. As we journey through this critical time in Jewish history, we will learn about these amazing figures, their challenges and choices, and how they can inform our own experiences both in the Diaspora and in Israel. **Class resumes Jan. 8, 2018**
M. Victoria Sutton — Mondays @ 12:00 pm.

TUESDAY

Laws of Shabbat: In this class we will re-use R. Eliezer Melamed's well-organized, clear and concise *halakhic* (Jewish legal) writings as a springboard to deepen our understanding and our observance of the laws of Shabbat. Each class will focus on a specific area of religious practice and move from general principle to practical details. **Class resumes Jan. 9**
R. Yonatan Cohen — Tuesdays @ 12:00 pm.

Latte N Learn: at the Starbucks at 2128 Oxford St in Berkeley. Rabbi Akiva can carpool to and from Beth Jacob if you reserve a spot that day. Also parental permission must be given via email. Carpool leaves at 7:10 and is back by 9:00. 8th graders invited too!
R. Akiva Naiman — Mondays @ 7:30 pm @ Starbucks

WEDNESDAY

Open Sources - Beit Midrash: Beit Midrash: Learn independently with a hevruta (study partner). Learners of all levels welcome. Want to study with a partner, and not sure where to begin? Contact M. Victoria Sutton with any questions maharatvictoria@gmail.com and we will help you find a partner and get started!
Hilchot Shabbat Chabura - Guided small group study of the Laws of Shabbat: Parallel to Rabbi Cohen's Laws of Shabbat class, the group will use R Eliezer Melamed's Laws of Shabbat to deepen their understanding of Shabbat observance. Please let Maharat Victoria Sutton know if you would like to join. Book available for order at Afikomen.
M. Victoria Sutton — Wednesdays, 7:45 —9:00 pm.

Jewish philosophers: The class is currently reading **"A Living Covenant: The Innovative Spirit in Traditional Judaism"** by world-renowned philosopher and social activist, Dr. David Hartman (z"l), the founder of the Shalom Hartman Institute in Jerusalem.
Muni Schweig — Wednesdays @ 8:00 pm @ the Schweig home

FRIDAY

Talmudic Wisdom: Join us for a weekly class that explores key *sugyot* (talmudic units) that discuss major Jewish questions of practice and thought. **Class resumes January 12**
R. Yonatan Cohen — Fridays, 9:00 am

SATURDAY

Study of Kima Kima (Step by Step) by Rabbi Chaim Drukman: Kima examines the sources that deal with the redemption of the Jewish people from the Bible, Talmud, Midrashim and the early Rabbinic sources. Kima Kima provides deep insights into modern Israeli Orthodox thought and philosophy of delivery from exile to redemption and the important part that the State of Israel has played in this process.
R. David Rue — Saturdays @8:30 am-9:15 am

The Poetry of Rav Kook with R. David Rue—Shabbat Day: We will be studying the poetry (primarily) of Rav Kook that has been turned into songs. Each class will meet in the Sanctuary at 12:10 pm.
R. David Rue — Saturdays, 12:10 pm, during Kiddush

EVENTS/ANNOUNCEMENTS
In Beth Israel

Mazal tov! to Alan Finkelstein & Leslie Valas and Bobby & Nancy Isaacson on the engagement of **Ari Finkelstein & Lissy Isaacson.** May the couple build a home filled with the light of Torah and mitzvoth. May their families and our community have many more occasions to celebrate in simchah together. Mazal tov!

Kiddush sponsors needed - Thank you to all those who have reached out about sponsoring kiddush! The following dates are available for sponsorship: **January 20, February 3, February 17, March 3**
HOW?
I. DIY Kiddush: Approx. $350
Sponsor is in charge of shopping, set-up/clean up, soliciting and collecting funds.
Sponsor is encouraged to reach out to friends and community members to help put on the kiddush.
Kiddush includes crackers, chips, dips, fruit, veg, cookies, ice cream and non-alcoholic beverages such as coffee, tea, iced tea/water/seltzer.
Specialty items like fish/cheeses/birthday cakes, alcohol would add to the total. CBI provides paper goods and linens for kiddushim.
II. Instacart Kiddush: $400
CBI has a standing order with Instacart that can be ordered and delivered directly to shul.
Sponsor is in charge of set-up/clean up, soliciting and collecting funds.
Sponsor is encouraged to reach out to friends and community members to help put on the kiddush.
Kiddush includes crackers, chips, dips, fruit, veg, cookies, ice cream and non-alcoholic beverages such as coffee, tea, iced tea/water/seltzer.
Specialty items like fish/cheeses/birthday cakes, alcohol would add to the total.
For an additional $125 CBI can hire staff to handle set-up and clean-up.
CBI provides paper goods and linens for kiddushim.
III. Catered Kiddush: $1000 and up
Sponsors hire a CBI approved caterer to provide Kiddush.
CBI provides paper goods and linens for kiddushim.
Email Avraham Burrell today to help make a kiddush happen at avraham@mindspring.com.

SCRIP NEWS: New Year's Resolution -- Happy secular New Year! I do not know what you did New Years Eve but I spent the evening going over the 2017 scrip records. We did just fine selling scrip gift certificates for retail stores but we could do better. Since Berkeley Bowl is our biggest money maker, lets just focus on that store right now. Several of our members make a monthly order for Berkeley Bowl scrip with amounts ranging from $100 to $1,000.(You will have to guess who buys $1,000 because I do not share personal info.) Please make a resolution to buy Bowl scrip monthly, if you shop there and do not already do so. Let me know how much I can give you this January and it will be delivered with a smile and the very best New Year's wishes from the scrip committee. Naomi Stamper (nstamper@sbcglobal.net)

CBI SISTERHOOD - Stitch Meeting: The next Stitch meeting will be **Wednesday, January 10, 10 AM to 1 PM** at the home of Barbara Budnitz, 734 The Alameda, Berkeley. We'll continue knitting 12" Afghan

squares (wool yarn only.) Please RSVP to Barbara at 510-527-9775 or bbudnitz@gmail.com or RSVP to Rose Ginsburg at 510-525-3906 or rosegins@gmail.com

INVITATION TO LEARN AND/OR PLAY Mah Jongg
Dear Interested Mah Jongg Learners and/ or Players; Happy New Year! I would like to invite you to learn and to play MahJongg at my house in Kensington on the following Mondays in January from 1:30 PM to 4PM
January 8, January 15, January 29
My address is 15 Windsor Avenue. Phone is 510-527-0719
Depending on the number of interested people, we can talk about continuing to play this interesting game during the year. If you can play another day or time, we can discuss. If you are interested in playing in the evening, please contact me as well and we can try to set up an evening time to play .
Snacks will be available.
Looking forward to playing this special game with you. Marti Zedeck

NCSY: Boomers event January 14th for 6th-8th Grade
What could be more fun than going go karting, laser tagging, bumper boats and mini golf? Going with NCSY of course! Get ready for this awesome day together! For grades 6-8. Tickets: $35
Transportation details to be announced as we get closer to the date.

Parenting Children with Learning Differences, led by Jackie Dahan and OHDS Learning Specialist, Juliet Stamperdahl. This session will take place on **January 25th @7:30 pm** at Congregation Beth Israel in Berkeley. The event is co-sponsored by CBI and open to the whole community

2018 Phone-A-Thon, Sunday, January 28: For the past decade, each January has brought a fundraising appeal from Congregation Beth Israel. Every year, we have held a Phone-a-thon to ask for help in bridging the gap between incoming commitments and outgoing expenditures, faced by all synagogues, to support the meaningful programming and events held throughout the year. And every year, Beth Israel's family and friends have risen to the occasion. You can make your donation before Friday, January 26th in one of three ways:

- Donate online
- Send a check to CBI, with "2018 Phone-a-thon" on the memo line.
- Call the CBI office (510) 843-5246 to make a pledge by phone; your pledge will be added to your CBI statement.

Donors will be recognized for their support in the spring issue of Chai Lights in four categories, according to their level of giving:
$18 - $179: Supporters
$180 - $499: Guardians
$500-$1,000: Sustainers
$1,000-$1,999: Pillars
$2000+: Visionaries
If you don't call us, we'll call you on Sunday, January 28! We look forward to speaking to every member of the CBI family!
Best regards, and todah rabbah!
Carol Cunradi and Eliezah Hoffman, Phone-a-thon Co-Chairs

Donate your car/boat/vehicle to Beth Israel. Full tax write off. Proceeds benefit Gan Shalom Preschool Scholarship Fund.
Contact David Spieler: 510-849-0961.

In the Community

OHDS Kindergarten Information Night: Tuesday, January 9, 7:00 - 8:00 pm: Come and meet our experienced teachers and learn about how we build strong minds and inspire Jewish souls. Bring your most pressing questions! To RSVP for this event or to schedule a personal tour, please contact plichterman@ohds.org or (510) 531-8600 x12.

HASIDAH -- Creation and Yearning
Want to have a baby but struggling to make it happen? Looking for a caring and creative space to work through what is happening among others who understand? Nurture yourself during your fertility journey through creative expression and spiritual exploration. These sessions provide people facing infertility or fertility challenges an opportunity for healing, sharing and listening in a Jewish context.
Join for any or all of the three sessions. $18 per session. Space is limited. Registration requested. Register online at www.hasidah.org or call 415.323.3226.
Thursday, January 18
Berkeley Yoga studio, 1250 Addison St # 209 with Aliza Rothman Labowitz
Tuesday, February 20
Congregation Beth El, 1301 Oxford St, with R. Chai Levy
Thursday, March 15
Jewish Studio Project, 940 Dwight Way 13b with R. Adina Allen
This series is also made possible by a grant from the East Bay Jewish Community Federation and Endowment Fund.

California Basketball: Jewish Heritage Night: ASU vs. Cal
Saturday, January 20, 2018, 6:30PM - Havdallah outside Haas Pavilion 7:30PM - Tip-Off Haas Pavilion, Berkeley, CA
Tickets: • $30/Adults, • $20/Youth, • $15/Cal Students
* All sales are final. Print at Home Delivery ONLY. No refunds or exchanges
**Special Ticket Package includes exclusive JHN T-Shirt
To purchase tickets, visit www.calbears.com/code JHN2018
CalBears.com (800) Go Bears — @calAthletics