



Weekday Services September 14-18

AM & PM Services at CBI

Sun 8:00 am • M-F 6:30 am

Sun-Th: 5:50 pm

Friday Evening, September 12th

Mincha & Kabbalat Shabbat @ CBI 7:00 pm
Northside Minyan 7:00 pm
1209 Shattuck Ave. (east side of the street, past Oak Park, near Eunice)
Candle Lighting 7:03 pm
CBI graduate students and young professionals dinner 8:00 pm

Saturday, September 6th

Morning Service 9:15 am
Torah Readers: Na'aman Kam
Haftorah Reader: Marv Engel
Educational Programming 11:00 am
Yeladim: Mira Kittner
Talmidim A: Ellen Winnick
Shul Club: Lou Schubert, Michal Goldfarb, Naama Mayzlish
Sermon by R. Cohen: Hachnassat Orchim: A paradigm for Community Building and Teshuvah
Reb Eliahu Klein pre-mincha shiur on Rosh Hashanah 5:30 pm
Shabbat Mincha 6:45 pm
Seudah Shelishit 7:05 pm
Ma'ariv, Havdalah & Shabbat ends after 7:59 pm

KIDDUSH SPONSORS

Congregation Beth Israel in honor of our new members and newcomers

HACHNASSAT ORCHIM

Andrea Brott

SHABBAT SELICHOT PARSHAT NITZAVIM-VAYEILECH

Friday & Saturday, September 19th – 20th

Candle Lighting 6:53 pm
Mincha & Kabbalat Shabbat 6:55 pm
Morning Service 9:15 am
Educational Childcare 11:00 am
Mincha 6:40 pm
Seudah Shlishit 7:00 pm
Ma'ariv, Havdalah & Shabbat ends after 7:48 pm
Pre-Selichot Community Gathering 9:00 pm
Selichot services 11:00 pm

A NIGHT OF FORGIVENESS

The selichot service begins our process of teshuva and self reflection. Join us as we prepare through song & study for this night of forgiveness.

Saturday night, September 20

Pre-selichot community gathering • 9:00 pm
Selichot services • 11:00 pm

WEEKDAY SELICHOT

Monday – Tuesday, September 22nd – 23rd

Selichot 6:15 am

HIGH HOLIDAY SCHEDULE

ROSH HASHANAH

Wed., Thurs. & Fri., September 24th – 26th

EREV ROSH HASHANAH

Wednesday, September 24th

Selichot & Shacharit 6:00 am
Annulment of Vows 7:45 am
Yom Tov Candle Lighting* 6:45 pm
Mincha & Ma'ariv 6:45 pm

*Note: Before a Yom Tov leading into Shabbat, we make an eruv tavshilin. Before a two-day Yom Tov, it is advisable to light a 24-hour/yahrzeit candle or a seven-day candle, so that on the second evening the candles may be lit by transferring the flame from this pre-existing flame.

1ST DAY ROSH HASHANAH

Thursday, September 25th

Morning Service 8:00 am
Youth Programming 8:30 am – 1:30 pm
Torah Reading 10:00 am
Shofar* not before 10:30 am
Communal Tashlich @ Strawberry Creek 5:00 pm
Mincha followed by Ma'ariv 6:35 pm
Light candles from pre-existing flame after 7:40 pm

*Note: Hearing 30 blasts of the Shofar is a Biblically ordained commandment traditionally fulfilled by both men and women. Those who are within reasonable walking distance and cannot be at CBI and wish to hear the Shofar should contact Rabbi Cohen.

2ND DAY OF ROSH HASHANAH

Friday, September 26th

Morning Service 8:00 am
Educational Programming 8:30 am – 1:30 pm
Torah Reading 10:00 am
Shofar* not before 10:30 am
Yom Tov Mincha followed by Shabbat Ma'ariv services 6:35 pm
Light Shabbat Candles from pre-existing flame at 6:42 pm

*Note: Hearing 30 blasts of the Shofar is a Biblically ordained commandment traditionally fulfilled by both men and women. Those who are within reasonable walking distance and cannot be at CBI and wish to hear the Shofar should contact Rabbi Cohen.

Beth Israel Classes

SUNDAY

Sunday Morning Talmud Class

A class structured to appeal to Talmud students of all levels, from beginners to more experienced. On hiatus.

Sunday, 9:00-10:00 a.m.

MONDAY

Women's Dance Nights at CBI! Come dance to a blend of world music, jazz, klezmer, hip hop and more. No moves to remember, no cost either. Just a chance to let loose and get some good exercise in a fun way!

2nd & 4th Mondays @ 8:00 pm

TUESDAY

Echoes of the Shofar: An In-depth Exploration into the Significance of Shofar. A three part series on shofar, exploring the meaning behind this ritual that is emblematic of Rosh HaShana/Elul. We will study rabbinic and liturgical texts to uncover the various themes behind shofar and enrich this powerful mitzvah.

Maharat Victoria Sutton – Tuesdays, 8:00 - 9:00 p.m., September 16

Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.

PLEASE DO NOT REMOVE THIS SHEET FROM THE BUILDING ON SHABBAT

WEDNESDAY

Midrasha's Tanach and Talmud (for Teens): This course is an informal but intensive study group focusing on close thematic readings of the Tanach and Talmud in translation.

David Henkin – Wednesdays, 4:15 - 5:45 p.m.

Jewish Writings of Emmanuel Levinas: The Levinas Study Group meets at 8 pm at the Schweig home to discuss various essays of the Jewish philosopher Emmanuel Levinas. No background necessary. The class is facilitated by our resident scholar, Muni Schweig at his home.

Muni Schweig - 1st, 2nd and 4th Wednesdays 8:00 p.m.

THURSDAY

Mishmar – Learners' Night: Join a Beit Misrash atmosphere for a weekly night of learning at CBI. We will do our best to match you up with a *chevrutah* (study partner) or *chavurah* (a group of learners) for some free wheelin', meaningful and personal text seeking and learning.

Thursdays, 8:00 – 10:00 p.m.

FRIDAY

Talmudic Wisdom: Join us for a weekly class that explores key *sugyot* (talmudic units) that discuss major Jewish questions of practice and thought. **R. Yonatan Cohen - Fridays, 9:00 a.m.**

EVENTS/ANNOUNCEMENTS

In Beth Israel

Shifra Puah for Andermann/Yoselevitz Family: Mazal tov to Noemi Yoselevitz & Sergio Andermann and big sister Ilana on the birth of a baby boy, Alexander Joshua. A great way to support the family is to provide meals during the next few weeks. To sign up for a meal or use our arranged special menus with Oakland Kosher, Amba and Grand Bakery see links on our Daf Hashavua online.

If you need help with sign up, please contact Frayda Gonshor Cohen at frayda@gmail.com. Thank you and *Tizku L'mitzvot!*

Don't miss your chance....to have our new, amazing *shelichot* at your Shabbat table. They would love to be invited by YOU! If you live on the northside, they would be thrilled to join you at your dinner table following Kabbalat Shabbat at the Northside minyan at the Sudikoffs. And if you live closer to the schul, they would also love to join you for lunch on Shabbat day. Michal and Naama are warm, bright, and energetic young women who are eager to get to know our CBI family. Please don't waste any time to invite them! They are ready and eager to say "yes." You can reach them by cell phone: (510) 417-7898 Naama, (510) 417-7899 Michal or by email: Naama -- naamamay@walla.com, Michal -- michal_g12@walla.com. Kol Tuv, Rikki and David Sudikoff

CBI Sisterhood

- **Book Event, Open to Men & Women: September 14, 11:00 am:** **Brenda Webster**, author of *After Auschwitz; A Love Story*. Brenda Webster, is the author of five novels, *After Auschwitz*, *Sins of the Mothers*, *Paradise Farm*, *The Beheading Game* (which was a finalist for the Northern California Book Award), and *Vienna Triangle*. Her memoir, the *Last Good Freudian* received considerable critical praise. Her forthcoming play, *The Murder Trial of Sigmund Freud*, was written in collaboration with award-winning playwright and producer Meridee Stein.



Ms. Webster is also President of PEN West American Center. She divides her time between Berkeley and Rome.

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Women's Clothing Swap: Because learning and *tzedaka* are good things to do leading up to the Yomim Noraim.

Time: September 14, Sunday, 10-11 AM

Place: 2371 West St

Dvar torah at about 10:30. Topic: "Under the skin: Tattoos and Jews" (Lev 19:28).

Women's clothing and accessories only of good quality (no holes, stains, fading). You don't have to bring clothing to participate.

Between My Children and God: Navigating Tensions, Identifying Priorities, Setting Expectations

- Are you feeling pulled between praying and playing? Not sure what to expect from this year's High Holiday youth programming?
- Should my child attend part of the main service this year? Should he or she attempt to fast?
- Is it Halakhically permissible to employ our nanny and or hire a babysitter for part of the day?
- Have you set a time to apologize to your children for any misdeeds and unintentional failings?

Panel discussion and informal conversation - CBI parents are invited to join us for a panel presentation followed by informal discussion and sharing of ideas in preparation for the High Holidays.

Shabbat, CBI Upper Classroom

September 20, 12:15 - 1 pm

A NIGHT OF FORGIVENESS

The *selichot* service begins our process of *teshuvah* and self reflection.

Join us as we prepare through song & study for this night of forgiveness.

Saturday night, September 20

Pre-*selichot* community gathering • 9:00 pm

Selichot services • 11:00 pm

BUILDING FOR GENERATIONS – A Call for Blessings and Prayers

In just a few short weeks, we will begin closing walls in our rebuilt Gan Shalom Preschool. Before we do that, we wanted to invite our Gan Shalom families along with members of the CBI Family to come to the new building and leave a blessing by writing something on the inside of the walls before we close them up. Your writings and blessings will imbue our new building with sacred intentions, prayers, and good wishes.

Sunday Sept. 21, 5:00 - 6:00 pm

SCRIP: We have scrip for many hotels and retail stores, including Afikomen, REI, Barnes & Noble, Amazon. Order from Naomi at nstamper@sbcglobal.net. Also, order at shopwithscrip.com or email Naomi Stamper nstamper@sbcglobal.net, Ruth Wittman rh Witt72@aol.com or Rebecca Landes rlandes799@yahoo.com

Donate your car/boat/vehicle to Beth Israel/Midrasha. Full tax write off. Beth Israel/Midrasha share proceeds from sale. Contact David: 510-849-0961 or Midrasha: 510-843-4667.

In the Community

Kosher Sandwiches @ UC Berkeley: Freshly made kosher sandwiches will be available at 11:30 am on Mondays, Wednesdays and Fridays at the following locations: Crossroads at the Den (Channing & Bowditch), Golden Bear Cafe, and Cafe Ramona. Choices available: one meat, one poultry, and an egg salad. For any questions, contact Avraham Burrell avraham@mindspring.com

Can you read this? That means you can help a child who can't. In just one hour a week you can help a student learn to love reading. Take part in this rewarding *tikkun olam* program and help repair the world. Join the Jewish Coalition for Literacy as a volunteer reading tutor and make a difference in a child's life. Register for a free tutor training workshop at www.jclread.org or 510/809-4904.

Beth El, Congregation Beth Israel, Congregation Netivot Shalom, Temple Beth Abraham, Temple Sinai, Bend the Arc, East Bay JCRC, Oakland Hebrew Day School, Midrasha of Berkeley, and Tehiyah Day School.

JFCS Rosh Hashanah Meal Delivery: Greetings volunteers and friends of JFCS/East Bay! It's that time of year for our Rosh Hashanah delivery of Kosher meals and goodies....for the elderly and people with disabilities in our community! As you may know, this is a long-standing tradition with Jewish Family and Children's Services of the East Bay.

Would you like to deliver to between 3 and 6 homes?

Delivery Date: **Tuesday, September 23rd**

Pick-up of bags: between 2:45 and 3:15 pm

Delivery time range: between 3 and 5 pm

Pick-up from: either our Berkeley or Walnut Creek office, depending on your preference.

We'd love for you to join us. It's a great way to include your children in helping. Our deliveries are well-mapped and easy to find.

Please reply as soon as possible, if you are interested. And, let me know whether you would like to deliver in Alameda or Contra Costa County. I will send out a confirmation and more details very soon. Thank you! Kathryn Winogura, Holiday Food Program Coordinator, kwinogura@jfcs-eastbay.org, (510) 704-7480 and (925) 927-2000 ext. 529

Join our friends at the Urban Adamah Farm in West Berkeley for...

Eat, Pray, Lulav: Sukkot Harvest Festival

Sunday, October 12th | 1:00-4:00 pm

Urban Adamah | 1050 Parker Street, Berkeley

Hands-on Sukkot Activities for All Ages!

Live music by Octopretzel and the East Bay Community Music Project. Goats, goats and more goats. Meet the Chickens.

Storytelling. Seed Saving. Planting. Cob Building. Farm Tours.

Natural tie-dying. Farm Crafts. Pickling. Seed Balls. Face painting.

Making bread with freshly ground wheat. Harvesting. And more!

Local, organic, Kosher food will be available for purchase, including delicious catering from Epic Bites.

Buy your tickets online today!

EBTOCD 2014

East Bay Tikkun Olam Chessed Day

Sunday October 19, 2014

Clean-up Redwood Regional Park or the Berkeley Shoreline, paint walls at the American Indian Child Resource Center or decorate bags for JFCS. These are just a few of the volunteer opportunities for East Bay Tikkun Olam Chessed Day 2014. Please click on the link below to view the full set of listings and sign-up by clicking on the listing of your choice and following the steps. For more information about a specific project, please e-mail the project leader listed on the informational sheet. For questions about the day, please e-mail Shelley (thezakpack@gmail.com) or Teri (teri.bleckner@gmail.com).

Opening Rally at Temple Sinai at 9 AM with pastries provided by Semifreddi's Bakery. <http://tinyurl.com/ebtocd2014projects>

Sponsoring organizations: Beth Jacob Congregation, Congregation

Yizkor—Book of Remembrance

Dear Congregants,

This year at Congregation Beth Israel, a Book of Remembrance will be our guide to the Yizkor Service. Revised annually and used four times during the year, it will contain the text of the Yizkor liturgy and the names of those who are being remembered by the members of the Congregation.

If you wish to remember your loved ones in this Book of Remembrance, please complete the form below and return it along with your check, no later than Sept 15, 2014.

The charge for the listing of names is \$10 per name.

There is a new charge each year for listing of names.

Book of Remembrance Form - Due Sept. 15, 2014

Please use the names I (we) submitted for last year's book
____ # of Names @\$10.00 per name

Please list the following name(s):

1 _____ 5 _____

2 _____ 6 _____

3 _____ 7 _____

4 _____ 8 _____

In memory of my loved ones, I am enclosing a check to Beth Israel for \$ _____

Donors Full Name _____