



Weekday Services March 8-12

Sun. 8:00 am • M-F 6:30 am
Mon & Thu @ CBI 7:00 pm

Friday, March 6th

North Berkeley Minyan 5:45 pm
1209 Shattuck Ave (east side of street, past Oak Park, near Eunice)
Candle Lighting..... 5:49 pm
Mincha & Kabbalat Shabbat @ CBI 5:55 pm

Saturday, March 7th

Morning Service 9:15 am
Torah Reader: **Dov Weinstock**
Haftarah Reader: **Elan Weinstock**
Educational program 11:00 am
Yeladim: **Deena Aranoff**
Talmidim Bet: **Lou Schubert**
Sermon by R. Cohen: Shabbos Rest
Mincha 12:50 pm
Seudah Shlishit 5:45 pm
Ma'ariv, Havdalah & Shabbat ends 6:47 pm

Kiddush Sponsors

Sheila and Marvin Yudenfreund and Dr. Sam and Bathea James in honor of the spirit of volunteerism at CBI, with a request for everyone to remember the Rabbi's Fund.

Tony and Kathleen Bloom and family

Rachel Toaff-Rosenstein and Arye Rosenstein in honor of their family's March celebrations (Rachel's birthday, Naveh's birthday, Arye and Rachel's 10th anniversary); also in honor of all of the wonderful people in the community who have been so supportive of them during this past year.

DAYLIGHT SAVINGS TIME

Sunday, March 8th
Move your clocks one hour forward on Saturday night.

Beth Israel Classes

MONTHLY ON SUNDAYS & MONDAYS

Practical Issues in Contemporary Halakah: Join us for a monthly class that explores specific topics in contemporary Halakah. Each class is offered during the day and nighttime to allow for greater participation.

Topics:

Lashon Harah (Gossip) between Close Friends and Spouses (**Sunday March 8 at 8 pm or Monday March 9 at 11 am**)

Is the Use of Timers Permitted on Shabbat? (**Sunday May 10 at 8 pm or Monday May 11 at 11 am**)

Blessings and Altered States: Powerbars, Soups, and Mashed Foods (**Sunday June 14 at 8 pm or Monday June 15 at 11 am**)

R. Yonatan Cohen

MONDAY

Women's Dance Nights at CBI! Come dance to a blend of world music, jazz, klezmer, hip hop and more. No moves to remember, no cost either. Just a chance to let loose and get some good exercise in a fun way!
2nd & 4th Mondays @ 8:00 pm

TUESDAY

Rebels and Rebbes in Israeli Folk Rock – G-d, People, Politics, and Land: In the last ten years, many popular Israeli musicians have turned to Jewish traditional sources for inspiration, giving new voice and expression to Jewish ideas through their songwriting. In this series we will explore this growing trend by closely examining a selection of popular songs that focus on G-d, people, politics, and land. All lyrics will be provided in the original Hebrew together with English translations. Links to audio versions will also be available.

R. Yonatan Cohen – Tuesdays, March 10, 17 & 24, 8:00 – 9:00 p.m.

WEDNESDAY

Midrasha's Tanach and Talmud (for Teens): This course is an informal but intensive study group focusing on close thematic readings of the Tanach and Talmud in translation.

David Henkin – Wednesdays, 4:15 - 5:45 p.m.

Jewish Writings of Emmanuel Levinas: The Levinas Study Group meets at 8 pm at the Schweig home to discuss various essays of the Jewish philosopher Emmanuel Levinas. The group is currently reading selections of Franz Rosenzweig. No background necessary.

Muni Schweig - Wednesdays 8:00 p.m. @ the Schweig home

THURSDAY

Open Sources: A Beit Midrash sponsored by Congregation Beth Israel and Kevah

Guest speaker: R. Dorothy Richman, March 12

Rabbi Dorothy Richman serves as Rabbi for Makor Or: A Center for Jewish Meditation and teaches Torah throughout the Bay Area. Formerly a pulpit rabbi in San Francisco at congregations Shaar Zahav and Beth Sholom, Dorothy also worked for several years at Berkeley Hillel. She has led trips for AJWS to Central and South America and Africa, and is active in Bend the Arc: A Jewish Partnership for Justice.

Learn independently with a *hevruta* (study partner) or join in a *shiur* on the weekly *parsha*. If you are interested in finding a *hevruta*, email Maharatvictoria@gmail.com. **Thursdays, 8:00 – 10:00 p.m.**

FRIDAY

Talmudic Wisdom: Join us for a weekly class that explores key *Sugyot* (talmudic units) that discuss major Jewish questions of practice and thought. **Class on hiatus until March 13.**

R. Yonatan Cohen - Fridays, 9:00 a.m.

EVENTS/ANNOUNCEMENTS

In Beth Israel

Baruch Dayan Emet: We deeply regret to inform you of the passing of **Anne Smith**, beloved mother of Jeremy Smith, mother in law of Iris Greenberg-Smith and grandmother of Ravenna, Maya, Eliza and Nina; she is survived by her husband Cyril Smith and Jeremy's siblings, Evie and Alex Smith. The Greenberg-Smiths will be joining Jeremy's family in Australia for the funeral on Monday and the week of shiva. We look forward to welcoming the family back upon their return.
HaMakom Yenacheim Et'chem Betoach She'ar Aveilei Tziyon VeYerushalayim. May God comfort the family and all others who mourn for Zion and Jerusalem

Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.

Thank you to all our wonderful Purim Volunteers!

Purim Break-Fast

Naomi Stamper, Maxine Winer, Susan Kayman

Purim BBQ Seudah:

Alan Finkelstein, Joel Resnikoff, Irene Resnikoff, Lois Marcus, Avraham Burrell, Noah Alper, Hope Alper, Michal Goldfarb, Naama Mayzlish, Ezra Hendon, Steve Silberblatt, Yoni Wulf

Readers:

Naaman Kam, Uriel Sudikoff

Women's Megillah Readers organized by Judy Massarano

Deena Aranoff, Andrea Brott, Frayda Gonshor Cohen, Eliana Kittner, Gavi Klein, Arielle Tonkin, Efrat Tsvion

Gan Shalom Mishloach Manot:

Thank you to all the Gan parents. Staff and CBI families for their tremendous work organizing, packing and distributing Mishloach Manot for Purim.

Congregation Beth Israel Sisterhood Presents

7 Tips and 7 Recipes

for Healthy, Stress-Free Family Meals

With Chef Hilla Abel

Wednesday, March 11 • 8:00 pm

Congregation Beth Israel • Berkeley

Hilla Abel is a certified natural foods chef who designs meal plans for families. In this talk, she'll cover:

How to simplify meal planning and grocery shopping

How to leverage your (limited!) time to create meals with more flavor and nutrition

How to involve your children in food preparation.

Hilla Abel is a graduate of the Natural Gourmet Institute for Health and Culinary Arts. Hilla helps you answer the nagging "What's for Dinner?" question through culinary coaching, so that you feel confident in creating healthy, enjoyable, and stress-free meals for your family.

Save the Date!

The Beth Israel Sisterhood, Hiram Simon, and Covenant Winery

Invite you to the 5th annual wine tasting event

Sunday, March 22 from 3-5pm

Come taste the latest and enjoy your favorite offerings from Hiram's extensive list of wines in an urban Kosher winery. L'Chaim!

Please Note! This year we will be holding the Wine Tasting at Covenant Winery; 1102 6th Street (off Gilman), Berkeley

Questions? Call Sabrina Kabella 510/847-0050

SCRIP: Naomi Stamper and Ruth Wittman, are available to sell scrip for

Berkeley Bowl, Peets Coffee, Afikomen and CVS. Please call or email Naomi Stamper, 525-8259 • Ruth Wittman, 525-9530

Donate your car/boat/vehicle to Beth Israel/Midrasha. Full tax write off.

Beth Israel/Midrasha share proceeds from sale. Contact David: 510-849-0961 or Midrasha: 510-843-4667.

In the Community

NCSY

GET READY...For an epic day of laser tag and arcades, March 8th!

JR NCSY is going all out with a day at Q-Zar Laser Tag in Concord.

Sign up or on our website, www.norcal.ncsy.org. For more information, R. Akiva Naiman at naimana@ncsy.org or 510/206-5386

Edah: Looking for an after school program? Edah is a full-service after school program that engages K-5 children in joyful Hebrew language and Jewish learning. We meet 5 days a week and you choose the days that work for your family. To see us in action come visit us 2:30-5 p.m. on **March 2 and 9** (other dates available upon request). Let us know when you would like to visit or contact us with your questions—email: info@edahcommunity.org or phone (510) 210-2537. You can also learn about us on the web

<http://www.edahcommunity.org/>.

Please join JFCS/East Bay for a special reading highlighting the ongoing work of our **Holocaust Survivors Memoir Writing Group**. Members of the group will share pieces that reflect upon the theme of **1945 - Now I Am Free. Thursday, March 12, 2015 from 12 to 2pm**, Magnes Collection of Jewish Life & Art, 2121 Allston Way, Berkeley. Details: <http://jfcs-eastbay.org/event/holocaust-survivors-memoir-reading>
The survivors in this group work very hard on their pieces and truly look forward to sharing them with the community.

Chabad of the East Bay Presents: Behind Enemy Lines

the Incredible Story of a French Jewish Spy in Nazi Germany
A Historic Evening with Marthe Cohn, **Wednesday, March 18, 7 pm**

Berkeley City Club, 2315 Durant Ave., Berkeley
Admission: \$15 in advance, \$20 at the door, \$36 VIP seating, Students free with ID. For tickets and sponsorship opportunities, visit www.chabadberkeley.org

MIDRASHABANG 2015 — A NIGHT IN TEL AVIV

Sunday, March 22, 2015, 5-9 PM

Be transported under the stars to a Mediterranean beach front in a city that never sleeps... Schmooze-Auction-Eat-Groove-Party - Bid Bon

Voyage to a Midrasha Mensch, Yossi Fendel

Congregation Beth El, 1301 Oxford Street Berkeley

Don't miss the party of the year! For more information 510-843-4667

rabbijen@midrasha.org or event Chair Anna Martin:

msmartin.mathson@gmail.com

Camp Urban Adamah, August 10-14, 2015

Earth Builders, Co-Sponsored by Congregation Beth Israel.

Explore, create, taste! It's summer on the farm. Enroll online at urbanadamah.org

MOSHAVA MALIBU - Register Early & Save! Bnei Akiva's coed religious overnight camp has excellent sports, arts, water sports, nature & more.

Grades 3-10. Session: July 13 to Aug 10, 2015. Irvine Visit

www.moshavamalibu.org or call 855-MOSHAVA for more info.

Kosher Sandwiches @ UC Berkeley: Freshly made kosher sandwiches will be available at 11:30 am Monday through Fridays at the following locations: Crossroads at the Den (Channing & Bowditch), Golden Bear Cafe, and Cafe Ramona. Choices available: one meat, one poultry, and an egg salad. For any questions, contact Avraham Burrell avraham@mindspring.com.

Israel Focus

For your interest, information, protest, or counter-protest

Israel Focus is designed to inform our members about a broad range of local area events concerning Israel. It is expected that you will find events that you would support and others that you would not, yet we trust that they will all inform. Beth Israel does not necessarily endorse any particular event.

Berkeley Institute for Jewish Law and Israel Studies Presents:

Wednesday, March 11. Yossi Klein Halevi, Journalist and Author
Like Dreamers: The Israeli Paratroopers who Reunited Jerusalem and Divided a Nation

Reception: 5 pm (in Boalt 295); Lecture: 5:30 pm (in Boalt 105)

Monday, March 30, Ruth Calderon, Talmudic Scholar, Founder of
ALMA Home for Hebrew Culture, Member of Knesset
Talmud For Everyone, location & time TBD.

We invite you to submit announcements for inclusion in Israel Focus to the office at office@cbiberkeley.org. Announcements will be edited for length and content (to comply with the Announce List Guidelines).