



Weekday Morning and Evening Services — March 5-9

Morning: Sun 8:00 am • M-F 6:30 am

Evening: Sun-Th 5:50 pm

Friday night, March 3

Northside Minyan @ Sudikoff home..... 5:42 pm

1209 Shattuck Ave (east side of street, past Oak Park, near Eunice)

Shabbat Candle Lighting 5:47 pm

Mincha & Kabbalat Shabbat 5:50 pm

Saturday, March 4

Morning Service 9:15 am

Childcare 9:15 am

Torah Reader: **Na'aman Kam**

Haftorah Reader: **Issy Kipnis**

Sha'daf - Service Page Caller: **Benjamin Epstein**

Formal Group Time: 10:30 am

Kedma (3-5 years old): **Natan Kuchar**

Tzafona (K-2): **Chani Levenberg and Hadassah Zenou**

Negba (3rd-5th): **Ari Weber**

Parent Supervisors: **Ofra & Eliav Goldberg**

Sermon by M. Victoria Sutton: In honor of CBI's Chevra

Kadisha..... 11:00 am

Shabbat Mincha 5:20 pm

Davis Family Simchat Bat & teaching w/Avram Davis 4:15 pm

Seudah Shlishit 5:40 pm

Ma'ariv, Havdalah & Shabbat ends 6:45 pm

Please note: Mishmash Siyum postponed to March 26

KIDDUSH SPONSORS

M. Victoria Sutton & Adam Brelow in honor of the chevra kadisha

Marti and Shelly Zedek: in memory of our daughter, Elizabeth Laurie and in honor of the members of the chevra kadisha

Benjamin & Sara Darmoni, Jory & Lisa Gessow, Ezra & Toby Hendon, Lev & Sara Jasper, Wendy Kenin, Laura Lipman, Jonathan Lyon & Jane

Turbiner, Nadav & Nechama Rappoport, Arye Rosenstein & Rachel Toaff-Rosenstein, Roger Studley & Chai Levy: in honor of the Davis family, their

contribution to the community, especially their gracious hospitality, wishing them mazal tov on the birth of their newest child, Shiraz and much *hatzlacha* with their Aliya

SaraLeya Schley: in honor of my mother Adele Krone Schley, z"l, on her 3rd yahrtzeit, and in honor of the Davis family

Matan Gilbert: in recognition of Nadav Gilbert's 4th birthday this Sunday the 5th, of the many wonderful meals shared with the Davis family, and of Spring!

HACHNASSAT ORCHIM

Elana & Adam Naftalin-Kelman

FAST OF ESTHER – TA'ANIT ESTHER

Thursday, March 9

Fast begins5:08 am

Morning Service6:30 am

Fast Day Mincha 5:30 pm

Fast ends 6:39 pm

DAYLIGHT SAVINGS TIME

Saturday night, March 11

Remember we move our clocks one hour forward

PURIM

Saturday night & Sunday, March 11 & 12

Evening Megilah Reading 7:30 pm

Shacharit 8:00 am

Megilah Reading..... 8:30 am

Women's Only Megilah Reading 12:00 pm

Seudat Purim BBQ 3:30 pm

Concert with Shamati..... 4-6:45 pm

Late Megillah reading 9:45 pm

(details sent by request to office@cbiberkeley.org)

Beth Israel Classes

MONDAY

Daniel & Ezra with M. Victoria Sutton: These narratives tell the story of the Jewish people between the First and Second Temples. From the writing on the wall to the lion's den, we will explore the life and times of the prophet Daniel in the Babylonian court. Next, we turn to Ezra haSofer, the pivotal figure in returning the people, and Torah, from the Babylonian exile to Jerusalem. As we journey through this critical time in Jewish history, we will learn about these amazing figures, their challenges and choices, and how they can inform our own experiences both in the Diaspora and in Israel.

M. Victoria Sutton — Mondays @ 12:00 pm.

NCSY LNL – Latte & Learning (for Teens; Grades 9-12): Latte & Learning brings Judaism to local coffee shops and serves up Torah in a relaxed and fun setting. LNL is the place for teens to ask questions, voice their feelings, and connect with each other.

Mondays, 7:30-8:30 p.m. • Starbucks, 2128 Oxford St, Berkeley

WEDNESDAY

Midrasha's Tanach and Talmud (for Teens): This course is an informal but intensive study group focusing on close thematic readings of the Tanach and Talmud in translation.

Mickey Davis • Wednesday • 4:15-5:45 pm

Open Sources - Beit Midrash: Learn independently with a *hevruta* (study partner) OR study the weekly Torah portion with Maharat Victoria Sutton. Learners of all levels welcome -- Savor the Soup of the Week as you learn. Want to study with a partner, and not sure where to begin? Contact M. Victoria Sutton (maharatvictoria@gmail.com) with any questions, and we will help you find a partner and get started!

Maharat Victoria Sutton — Wednesdays, 7:30—9:00 pm

Jewish philosophers: The class is currently reading "A Living Covenant: The Innovative Spirit in Traditional Judaism" by world-renowned philosopher and social activist, Dr. David Hartman (z"l), the founder of the Shalom Hartman Institute in Jerusalem.

Muni Schweig — Wednesdays @ 8:00 pm @ the Schweig home

Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.

FRIDAY

Talmudic Wisdom @ 9:00 AM: Join us for a weekly class that explores key *sugyot* (talmudic units) on major Jewish questions of practice and thought.

M. Victoria Sutton • March 3, 10, May 5, 12, 19, 26, June 9, 16 • 9:00 am

SATURDAY

Study of *Kima Kima* (Step by Step) by Rabbi Chaim Drukman: *Kima* examines the sources that deal with the redemption of the Jewish people from the Bible, Talmud, Midrashim and the early Rabbinic sources. *Kima Kima* provides deep insights into modern Israeli Orthodox thought and philosophy of delivery from exile to redemption and the important part that the State of Israel has played in this process. **Class on hiatus until March 11**

R. David Rue • Saturdays @8:30 am-9:15 am

Mishmash: A one-on-one parent-child learning program. Children in grades 1-8 and their parents are invited to participate. Guidance available in choosing learning materials best suited to each individual need.

Mishmash will meet twice a month through March, on Motzei Shabbat, 45 minutes after Shabbat ends. Food and snacks will be served.

Mar 26 Siyum! 5-6 pm

Saturday Night Live With Chassidic Masters, as taught by Rabbi Eliahu Klein: Chassidism On Purim. Master seminar group text study with the Ishbitzer Rebbah and Rabbi Levi Yitzchak of Berditchev. This is an ongoing *shiur* [class] that will meet every other week through the winter months. We will focus on Chassidic commentaries on the weekly Torah portion (this week: Parshat Shemot, beginning of Exodus) and Jewish holidays. Meets at R. Klein's home. Refreshments will be served. Come.

R. Eliahu Klein • Saturday @ 8:00 pm, March 4, 18

EVENTS/ANNOUNCEMENTS

In Beth Israel

Davis Family Simchat Bat: With great joy and gratitude to Hashem our family is happy to invite you to a Simchat Bat for our daughter Shiraz Esther. The event will take place at Beth Israel this Shabbat, March 4, at 4:15 pm. Shabbat Mincha will follow at 5:20 pm.

Avram will give a teaching, accompanied by light refreshments. All are welcome. We look forward to seeing you after our absence following the birth and before our anticipated departure.

B'Smachot, Avram, Tamar, Akiva, Zushya, and Shiraz

Condolences: We deeply regret to inform you of the passing this week of **Mary Ella Johnson**, beloved mother of Barbara Schubert and grandmother of Liberty, Gabby and Simone Schubert. She is survived by four children, ten grandchildren, and two great-grandchildren.

HaMakom Yenacheim Et'chem Betoach She'ar Aveilei Tziyon VeYerushalayim. May God comfort the family and all others who mourn for Zion and Jerusalem.

CBI SISTERHOOD:

Stitch Meeting Tuesday March 7th - 1:30 to 4:30 pm at the home of Sara Engel. **Project:** Knitting 12 Inch Squares For An Afghan For Afghan Refugees. **Bring:** All your old yarns (acrylic and wool), needles - different sizes, measuring tapes. RSVP - Rose Ginsburg - 510-525-3906 rosegins@gmail.com or Sara Engel 510-547-2975 or savtase@yahoo.com

Book Club: We will meet on **Sunday, March 26, at 10:30 a.m.** to

discuss *The Best Place on Earth*, a book of short stories by Ayelet Tsabari. Books are available.

In The Community

Parent Ed workshop at OHDS: Sleep in children - is it an oxymoron? March 30, 7:00 p.m.

Please join Shelley Zak and OHDS for an informative workshop about sleep and children. Shelley is an attending physician at the UCSF/Mt. Zion Sleep Disorders Clinic and has been working in sleep medicine for the past 20 years. The workshop will cover theories about why we sleep, different stages of sleep (you do NOT have to be quiet around babies), some recommendations for helping children to sleep, and answer any questions you might have. She will also emphasize some sleep-related mindfulness techniques along with a discussion of the neurobiology that underlies them. Please email Philippa Lichterman to register (no fee): plichterman@ohds.org

Israel Focus

For your interest, information, protest, or counter-protest

Israel Focus is designed to inform our members about a broad range of local area events concerning Israel. It is expected that you will find events that you would support and others that you would not, yet we trust that they will all inform. Beth Israel does not necessarily endorse any particular event.

Please join Tikvah: Students for Israel on Tuesday, March 7, 5-6 pm as they welcome Bassem Eid to UC Berkeley. Bassem Eid is a pro-Israel Muslim Palestinian Human Rights activist. For more information <https://bassemiducb.eventbrite.com/>

We invite you to submit announcements for inclusion in Israel Focus to the office at office@cbiberkeley.org. Announcements will be edited for length and content to comply with the Announce List Guidelines.

We've worked with many folks in our community—we'd like to work with you too.

We care about your real estate transaction as much as you do and will always keep your best interest at heart.

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A Guide for Purim

“There is one nation scattered and separated among the nations whose customs and actions are different, and they are not worthy of your tolerance.”

—*Megilat Esther 3:8*

Haman tries to convince **Achashverosh**, the King of Persia, that the Jewish nation—this different nation—should not be tolerated. He wins over the heart of the king, and his plan nearly succeeds. Our sages teach us that within each of us there resides an aspect of Haman, of evil, which whispers to us, saying that the one who is different should not be tolerated. The mitzvot of Purim are aimed at deconstructing these differences and silencing that whisper.

Both men and women are obligated to observe four unique *mitzvot* on Purim.

Megilah

Hearing the reading of the Megilah enables us to re-live the story and to recount and recall its messages. One is obligated to hear the Megilah twice; once at night and once during the day. One must hear every word of the Megilah read from a “kosher” parchment. **We will read the Megilah on Purim night, Saturday, March 11, 2017 after Ma’ariv at 7:30 p.m. A late night Megilah reading will take place at 9:45 pm at a private home. Please email the office (office@cbiberkeley.org) for the address. The night of March 11 is the start of Daylight Savings Time, please remember we move our clocks one hour forward! On Purim day, Sunday morning, March 12, Shacharit starts at 8:00 a.m. with Megillah Reading at 8:30 a.m., there will be a women’s-only Megilah reading at 12:00 p.m.**

Matanot L’Evyonim

Gifts to the poor remind us that our possessions are in truth not fully ours. One has a responsibility to find two poor people and provide each, at the minimum, enough money for a meal. In addition to this *halakha*, on Purim one should give to anyone who asks for a donation. The total giving should ideally be equivalent to or surpass the amount that one spends on his/her own Purim Meal. Maharat Victoria Sutton will be collecting money, which will be distributed on Purim day to both needy here in the East Bay as well as to the poor in Jerusalem.

Mishloach Manot

Gifts of food to one another allow us to reach out to share our celebration of the day and to increase love and friendship with others in the community. There is a custom to send *Mishloach Manot* to those who one has had particularly strained relations with over the past year. One is obligated to send two kinds of ready-to-eat foods to a fellow Jew to enhance their Purim meal. We do not send *Mishloach Manot* to those who are in mourning.

Seudat Purim

This is the celebratory Purim meal. From a minimalist perspective, one is obligated to have a meal with bread; however ideally the meal should be a joyous festive meal with meat (for those who eat it) and wine (for those who drink it responsibly) in an effort to help us blur distinctions that we often hold fast to. **A Seudat Purim will be held at CBI on Sunday, March 12 from 3:00 pm to 6:30 pm with the participation of the band Shamati, followed by Mincha and Maariv services at 6:45 p.m.**

With the exception of Megilah, which is also read at night, all of the *mitzvot* should be performed during the day of Purim.

Note: In the *birchat ha-mazon* as well as in the *shmoneh esrei*, one should include the *Al Hanisim* insertion for Purim. If forgotten, one does not repeat the prayer.

In addition, the **Fast of Esther begins Thursday morning, March 9 at 5:08 a.m. and ends at 6:39 p.m.** A Fast day Mincha will be held at CBI at 5:30 p.m. that evening. The only restriction of the fast is eating and drinking. One may bathe, shave and enjoy live entertainment as usual. However, as with all fasts, it should be used as an opportunity for introspection and personal growth. Our sages have taught that only one who experiences the fast of Esther can truly celebrate on Purim.