



Weekday Morning and Evening Services

March 13-17

Morning: Sun 8:00 am • Mo-F 6:30 am

Evening: Sun-Th: 7:00 pm

Friday, March 11

Northside Minyan @ Sudikoff home 5:55 pm
(1209 Shattuck Ave (east side of street, past Oak Park, near Eunice)
Candle Lighting 5:55 pm
Mincha & Kabbalat Shabbat @ CBI..... 6:00 pm

Saturday, March 12

Morning Service9:15 am
Torah Reader: **Zeev Neumeier**
Haftarah Reader: **Elan Weinstock**
Youth Programming9:15 am
Formal Group Time:10:45 am
Tot Shabbat with Natan Kuchar11:00 am
Kedma (3-5 years old): **Maharat Victoria**
Tzafona (K-2): **Joel Resnikoff**
Negba (3rd-5th): **Ari Weber**

Thank you to **Derek & Maureen Krantz**, our parent supervisors in the Gan Yard this week.

Sermon by R. Cohen: *Detailed Accounting of Our Service*

Mincha 12:50 pm
Seudah Shlishit 5:55 pm
Ma'ariv, Havdalah & Shabbat ends after 6:53 pm

KIDDUSH SPONSORS

Avraham Burrell in celebration of the birth of his grandson David Chaim
Leora Lawton in thanks to H'shem, and for all the people who helped me in my convalescence, and to acknowledge that I met all of these people through CBI and so I give thanks to the whole community.

HACHNASSAT ORCHIM

Guy & Melissa Harel

Daylight Saving Time begins on Sunday, March 13

Turn your clocks forward by one hour

**An Evening with Consul General Andy David
Sunday, March 13th 7:30 pm**



Dr. Andy David began his appointment as Israel's Consul General to the Pacific NorthWest in August 2012. In his last position, in Israel, he served as a policy advisor to the Foreign Minister. In the course of his diplomatic career, he has served Missions in Azerbaijan, Hong-Kong, and Chicago and the Midwest. His past domestic positions in the Ministry of Foreign Affairs include policy advisor to the Foreign Minister; the Ministry's Deputy Spokesman; and Head of the Euro-Asia section in Israel's Agency for International Cooperation.

Dr. David has a B.A. (magna cum laude) and M.A. in medical science, and a Doctorate in Dental Medicine, all attained at Jerusalem's Hebrew University. He served in the Israel Air Force and in RAFAEL, the Ministry of Defense's Armament Development Authority. He is a graduate of the

Executive Combating Terrorism program at the National Defense University in Washington D.C.

PURIM

FAST OF ESTHER – TA'ANIT ESTHER

Wednesday, March 23rd

Fast begins5:46 am
Fast day Mincha6:00 pm
Ma'ariv followed by Megillah reading7:30 pm
Fast ends7:52 pm
Late Megillah reading (details sent by request to office@cbiberkeley.org)

PURIM

Wed. night & Thurs., March 23rd – 24th

Early Shacharit with Megillah Reading6:30 am
Late Shacharit8:00 am
Megillah reading8:30 am
Women's only Megillah Reading12:00 pm
Festive Purim Meal @ CBI4:00 pm
Mincha and Ma'ariv7:00 pm

SHUSHAN PURIM

Friday, March 25th

Beth Israel Classes

MONDAY

Book of Jeremiah with Maharat Victoria Sutton: Jeremiah's prophetic career spanned over thirty years and succession of several kings, through the Babylonian's conquest of Israel and ultimate destruction of the First Temple. The prophet risks his life to bring truth to Jerusalem and provide guidance to leaders and the nation. At times despondent, the book beautifully depicts the inner life of Jeremiah and his mission. Together, we will study the text and themes of the Book of Jeremiah.

Maharat Victoria Sutton — Mondays @ 12:00 pm

TUESDAY

The Numbers Breakdown: The forty-year wilderness journey was a time of complaint and crisis, national formation and leadership challenges. We will discuss complaint, conflict, rebellion and mutiny, highlighting the leadership challenges Israel faced in the desert. In addition, we will compare and contrast two episodes from the beginning and the end of Israel's time in the wilderness and attempt to identify the ways in which the nation of Israel was transformed by this forty-year journey. Finally, we will look at the close of Deuteronomy, the death of Moses and the appointment of Joshua as the new leader of Israel, with a unique focus on succession and the transfer of leadership from one generation to another.

R. Yonatan Cohen -- Tuesdays @ 8:00 pm, March 15

WEDNESDAY

Midrasha's Tanach and Talmud (for Teens)

This course is an informal but intensive study group focusing on close thematic readings of the Tanach and Talmud in translation.

Mickey Davis — Wednesdays @ 4:15 - 5:45 pm

Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.

Open Sources: Beit Midrash

**Co-sponsored by Congregation Beth Israel and Kehav
Special pre-Purim Beit Midrash with Arielle Tonkin
"What we show and what we hide"**

Explore the many faces of Purim through art and text

An Open Beit Midrash for learning on all levels. You can come with a *hevruta* (learning partner) or we can help find the *hevruta* and area of learning that best fits. Start by filling out the form on our website. On site assistance with learning available.

An optional class will be given each week on the parasha by Maharat Victoria Sutton, which includes guided *hevruta* learning of sources for the class followed by group discussion.

Maharat Victoria Sutton — Wednesdays, 7:30—9:00 pm

Jewish philosophers: Rabbi Eliezer Berkovits: The class is currently reading and discussing selections from "Essential Essays on Judaism" presenting Berkovits' most significant essays, exploring vital issues within Judaism and Jewish society, including: Jewish morality and law, Jewish nationhood, and Jewish theology. No background necessary.

Muni Schweig — Wednesdays @ 8:00 pm @ the Schweig home

FRIDAY

Talmudic Wisdom: Join us for a weekly class that explores key *sugyot* (talmudic units) that discuss major Jewish questions of practice and thought.

R. Yonatan Cohen - Fridays, 9:00 am

EVENTS/ANNOUNCEMENTS

In Beth Israel

Mazal tov! to parents Beth Oelberger Astmann & Jonathan Astmann, and big brother Anshel on the birth of a baby boy. Mother and baby are in good health, *b"n*. May this child's life be filled with the insights of Torah, the warm and supportive love of family and community, and the blessing of good deeds. Mazal tov!

CBI Cooks at Berkeley Men's Shelter, Wednesday, March 16, 5-7:30 PM: Thank you to all those who volunteered to help shop, cook, serve and clean up for dinner on January 27th: **Ronna Bach, Carol Cunradi, Bathea James, Linda Levy, Judy Massarano, Joan Ominsky, Rona Rothenberg and Deborah Shaw.** With your help, CBI prepares and serves dinner to more than 50 guests at the Berkeley Men's Homeless Shelter each month. You can join us on Wednesday, March 16, to cook, serve or clean up. To sign up for one of the following shifts, please contact me with questions, or if you would like to help shop on Wednesday afternoon.

5-6:30 - Cooking Shift—6:30-7:40 Serve and Clean-Up Shift
To help support the shelter cooking, you can contribute to Rabbi Cohen's Discretionary Fund which finances these dinners. Whether paying online or by check, please indicate "Homeless Shelter" in your memo section. Please click here to make a donation online.

About the Berkely Men's Housing Project:

The Men's Housing project is located in the Veteran's Memorial Building in Downtown Berkeley at 1931 Center Street. It provides 48 single men's beds and 5 emergency cots/beds on a nightly basis, 365 days a year. To find out more, volunteer or donate, please visit their website.

Be Part of Homeless Solutions in Berkeley.

Tizku l'Mitzvot, Maharat Victoria Sutton

NCSY weekly programs and upcoming events

• **Latte and Learning:** Mondays at 7:30 PM at Starbucks, 2128 Oxford St, Berkeley.

• **Dinner and Learn:** Wednesdays at 5:30 pm at Adath Israel, 1836 Noriega St., San Francisco

Donate your car/boat/vehicle to Beth Israel. Full tax write off. Beth Israel. Contact David: 510-849-0961

In the Community

Going to Israel? Our Jerusalem apartment is available for short term vacation rentals (minimum stay is one week). The two bedroom, two bath apartment is one block off of Emek Refaim in the leafy German Colony section of Jerusalem. This highly desirable neighborhood is full of great restaurants, cafés, shopping and even has a beautiful public swimming pool. You can walk to the Western Wall and the Old City from the apartment in approximately 35 minutes. The apartment is the entire 2nd floor of a building containing only two other apartments, and is accessible only by stairs. It has a lovely and large merpeset (balcony). It sleeps 4-6 people comfortably. It has one off-street parking space. Photos available upon request. Please contact hopeworks@pacbell.net if you would like more information.

Tehiyah Day School: Community Events: The mission of Tehiyah Day School is to inspire curiosity, a strong sense of community, and a vibrant connection to Judaism. We would love to have you visit our school in El Cerrito, where we provide private bus service to families in Berkeley and Oakland. Please join us at Tehiyah Day School for any of the following free events that are open to the community.

For more information, Michelle Tirella-Ventura, Director of Admissions, mtventura@tehiyah.org

Wednesday, March 16, 12:00 PM, Free Luncheon and Tour at Tehiyah with Director of Admissions. RSVP: mtventura@tehiyah.org

Thursday, March 31, 6:00 PM An Evening of Spiritual World Music

Midrashabang - Masquerade: A Purim Extravaganza, Sunday, March 13 from 5:00-9:00pm.

Get an early start to your Purim celebration this year and join us for an evening of great food, drinks, music and fun! Tickets are already going fast, so click here now to get your seats. We can't wait to celebrate with you! <https://midrashabang2016.eventbrite.com>
We hope you will join us as we celebrate and honor our teachers, past and present. Their leadership and passion make Midrasha what it is, a place for students to learn and grow.

Sunday night! Chassidic Pop Artist visits Berkeley: Enjoy sushi, wine, shmoozing, and the artwork of East Coast artist Yitzchok Moully. Sunday, March 13, 7-9 p.m., 2942 Claremont Blvd. Free
Yitzchok will share his inspiring and entertaining journey from the Australian Outback, where he was raised by ex-hippies, to his evolution as an artist inspired by the Pop Art movement and the exuberant spirit of Hassidism.. (For those interested, Yitzchok's work will be available for sale as originals, enhanced giclees and/or limited edition prints.) More information at chabadberkeley.org.

Voices in Cloth 2016 (w/the participation of Hope Alper): Sunday March 20 10 am - 4 pm, Craneway Pavillion, 1414 Harbour Way, Richmond. Admission \$15 parking is FREE

Oakland Hebrew Day School presents its spring musical, **Disney's The Lion King, Jr.** Please come see our one and only performance on **March 20th at 4:00 pm.** We will be performing at Holy Names University's Regents Theater at 3500 Mountain Blvd. Oakland, CA. All are welcome to attend. Tickets are \$11.50/adults and \$6.50/children. All tickets will be sold in advance through Brown Paper Tickets. <http://bpt.me/2491145>

Sandwiches @ UC Berkeley: Freshly made kosher sandwiches will be available at 11:30 am Monday through Fridays at the following locations: Crossroads at the Den (Channing & Bowditch), Golden Bear Cafe, and Cafe Ramona. Choices available: one meat, one poultry, and an egg salad. For any questions, contact Avraham Burrell avraham@mindspring.com.

A Guide for Purim

"There is one nation scattered and separated among the nations whose customs and actions are different, and they are not worthy of your tolerance."

—Megilat Esther 3:8

Haman tries to convince **Achashverosh**, the King of Persia, that the Jewish nation—this different nation—should not be tolerated. He wins over the heart of the king, and his plan nearly succeeds. Our sages teach us that within each of us there resides an aspect of Haman, of *evil*, which whispers to us, saying that the one who is different should not be tolerated. The *mitzvot* of Purim are aimed at deconstructing these differences and silencing that whisper. Both men and women are obligated to observe four unique *mitzvot* on Purim.

Megilah

Hearing the reading of the Megilah enables us to re-live the story and to recount and recall its messages. One is obligated to hear the Megilah twice; once at night and once during the day. One must hear every word of the Megilah read from a "kosher" parchment. **We will read the Megilah on Purim night, Wednesday, March 23 after Maariv at 7:30 p.m. and on Purim day, Thursday morning, March 24; early Shacharit starts at 6:30 a.m. with Megillah Reading at 7:00 a.m., late Shacharit starts at 8:00 a.m. and we will read the Megilah at 8:30 a.m.; there will be a women's-only Megilah reading at 12:00 p.m.**

Matanot L'Evyonim

Gifts to the poor remind us that *our* possessions are in truth not fully ours. One has a responsibility to find two poor people and provide each, at the minimum, enough money for a meal. In addition to this *halakha*, on Purim one should give to anyone who asks for a donation. The total giving should ideally be equivalent to or surpass the amount that one spends on his/her own Purim Meal. *Rabbi Cohen will be collecting money, which will be distributed on Purim day to both needy here in*

the East Bay as well as to poor in Jerusalem.

Mishloach Manot

Gifts of food to one another allow us to reach out to share our celebration of the day and to increase love and friendship with others in the community. There is a custom to send *Mishloach Manot* to those who one has had particularly strained relations with over the past year. One is obligated to send two kinds of ready-to-eat foods to a fellow Jew to enhance their Purim meal. We do not send *Mishloach Manot* to those who are in mourning.

Seudat Purim

This is the celebratory Purim meal. From a minimalist perspective, one is obligated to have a meal with bread; however ideally the meal should be a joyous festive meal with meat (for those who eat it) and wine (for those who drink it responsibly) in an effort to help us blur distinctions that we often hold fast to. A *Seudat Purim* will be held at CBI on **Thursday, March 24 at 4 p.m.** with the participation of the band Shamati, followed by Mincha and Maariv services at 7:00 p.m.

With the exception of Megilah, which is also read at night, all of the *mitzvot* should be performed during the day of Purim.

Note: In the *birchat ha-mazon* as well as in the *shmoneh esrei*, one should include the *Al Hanisim* insertion for Purim. If forgotten, one does not repeat the prayer.

In addition, the Fast of Esther begins **Wednesday morning, March 23 at 5:46 a.m. and ends at 7:52 p.m.** A Fast day Mincha will be held at CBI at 6:00 p.m. that evening. The only restriction of the fast is eating and drinking. One may bathe, shave and enjoy live entertainment as usual. However, as with all fasts, it should be used as an opportunity for introspection and personal growth. Our sages have taught that only one who experiences the fast of Esther can truly celebrate on Purim.