



Weekday Services June 7-11

Sun., M 9:15 am • Tu-Th 6:30 am
Sunday 6:40 pm, M-Th: 8:15 pm

Friday, June 5th

Mincha & Kabbalat Shabbat @ CBI..... 7:00 pm
North Berkeley Minyan @ Alper home..... 7:00 pm
910 Oxford St.
Candle Lighting 8:10 pm

Saturday, June 6th

Morning Service.....9:15 am
Torah & Haftorah Reader: Rafi Rosen
Educational program11:00 am
Talmidim Aleph: Naama Mayzlish
Talmidim Bet: Michal Goldfarb

Sermon by R. Cohen: Kvetching about Kvetching

Board Representative: Nimrod Elias

Please join us for a special pre-mincha class this Shabbat at 6:40 pm

What Was the Spies' Motivation?

Two students from the OHDS workshop-based Beit Midrash, Shoshana Fendel and Ashira Bloom will lead a session with Tamara Beliak, EdD on the subject of the 12 spies. All sources were compiled as part of an independent project of the students and teacher to prepare a class for the JCC Tikkun Leil Shavuot. Participants will be divided into 3 groups and have a chance to learn with each of the presenters.

Mincha 7:50 pm
Seudah Shlishit..... 8:05 pm
Ma'ariv, Havdalah & Shabbat ends 9:15 pm

Kiddush Sponsors:

Efrat and Ehud Tsvion's son, Dvir, is graduating from Gan Shalom.;
Tali and Yaakov Albiets' son Shemaya is graduating from Gan Shalom.
Rachel Toaff-Rosenstein and Arye Rosenstein's son Matan and daughter Gefen are graduating from Gan Shalom;
Rebecca Landes and Ben Rose's nephew, Michael O'Sullivan Landes, is graduating from the Dalton School in New York. They also honor Zvi Rosen, Boaz Haberman and Jana Loeb on their graduate degrees;
Jennifer Shy and Michael Feiner's son Gabriel is graduating from Albany Middle School and their daughter, Hannah, is graduating from the Jewish Community High School of the Bay;
Stanley Wulf and Linda Press Wulf 's son Yoni is graduating from the Jewish Community High School of the Bay and their son Ami graduated from Tufts in Boston;
Bob and June Safran's granddaughter, Jessica Safran, is graduating from UCLA;
Avraham and Ruchama Burrell's "dear friend and unofficial Jewish Daughter", Abigail Denbo, is completing her social work degree at CAL;
Jana Loeb is graduating from Boalt Law School at CAL.
Hope and Noah Alper's son David is graduating from CUNY-Baruch College with an MBA;
Michael Mrejen completed his PhD at Cal, and his and Sara's older children, Raphael and Noa, completed 4th and 3rd grade respectively at OHDS before the family returns to Israel

Hachnassat Orchim

Jeff & Doreet Stein

SUNDAY, JUNE 7

Mincha6:40 PM
(Plag Hamincha is at 6:55 pm), followed by Maariv

CBI GALA 2015—June 7

LET US TAKE YOU BACK... TO THE FUTURE

After years of anticipating "the future," 2015 is finally here! We may not have hoverboards, flying cars, or an almanac from the future, but our CBI community is going strong and that's reason to celebrate! So hop in our time-traveling DeLorean as we visit CBI through the decades at tonight's 2015 CBI Gala Event!

1985

cocktails, hors d'oeuvres, photo-booth, and games on the patio
7:00 PM - 8:00 PM

2015

silent auction and "CBI Time Walk" in the sanctuary
7:00 PM - 8:00 PM

1955

live auction, photo-booth, dinner, dessert, and live performance by "Eddie and the Boppers" in the social
Congregation Beth Israel
circa 1955, 1985, and FUTURISTIC 2015
auction – dinner – drinks – live music – dancing
Time-travel attire appreciated.
http://www.cbiberkeley.org/home/gala2015/

Thank You to Our Gala Organizers!

Jody and Jeff Morgan

for their amazing generosity in donating our raffle prize
Our gala chairs:

Stephanie Shelan Katz and Laura Schickman

Our auction committee:

Denise Resnikoff, Lois Marcus,

Maureen Krantz, Beth Oelberger, Rachel Seder

Alan Finkelstein & Crew

Joelle Yzquierdo

Frayda Gonshor Cohen

And everyone who donated items

SHABBAT MEVARCHIM PARSHAT SH'LACH

Friday & Saturday, June 12th – 13th

Scholar-in-Residence R. David Levin-Kruss



Rabbi David Levin-Kruss (DLK) sees himself as a bridge between Jewish tradition and those seeking to connect to that tradition, He has twenty years of experience working with people at critical junctures in their lives and is founder and director of My Open Book Life Coaching (www.myopenbooklifecoaching.com) which uses literature and texts to facilitate personal breakthroughs. He is currently on sabbatical from the Pardes Institute (www.pardes.org.il) where he is a faculty member and director of special programs. Previously he directed the overseas department of the Melitz Centers for Jewish Zionist Education and before that he was the community director and family educator at Stanmore Synagogue in north-west London, the largest orthodox synagogue in Europe. He is married to Ayala and they have three sons.

Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.

David hails from South Africa originally but has lived in Israel most of his life.

Friday, June 12th

7:00 pm Mincha & Kabbalat Shabbat

8:14 pm Candle Lighting

Saturday morning, June 13

10:45 am Text Study with visiting scholar R. David Levin-Kruss:

Beshalach, Lech Lecha, Shelach Lecha: The Similarities, the Differences

We will examine why Abraham left his country and his people, why the nation of Israel crossed the Red Sea and asks why the spies were not willing to enter into the Land of Israel. A study on confidence, complacency, and complexity.

Saturday evening, June 13

6:15 PM (1.5 hour session) Pre-Mincha Class: *The Heretic, the Time-waster and the Fundamentalist: When Life-Coaching and Jewish Texts Meet*

For years, I have had a life-coaching practice where I use classic and contemporary Jewish texts to facilitate personal breakthroughs in clients. One-on-one sessions help clients learn how to maximize their potential, make hard decisions, change their lives positively, improve character traits or clarify values. In this interactive session, come explore texts that helped clients deal with religious issues, wise utilization of time and going from inability to make the simplest decision to makers of their own destiny. We will learn the texts together, gain personal insights, and unpack the stories and issues that stood behind them. A great blend of fun, mind-expansion, Jewish learning and [anonymous] gossip! In addition, we will practice some of these techniques ourselves and see how we can use them in our lives and work.

7:55 pm Mincha

8:10 pm Seudah Shlishit

9:19 pm Ma'ariv, Havdalah & Shabbat ends

Beth Israel Classes

MONTHLY ON SUNDAYS & MONDAYS

Practical Issues in Contemporary Halakah: Join us for a monthly class that explores specific topics in contemporary Halakah. Each class is offered during the day and nighttime to allow for greater participation.

Topic: Blessings and Altered States: Powerbars, Soups, and Mashed Foods (**Sunday June 14 at 8 pm or Monday June 15 at 11 am**)

R. Yonatan Cohen

MONDAY

Women Latino Zumba class with an abdominal workout.

Oshi Du – Mondays, 8:30 pm

TUESDAY

New Series on Loss and Mourning in Judaism

Loss is an unavoidable part of life, one that is challenging and painful for individuals and communities. We will look to traditional Jewish sources for language, insight and guidance. This series will address both halakhic and psychospiritual frameworks for dealing with loss. Clergy and chevra kadisha members will offer different perspectives. The series will culminate in a paid workshop focused on writing about loss.

Tuesday, June 9, 7 PM

Facing the Death of Loved Ones

Rabbi Yonatan Cohen

The midrash powerfully describes the way Moshe, the angels, and the Holy One confronted the death of Moshe. We will use an in-depth study

of this rabbinic account, to raise personal questions, share reflections, and suggest constructive approaches.

Tuesday, June 16, 7 PM

Kavod HaMet - Respect for the Dead and the Living

Maharat Victoria Sutton and Juliet Stamperdahl, Chevra Kadisha

Death is the great equalizer. The Jewish tradition advocates for sensitivity and equality in the way we mourn, out of respect for both the deceased and those who are living. As we learn traditional texts, we will explore how these issues of equality and respect manifest in our lives and in our community.

Tuesday, June 23, 7 PM

A Guide to Shivas and Comforting Mourners

Maharat Victoria Sutton

Comforting mourners is an important communal mitzvah. A misplaced comment, although well-meaning, can undermine one's desire to provide comfort and support at this most sensitive and vulnerable moment. A practical guide for appropriate conversation in a house of mourning.

Sunday, June 28 1-5 PM

Lost and Found: Writing to Remember

Monica Wesolowska

\$60

Whatever you have lost—your first taste of ice cream, your desire to climb Mount Everest, your marriage, parents, or empathy in the face of loss—find it again in words. Though brain researchers now tell us that memories aren't stored intact but get "rewritten" each time we remember them, memoirists have sensed this all along. How do we approach memories that are painful? How do we write what we can't quite remember? How can we honor those who are gone? And what does this kind of work mean for the living? In this four-hour workshop, we'll explore how memory works, reading excerpts from fabulous writers and learning techniques to coax out even our shyest memories. Tears and laughter are both welcome. No experience necessary. Cost is \$60 (thanks to CBI co-sponsorship). Limited additional scholarships available on request.

*Instructor Monica Wesolowska is the author of the memoir, *Holding Silvan: A Brief Life*, which was named a "Best Book" of 2013 by *The Boston Globe* and *Library Journal*. Her fiction and essays have appeared in many other venues including *The New York Times*. She's taught writing at UC Berkeley Extension for over a decade. Read more at www.monicawesolowska.com.*

WEDNESDAY

Book of Jeremiah with Maharat Victoria Sutton: Jeremiah's prophetic career spanned over thirty years and succession of several kings, through the Babylonian's conquest of Israel and ultimate destruction of the First Temple. The prophet risks his life to bring truth to Jerusalem and provide guidance to leaders and the nation. At times despondent, the book beautifully depicts the inner life of Jeremiah and his mission. Together, we will study the text and themes of the Book of Jeremiah.

Maharat Victoria Sutton — Wednesdays @ 11:00 am

THURSDAY

Open Sources: Beit Midrash

Co-sponsored by Congregation Beth Israel and Kevah

Thursday, June 11, 8-9:30 PM

Learn with Rabbi Idit Solomon

Through an exploration into texts on Hannah, we will look at Hannah's responses to her circumstances of infertility, how the rabbis in the Talmud interpret her prayers, and what all of this can teach us about

relating to God and dealing with difficult circumstances. *Rabbi Idit Solomon is the founder of Hasidah (Hebrew word for stork). Hasidah's mission is to be the voice of hope and compassion that raises awareness of infertility, connects people to support, and reduces financial barriers to treatment in the Jewish community. Idit and her husband started Hasidah after experiencing years of infertility and recognizing that no organization existed that met all of these needs for all Jews.*

Thursdays, 8:00 – 10:00 p.m.

FRIDAY

Talmudic Wisdom: Join us for a weekly class that explores key *suzyot* (talmudic units) that discuss major Jewish questions of practice and thought.

R. Yonatan Cohen - Fridays, 9:00 a.m.

SUMMER AT CBI

Visiting Scholars and Upcoming Workshops

June 25, 7:00 pm — Rabbi-Dayan Chaim Citron.

Freud and Jung and Kabbalah



Rabbi Citron has been a popular teacher of Jewish mysticism in the U.S. and abroad for the last 20 years. He is the founder of the Day of Kabbalah and the spiritual leader of the Carlebach Shul in Manhattan, a congregation at the forefront of loving spiritual practice in a non-judgmental atmosphere. He grew up in Berkeley, the son of esteemed

Saturday, June 26-27 — Rav Baruch Gigi



Rav Baruch Gigi came to Israel from Morocco at the age of 11 and joined Yeshivat Har Etzion in 1975. From 1983-1988, Rav Gigi served as a Ram and Rosh Kollel at the Hesder Yeshiva "Ma'a lot," and since 1988, he has served as a Ram at Yeshivat Har Etzion. Rav Gigi currently teaches Hilchot Shabbat in the Kollel of the Yeshiva and serves as the Rav of the Sephardic Synagogue in Alon Shevut. He also teaches at the Beit Midrash for Women in Migdal Oz and at the Women's Advocates Training Program of Ohr-Torah Stone Institutes. In 5766, Harav Baruch was inaugurated, together with Harav Yaakov Medan, as Rosh Yeshiva, alongside the founding roshei yeshiva.

Shabbat, July 11— Dr. Hammer-Kossoy



Dr. Hammer-Kossoy, originally from Washington, D.C., has a B.A. in Near Eastern and Judaic Studies from Brandeis University, and a M.A. and Ph.D. from New York University. Her dissertation explored the courageous manner in which the rabbis of the Talmud created a new criminal punishment system.

Dr. Hammer-Kossoy is also a graduate of NATIV, Pardes, Midreshet Lindenbaum, MaTaN, Drisha, and ATID. She has received many fellowships including Lady Davis, National Foundation for Jewish Culture, Memorial Foundation and ATID. Dr. Hammer-Kossoy has also taught at NYU, Drisha and Midreshet Lindenbaum and currently teaches Talmud and the Social Justice Track at Pardes.

Despite having written her dissertation about criminal punishment in the Talmudic period, Meesh is known by her husband and three children as a lover of mercy and kindness.

EVENTS/ANNOUNCEMENTS

In Beth Israel

CBI GALA 2015 - Back to the Future - JUNE 7 at 7 PM.

Look forward to dinner, drinks, live music, a very special raffle drawing and...our famously fun auction! Here are examples of donations already promised.

- A beautiful quilt by Jane Berton.
- Several dinners with learning, featuring CBI stars of cuisine and scholarship.
- Cafe' del Soul 2: The Poetry of Yehudah Amichai (offered by our own Rabbi Cohen)
- Personalized tour of Magnes Museum led by Director Francesco Spagnolo
- One week lodging at the fabulous Jerusalem apartment of Hope and Noah ALper
- Mahj, Melds and Margheritas (hosted by Mahjong mavens, Jo- Ellen Zeitlin and Marti Zedeck)

All information: <http://www.cbiberkeley.org/home/gala2015/>

Donate your car/boat/vehicle to Beth Israel/Midrasha. Full tax write off. Beth Israel/Midrasha share proceeds from sale. Contact David: 510-849-0961 or Midrasha: 510-843-4667.

In the Community

Camp Gan Israel, June 22- August 6, 9 a.m.-3:30 p.m.

At beautiful North Lake Temescal. Early and late care. Transportation from North Berkeley BART.

Camp Gan Israel enriches the lives of children from diverse Jewish backgrounds and affiliations through a meaningful camp experience. Tiny Tots program, ages 4-6. Overnights for older campers, swimming with optional instruction, fishing, hiking, planting, arts 'n crafts, martial arts, ceramics, sports and games, twice weekly trips, plus challah baking and Shabbat party every week.

Electives are run by professional instructors. Our Camp Directors have many years of day camp experience.

Our caring counselors teach and encourage children to bring out the best in them.

Register here: <http://www.ganisraelberkeley.com>. For any details, campganisraelberkeley@gmail.com

Kosher Sandwiches @ UC Berkeley: Freshly made kosher sandwiches will be available at 11:30 am Monday through Fridays at the following locations: Crossroads at the Den (Channing & Bowditch), Golden Bear Cafe, and Cafe Ramona. Choices available: one meat, one poultry, and an egg salad. For any questions, contact Avraham Burrell avraham@mindspring.com.

Israel Focus

For your interest, information, protest, or counter-protest

Israel Focus is designed to inform our members about a broad range of local area events concerning Israel. It is expected that you will find events that you would support and others that you would not, yet we trust that they will all inform. Beth Israel does not necessarily endorse any particular event.

The Peace Process and Peace Prospects for Post-Election Israel

Sunday, June 7, 7:00 pm in the Social Hall

Congregation B'naiShalom, 74 Eckley Ln, Walnut Creek

Free of charge; all are welcome.

We invite you to submit announcements for inclusion in Israel Focus to the office at office@cbiberkeley.org. Announcements will be edited for length and content (to comply with the Announce List Guidelines).