



Weekday Services July 26-30

Sun. 8:00 am • Mo-Th 6:30 am
Sun-Th @ CBI: 8:00 pm

Friday Evening, July 24th

Northside Minyan @ Sudikoff Home 7:00 pm
1209 Shattuck Ave (east side of street, past Oak Park, near Eunice)
Mincha & Kabbalat Shabbat @ CBI..... 7:00 pm
Candle Lighting..... 8:07 pm

Saturday, July 25th

Morning Service..... 9:15 am
Torah Reader: **Glenn Massarano**
Haftorah Reader: **Benjamin Epstein**
Educational Programming 11:00 am
Yeladim: **Natan Kuchar**
Talmidim A & B: **David Hartman**
Sermon by Maharat Victoria Sutton: "V'nahafokh hu" - A Complete 180
Mincha 4:00 pm
followed by seudah shlishit at home
Fast of Av begins 8:28 pm
Shabbat ends after 9:09 pm
Ma'ariv & Eicha 9:25 pm

KIDDUSH SPONSORS

Noemi, Sergio, Ilana and Alex Andermann: After 7+ years in the Bay Area, we've decided to go back to Mexico to be closer to our families. Please join us for kiddush tomorrow and celebrate with us the time that we've been part of this beautiful community
Friends of Noemi & Sergio: R. Yonatan Cohen & Frayda Gonshor Cohen; Benjamin & Sara Darmoni; Dov & Cari Jelen; Arye Rosenstein & Rachel Toaff-Rosenstein; Abe and Laila Stone; Ben & Jo-Ellen Zeitlin

HACHNASSAT ORCHIM

Cynthia Scheinberg and Eliahu Klein

FAST OF TISHA B'AV

Sat. night & Sun., July 25th – 26th

For full details of the laws of Tisha B'Av and the Week that precedes it, see below

Saturday, July 25th

Mincha 4:00 pm
Followed by seudah shlishit at home
Fast Begins 8:28 pm
Ma'ariv & Eicha 9:25 pm
Eicha Readers:
Chapter 1 – **Sarah Silverman**
Chapter 2 – **Benjamin Epstein**
Chapter 3 – **Preston Grant**
Chapter 4 – **Andrea Brott**
Chapter 5 – **Judy Massarano**

Sunday, July 26th

Shacharit for Tisha B'Av 8:00 am
Kinnot 9:00 am
Special Tisha B'Av community-wide learning 10:00 am-2:00 pm

Classes focused on themes of Tisha B'Av, taught by educators from the wider East Bay Jewish Community. **See the full schedule in the next page.** Torah study, as it brings joy, is limited on Tisha B'Av to topics appropriate for the day of communal mourning.

Chatzot (midday)..... 1:15 pm
Movie Screening..... 2:00 & 4:00 pm
Mincha with Tallit & Tefilin 8:10 pm
Ma'ariv 8:50 pm
Fast ends 8:58 pm

Beth Israel Classes

SUNDAY, JULY 26

Special Tisha B'Av community-wide learning 10:00 am-2:00 pm
Classes focused on themes of Tisha B'Av, taught by educators from the wider East Bay Jewish Community. Full schedule to follow shortly. Torah study, as it bring joy, is limited on Tisha B'Av to topics appropriate for the day of communal mourning.
Movie Screening..... 2:00-4:00 pm

WEDNESDAY

Book of Eicha with Maharat Victoria Sutton: In the weeks leading up to the Ninth of Av, we will look at the book of Eicha. Attributed to the prophet Jeremiah, it is a hauntingly beautiful elegy for the people and city of Jerusalem at the time of the Destruction of the Temple.
Maharat Victoria Sutton — Wednesdays July 15 & 22 @ 11:00 am

FRIDAY

Talmudic Wisdom: Join us for a weekly class that explores key *sugyot* (talmudic units) that discuss major Jewish questions of practice and thought.
R. Yonatan Cohen - Fridays, 9:00 a.m.

EVENTS/ANNOUNCEMENTS

In Beth Israel

Shul's Out for the Summer! As the summer winds down, we invite the CBI Family to join us for various social gatherings (see details on page 3). May our time together draw us all together, young and old, old-timer and new-comer.

Please join us for a festive celebration on August 30, 2015 from 10 am – 12 pm to mark the opening of our new Gan Shalom Youth Center.

We invite the entire CBI community – members young and old, friends, donors, alumni – to please join us for a celebration and dedication at CBI followed by a multi-generational march down the block to our new building at 2330 Jefferson St. for a celebratory mezuzot affixing and building dedication.

Schedule is as follows:

10:00 a.m. - 10:45 a.m. at CBI - Acknowledgements, "Thank You's" and participatory songs

10:45 a.m. - 11:00 – March to Gan

11:00 – 11:15 at Gan – Mezuzah Affixing and Building Dedication

11:15 – 12:00 – Building Tours and Light Snacks

Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.

We thank each and every one of you who has given of your time, resources, patience and perseverance. If you would like to make an additional donation towards the final \$75k left to raise for the Gan Shalom Youth Center, please click below please support our project's final fundraising goal of \$75,000.
R. Yonatan Cohen

In the Community

Israel Innovations Fair, Sunday, August 30, 10 AM – 5 PM, at the David Brower Center, 2150 Allston Way, Berkeley. The fair showcases the ways that Israeli innovation and technology have contributed to humankind. The speakers will educate the attendees about the

innovative spirit of Israeli society. The fair will feature many exciting speakers and exhibitions with the latest developments in Israeli technology including solar energy, irrigation systems, medicine, environmental issues, as well as art and fashion. For more information: elliottlavey@aol.com.

Kosher Sandwiches @ UC Berkeley: Freshly made kosher sandwiches will be available at 11:30 am Monday through Fridays at the following locations: Crossroads at the Den (Channing & Bowditch), Golden Bear Cafe, and Cafe Ramona. Choices available: one meat, one poultry, and an egg salad. For any questions, contact Avraham Burrell avraham@mindspring.com.

TISHA B'AV CLASS SCHEDULE

	Sanctuary	Library
10 AM	Rabbi Yonatan Cohen " <i>Had I Decided to Say Those Things... - Theodicy in Psalm 73</i> "	
11 AM	Rabbi David Kasher "The Day Messiah Was Born"	Rabbi Josh Buchin "But now my eye sees You: Finding Meaning In Suffering"
12 PM	Dr. Bernie Steinberg "Tisha B'Av — Historic Disaster, Human Agency, and Transcendent Purpose"	Rabbi Eliahu Klein "Teachings of Rabbi Nathan of Breslov"
1 PM	Rabbi Yehuda Ferris "Returning Home: Fulfilling the Dream of a Jerusalem Rebuilt"	Maharat Victoria Sutton "Teachings of the Esh Kodesh"

2 PM A Film Unfinished - Social Hall

A film about an unfinished film which portrays the people behind and before the camera in the Warsaw Ghetto, exposing the extent of the cinematic manipulation forever changing the way we look at historic images.

4 PM Paperclips - Social Hall

As a part of their study of the Holocaust, the children of the Whitwell, TN Middle School try to collect 6 million paper clips representing the 6 million Jews killed by the Nazis.

8:10 PM - Mincha

8:58 PM - Fast Ends

Class Descriptions (in chronological order):

Rabbi Yonatan Cohen "*Had I Decided to Say Those Things... - Theodicy in Psalm 73*"

Psalm 73 is often called "the little book of Job." In it the Psalmist raises powerful questions about his personal experience with sufferings in this world. Like the book of Job, Psalm 73 offers various responses to this theological question. Join us for an in-depth reading.

Rabbi David Kasher- The Day The Messiah Was Born

Pssst - hey, you! You want to know the name of the Messiah? I bet you do. Well, that's easy: it's Menachem. How do I know, you ask? And who is this Menachem? Well, that's a long story....

Rabbi Josh Buchin - But now my eye sees You: Finding Meaning In Suffering

Rabbi Eliahu Klein - Rabbi Nathan of Breslov Teachings

On:

*The Four Fast days and Raising Up the Holy Kingdom

*Why we have public fast days when there is Severe Drought? [or-praying for rain on a fast day]

*Why wars cause drought and why fasting end wars which end drought.

*The connection between the four fasts and the destruction of the Holy Temple

Dr. Bernie Steinberg -Tisha B'Av — Historic Disaster, Human Agency, and Transcendent Purpose

Focusing on narrative and halakhic sources of Tisha B'Av, we shall explore the power of historic memory to paralyze or catalyze spiritual renewal.

Rabbi Yehuda Ferris- Returning Home:Fulfilling the Dream of a Jerusalem Rebuilt

In a stunning turn of fate, the city of Jerusalem was reunited in 1967. This miraculous event highlighted our deep desire to return to the city of our soul. But we are not the only ones waiting to come home.

Maharat Victoria Sutton - Teachings of the Esh Kodesh

We will look at the writings of the Esh Kodesh, Rabbi in the Warsaw Ghetto during the Holocaust, focusing on a relationship with God during times of suffering and loss.

SHUL'S OUT FOR THE SUMMER

As the summer winds down,
we invite the CBI Family to join us for various social gatherings.
May our time together draw us all together, young and old,
old-timer and new-comer.

Bowling Night

**Tuesday, July 28 @ 8:30 PM, Albany Bowl
540 San Pablo Ave, Albany**

Dust off your bowling shoes (or rent some) and join Aliza and Nimrod Elias for a fun evening of bowling at Albany Bowl starting at 8:30 PM. They have special prices that night, with games costing only \$1.50 per person after 8. **Please RSVP to Aliza Elias if you plan to come: acraimer@gmail.com.**

Movie Matinee at SFJFF

**Thursday, July 30 @ 2 PM, Castro Theater (meet out front at 1:40)
429 Castro Street, San Francisco**

Attend the screening of Rock in the Red Zone as part of the San Francisco Jewish Film Festival. Rabbi Cohen and Maharat Sutton will be in attendance. Filmmaker Laura Bialis arrived in Sderot in 2007 for a three-week stay to document the rock music scene. Two months later, she returned to live there. In the midst of near constant visits to Sderot's ubiquitous bomb shelters, Bialis found a community, love and a new family. **Purchase your own ticket in advance**, tickets are \$10: <http://sfjff.org/2015/films/rock-in-the-red-zone/>. **Let us know if you are planning to attend by emailing the CBI Office: office@cbiberkeley.org.**

Albatross Bar Night

**Monday, August 3 @ 8 PM, Albatross Pub
1822 San Pablo Ave, Berkeley**

Socialize with old friends and make some new ones enjoying a drink and some kosher snacks at Albatross Pub. Strike up the competition with a game of darts, pool or one of the board games available. Berkeley's oldest pub, Albatross is known for its cozy, laid-back vibe. A local secret with an atmosphere that greets you like the guts of an old wooden pirate ship, overflowing with frothy beer and competitive spirits. **Please let Rabbi Cohen know if you are planning to attend: Rabbi@cbiberkeley.org**

Yoga with Leah - Class for Women

Wednesday, August 5 @ 6:30-7:45 PM CBI

In this yoga class, we will fuse the wisdom of Jewish tradition with a contemporary yoga practice. Come prepared to be inspired, stretch, move and breathe. All levels welcome. Leah Kahn is the Senior Jewish Educator at Berkeley Hillel. She is a yoga teacher and professional dancer, and she recently completed a Jewish Wisdom Yoga Teacher training. While living in Israel, Leah was a member of the dance ensemble, "Merchav Mechol" (DanceSpace). She will be performing this October in Berkeley in a piece called "Empty Spaces" by Rogelio Lopez, who is a local choreographer. **Limited to 8 spots - please email Maharat Victoria Sutton to reserve a spot: maharatvictoria@gmail.com**

Challah Bake

Thursday, August 13 @ 8-10 PM, Sutton-Brelow Home
Get your hands dirty and make some challah. Enjoy the simple pleasure of bread making, kneading and forming your loaves to enjoy on Shabbat. No experience necessary. **Limited to 8 people, please RSVP to Maharat Victoria Sutton to participate: maharatvictoria@gmail.com**

Go Fly a Kite

Sunday, August 16 @ 2PM, Cesar Chavez Park
The Berkeley Kite Festival might be on Tisha B'Av this year, but no need to miss all the fun. Bring your own kite, and let it soar amidst the scenic backdrop of Cesar Chavez Park and the Bay. **Please RSVP to Adam Brelow for specific location information: abrelow@gmail.com.**

Oakland Zoo Outing

**Sunday, August 23 @ 10:30 AM
9777 Golf Links Road, Oakland**

Spend the day at the Oakland Zoo. The Zoo itself sits inside 490-acre Knowland Park and is home to more than 660 native and exotic animals. There is a lot to see and do while you are here. Tickets can be purchased in advance or on arrival, bring your brown bag lunch. **Please email Rachel Heitler if you plan to attend and for meeting location: rachelheitler@gmail.com**

Free Shakespeare in the Park

**Sunday August 30, Showtime 2 PM,
the Presidio's Main Post Parade Ground Lawn, San Francisco**
Bring a blanket and some snacks and be entertained by Shakespeare in the Park. The first free Shakespeare in the Park production of Romeo and Juliet since 1992 will celebrate Shakespeare's remarkable genre-defying play, which soars to the heights of romantic comedy before plunging into heartbreak. **Please RSVP to Maharat Victoria Sutton for meeting location and time, and to coordinate transportation: maharatvictoria@gmail.com.**

MAY WE BE INSCRIBED IN THE BOOK OF LIFE

This Rosh Hashana, share your blessings with all of Beth Israel's friends!

A beautiful Rosh Hashana card will be sent to all shul members for the High Holidays. Have your family's name included among the well-wishers on the inside of this card.

\$36 to have one or two names listed

Example: Bracha Berkeley, Mr. & Mrs. Berkeley, Mr. Baruch & Mrs. Bracha Berkeley, Bracha & Baruch Berkeley, Bracha Albany & Baruch Berkeley, The Berkeley Family

\$54 to include your entire (first generational) family
(i.e. Bracha, Baruch, Bilha, Bruria, and Benzion Berkeley)

**PLEASE PRINT NAMES EXACTLY AS YOU WOULD
LIKE THEM TO APPEAR IN THE CARD**

Name(s): _____

Don't Forget!

**ABSOLUTE DEADLINE:
MONDAY, AUGUST 17, 2015**

All proceeds support adult education programming at CBI.

Yizkor—Book of Remembrance

Dear Congregants,

This year at Congregation Beth Israel, a Book of Remembrance will be our guide to the Yizkor Service. Revised annually and used four times during the year, it will contain the text of the Yizkor liturgy and the names of those who are being remembered by the members of the Congregation.

If you wish to remember your loved ones in this Book of Remembrance, please complete the form below and return it with your check, no later than Sept 4, 2015. You may also email your list of names, or ask that the same names as last year be listed again, by replying to his email. Last years' booklet is attached here for your convenience.

The charge for the listing of names is \$10 per name. **There is a new charge each year for listing of names.**

Book of Remembrance Form - Due Sept. 4, 2015

Please list the following name(s):

- 1 _____ 5 _____
- 2 _____ 6 _____
- 3 _____ 7 _____
- 4 _____ 8 _____

In memory of my loved ones, I am enclosing a check to Beth Israel for \$ _____
Donors Full Name _____ Contact phone# _____

OR

Please use the names I (we) submitted for last year's book: _____ # of Names @\$10.00 per name