



CONGREGATION BETH ISRAEL

DAF HASHAVUAH

SHABBAT SHIRAH PARSHAT BESHALACH

WEEK OF JANUARY 31, 2015 / SHEVAT 11, 5775

Weekday Services February 1-5

Sun. 8:00 am • M-F 6:30 am
Mon-Th @ CBI 5:10 pm

Friday, January 30th

North Berkeley Minyan 5:00 pm
1209 Shattuck Ave (east side of street, past Oak Park, near Eunice)
Candle Lighting..... 5:12 pm
Mincha & Kabbalat Shabbat @ CBI 5:15 pm

SHABBAT SHIRAH DINNER (registration is closed)

Friday, January 30th, 6:15 pm

Join the CBI Family for a song-filled Shabbat dinner in honor of Shabbat Shirah. We will fill our mouths with the tastes, melodies, and traditional poems that welcome Shabbat.

Guest Speaker, January 31, R. Idit Solomon Infertility – Community Awareness

Rabbi Idit Solomon will be speaking on Shabbat morning. A new CBI member, Rabbi Idit Solomon is the founder of Hasidah (Hebrew word for stork). Hasidah's mission is to be the voice of hope and compassion that raises awareness of infertility, connects people to support, and reduces financial barriers to treatment in the Jewish community. Idit and her husband started Hasidah after experiencing years of infertility and recognizing that no organization existed that met all of these needs for all Jews. Idit will be presenting various Jewish perspectives and responses to infertility.

Saturday, January 31st

Piyut Workshop w/Glenn Massarano..... 8:45 am

In honor of Shabbat Shirah, the Shabbat of the Song of the Sea, we will learn and sing a piyut relating to the Song of the Sea before services Shabbat morning

Morning Service 9:15 am

Torah Reader: **Na'aman Kam**

Haftarah Reader: **Glenn Massarano**

Board Representative: **Jo-Ellen Zeitlin**

Educational program 11:00 am

Yeladim: **Ayelet Hashay**

Talmidim Aleph: **Tali Albietz**

Talmidim Bet: **Michal Goldfarb & Naama Mayzlish**

Sermon by R. Idit Solomon

Board Representative: Preston Grant

Shabbat Mincha 12:48 pm

Seudah Shlishit 5:00 pm

Ma'ariv, Havdalah & Shabbat ends 6:20 pm

Havdalah followed by Cohen Family Simchat Bat (naming ritual) 6:35 pm

Middle-school Shabbat Lunch

January 31, after kiddush

All 6-8th graders are invited to a special Shabbat lunch with Michal and Naama, with food, games and learning. The lunch will be at the home of Maharat Victoria and Adam, RSVP to maharatvictoria@gmail.com.

Kiddush Sponsor

Congregation Beth Israel in honor of our speaker R. Idit Solomon

Hachnassat Orchim

Ezra & Toby Hendon

TU B'SHEVAT

Tuesday night & Wednesday, February 3rd – 4th

Tu B'Shvat Seder

February 3, 7:30-9 pm

Join us for a traditional Tu B'Shvat Seder, focused on the tastes and sounds of Israel. Four cups of wine, seven species, singing and inspiration. The Seder is free of charge, please contact Ayelet Hashay to reserve a spot: itayavelet@gmail.com.

Beth Israel Classes

MONDAY

Women's Dance Nights at CBI! Come dance to a blend of world music, jazz, klezmer, hip hop and more. No moves to remember, no cost either. Just a chance to let loose and get some good exercise in a fun way!
2nd & 4th Mondays @ 8:00 pm

WEDNESDAY

Yirmiyahu: Yirmiyahu's prophetic career spanned over thirty years and succession of several kings, through the Babylonian's conquest of Israel and ultimate destruction of the First Temple. Yirmiyahu risks his life to bring truth to Jerusalem and provide guidance to leaders and the nation. At times despondent, the book beautifully depicts the inner life of Yirmiyahu in his mission.
Maharat Victoria Sutton, 12:00 pm

Midrasha's Tanach and Talmud (for Teens): This course is an informal but intensive study group focusing on close thematic readings of the Tanach and Talmud in translation.

David Henkin – Wednesdays, 4:15 - 5:45 p.m.

Jewish Writings of Emmanuel Levinas: The Levinas Study Group meets at 8 pm at the Schweig home to discuss various essays of the Jewish philosopher Emmanuel Levinas. The group is currently reading selections of Franz Rosenzweig. No background necessary.

Muni Schweig - Wednesdays 8:00 p.m. @ the Schweig home

THURSDAY

Open Sources: A Beit Midrash sponsored by Congregation Beth Israel and Kevah: Learn independently with a *hevruta* (study partner) or join in a *shiur* on the weekly *parsha* with Maharat Victoria Sutton. If you are interested in finding a *hevruta*, email maharatvictoria@gmail.com.
Thursdays, 8:00 – 10:00 p.m.

FRIDAY

Talmudic Wisdom: Join us for a weekly class that explores key *sugyot* (talmudic units) that discuss major Jewish questions of practice and thought. **Class is on hiatus**

R. Yonatan Cohen - Fridays, 9:00 a.m.

Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.

PLEASE DO NOT REMOVE THIS SHEET FROM THE BUILDING ON SHABBAT

EVENTS/ANNOUNCEMENTS

In Beth Israel

Mazal tov to our Beloved Frayda and R. Yonatan and to Big Brothers Hoshaya & Gavriel on the birth of a beautiful baby girl.

The community is warmly invited to a Simchat Bat this Saturday evening, January 31

Frayda Gonshor Cohen will be marking a Siyum (completion) of Mishnah Seder Moed at Seudah Shlishit in honor of this joyous occasion. Seudah Shlishit at 5 pm; Ma'ariv at 6:20 pm; Havdalah followed by Simchat Bat (naming ritual) at 6:35 pm

A musical Melaveh Malkah will follow Havdalah. The family warmly invites musicians in the community to help enhance the musical celebration (please let R. Cohen know if you plan to join). Also, please drop off instruments at the CBI Office prior to Shabbat or bring them along after the end of Shabbat.

May this child's life be filled with the insights of Torah, the warm and supportive love of family and community, and the blessing of good deeds. Mazal Tov!

Mazal Tov! to Delphine Sherman and Philip Tendler and big brothers Samuel and Elisha on the birth of a baby boy.

The community is warmly invited to a brit milah this Sunday, February 1 at 9:00 am, Shacharit 8:00 am at Congregation Beth Israel

May this child's life be filled with the insights of Torah, the warm and supportive love of family and community, and the blessing of good deeds. Mazal Tov!

Homeless Shelter: CBI's volunteers provided our clients last night at the Berkeley Men's Homeless Shelter a hearty dinner of 4-Alarm Texas Chili and accoutrements. Please acknowledge Barbara Budnitz, Carol Cunradi, Preston Grant, Deborah Shaw, Malcolm Feeley, Ronna Bach, Bathea James, Hiram Simon, Talia Bloom, Ariel Margulies, Yonatan Taylor, Linda Levine and Olga Gordon for their work and dedication. Special thanks to Rabbi Green for sharing with us his words of Torah. You can help us by volunteering for next month's dinner (February 25) at the link provided here- and/or by donating to the Rabbi's Discretionary Fund. Shabbat Shalom!

Purim Mishloach Manot: In a little over a month from now, our community will gather to celebrate Purim. One of the critical mitzvot that define the nature of the day is the giving of mishloach manot (literally "gifts of portions") to one another. Mishloach manot is not only a way to deepen our connection to people we feel close to and love, but it is also primarily a constructive means to express our love and unity as Jews in the face of our adversaries. In this spirit, I wanted to encourage each member of our CBI Family to take a moment in the coming weeks to review our shul's directory and identify an individual, a family, or a few people to reach out to in the period leading up to Purim and through mishloach manot in particular.

This coming week, as in past years, our Gan Shalom Preschool will be sending out personal codes for ordering mishloach manot. If you do not receive a code, please contact the CBI office. All proceeds of this initiative go to support scholarships for our Gan Shalom children.

Please note, this year we will no longer offer the option of sponsoring a community-wide mishloach manot (an initiative we started fewer than 5 years ago). This provides an especially important opportunity for each of us to expand our social circle and reach out beyond our immediate group of friends.

On Purim night, I encourage all of us to bring a can of food for our Alameda County food bin. During the day itself, I will be once again available to collect *matanot le'evyonim* ("gifts to the poor") which I will

distribute both locally and to organizations in Israel.

Purim is a time of hope, it teaches us that fate can be turned over (*Ve-Nahafoch Hu*), transcended, and transformed. This message must not be understood solely in a spiritual sense, it must also become a call for action. *Ve-Nahafoch Hu* means that small deeds can become radical acts of faith. How do we face our adversaries and help change the world? One person at a time, one meal at a time, one can of food at a time, one dollar at a time and one community at a time.

Sincerely, Rabbi Yonatan Cohen

Kosher Pop-Ups* presents

~ A Pre-Purim Persian Party ~

A kosher fine dining experience

Sunday, February 22 at the West Side Café,

2570 9th Street, x Parker, Berkeley

No-host cocktail hour 6-7 pm

Featuring wines from Covenant Winery

Followed by an exquisitely presented meal prepared by

Dina's Kosher Catering of San Francisco

Prix Fixe \$60 per person

Register early! Seating is extremely limited. Adults only.

<http://www.cbiberkeley.org/connect/join-us/kosherpopup/>

Master Your Grill with Naftali Hanau, CEO and Founder of Grow & Behold Foods

Sunday, March 1, 2-4pm at CBI

There is no better way to cook in the summer and year-round than outdoors on a charcoal grill. Learn how to move beyond burgers and hotdogs to easily and quickly prepare meat meals for your family, including chicken on the bone, lean and marbled steaks, lamb chops and more. We'll show you all the steps from lighting the grill, arranging the coals, checking for doneness without a meat thermometer, and how to make spice rubs and marinades that will take your dinner to the next level, all from basic pantry ingredients. No prior grilling experience necessary — everyone is welcome! **FREE (RSVP to maharatvictoria@gmail.com appreciated)**

SCRIP: Naomi Stamper and Ruth Wittman, are available to sell scrip for Berkeley Bowl, Peets Coffee, Afikomen and CVS. Please call or email Naomi Stamper, 525-8259 • Ruth Wittman, 525-9530

Donate your car/boat/vehicle to Beth Israel/Midrasha. Full tax write off. Beth Israel/Midrasha share proceeds from sale. Contact David: 510-849-0961 or Midrasha: 510-843-4667.

In the Community

Do an important mitzvah and have a great experience!! Armin is a 13 year old boy from Hungary who attends a Jewish day school and will be in the East Bay from March 15 – June 10. His father works for Maccabi in Hungary and Armin plays competitive water polo. His Hebrew is good and he will be here to intensify his study of English. The family is looking for a host family for Armin during the 3 months that he will be in town. He is sweet, helpful, mature and responsible. If you, or someone you know, might be able to provide a home for Armin, please be in touch with Deb Fink as soon as possible: dfink@jccsf.org.

Saturday Night Live! with Chassidic Masters Continues!

This Saturday Night January 31st at 8 pm

With: Reb Eliahu Klein and dedicated Chassidim

Where: At the Klein-Scheinberg Home, 2610 California St [between Parker-Carleton]

Topic: Rabbi Nachman's Torah of the Void: The mystical commentary on

Parshat Bo (perhaps R. Nachman's most important Torah). This is a profound teaching linking the act of creation, to the doubts and questioning of a seeker and how this is connected to Moshe approaching Pharaoh. Come.

Afikomen Judaica LIVE. SHoP. SHMooZE.

3042 Claremont Avenue Berkeley 510-655-1977 www.afikomen.com

Tu'B'Shevat "Trunk" Show with Sara Shendelman, Sunday February 1, 3:00 pm: Come and hear Teachings and Stories by Rabbi Sara in preparation for Tu'B'Shevat, the Holiday of the Trees

Book Release Party I Say Shehechyanu by Joanne Rocklin

Sunday March 8, 3:00 pm

Thank you for Shopping Local!

**PLEASE JOIN AJC SAN FRANCISCO AND TEMPLE ISAIAH
FOR A COMMUNITY WIDE PROGRAM**

Making the World Safer for our Next Generation:

A conversation about anti-Semitism in Europe

FEATURING DIPLOMATS FROM France, Germany, Israel, Norway

Tuesday, February 10, 2015, 7:00 PM

Temple Isaiah Social Hall, 945 Risa Road, Lafayette

A panel of European dignitaries will discuss the threatening

rise

further Jewish safety world-wide. Dessert and light refreshments will be served (Dietary Laws Observed). For more information, contact SanFrancisco@AJC.org.

Sponsored by: Beth Chaim Congregation, Beth Jacob Congregation, Congregation Beth El, Congregation Beth Israel, Congregation B'nai Shalom, Congregation B'nai Tikva, Congregation Netivot Shalom, Contra Costa Chabad, Contra Costa JCC, Contra Costa Jewish Day School, Israel and World Jewry Committee (Temple Isaiah), J. Weekly, JCC East Bay, Oakland Hebrew Day School, Tehiya Day School, Temple Beth Abraham, and Temple Sinai.

Edah: Looking for an after school program? Edah is a full-service after school program that engages K-5 children in joyful Hebrew language and Jewish learning. We meet 5 days a week and you choose the days that work for your family. To see us in action come visit us 2:30-5 p.m. on **February 11, 25, March 2 and 9** (other dates available upon request). Let us know when you would like to visit or contact us with your questions—email: info@edahcommunity.org or phone (510) 210-2537. You can also learn about us on the web <http://www.edahcommunity.org/>.

NCSY

Norcal Yarchei Kallah, Grades 9-12- February 13-16, 2015

Granlibakken Resort, Lake Tahoe

Guest Speaker R. Menachem Nissel; Hang out with 50 other NCSYers and our awesome advisors

Skiing/snowboarding all day Sunday and much more!

Cost \$245 before Jan. 21, \$320 AFTER

Save the date: March 8th, 1:15pm - 3:15pm Get ready for an epic day of Laser Tag with up to 50 NCSYers! At Q-Zar Laser tag.

For more information, www.norcal.ncsy.org; R. Akiva Naiman at naimana@ncsy.org or 510/206-5386

The Contemporary Jewish Museum (The CJM) is pleased to announce a synagogue day with free admission on Sunday, March 1.

www.thecjm.org

MIDRASHABANG 2015

A NIGHT IN TEL AVIV

Sunday, March 22, 2015, 5-9 PM

Be transported under the stars to a Mediterranean beach front in a city that never sleeps... Schmooze-Auction-Eat-Groove-Party - Bid Bon Voyage to a Midrasha Mensch, Yossi Fendel
Congregation Beth El, 1301 Oxford Street Berkeley
Don't miss the party of the year! For more information 510-843-4667 rabbijen@midrasha.org or event Chair Anna Martin: msmartin.mathson@gmail.com

Camp Urban Adamah, August 10-14, 2015

Earth Builders, Co-Sponsored by Congregation Beth Israel.

Explore, create, taste! It's summer on the farm. Enroll online at urbanadamah.org

MOSHAVA MALIBU - Register Early & Save! Bnei Akiva's coed religious overnight camp has excellent sports, arts, water sports, nature & more. Grades 3-10. Session: July 13 to Aug 10, 2015. Irvine Visit www.moshavamalibu.org or call 855-MOSHAVA for more info.

The Szarvas Fellowships for students completing 10th and 11th

student
Jewish

summer camp and celebrate Jewish life. The camp is kosher and shomer shabbat. Scholarships are available through the SF Jewish Community Federation. <http://tinyurl.com/sf-jewishfed>. Please contact Lisa Pavlovsky with any questions - LisaP@sfcjcf.org. Applications are due February 11, 2015. www.szarvas.org.

Kosher Sandwiches @ UC Berkeley: Freshly made kosher sandwiches will be available at 11:30 am Monday through Fridays at the following locations: Crossroads at the Den (Channing & Bowditch), Golden Bear Cafe, and Cafe Ramona. Choices available: one meat, one poultry, and an egg salad. For any questions, contact Avraham Burrell avraham@mindspring.com.