



Weekday Morning and Evening Services

February 7-11

Morning: Sun 8:00 am • M-F 6:30 am
Evening: Mon-Th: 5:25 pm

Friday, February 5

Northside Minyan @ Gessow Home..... 5:07 pm
1315 Bonita Ave., Berkeley
Candle Lighting 5:19 pm
Mincha & Kabbalat Shabbat @ CBI..... 5:25 pm

Saturday, February 6

Morning Service9:15 am
Torah Reader: **Na'aman Kam**
Haftorah Reader: **Joel Resnikoff**
Board Member: **Benjamin Epstein**
Childcare.....9:30 am
Youth Programming.....10:45 am
Kedma (3-5 years old): **Natan Kuchar**
Tzafona (K-2nd grade): **Yael Birnbaum and Lital Nagar**
Negba (3-5th grade): **Ari Weber**
Yama: **Tot Shabbat @ 11 am**
Sermon by R. Cohen: *Unburdening the Hate-filled Heart*
Mincha 12:45 pm
Seudah Shlishit 5:15 pm
Ma'ariv, Havdalah & Shabbat ends after 6:18 pm

KIDDUSH LUNCHEON SPONSORS

Gladys & Philip Leider
Roded & Rachel Sharan, and Sagi, Shani & Ziv, in honor of the bar mitzvah of Oded Sharan
The grad students, young professionals, and young folks of CBI in gratitude to and appreciation of the CBI community: **Lisa Aremband; Miriam Barrere; Brian Blumenthal; Andrea Brott; Hadar Cohen; Laya Cooperman; Michael Danto; Benjamin Epstein; Joel Finbloom; Amalya Lehmann; Shivaram Lingamneni; Raphael Magarik; Dorit Resnikoff; Nehama Rogozen; Noam Saper; Lauren Schuchart; Eli Silins; Sarah Silverman; Jonathan Thirman; Arielle Tonkin; Ari Weber; Elan Weinstock; Sara Weissman**

HACHNASSAT ORCHIM

Judy & Glenn Massarano

ROSH CHODESH ADAR

Mon. night, Tues. & Wed., February 8th – 10th
Shacharit6:30 am

Tot Kabbalat Shabbat & Young Family Dinner

February 12, 2016
Tot Kabbalat Shabbat..... 5:30 pm at Gan Shalom
Dinner 6:15 pm at CBI
Please RSVP to maharatvictoria@gmail.com. \$15 adults, \$10 children (up to 12), max \$50 per family

Beth Israel Classes

MONDAY

Book of Jeremiah with Maharat Victoria Sutton: Jeremiah's prophetic career spanned over thirty years and succession of several kings, through the Babylonian's conquest of Israel and ultimate destruction of the First Temple. The prophet risks his life to bring truth to Jerusalem and provide guidance to leaders and the nation. At times despondent, the book beautifully depicts the inner life of Jeremiah and his mission. Together, we will study the text and themes of the Book of Jeremiah. **Please note: this class will not meet this week, February 8.**
Maharat Victoria Sutton — Mondays @ 12:00 pm

WEDNESDAY

Midrasha's Tanach and Talmud (for Teens)
This course is an informal but intensive study group focusing on close thematic readings of the Tanach and Talmud in translation.
Mickey Davis — Wednesdays @ 4:15 - 5:45 pm

Open Sources: Beit Midrash

Co-sponsored by Congregation Beth Israel and Kevah
An Open Beit Midrash for learning on all levels. You can come with a *hevruta* (learning partner) or we can help find the *hevruta* and area of learning that best fits. Start by filling out the form on our website. On site assistance with learning available.
An optional class will be given each week on the parasha by Maharat Victoria Sutton, which includes guided *hevruta* learning of sources for the class followed by group discussion.
Maharat Victoria Sutton — Wednesdays, 7:30—9:00 pm

Jewish philosophers: Rabbi Eliezer Berkovits: The class is currently reading and discussing selections from "Essential Essays on Judaism" presenting Berkovits' most significant essays, exploring vital issues within Judaism and Jewish society, including: Jewish morality and law, Jewish nationhood, and Jewish theology. No background necessary.
Muni Schweig — Wednesdays @ 8:00 pm @ the Schweig home

FRIDAY

Talmudic Wisdom: Join us for a weekly class that explores key *sugyot* (talmudic units) that discuss major Jewish questions of practice and thought.
R. Yonatan Cohen - Fridays, 9:00 am

SATURDAY

Saturday night live w/R. Eliahu Klein, February 6
Master seminar group text study on the verses of B'shalach with the teachings of Rebbi Nachman of Breslov, Rebbi Natan of Breslov, and the Baal Shem Tov on the topic of *galut* and *geulah* –exile and redemption. This is an ongoing *shiur* [class] that will meet every other week through the winter months. We will focus on Chassidic commentaries on the weekly Torah portion and Jewish holidays.
The class meets at the home of R. Klein, 2610 California street -between Parker and Carleton - 510-206-4395

Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.

M'lave malka refreshments will be served. Come to learn and experience the fellowship of chassidim

UPCOMING LECTURES



An Evening with Consul-General Andy David — Sunday, March 13th 7:30 pm

Dr. Andy David began his appointment as Israel's Consul General to the Pacific NorthWest in August 2012. In his last position, in Israel, he served as a policy advisor to the Foreign Minister. In the course of his diplomatic career, he has served Missions in Azerbaijan, Hong-Kong, and Chicago and the Midwest. His past domestic positions in the Ministry of Foreign Affairs include policy advisor to the Foreign Minister; the Ministry's Deputy Spokesman; and Head of the Euro-Asia section in Israel's Agency for International Cooperation. *Dr. David has a B.A. (magna cum laude) and M.A. in medical science, and a Doctorate in Dental Medicine, all attained at Jerusalem's Hebrew University. He served in the Israel Air Force and in RAFAEL, the Ministry of Defense's Armament Development Authority. He is a graduate of the Executive Combating Terrorism program at the National Defense University in Washington D.C.*

EVENTS/ANNOUNCEMENTS

In Beth Israel

With gratitude to Hashem, Gavri, Jesse, and Oscar Kellerman invite you to join them in welcoming
Masha Rose
February 7, 2016, 11 AM, at Congregation Beth Israel

Kellerman Family Shifra Puah A great way to support the family at this time is to bring them a meal. Signup on the calendar here: <http://mealmein.com/helpout/ocq2v>. Please email Maharat Victoria Sutton if you need help with sign up.

NCSY weekly programs and upcoming events

- **Latte and Learning:** Mondays at 7:30 PM at Starbucks, 2128 Oxford St, Berkeley.
- **Dinner and Learn:** Wednesdays at 5:30 pm at Adath Israel, 1836 Noriega St., San Francisco
- **NCSY TAP: Tuesdays at 7:30 PM from February 2nd to March 15th** at the Jewish Federation, 2121 Allston Way, Berkeley. Teen Advocacy Program is a six-week program in which high schoolers will learn about the legislative process, choose and research bills they are passionate about, and lobby on March 15th in Sacramento. Apply at: <https://docs.google.com/forms/d/150GXcXK534aA1pNIFKFgehcfppErBNE2gqMSu7Bju4s/viewform>. For more information please contact cohen@ncsy.org or 310.978.5813.
- **ShabbaTeva:** High schoolers save the date for a weekend in nature, February 12th to February 14th, at Manzanita Lake (near Yosemite). Sunday morning we are going into Yosemite National Park for snow shoeing hiking, cross country skiing, snow activities and driving through the beautiful scenery of the Yosemite Valley National Park. Leaving: Friday Feb 12 8am from BJC 3778 park blvd Oakland. Returning: Sunday Feb 14 11pm back at BJC Oakland. Price: \$297

Early bird discount: \$233 (until January 28th)

*No one will be turned away for lack of funds.

Sign up at: <https://norcal.ncsy.org/events/131124/norcaland-yk-2016/>

CBI SISTERHOOD

Comer Tamales con sus seres queridos !

The Sisterhood will be cooking up chicken tamales, tomatillo salsa, and icy margaritas with Sara Miranda

Sunday, February 14th at 11am at Congregation Beth Israel.

Join us as we learn the art of tamale wrapping and how to make fresh salsa from mild roasted chilis and peppers. All are welcome. Tamales will be available for purchase after 2pm. \$24 per dozen Pre-orders Welcomed and encouraged!

Questions? Contact Sabrina Kabella sabrina@kabella.org

Donate your car/boat/vehicle to Beth Israel/Midrasha. Full tax write off. Beth Israel/Midrasha share proceeds from sale. Contact David: 510-849-0961

In the Community

The Sephardic Experience w/Rivka Amado, Tuesdays February 9 - March 8 | 4 Sessions: 7:00 - 8:30 PM, Berkeley JCC

The Sephardim lived and flourished in Spain for almost two millennia. This course explores the history, music, and poetry of Sephardic life in the Golden Age of Spain.

JCC East Bay in partnership with Lehrhaus Judaica

Positive Parenting with Lisa Fuller, MSW: Tuesday, February 9th, 7:30 pm, Oakland Hebrew Day School. Do you hear yourself saying things you'd never imagined you would? Do you want to have more fun as a parent and feel more connected to your child? Join Lisa Fuller in this unique opportunity to learn more about parenting with positive discipline, a common-sense approach that works! To register, please contact Philippa Lichterman: plichterman@ohds.org. \$10 per parent or \$15 per couple.

Parent Seminar: "Bullying: Empowering Positive Interactions" with Rikki Sudikoff — Date: Sunday, February 7, 2016, 10:30 am

JCC Oakland Branch, 5811 Racine Street, Oakland, CA 94609
For more information: Ruth Peterson Shorer, (510) 848-0237 x122 ruths@jccastbay.org

Parenting Seminar with JFCS' Rikki Sudikoff, LCSW

Fees: \$12 per family, \$5 per child for child care
Register here! <http://www.jccastbay.org/events/2016/02/07/early-childhood/bullying/>

Bullying is consistently capturing media attention but most parents are not aware that this behavior has been observed as early as preschool. Learn from Rikki Sudikoff, a licensed clinical social worker and psychotherapist, who will describe the characteristics of painful social interactions. She will help differentiate the behaviors characterized as bullying from those that are developmentally confrontational and discuss ways to intervene so children feel empowered.

Now Accepting Applications: Tikvah High School and College Programs

The Jewish Idea: Morality, Politics, and Culture, June 16, 2016— August 3, 2016

A Tikvah Summer Fellowship for College Students

APPLICATIONS DUE FEBRUARY 15, 2016

Tikvah is offering an intensive six-week seminar for college students living in America, Canada, or elsewhere in the Diaspora. The summer fellowship will seek to address the core questions of social life—family, power, economics, and much else—by looking at foundational Jewish texts, the lessons of Jewish history, insights of modern Jewish thought, and the conversation between Jewish and Western ideas. Faculty will include: Yuval Levin, Ruth Wisse, Elliott Abrams, Daniel Polisar, Leora Batnitzky, Eric Cohen, and Meir Soloveichik.

Sandwiches @ UC Berkeley: Freshly made kosher sandwiches will be available at 11:30 am Monday through Fridays at the following locations: Crossroads at the Den (Channing & Bowditch), Golden Bear Cafe, and Cafe Ramona. Choices available: one meat, one poultry, and an egg salad. For any questions, contact Avraham Burrell avraham@mindspring.com.

Israel Focus

For your interest, information, protest, or counter-protest

Israel Focus is designed to inform our members about a broad range of local area events concerning Israel. It is expected that you will find events that you would support and others that you would not, yet we trust that they will all inform. Beth Israel does not necessarily endorse any particular event.

StandWithUs presents An Evening with Roseanne

Saturday, February 27, 2016

Temple Beth Abraham, 327 MacArthur Blvd., Oakland

Dessert Reception - 7:30 pm x Program 8 pm

Roseanne Barr and her personal journey to becoming a supporter of Israel, in conversation with Kristal, well known local advocate for Israel and former radio talk show host in London.

Tickets: Student with valid ID \$10, Community Members \$25, VIP \$100 includes VIP cocktail reception with Roseanne at 7:00 pm and reserved seating for the event. To RSVP please visit www.StandWithUs.com/RoseanneNorcal. Please contact johannaw@standiwthus.com for more information.

We invite you to submit announcements for inclusion in Israel Focus to the office at office@cbiberkeley.org. Announcements will be edited for length and content (to comply with the Announce List Guidelines).