

Weekday Morning and Evening Services — December 18-22

Morning: Sun 8:00 am • M-F 6:30 am

Evening: Sun-Th 4:35 pm

Friday night, December 16th

Northside Minyan @ Sudikoff home4:30 pm
 1209 Shattuck Ave (east side of street, past Oak Park, near Eunice)
 Candle Lighting4:34 pm
 Mincha & Kabbalat Shabbat @ CBI.....4:35 pm

Saturday, November 17th

Morning Service 9:15 am
 Childcare 9:15 am
 Torah Readers: **Jamie Conway**
 Haftorah Reader: **Eric Seder**
 Formal Group Time:10:30 am
 Kedma (3-5 years old): **Natan Kuchar**
 Tzafona (K-2): **Chani Levenberg and Hadassa Zenou**
 Negba (3rd-5th): **Zeev Neumeier**
 Tot Shabbat with Frayda Gonshor Cohen upstairs at CBI @ 11am
 Parent Supervisors: **Wendy & Aaron Kenin**

CBI Board Representative: Sarah Darmoni

Sermon by R. Cohen: *Revisiting (the Mitzvah of) Visiting the Sick - Launching CBI's Chesed Chevre Team*

Shabbat Mincha12:40 pm
Seudah Shelishit4:35 pm
 Ma'ariv, Havdalah & Shabbat ends after 5:35 pm
 Mishmash 6:15-7:15 pm

KIDDUSH SPONSORS

The CBI Board of Directors welcoming and honoring our New Members and Newcomers

HACHNASSAT ORCHIM

Toby & Ezra Hendon



**Shabbat Shalem with Alan Morinis
 January 6-7**

We are excited to welcome Alan Morinis to Beth Israel! There will be several opportunities to learn together, including a catered Shabbat dinner. To sign up for Shabbat dinner, followed by a class with Alan Morinis, please register online or through the CBI Office. RSVP by Tuesday night, January 3—Dinners fill up quickly, please register early! \$10 per child, student, & young professional, \$18 per adult,

\$50 maximum per family

Alan Morinis is the founder and Dean of The Mussar Institute and an active interpreter of the teachings and practices of the Mussar tradition, about which he regularly gives lectures and workshops. Born and raised in a culturally Jewish but non-observant home, he studied anthropology at Oxford University on a Rhodes Scholarship. For the past sixteen years, the nearly-lost Jewish spiritual discipline of Mussar has been his passion, a journey recorded in the book *Climbing Jacob's Ladder* (Broadway 2002). His guide to Mussar practice, entitled *Everyday Holiness: The Jewish Spiritual Path of Mussar*, was published in May 2007. His newest book on Mussar, *With Heart in Mind*, was published in August 2014.

Beth Israel Classes

SATURDAY

Zemirot of Shabbat with R. David Rue - Seudah Shlishit: Each Shabbat we will study one Zemer (Shabbat Song), learn the tune, study the text and ask some questions for further thought. Class will meet in the beit midrash during seudah shlishit.

R. David Rue has been a Dayan from 1989, Rosh Beit Din from 2000. He has taught extensively in Yeshivot Bnei Akiva, the premier religious Zionist education network in Israel with over 75 schools and 24,000 students. He is a close student of Rav Druckman. **Class will not meet December 17, 31.**

R. David Rue — Saturdays during seudah shlishit

MISH MASH A one-on-one parent-child learning program. Children in grades 1-8 and their parents are invited to participate. Guidance available in choosing learning materials best suited to each individual need.

Mishmash will meet twice a month, December- March, on Motzei Shabbat, 45 minutes after Shabbat ends. Food and snacks will be served.

**Dec 17 6:15-7:15 • Jan 7 6:30-7:30 • Jan 21 6:30-7:30
 Feb 4 6:45- 7:45 pm • Feb 18 6:45-8 pm • Mar 4 Siyum! 7-8 pm**

SUNDAY

The Zohar on Shabbat w/Reb Eliahu Klein: The most influential mystical text in the history of Judaism is without a doubt the Zohar. The questions: Who wrote it? When was it written? and other academic questions is not what the course is about. We will study the Zohar with the translation of Rabbi Yehudah Ashlag who composed the first complete Hebrew translation of the Zohar in the 1950's. The goal of the course is to show the profound influence of the Zohar on all aspects of the practice of Shabbat, specifically the Four primary meals of Shabbat, Friday night, Shabbat Morning, the Third Meal and the Fourth meal; the M'laveh Malka. The Zohar will show the mystical, poetical and romantic notions in all these meals. The focus of this course is not an academic analysis of the text, rather it is to show religious and spiritual meaning of the text as applied to religious practice.

R. Eliahu Klein • Every other Sunday Morning, 9:00-10:00 am, Jan 8, Jan 15, Jan 29, Feb 12, Feb 26

MONDAY

Daniel & Ezra with M. Victoria Sutton: These narratives tell the story of the Jewish people between the First and Second Temples. From the writing on the wall to the lion's den, we will explore the life and times of the prophet Daniel in the Babylonian court. Next, we turn to Ezra haSofer, the pivotal figure in returning the people, and Torah, from the Babylonian exile to Jerusalem. As we journey through this critical time in Jewish history, we will learn about these amazing figures, their challenges and choices, and how they can inform our own experiences both in the Diaspora and in Israel. **Class does not meet Dec. 26**

M. Victoria Sutton — Mondays @ 12:00 pm.

NCSY LNL – Latte & Learning (for Teens; Grades 9-12)

Latte & Learning brings Judaism to local coffee shops and serves up Torah in a relaxed and fun setting. LNL is the place for teens to ask questions, voice their feelings, and connect with each other.

Mondays, 7:30-8:30 p.m. • Starbucks, 2128 Oxford St, Berkeley

Please refrain from wearing perfumes or scented products as there are congregants for whom these products are an irritant due to allergies or as a result of chemotherapy or other medical treatment. Thank you.

WEDNESDAY

Midrasha's Tanach and Talmud (for Teens)

This course is an informal but intensive study group focusing on close thematic readings of the Tanach and Talmud in translation.

Mickey Davis • Wednesday • 4:15-5:45 pm

Open Sources - Beit Midrash

Learn independently with a *hevruta* (study partner) OR Study the weekly Torah portion with Maharat Victoria Sutton

Learners of all levels welcome -- Savor the Soup of the Week as you learn. Want to study with a partner, and not sure where to begin? Contact Maharat Victoria Sutton maharatvictoria@gmail.com with any questions, and we will help you find a partner and get started!

A Beit Midrash is a welcoming space to learn and discuss Jewish texts.

Looking forward to learning together! **Class on hiatus, resumes Jan. 4**

Maharat Victoria Sutton — Wednesdays, 7:30—9:00 pm

Jewish philosophers: The class is currently reading "**A Living Covenant: The Innovative Spirit in Traditional Judaism**" by world-renowned philosopher and social activist, Dr. David Hartman (z"l), the founder of the Shalom Hartman Institute in Jerusalem.

Muni Schweig — Wednesdays @ 8:00 pm @ the Schweig home

FRIDAY

Talmudic Wisdom: Join us for a weekly class that explores key *Sugyot* (talmudic units) that discuss major Jewish questions of practice and thought.

R. Yonatan Cohen • Fridays, 9:00 am, Dec. 16

EVENTS/ANNOUNCEMENTS

In Beth Israel

CBI SISTERHOOD

Book Meeting: Sunday, December 18, 10:30 am # CBI. We will discuss *Two Shea-Bears* by Meir Shalev. Please contact Rita Kohl ritako3@gmail.com for information.

Sunday, December 18th • 1:30-4:30 @ CBI

BOOM! Café Hour:

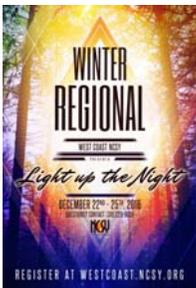
Baby Boomer? For baby boomers in their 50's and 60's! Tasty Bites, Coffee, Tea, & Dessert Liquor. RSVP necessary to schnitzsa@gmail.com.

CBI Cooks for Berkeley Men's Shelter, Wednesday, December 28th, 5

PM-7:30 PM: With your help, CBI prepares and serves dinner to more than 50 clients at the Berkeley Men's Homeless Shelter each month. Join us this month to cook, serve or clean up (see shifts below). Contact Maharat Victoria Sutton to sign up or learn more.

6:30 - Cooking Shift

6:3--7:30 Serve and Clean-Up Shift



Sign-Up for the NCSY Winter Regional TODAY!

www.westcoast.ncsy.org

Grades: 9th-12th grade

Dates: Thursday, December 22nd-

Sunday December, 25th

Location: Hilton La Jolla Torrey Pines

Cost: \$400

Scholarships available for CBI Teens.

Contact R. Cohen directly.

CBI Chanuka Game Night & 2nd Great Berkeley Bake-Off

Sunday, December 25th, 5-7:30 pm

Get in the Maccabi Spirit with Games for grown-ups (families welcome as well)! We will also hold our 2nd Great Berkeley Bake-Off. Contestants can show of their sufganiyot skills for a taste test - and everybody wins! If you want to try your hand, we have 3-4 slots, or if you would like to host a game table, please be in touch with Maharat Victoria Sutton.

Asarah B'Tevet Services & Learning, and The Backpack Project

Sunday, January 8—9:00 am - 1 pm

We will mark Asarah B'Tevet through communal fast and *gemilut chasadim* (acts of kindness). We will delve into the meaning of the day through learning, followed by creating resources for those who are most vulnerable in our Berkeley community.

8:00 am - Shacharit

9:00-10:00 am - Learning with Eliav Goldberg, Eliahu Klein and M. Victoria Sutton.

10:00-1:00 pm - The Backpack Project: Assemble and distribute backpacks with essential supplies to homeless individuals in Berkeley. Sign up to shop for items, help assemble backpacks or distribute backpacks with Maharat Victoria Sutton.

Cost of each assembled backpack is approx. \$20. To sponsor a backpack, or a few backpacks, please contact the CBI office.

We will meet monthly from 11:30-3 PM including a sharing lunch. We ask for a commitment to show up for 4 sessions and to engage in homework in between. The groups will be facilitated by Rabbi Mimi Weisel and/or Rabbi SaraLeya Schley.

Aging with Grace and Wisdom

January 10, February 28, March 21

How do we harvest a lifetime of living? Conscious eldering is an ongoing opportunity for inner growth and exploration of our values. We can transform the changes that the years bring to our bodies and minds into openings to ever-deepening meaning, and even delight – and certainly not stagnation.

Join a group of like-minded journeyers to share and expand our experience of growing older within Jewish community and informed by Jewish values. Our goal is to create a place of safety for personal exploration and growth, and study. The initial group will be limited to 8 participants.

Donate your car/boat/vehicle to Beth Israel. Full tax write off. Beth Israel. Contact David: 510-849-0961

In the Community

Dreidels on the Brain Hanukkah Party

Celebrating 25 Years of Afikomen Judaica!

Sunday December 25, 2:30pm - 5:00pm -- FREE

Music 3:00 pm w/ Melita and Jen Miriam (members of Octopretzel)

Stories & Readings 3:45pm w/ Joel Ben-Izzy

Books will be available to purchase and sign

Community Menorah Lighting 4:30pm w/ Rabbi Chaim

Shopping ALL Day 11am - 5pm

Prizes * Friends * Nosh *

3042 Claremont Avenue Berkeley CA 94705

510-655-1977 www.afikomen.com