BUILDING FOR GENERATIONS –
A SPECIAL MESSAGE FROM R. SAUL AND SHELLEE BERMAN

R. Saul and Shellee Berman, our shul’s founding rabbinic family, share blessings on the occasion of the groundbreaking celebration for the rebuild of CBI’s Shabbat Youth Center and Gan Shalom Preschool. The building served as the family’s first home as they began their married life together in the early 60s. We pray that through the rebuilding of our shul’s youth center we will continue to walk in the path of all of our community’s founders whose vision guides our way until this day.

Dear Rabbi Cohen, Rabbanit Frayda, and Friends at Beth Israel,

While we are physically distant, we have continued through the years to feel emotionally and spiritually connected with Beth Israel, its members and its spiritual leaders.

The building on Jefferson Street which you are about to begin rebuilding was the home in which Shellee and I began our married life together. We rented the far side of the building for three years and had wonderful neighbors in the apartment on the side closer to Bancroft Way – Phoebe and the late Dr. Dave Weissbrot, Dr. Josh and Lillian Ritchie, and Sammy and Helen Mehoudar.

This week’s Parsha is about the actual building of the Mishkan, the Tabernacle in the desert. Every Jewish home is a Mishkan in which the values and virtues of God and Torah are symbolically represented and are enacted. Our home on Jefferson Street was the beginning of our effort to shape a home and eventually a family in which Torah life was energetically lived and lovingly expressed.

We have so many warm memories of that home. The Shabbat meals that we shared with congregants and visitors; the annual fire in our home on Simchat Torah as the food on the stove burned while we prolonged our rejoicing at Shul; the dozens who shared in our second Seder each year; the annual summer visits by not yet Rabbi Shlomo Cunin as he rested every few weeks from his Jewish outreach in the towns of Marin County; dinner with Sol Kripke as UC Berkeley tried to persuade him to join the faculty by showing him that Jewish life existed in Berkeley; the art work of Shoshana Greenberg and Sonia Rapoport which they shared with us and which has continued to hang in our home to this day, and that magical Friday night when hundreds showed up at our door because, unbeknown to us, Shlomo Carlebach had issued an invitation to all gathered in Sproul Plaza to join us that evening for Zemirot.

The memories of events and of people, too numerous to recount, flood us with warmth and joy.

We have through the years been honored to know that the home which we filled with Jewish spirit had become a preschool and youth center for the children of the Jewish community of Berkeley. We are now extremely pleased to hear that the building will experience an Aliyah, not quite to Israel, but an elevation and expansion to serve yet additional generations of Jewish children and families as a Mishkan, as a sanctuary in which passion for Jewish knowledge, for Jewish ethics and for Jewish spiritual life will continue to be taught and modelled by both religious and lay leadership, and by the community in its entirety.

We extend our love and best wishes to you all.
Rabbi Saul and Shellee Berman

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A SPECIAL GATHERING OF CBI’s CHEVRE KADISHA

By Juliet Stamperdahl and R. Yonatan Cohen

According to our tradition, Zion Adar (the 7th day of the month of Adar) marks both the birthday and yahrzeit (day of passing) of Moshe Rabbeinu. This date has traditionally been observed by groups of Chevre Kadisha as a special time to gather, learn, and focus on mitzvot and rituals relating to Jewish burial. One source explains that this particular date was chosen due to the understanding that the Holy One Himself had buried Moshe on that day, acting as Moshe’s Chevre Kadisha, and setting a personal example for generations to come.

Indeed, a midrash in Devarim Rabba powerfully captures all that occurred on that day. According to the midrash, the Holy One initially tried to delegate the heavy task of taking Moshe’s life to the angels Gavriiel, Michael, and Sammæl, but none of them were up to the task. The angels’ refusal and or limitation ultimately forced the Holy One to confront the death of Moshe. In a moment of sheer beauty, the midrash describes how God eventually shares the impending news with Moshe with great sensitivity. God then lovingly closes Moshe’s eyes and lays him down. The Holy One then follows the rituals of Tahara and burial with great precision and care.

This midrash reminds us of some of the challenging aspects of the Chevre Kadisha’s holy work (even the Holy One, as it were, initially resisted taking on the heavy burden). As importantly, this rabbinic teaching conveys the critical message that the Chevre Kadisha’s work is indeed the fulfillment of God’s own sacred work in the world. In offering Tahara, the Chevre Kadisha follows the Holy One’s ways by providing love, comfort, and care.

This year, Zion Adar Aleph was on Friday, February 7th. On Sunday, February 9th, the Beth Israel Chevre Kadisha met for brunch, discussion, and text study. It was a lovely gathering for members of our group, creating an opportunity to learn, share personal reflections, and a sense of renewed dedication to the group’s holy work. It was a true blessing to hear members of the group share their sense of calling and deep appreciation of this precious mitzvah.

The marking of Zion Adar also creates an opportunity to recruit new members to the group. If you are interested in doing this work, please consider yourself officially invited. You can talk to Rabbi Cohen, Juliet Stamperdahl or Preston Grant.

May God bless the members of our Chevre Kadisha. May they be blessed with the Holy One’s courage and strength, love and sensitivity.

The i’s are dotted, and the t’s are crossed, the permits are all signed, and we’re underway. A beautiful new Gan Shalom Preschool and Youth Center for our children is under construction. After years of diligent work by so many of you, the new building is about to become a reality.

Our one remaining task is to fund the construction. And this, I know, will be the easy part - because the Gan is so close to the hearts of so many of you. To build for future generations is an irresistible cause, a vision, a dream, of which I know you will want to be a part.

Some of you may have heard me quote Rabbi Jonathan Sacks during my Shabbat announcements, but I would like for you to read it for yourselves:

“We cannot order our children to be Jews”…Rabbi Sacks writes.

“I cannot tell my children and my grandchildren what they should be. Only they can make that choice, and I wish them blessing in whatever they decide.

But I can tell them where we came from, and why it was so important to them that their children should carry on the journey. This is our story, unfinished…yet.

And in this story is a chapter …only they can write.”

The brick and mortar building that we are constructing will be CBI’s place to tell that story to our children. It will be the place to convey to them the beauty of a way of life we cherish, it will be the place that is the physical symbol of our community’s commitment to them, and it will be the place that lays the foundation for the chapter they have yet to write.

Our fundraising efforts have already begun. The Building for Generations campaign will be headed by Elissa Kittner, Stan Wulf and myself with the help of a number of additional volunteers. If any of you have a particular interest in helping on this campaign, please be in touch directly with me.

We hope you will respond generously when we, and other volunteers, contact you because, really, what could be more precious than our children...our future. We will spell out our exact needs though future communications and look forward to working together with you to provide our children with a bright, shiny new facility that will match the bright shining expressions that we see on their faces each Shabbat.

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**BUILDING FOR GENERATIONS!**

*From Lois Marcus, President*

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**— SCRIP NEWS —**

*By Naomi Stamper*

**REMEMBER THE GAME, TWENTY QUESTIONS?**

1. What is scrip?
   Paper or plastic used in place of money.
2. Why use scrip?
   CBI makes thousands of dollars each year from members shopping with scrip.
3. What does it cost to use scrip?
   Nothing. You pay the face value of the scrip you buy. For example: a 25 dollar Peets scrip card costs $25.
4. How can one get scrip?
   You can buy it online at www.shopwithscrip.com and open a family account using the enrollment code: 1LA6BD2C115L7. (Ignore the request for student name and teacher – the site was designed for use in schools.) If you have any questions or need help, don’t hesitate to contact Sara Schulman: sara@math.berkeley.edu.
5. Is there scrip for Afikomen and Oakland Kosher Foods?
   Yes. Afikomen scrip earns the shul a generous 10% and we make 5% from Oakland Kosher.
6. Which scrip is the most popular?
   Berkeley Bowl for sure as we sell $5,000 worth of scrip each month.
7. Which retail stores net us the highest percent for profit?
   See’s Candy, LL Bean and Lands End.
8. Can one use scrip when ordering on-line?
   Yes!
9. How many stores participate in the scrip program?
   Hundreds.
   Go to www.glscrip.com and see the retailers list for yourself.
10. Do scrip gift cards make good presents?
    You bet they do.

For online purchase questions, ask Sara Schulman (sara@math.berkeley.edu) or do it the old fashioned way and call Naomi Stamper -525-8259 or Ruth Wittman, 525-9530.
NEW MEMBER PROFILE • SIMCHA DE LEVE & SAUL TOBIN

By Elissa Kittner

Mazel Tov to Simcha and Saul who are engaged to be married in late May of this year. The couple moved to Berkeley in August from Los Angeles so that Saul could study for his Master’s degree at the San Francisco Conservatory of Music. Simcha and Saul met as undergraduates at University of Southern California, drawn together by the mutual love of music and philosophy (which they both double majored in) and Judaism.

Simcha grew up loving to sing and studied operatic singing as an undergraduate (she is a coloratura soprano). Saul is an accomplished pianist and trumpet player with musical interests ranging from classical to jazz and funk. He has also been composing music for more than a decade and is currently composing a symphony, which will be performed as part of his master’s degree work.

Saul grew up in a Reform home and became interested in being more observant following a high school trip to Israel through NFTY. Simcha grew up in a secular home in Los Angeles, the only child of an American father and Dutch mother (who comes from a long line of Sephardic Dutch Jews who have lived in the Netherlands since the 16th century). When Simcha and Saul met at USC they realized they were both “going in the same direction Jewishly” and together spent time on campus at Hillel and with Chabad.

Last August, Simcha completed a Master’s degree at USC in Arts Journalism. During her graduate years, she also discovered that she had a special skill in swimming and began to train as a Paralympic swimmer at the USC Trojan Swim Club, a group of post-graduate Olympic and world champions. She competed in the Maccabbi Games in Israel, winning three medals, and hopes to compete in the European Maccabbi Games in Berlin in 2015 and for Team USA in Rio 2016. Simcha plans to pursue her Ph.D. after spending time over the next year or two working on a book.

In addition to their other shared interests, Simcha and Saul love playing tabletop games and describe themselves as “big computer geeks who do programming and coding in their spare time.”

About their time at CBI thus far, Simcha said, “Our experience has been amazing. This is the first time we’ve really been part of a big synagogue and Jewish community. We became observant on campus, and that is a very different experience than being part of a diverse, intergenerational community. We have been amazed at how warm and welcoming everyone is. During our first few months here, we were invited to many wonderful neighborhood Shabbat and Sukkot meals.” Rabbi Cohen will be officiating at their wedding in May, which will be at the Brazilian Room in Tilden Park.

NEW MEMBER PROFILE • RAPHAEL MAGARIK

By Elissa Kittner

Raphael is a new CBI member who relocated to Berkeley when he started a PhD program at UC Berkeley in English literature. His focus of study is on the Renaissance period with a particular interest in the religious poetry of John Milton and the use of Hebraism. Raphael grew up in Brooklyn in a Reconstructionist/Conservative home and Camp Ramah in the summers. He attended Yale College where he became part of a Shabbat observant community on campus and served as president of the on-campus kosher kitchen. Last year, he was a Dorot Fellow in Israel where he studied Talmud at Hebrew University and took Martha Graham infused classical and modern dance classes. He has also trained and worked as a journalist. Raphael loves to leyning and has taught leyning to others and worked as a ba’al tefillah and High Holiday chazan. He is an avid runner and also enjoys yoga, cooking, and learning the art of pickling. About CBI, Raphael says that he “loves the full Torah reading, the traditional service, the davening and the aesthetics of the shul.” He said, “The community is wonderful, warm, diverse and friendly and already feels like home.”
NEW MEMBER PROFILE • ARIELLE TONKIN

By Elissa Kittner

Arielle fell in love with Berkeley and CBI when she came for a Shabbat last August. Her positive experience influenced her to move to the area and officially join CBI right after High Holidays. Arielle is currently the Programs Coordinator at The Magnes Collection, University of California, Berkeley. She is also a serious and committed visual artist with a focus on figurative oil painting and watercolor, and works as a Jewish educator and tutor.

Arielle graduated from Boston University with a combined B.A. in Conflict Studies and Visual Arts. During college, she worked for four years as a photo archivist at the Peabody Museum of Archaeology and Ethnology at Harvard University. Arielle also spent a half a year in Israel during college studying art at Haifa University and working for the Haifa Museum of Art. After college, she worked as the Creative Content Manager for a Boston-based web startup called CustomMade Ventures. She has also been a resident at the Vermont Studio Center and worked at the Sukkahfest at the Isabella Freedman Jewish Retreat Center. In 2012, she completed a year fellowship at Yeshivat Hadar.

Arielle grew up in Poughkeepsie, NY in an observant Conservative home as one of three daughters (she also has six step siblings). “Judaism has always been a big part of my life. Ritual practice and prayer really grounds my artistic work.” Of CBI, Arielle says, “This is the first shul I’ve been a full card-carrying member of, having been a member of independent minyanim in Boston and briefly at Fort Tryon Jewish Center in Washington Heights. I’ve never encountered another shul like it outside of Israel. At CBI, I’ve met many wonderful, diverse and interesting people of all ages; I really value the inter-generational social element of our community. I balance a variety of Jewish organizational affiliations, and I’m so grateful to be a part of the hamish CBI community as my home-base kehilah in Berkeley.”
In the last issue of Chai-Lights I introduced the teachers of Gan Shalom to the community. The question now is, “What do preschool teachers actually do?” Like all teachers, they plan curriculum, setting out goals for learning, but also how the children will be learning, which is really where the art of teaching young children comes in. For preschoolers, tasks need to be broken down into tiny steps, what we call ‘scaffolding’ in the field of education. When you drop in randomly at Gan Shalom you won’t often see teachers actually playing with children. You will see them deeply engaged with helping the play unfold and develop. That might not look like what we expect in a classroom setting, but what teachers of very young children are trained to do is to facilitate the social and emotional development of children by guiding them in learning to play with each other. Briefly, social-emotional development means balancing their self regulatory process with their initiative and curiosity so that a balance is achieved and relationships and attachments can form and friends can be made.

This whole process happens during play. Most children are experienced in playing with their parents. Adults will adapt to playing with a child in a way that children playing with their peers will not. This is why children’s friendships and play are so important, as they are learning to listen and communicate with others. Here is an excerpt from Teacher Tom, a blogger who runs a preschool with a similar philosophy to Gan Shalom:

“The idea of a play-based education challenges the conventional wisdom about what teaching is… the role of a teacher in a play-based model is to, in effect, create an environment in which children can freely engage with materials, ideas, and people… If you’ve done it right, the setup has created a "safe enough" environment, one with natural boundaries, but plenty of opportunities to fail… it’s my role (as teacher) then to help these younger children do what they are trying to do or go where they’re trying to go.”

So, the main thing we love to do as teachers is to engage a child’s curiosity and natural yearning to understand their world and help them learn what it is that they are truly interested in learning. How lucky we are to be teachers in this environment—Rabbi Kalonymous Kalmen Shapira in his book “A Student’s Obligation” says this and I think this applies well to preschool and to our new building:

King Solomon, in Proverbs, advises: ‘Educate (chanoch) a child according to his own path, and even when he grows old, he will not stray from it.’

To truly educate is not just a matter of getting a child to follow your instructions or even accustoming a child to do good deeds. In Parshat Lech Lecha, Rashi gives us a deep insight in commenting on the word ‘chinuch’, ‘The root Ch-N-ch implies the initial entry of a person or an object into a path that is his destiny. Thus we find the root Ch-N-ch referring to the education of a child, the consecration of the altar in the holy temple and the dedication of a house.’
So, what if Midrasha gave a party and everybody came? Well, we’re hoping that is exactly what is going to happen. Midrasha in Berkeley would like YOU to join us at this year’s Midra-Shabang, our annual fundraising dinner extraordinaire, on Sunday, March 23 from 5-9 p.m.

This year’s Midra-Shabang will be a bittersweet one for me since it will be not only our regular super-fun annual party but a retirement party for me as well, which is why I especially want you to be there. We’ll start with the fun of cocktails, hors d’oeuvres and a magnificent Silent Auction, followed by a delicious Kosher dinner catered by Janice MacMillan and a Live Auction and then the event organizers have some surprises for me, so I can’t tell you now what will come next. You’ll have to be there to find out.

You can RSVP by going to http://midrashabang.eventbrite.com or calling the Midrasha office at 843-4667 for a paper invitation. You can also access the on-line registration from the Midrasha website: www.midrasha.org. RSVPs are due by March 1 and we do expect the event to sell out so don’t delay sending in your RSVP. I really hope to see all of you there.
THE ANNUAL BETH ISRAEL PHONATHON

Thank you to everybody who helped make our telethon such a great success. This January, you helped us raise $18,000!

Special thanks to our all-star team of volunteers, many of whom have led this effort year after year, and many of whom are brand new this year: Beth Oelberger Astmann, Rona Rothenberg, Dorothy Rubin, Joan Sopher, Abby Streusand, Rona Teitelman, Linda Press Wulf, Leslie Valas, and Maxine Winer.

And thank you, of course, to all of our generous donors, listed below!

Rachel Heitler & Jo-Ellen Zeitlin

N.B.: A score of our members have not yet fulfilled their pledges. We look forward to thanking those of you who have yet to fulfill their pledges in the next issue of Chailights. If you have arranged to pay over a period of time, please send in the first installment.

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<td>Cohen, Yonatan &amp;</td>
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<td>Gonshor Cohen, Frayda</td>
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<td>Hindawi, David &amp; Hanna</td>
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<td>Magid, Daniel &amp; Robin</td>
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<td>Wulf, Stanley &amp; Press Wulf, Linda</td>
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“There is one nation scattered and separated among the nations whose customs and actions are different, and they are not worthy of your tolerance.”
– Megilat Esther 3:8

Haman tries to convince Achashverosh, the King of Persia, that this different nation should not be tolerated. Haman succeeds in winning over the heart of the king and were it not for the change of events, his plan would have been actualized. Our sages teach us that within each of us there resides an aspect of Haman, of evil, which whispers to us that the one who is different should not be tolerated. The mitzvot of Purim are aimed at deconstructing these perceived differences and silencing that whisper.

Both men and women are obligated to observe four unique Mitzvot on Purim.

1. Megilah – Hearing the reading of the Megilah enables us to re-live the story and to recount and recall its messages. One is obligated to hear the Megilah twice; once at night and once during the day. One must hear every word of the Megilah read from a “kosher” parchment. We will read the Megilah on Purim night, Saturday, March 15 at 8:30 p.m. and on Purim day, Sunday morning, March 16; shacharit starts at 9:00 a.m. and we will read the Megilah at 9:30 a.m.; there will be a women’s-only Megilah reading at 11:00 a.m.

2. Matanot L’Evronim – Gifts to the poor remind us that our possessions are in truth not fully ours. One has a responsibility to find two poor people and provide each, at the minimum, enough money for a meal. In addition to this halakha, on Purim one should give to anyone who asks for a donation. The total giving should ideally be equivalent to or surpass the amount that one spends on his/her own Purim Meal. I will be collecting money, which will be distributed on Purim day to both needy here in the East Bay as well as to poor in Jerusalem.

3. Mishloach Manot – Gifts of food to one another allow us to reach out to share our celebration of the day and to increase love and friendship with others in the community. There is a custom to send Mishloach Manot to those who one has had particularly strained relations with over the past year. One is obligated to send two kinds of ready-to-eat foods to a fellow Jew to enhance their Purim meal. We do not send Mishloach Manot to those who are in mourning.

4. Seudat Purim – Celebratory Purim Meal. From a minimalist perspective, one is obligated to have a meal with bread; however ideally the meal should be a joyous festive meal with meat (for those who eat it) and wine (for those who drink it responsibly) in an effort to help us blur distinctions that we often hold fast to. We will celebrate with a BBQ Seudah on Sunday, March 16, at 3:00 p.m.

With the exception of Megilah, which is read also at night, all of the mitzvot should be performed during the day of Purim.

Note: In the birchat ha-mazon as well as in the shmoneh esrei, one should include the Al Hanisim insertion for Purim, if forgotten one does not repeat the prayer.

In addition, the Fast of Esther begins Thursday morning, March 13 at 5:51 a.m. and ends at 7:45 p.m.

The only restriction of the fast is eating and drinking. One may bathe, shave and enjoy live entertainment as usual. However, as with all fasts, it should be used as an opportunity for introspection and personal growth. Our sages have taught that only one who experiences the fast of Esther can truly celebrate on Purim.
— A GUIDE FOR PESACH —

The purpose of this essay is to briefly present some of the mitzvot and practices relating to Pesach. Please do not hesitate to contact me should any question arise.

1. THE PROHIBITION OF CHAMETZ
The Torah outlines three types of foods that are prohibited during Pesach. Chametz (leavened bread), Sear (leavening agent, e.g., yeast), and Machmetzet, a mixture of other foods with chametz.

The Prohibition of Chametz during Pesach is Threefold:
1. One is forbidden to eat chametz (including any amount of chametz mixed into other foods).
2. One is forbidden to derive any benefit from chametz (sell it, give it to someone, feed it to one's animal, make ink from it, etc.).
3. One is forbidden to own any chametz or have any visible chametz on one's property.

The only exception to this rule is chametz that is no longer in a state fit to be eaten by a dog (chametz sh'nifsal me'achilat kelev). The practical application of this exception is found in household products that contain grain, starches or grain alcohol. According to Rabbi Moshe Feinstein, toothpaste -- even if unsupervised -- can be used because it is nifsal me'achilat kelev. Similarly, soap may be used even if it contains chametz. Medicine in tablet form, which is swallowed whole, also is not a problem. However, liquid medicine such as cough syrup is problematic because it many contain grain alcohol, which is pure chametz. Throat lozenges also are a problem. In case of need, please feel free to consult with me personally.

2. KITNIOT
The consumption of rice, peas, beans, corn, and legumes (kitniot) were prohibited by the Rabbis in medieval Europe. For centuries, Jews of European origin have steadfastly maintained this tradition of restricting the eating of kitniot. As these foods are not biblical chametz, benefit from and possession of kitniot during Pesach is permitted. Yeminite and some Sefardic Jews are not bound to this custom by their familial tradition. In recent years many have disparaged this rabinic injunction, however on your next trip to Berkeley Bowl examine the flour section where you will find bins filled with rice, pea and corn flour that are virtually indistinguishable from wheat, barley, oats, rye, spelt, which are biblically prohibited. Already in the Talmud we are instructed Minhag Avoteinu B'yadeinu, to heed the customs of our ancestors.

3. STRINGENCIES OF CHAMETZ-VIS-A-VIS OTHER PROHIBITED FOODS
The eating of chametz during Pesach is punishable by karet, eternal excommunication -- it is a more severe transgression than other prohibited foods.

One may derive benefit from many other prohibited foods -- sell them, feed them to the dog, etc. -- but not chametz. Furthermore, chametz that is in the possession of a Jew during Pesach is forever prohibited to any Jew and must be destroyed. (Giving it away to a non-Jew is considered a benefit, as it gains good will). Chametz that is found in one's possession during Chol Hamoed (intermediate days of Pesach) must be destroyed immediately. If it is found during Yom Tov or Shabbat, it must be covered up, and destroyed immediately after the end of Yom Tov or Shabbat.

Finally, most other prohibited foods are, under certain circumstances, “cancelled out” if there is a preponderance of permitted food that “overwhelms” the prohibited food (as, for example, one part in sixty parts in many cases). Chametz that gets mixed with permitted foods during Pesach is never “cancelled out” in such a manner, and any bit of chametz makes the entire pot of food prohibited. It is therefore advisable to buy foods like milk, pure fruit juices and eggs before Pesach when any added vitamins can be “canceled out” (m'evutal) in sixty parts of milk.

4. THE SALE OF CHAMETZ
Sale of chametz to a non-Jew is a legally effective way to rid oneself of chametz. Such a transfer of chametz, through a legal and
binding sale with a properly executed contract, gives the non-Jew full title to all foods listed. This transfer may be carried out through appointing an agent, with power of attorney, to sell the *chametz* through *kinyan*, formal transfer act and contract.

For this sale to be binding, there are several necessary criteria: The seller must truly believe that he or she is in fact selling something and that he or she views these goods as no longer theirs. The lack of this mental state invalidates any bill of sale, including this one. There must be access for the buyer to the *chametz* during Pesach. Accordingly, if a person plans to be out of town during the holiday, then he or she must leave keys with a neighbor or with the agent performing the sale, with proper instruction.

Please note, the significant act of *kinyan* should take place between each individual and the agent. Those who wish to sell their *chametz* through CBI should enact a *kinyan* with Rabbi Cohen.

I will be available:
Sunday April 6  8:45 - 9:15 a.m. @CBI
Sunday April 13  8:45 – 9:15 a.m. @CBI
7:15 – 9:00 p.m. @the Cohen/Gonshor residence (see CBI directory for home address)
as well as at other times by appointment.

*Chametz* that has been sold must be put in a completely sealed-off place, not readily accessible to the seller during Pesach. Any *chametz* held over Pesach under Jewish ownership may not ever be used, eaten, or sold after Pesach. Selling one’s *chametz* before Pesach to a non-Jew avoids Jewish ownership during Pesach and therefore it is not subject to this injunction.

5. STORE-Bought FOODS
Even while we are careful all year long to consume only food with appropriate supervision, during the week of Pesach there is a need to be more vigilant.

Below is a partial list of food that REQUIRE SPECIAL PESACH SUPERVISION:
(Please note, this list only includes items one might otherwise assume did not require special Pesach supervision, but in fact do.)

<table>
<thead>
<tr>
<th>Item</th>
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<tbody>
<tr>
<td>Applesauce</td>
<td>Ketchup</td>
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<tr>
<td>Baby Food</td>
<td>Margarine</td>
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<tr>
<td>Baking Powder and Soda</td>
<td>Mayonnaise</td>
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<tr>
<td>Butter with coloring added</td>
<td>Milk — if not bought before Pesach</td>
</tr>
<tr>
<td>Candy and Chocolate</td>
<td>Non-Dairy Creamer</td>
</tr>
<tr>
<td>Cheese — Hard</td>
<td>Nut Butters</td>
</tr>
<tr>
<td>Cheese Spreads</td>
<td>Oils &amp; Shortenings — even pure</td>
</tr>
<tr>
<td>Coffee — Unless on list below</td>
<td>Olives</td>
</tr>
<tr>
<td>Cottage Cheese/Ricotta</td>
<td>Pickled Products</td>
</tr>
<tr>
<td>Cranberry Sauce</td>
<td>Sauerkraut</td>
</tr>
<tr>
<td>Cream Cheese</td>
<td>Sour Cream</td>
</tr>
<tr>
<td>Fish — Gefilte, Herring,</td>
<td>Spices &amp; Seasonings</td>
</tr>
<tr>
<td>Smoked Salmon, &amp; all canned</td>
<td>Artificial Sweeteners</td>
</tr>
<tr>
<td>Fruits — Canned &amp; Frozen</td>
<td>Syrups</td>
</tr>
<tr>
<td>Honey</td>
<td>Teas — Flavored</td>
</tr>
<tr>
<td>HorseRadish (Red and White)</td>
<td>Tomato Products</td>
</tr>
<tr>
<td>Ice Cream</td>
<td>Vegetables — Canned &amp; Frozen</td>
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<tr>
<td>Jams and Jellies</td>
<td>Vinegar</td>
</tr>
<tr>
<td>Juices — With any additives, or if not bought before Pesach</td>
<td>Wines &amp; Liquors</td>
</tr>
<tr>
<td></td>
<td>Yogurt</td>
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</tbody>
</table>

Congregation Beth Israel Chai-Lights
A full list of foods that DO NOT REQUIRE SPECIAL PESACH SUPERVISION appears at www.kosherquest.org. The list will be available at the CBI office starting in the last week of March.

In addition the following items DO NOT REQUIRE SPECIAL PESACH SUPERVISION:

MEAT: Fresh packaged meat (non-processed) and chicken purchased at our local kosher supermarkets prior to Passover is Kosher for Passover even without specific KFP labeling.

MILK & LACTAID MILK: May be used on Passover if purchased before Passover. Lactaid Non Chewable Pills are permissible for use on Passover as well.

6. CLEANING OF HOMES/PROPERTIES
It is important to note that dirt is not considered chametz (although it is strongly advisable to maintain high standards of hygiene!). The obligation to remove chametz applies strictly to chametz, and not anything else. One must remove chametz from all owned properties, including offices, cars, boats, etc.

Please note, while cleaning, the ideal manner in which to dispose of chametz foodstuffs is to donate them to non-Jews in need i.e., food banks or homeless shelters.

7. METHODS OF KASHERING HOUSEWARE FOR PESACH
Once one has bought Kosher for Pesach food, one must prepare this food in a kosher for Pesach manner. Jewish Law dictates that utensils and location used in food preparations affects their tastes and halachic status. These laws are complex and, in cases of even the slightest doubt, do not hesitate to contact R. Cohen. Here are some basic principles for Pesach:

- Sinks: If stainless steel or metal, should be cleaned with cleaning substance, followed with boiling water poured over the entire surface. Porcelain sinks cannot be kashered in this way and one should use a sink insert.
- Stovetop Burners: Should be cleaned with a cleaning substance and not used for 24 hours (one may kasher different burners at different times). Turn to the highest temperature setting for 20 minutes. The base of the stovetop should be covered with tinfoil.
- Ovens: Self-cleaning ovens should be set to a full self-cleaning cycle. Others should be cleaned well with a strong cleaning substance, not used for 24 hours, then turned to the highest temperature for a longer-than-usual cooking period.
- Microwaves: To kasher a microwave oven, clean thoroughly until absolutely no debris is left. Special attention must be given to the internal vent of the microwave. After you are satisfied that there is no debris, the following steps need to be taken.

  After 24 hours of non-use place a mug of water inside and turn microwave on and allow the microwave to be filled with steam.

  Repeat the same procedure with the mug in a different spot.
- Countertops and Tables: Should be cleaned and covered.
- Refrigerator: Should be cleaned.

8. METHODS OF KASHERING UTENSILS FOR PESACH
This area of practice has many complex details and nuances. It is therefore certainly preferable and admirable to maintain separate utensils for Pesach. That being said, before kashering a utensil, one needs to clean it thoroughly and be certain there is no food on it. At this point it must be put aside for a full 24 hours. After this step the paths diverge, depending upon the substance and usage.

- Glass: According to some positions, glass may be kashered for Pesach by soaking it in water for 72 hours, changing the water every 24 hours. Other Ashkenazi authorities maintain that this is not a valid option. One should follow his or her custom and practice of past years. However glass utensils used in cooking or baking should not be kashered.
- Metals: Metal utensils that come in direct contact with a heat source or that are only used for boiling, may be kashered by using ha’galah (placing them in boiling water). However metal pans that one fries, bakes or roasts in will need libun (burning). The most readily available libun is placing the utensil in a self-cleaning oven on self-clean.

This year, we will be hosting a Communal Ha’galah at CBI on Thursday, April 10, at 7:00 p.m. – 10:00 p.m.

One may do his or her own ha’galah at home, by kashering a burner, filling a pot with water, making sure the water is in a full boil, then fully immersing the utensil, and rinsing in cool water.
9. KITCHEN ITEMS THAT CANNOT BE KASHERED FOR PESACH
The following kitchen items and or materials cannot be kashered for Pesach:
Ceramic, China, Colanders, Corning Ware, Crockpots, Dishwasher — with an interior of porcelain enamel, Grater (any),
Knives with loose wood or loose plastic handles, Porcelain, Porcelain Enamed Pots, Pyrex, Teflon, Toaster/Toaster Oven,
Stoneware, Wood.

10. THE STATUS OF MEDICINES DURING PESACH (ACCORDING TO THE CRC)
1. All pill medication (with or without chametz) that one swallows is permitted without special supervision (including Lactaid pills). Vitamins and food supplements do not necessarily fall into this category. Please consult Rabbi Cohen regarding your specific situation.
2. Liquid and chewable medications that may contain chametz should only be used under the direction of a Doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains chametz, and the possibility of substituting a swallowable pill. Important: Do not discontinue use of liquid, chewable or any other medicine without consulting with your Doctor and Rabbi.
3. Liquid and chewable medications that contain kitniot may be consumed by someone who is ill. An otherwise healthy person, who would like to consume a liquid or chewable medicine to relieve a minor discomfort, should only do so if the product is known to be free of kitniot.

11. THE STATUS OF COSMETICS AND TOILETRIES DURING PESACH (ACCORDING TO THE CRC)
1. All varieties of body soaps, shampoos, and stick deodorants are permitted for use on Pesach regardless of their ingredients.
2. All types of ointments, creams, nail polish, hand lotions, eye shadow, eyeliner, mascara, blush, foot and face powders, ink or paint may be used regardless of their ingredients.
3. Colognes, perfumes, hairspray, shaving lotions and deodorants that have denatured alcohol (listed as SD, SDA, [or with a number or letter i.e. SD29C or SD40], SD Alcohol, Alcohol, Denatured Alcohol or Ethyl Alcohol) cannot be used on Pesach unless they appear on a reliable list. This only applies to products in a pure liquid state.
4. Lipsticks, toothpaste and mouthwash that contain chametz should not be used.

12. FAST OF THE FIRSTBORN
The “fast of the firstborn” is usually held on Passover eve. This year, Erev Pesach falls on Monday, April 14. It begins at 5:48 a.m. and ends at 8:16 p.m. Those obligated to fast include a firstborn son, and the father of a firstborn son who is too young to fast (according to custom).

A person is permitted to break this fast by attending a Seudat Mitzvah -- such as a Bris Milah or Pidyon Haben. It has become customary to schedule the completion of a Talmudic tractate (siyum) on this day, since those who join in the accompanying meal are exempted from fasting. We will be leading a siyum on Monday morning immediately following morning services.

13. BEDIKAT CHAMETZ - SEARCHING FOR CHAMETZ
One of the most beautiful and meaningful ceremonies associated with Passover is bedikat chametz—the search for chametz. The ceremony is composed of five parts.
1. Reciting a special blessing over the mitzvah of the removal of chametz.
2. The search of the house by the light of a candle or flashlight to find vestiges of chametz.
3. The reciting of the formula of nullification of chametz.
4. The burning or disposal of any chametz found during the search.
5. The reciting of a final, more inclusive formula of nullification.

This year, the search for chametz is held on Sunday evening, April 13, immediately at 8:15 pm. Beforehand, we make the blessing of "Al biyur chametz," and after the checking we declare the nullification of chametz (bitul).
The texts for the bedikat chametz can be found on page 654 of the Artscroll siddur or in the opening pages of many Passover Haggaddahs.

14. BIYUR CHAMETZ - DESTROYING THE CHAMETZ
One is only permitted to eat chametz until 10:53 a.m. on the Eve of Passover (Monday, April 14). All chametz must be burned or destroyed by 11:54 a.m. of the same day. This requirement is limited to foods under Jewish ownership. Chametz that has been transferred to a non-Jew need not be destroyed. Kol chamiro is recited at this time.

15. CANDLE LIGHTING FOR PESACH
Candle lighting time for the first night of Passover (Monday evening, April 14) is 7:26 p.m. A 24-hour candle should be lit at this time as well so that we may light from an existing flame on the second night of Passover. Candle lighting time for the second night of Passover (Tuesday night, April 15) is after 8:25 p.m. We light from an existing flame.

16. THE SEDER NIGHT
There are five primary mitzvot of the seder night:
1. The essence of the seder is the recounting, learning, and delving into the experience of the Exodus. The Haggada is filled with many words and ideas. Our challenge over the evening is to make them come alive, to internalize the teachings, and inspire thought and open discourse. The manishtana questions are meant to allow us to understand the importance of asking questions in this process of re-telling.
2. The eating of Matzah, the bread of liberation. To fully fulfill this mitzvah one needs to eat four ke-zayitim of Matzah (ke-zayit literally means an olive’s worth of flour - often understood to be 1/2 of a machine made matza, or a 1/3 of a hand made matzah for each ke-zayit). One should eat two ke-zayitim right after the hand washing, the 3rd as the Korach sandwich, and the 4th as the Afikoman. All of these eatings of Matzah should be done while leaning on your left side as an expression of luxury and freedom.
3. The Eating of Marror: One should eat two ke-zayitim (if you are using romaine lettuce, each ke-zayit is one large leaf). One should eat one ke-zayit after the blessing on marror, and a second portion in the Korach sandwich.
4. The drinking of four cups of wine or grape juice. The cup should hold at least a rivi'it (which is 3.3 ounces). One should drink most of each of these cups. While drinking, we lean to the left as an expression of luxury and freedom.
5. Praise and Hallel: Thanksgiving is the final and ultimate element of the Seder. One should strive to genuinely experience this fundamental sensation of gratitude.

17. SEFIROT HA’OMER – THE COUNTING OF THE OMER
On the night of the second seder, Tuesday, April 15, we begin counting the 49 days towards the festival of Shavuot. The count takes place each night after dark. It was initially intended as a joyous period leading up to the holiday of Shavuot, however, subsequent developments in Jewish history mark parts of this time as one of mourning. One of the tragedies that occurred in this time was the death of 12,000 pairs of Torah students who did not treat each other with proper respect.

PESACH SEDER MATCHING
We are offering a meal matching program, as we did over the High Holidays. The process is simple. Just let us know if you have an extra place or 2, or 3, etc. at your table for the First or Second Seder (we are especially looking for hosts for the Second Seder). Also let us know if you need a place for the First or Second night of Passover and any dietary restrictions you may have.

We'll make all the matching happen.
Email Stephanie Shelan Katz (stephshelan@gmail.com) whether you want to host or be a guest.

"Hashat Hacha, le’ishnah habah be’arah de’israel"
This year we are here, next year, may we be in the land of Israel. This year we are slaves, next year, may we merit to be free.
Sale of Chame tz to a non-Jew is a legally effective way to rid oneself of Chametz. Such a transfer of Chametz, through a legal and binding sale with a properly executed contract gives the non-Jew full title to all foods listed. For this sale to be binding, there are several necessary criteria:

1. The seller must truly believe that he/she is in fact selling something and that they view these goods as no longer theirs. The lack of this mental state invalidates any bill of sale, including this one.

2. There must be access for the buyer to the chametz during Pesach. That is to say, if you will be out of town you must leave a way to get into your home with proper instruction (i.e., keys with a neighbor), or you may deposit a set of keys with the agent performing the sale.

3. This transfer may be carried out through appointing an agent, with power of attorney, to sell the chametz through kinyan, formal transfer act and contract. NOTE: The significant act of kinyan, should take place between each individual and the agent. Those who wish to sell their chametz through CB I should enact a kinyan with Rabbi Cohen.

4. Chametz that has been sold must be put in a completely sealed-off place, not readily accessible to the seller during Pesach. This year this must be done before Shabbat, as the onset of the sale of Chametz will be before Shabbat. Note: This should not include food that you plan to eat over Shabbat.

NOTE: Any Chametz held over Pesach under Jewish ownership may not ever be used, eaten, or sold after Pesach. (Selling one’s chametz before Pesach to a non-Jew avoids Jewish ownership during Pesach and therefore it is not subject to this injunction.)

If you have not been contacted by the buyer by 8:50 p.m. Tuesday night, April 22, the buyer has reneged on the full payment and the chametz reverts to your ownership. However, all sellers should be aware that in past years, there has always been at least one lucky winner who has had their chametz bought and taken away by the buyer.

If you plan to sell your chametz through CBI, please fill out the back of this form. It is ideal to meet with Rabbi Cohen to enact the kinyan at one of the listed times. In case of hardship, one can enact the sale by simply mailing this form back to the CBI office without the kinyan.
AUTHORIZATION
DELEGATION OF POWER AND AUTHORITY FOR THE SALE OF CHAMETZ
(and the Bill of Sale executed in connection with such sale)

I/ We, ______________________________________________________, hereby fully empower and authorize Rabbi Yonatan Cohen, and any-
one he may designate as a substitute in his stead, to sell, transfer and convey before the upcoming "Pesach" all legal right and title to my "Chametz" to a non-Jew of their choice.

The term "Chametz" is intended and shall be understood to include, without limitation, any product made of wheat, barley, oats, rye or spelt and any mixture or derivative thereof, as more particularly defined in and by Torah and Rabbinic Law and Jewish Tradition. Additionally, without limiting the generality of the foregoing, "Chametz" may include the following items: schnapps and spirits; beer; cereals; noodle and pasta products; barley; ingredients used in baking; frozen foods; crackers; baked products; pet food; vitamins; wheat germ; pickles; mixes; condiments (e.g., ketchup, vinegar, etc.); cosmetics; toiletries; medicine and medicinal preparations; assorted groceries; canned foods; "Chametz" that may be affixed or attached to utensils, toys, books and seforim, appliances, baking tools, etc.

The aforementioned "Chametz" items are located and may be found primarily in the following areas (please check all areas that may apply):

- Kitchen cabinets
- Breakfront/China closet
- Liquor cabinet
- Briefcase/Knapsacks
- Refrigerator/Freezer
- Shed, Basement or Storage area
- Medicine/Bathroom cabinets
- Attic
- Pantry
- Garment/Closets
- Locker at school
- Chest or Bureau

and shall include all "Chametz" and/or mixtures containing "Chametz" that is or may be knowingly or unknowingly in my possession (as "possession" is defined in and by Torah and Rabbinic Law and Jewish Tradition), or to which I have or may have legal responsibility in whole or in part (including corporations or other business entities which own or deal in "Chametz" in which I may have an ownership interest), or transit goods which may be delivered to me during the period commencing Monday, April 14, 2014 through Tuesday night, April 22, 2014.

I further empower and authorize Rabbi Yonatan Cohen, and anyone he may designate as a substitute in his stead, to lease or to sell, in the manner and for the time period they may deem appropriate, the places and areas where the "Chametz" items may be located. In addition, the key necessary to gain access to said places and areas where the "Chametz" items may be located can be obtained by contacting (if you will be here for "Pesach", please state "me at the address below", or, if you will be away for "Pesach", indicate whether a neighbor or Rabbi Cohen has the keys; also, include the location of car keys, if applicable):

____________________________________________________________________________________________________

I hereby understand and agree that the buyer of the aforementioned "Chametz" items shall have, with the assistance and cooperation of Rabbi Yonatan Cohen, and anyone he may designate as a substitute in his stead, free access to the "Chametz" items which he/she will be acquiring and to any area that will be leased or sold to him/her.

The "Chametz" items located in the areas set forth above have an approximate value of $________ _____________. The buyer's deposit in connection with the purchase of the "Chametz" will be paid to Rabbi Yonatan Cohen, or anyone he may designate as a substitute in his stead.

My authorization and delegation of power set forth in this Authorization shall become binding upon my execution of this Authorization in the space set forth below, and this Authorization, when delivered to the buyer with the bill of sale, shall have the same force and effect as if I had personally executed such bill of sale. In addition, my authorization and delegation of power to Rabbi Yonatan Cohen, and anyone he may designate as a substitute in his stead, shall be given further legal force and effect by my performance of "Kinyan Suddar" - "Taking hold of garment" with Rabbi Yonatan Cohen. This Authorization is also intended to conform to the criteria and requirements of secular law.

Address: ______________________________________________ Phone: ______________________________________________

Signature: ______________________________________________ Date: ______________________________________________
Many commandments need to be performed during particular times of the day; here is a list of those times.

*All times are for Berkeley, Pacific Standard Time, until March 9; then for Daylight Savings Time.*

<table>
<thead>
<tr>
<th>Week of</th>
<th>March 1</th>
<th>March 8</th>
<th>March 15</th>
<th>March 22</th>
<th>March 29</th>
<th>April 5</th>
<th>April 12</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Alot Ha’Shachar</em> Dawn</td>
<td>5:29 am</td>
<td>5:18 am</td>
<td>6:08 am</td>
<td>5:57 am</td>
<td>5:47 am</td>
<td>5:36 am</td>
<td>5:26 am</td>
</tr>
<tr>
<td><em>Neitz-Sunrise</em></td>
<td>6:41 am</td>
<td>6:30 am</td>
<td>7:20 am</td>
<td>7:09 am</td>
<td>6:59 am</td>
<td>6:48 am</td>
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<tr>
<td>Latest ideal time for the morning <em>Sh’ma</em></td>
<td>9:31 am</td>
<td>9:25 am</td>
<td>10:19 am</td>
<td>10:13 am</td>
<td>10:06 am</td>
<td>10:00 am</td>
<td>9:54 am</td>
</tr>
<tr>
<td>Latest time for prayer <em>Tefilah</em></td>
<td>10:28 am</td>
<td>10:24 am</td>
<td>11:19 am</td>
<td>11:14 am</td>
<td>11:09 am</td>
<td>11:03 am</td>
<td>10:59 am</td>
</tr>
<tr>
<td><em>Mincha Gedolah</em> Earliest time for Mincha</td>
<td>12:50 pm</td>
<td>12:49 pm</td>
<td>1:48 pm</td>
<td>1:47 pm</td>
<td>1:45 pm</td>
<td>1:44 pm</td>
<td>1:43 pm</td>
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<tr>
<td><em>Sh’kia</em> Sunset</td>
<td>6:03 pm</td>
<td>6:10 pm</td>
<td>7:16 pm</td>
<td>7:23 pm</td>
<td>7:29 pm</td>
<td>7:36 pm</td>
<td>7:42 pm</td>
</tr>
<tr>
<td><em>Tzeit Ha’kochavim</em> Nightfall</td>
<td>6:45 pm</td>
<td>6:52 pm</td>
<td>7:58 pm</td>
<td>8:05 pm</td>
<td>8:11 pm</td>
<td>8:18 pm</td>
<td>8:24 pm</td>
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<th>Week of</th>
<th>April 19</th>
<th>April 26</th>
<th>May 3</th>
<th>May 10</th>
<th>May 17</th>
<th>May 24</th>
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<tr>
<td><em>Alot Ha’Shachar</em> Dawn</td>
<td>5:16 am</td>
<td>5:07 am</td>
<td>4:59 am</td>
<td>4:51 am</td>
<td>4:44 am</td>
<td>4:40 am</td>
<td>4:36 am</td>
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<tr>
<td><em>Neitz-Sunrise</em></td>
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<td>6:19 am</td>
<td>6:11 am</td>
<td>6:03 am</td>
<td>5:56 am</td>
<td>5:52 am</td>
<td>5:49 am</td>
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<tr>
<td>Latest time for prayer <em>Tefilah</em></td>
<td>10:55 am</td>
<td>10:51 am</td>
<td>10:48 am</td>
<td>10:45 am</td>
<td>10:43 am</td>
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<tr>
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<td>1:42 pm</td>
<td>1:41 pm</td>
<td>1:41 pm</td>
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<td>1:42 pm</td>
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<tr>
<td><em>Sh’kia</em> Sunset</td>
<td>7:49 pm</td>
<td>7:55 pm</td>
<td>8:02 pm</td>
<td>8:08 pm</td>
<td>8:15 pm</td>
<td>8:20 pm</td>
<td>8:25 pm</td>
</tr>
<tr>
<td><em>Tzeit Ha’kochavim</em> Nightfall</td>
<td>8:31 pm</td>
<td>8:37 pm</td>
<td>8:44 pm</td>
<td>8:50 pm</td>
<td>8:57 pm</td>
<td>9:02 pm</td>
<td>9:07 pm</td>
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</tbody>
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The Alameda County Food Bank thanks CONGREGATION BETH ISRAEL for participating in its 2013 Annual Holiday Dinner Drive.
CBI CLASS SCHEDULE

— SUNDAY —

Sunday Morning Talmud Class
A class structured to appeal to Talmud students of all levels, from beginners to more experienced. We are studying the 3rd chapter of Tractate Bava Kamma; come check it out for a morning, no commitment necessary.
R. Gabriel Greenberg, 9-10 a.m.

— MONDAY —

Midrasha’s Tanach and Talmud (for Teens)
This course is an informal but intensive study group focusing on close thematic readings of the Tanach and Talmud in translation. Class resumes September 10.
David Henkin, 4:15-5:45 pm

NCSY LNL – Latte & Learning (for Teens; Grades 9-12)
Latte & Learning brings Judaism to local coffee shops and serves up Torah in a relaxed and fun setting.
LNL is the place for teens to ask questions, voice their feelings, and connect with each other.
R. Akiva Naiman – Mondays, 7:30-8:30 p.m. • Starbucks, 2128 Oxford St, Berkeley

Women’s Dance Nights at CBI!
Come dance to a blend of world music, jazz, klezmer, hip hop and more. No moves to remember, no cost either.... Just a chance to let loose and get some good exercise in a fun way!
2nd & 4th Mondays • 8:00 pm

— TUESDAY —

Bikkur Cholim (Visiting the Sick): Revisiting our Sources
Join R. Cohen in an in-depth study of Jewish sources on the origin of the obligation, the purpose, and meaning. Is there a mitzvah to visit a sick person at all? What’s the purpose of one’s visit and how does one conduct themselves? Is prayer required at every visit? Can one fulfill the mitzvah through email or phone calls?
R. Cohen – Tuesday nights, March 11, 18, & 25 @ 7:30 pm

— WEDNESDAY —

Jewish Writings of Emmanuel Levinas
The Levinas Study Group meets at 8 pm at the Schweig home to discuss various essays of the Jewish philosopher Emmanuel Levinas. No background necessary. The class is facilitated by our resident scholar, Muni Schweig.
Muni Schweig – 1st, 2nd and 4th Wednesdays 8:00 p.m.

— THURSDAY —

Mishmar – Learners’ Night
Join a Beit Misrash atmosphere for a weekly night of learning at CBI. We will do our best to match you up with a chevrutah (study partner) or chavurah (a group of learners) for some free wheelin’, meaningful and personal text seeking and learning.
Thursdays, 8:00 – 10:00 p.m.

— FRIDAY —

Talmudic Wisdom:
Between the Land of Israel and the Diaspora • Priorities, Polemics, and Power Struggles:
In-depth Study of Ketubot 110a-112b.
Is there a biblical or rabbinic imperative to settle the Land of Israel? What insights can the Babylonian Talmud, the crown jewel of a Diasporic community, offer to this question? Join us for a weekly class that explores key sugyot (talmudic units) that discuss major Jewish questions of practice and thought.
R. Yonatan Cohen – Fridays, 9:00 a.m.
SHABBAT MEVARCHIM PEKUDEI PARSHAT SHEKALIM
Friday and Saturday, February 28th – March 1st
Candle Lighting ................................. 5:44 pm
Mincha & Kabbalat Shabbat .................. 5:45 pm
Morning Service ............................... 9:15 am
Educational program .......................... 10:30 am
Shabbat Mincha ............................... 12:50 pm
Seudah Shlishit ............................... 5:30 pm
Ma’ariv, Havdalah & Shabbat ends ....... 6:42 pm

ROSH CHODESH ADAR II
Sat. night, Sun. & Mon., March 1st-3rd
Shacharit Sunday ............................... 8:00 am
Monday ........................................... 6:30 am

SHABBAT PARSHAT VAYIKRAH
Friday and Saturday, March 7th & 8th
Candle Lighting ................................. 5:51 pm
Mincha & Kabbalat Shabbat .................. 5:55 pm
Morning Service ............................... 9:15 am
Educational program .......................... 10:30 am
Shabbat Mincha ............................... 12:50 pm
Seudah Shlishit ............................... 5:30 pm
Ma’ariv, Havdalah & Shabbat ends ....... 6:49 pm

DAYLIGHT SAVINGS TIME
Saturday night, March 9
Remember we move our clocks one hour forward

FAST OF ESTHER
Thursday, March 13th
Fast begins ................................. 5:51 am
Shacharit ..................................... 6:30 am
Fast Day Mincha ............................ 6:40 pm
Fast ends .................................... 7:45 pm

SHABBAT TZAV PARSHAT ZACHOR
Friday and Saturday, March 14th & 15th
Candle Lighting ............................... 6:57 pm
Mincha & Kabbalat Shabbat .................. 7:00 pm
Morning Service ............................. 9:15 am
Educational program ........................ 10:30 am
Shabbat Mincha ............................. 6:40 pm
Seudah Shlishit ............................. 6:55 pm
Ma’ariv, Havdalah & Shabbat ends ...... 7:55 pm

PURIM
Motssei Shabbat & Sunday, March 15th & 16th
Shabbat ends ................................. 7:55 pm
2nd Night Communal Seder w/ Ma’ayan & Elishav 8:25 pm
Megillah Reading .............................. 8:30 pm
followed by Purim Celebration

PURIM DAY
Sunday, March 16th
Shacharit ........................................... 9:00 am
Megillah reading ............................... 9:30 am
Women’s only Megillah reading ............ 11:00 am
Purim Carnival ............................... 2:00 pm
Festive Purim Meal @ CBI ...................... 3:00 pm
followed by Mincha and Ma’ariv

SHUSHAN PURIM
Monday, March 17th
Shacharit ........................................... 6:30 am

SHABBAT SHEMINI PARSHAT PARAH
BAR MITZVAH OF GABRIEL FEINER
Friday and Saturday, March 21st & 22nd
Candle Lighting ............................... 7:04 pm
Mincha & Kabbalat Shabbat .................. 7:00 pm
Morning Service ............................. 9:15 am
Educational program ........................ 10:30 am
Shabbat Mincha ............................. 6:45 pm
Seudah Shlishit ............................. 7:05 pm
Ma’ariv, Havdalah & Shabbat ends ...... 8:02 pm

SHABBAT MEVARCHIM TAZRIAH PARSHAT HACHODESH
Friday and Saturday, March 28th & 29th
Candle Lighting ............................... 7:17 pm
Mincha & Kabbalat Shabbat .................. 7:00 pm
Morning Service ............................. 9:15 am
Educational program ........................ 10:30 am
Shabbat Mincha ............................. 6:50 pm
Seudah Shlishit ............................. 7:10 pm
Ma’ariv, Havdalah & Shabbat ends ...... 8:09 pm

THIRD ANNUAL CBI BIKE RIDE
Sunday, March 30, 10:00 am
We will start & finish at the Sea Breeze Market at
598 University Ave.

Kosher Pop-Ups Presents:
EPIC BITES PIZZA @ CBI
Sunday, March 30, 1:00 - 8:00 pm
(see more information on page 27)

ROSH CHODESH NISSAN
Mon. night & Tues., March 31st & April 1st
Shacharit ........................................... 6:30 am

SHABBAT PARSHAT METZORAH
Friday & Saturday, April 4th & 5th
Mincha & Kabbalat Shabbat ................. 7:00 pm
Candle Lighting ............................... 7:17 pm
Morning Service .............................................. 9:15 am
Educational Childcare .................................... 10:15 am
Shabbat Mincha .............................................. 7:00 pm
Seudah Shelishit .............................................. 7:20 pm
Ma’ariv, Havdalah & Shabbat ends after ............ 8:15 pm

COMMUNAL HA’GA’LAH @CBI
Thursday, April 10, 7:00 p.m. – 10:00 p.m.

SHABBAT HAGADOL PARSHAT ACHAREI
Friday & Saturday, April 11th & 12th
Mincha & Kabbalat Shabbat .................. 7:00 pm
Candle Lighting ................................. 7:23 pm
Morning Service .............................. 9:15 am
Educational Childcare ......................... 10:15 am
Pre-Pesach Drasha in memory of Eli Resnikoff, z”l
delivered by Rabbi Cohen after services .......... 11:30 am
Shabbat Mincha .................. 7:05 pm
Seudah Shelishit .................. 7:15 pm
Ma’ariv, Havdalah & Shabbat ends after .......... 8:22 pm

BEDIKAT CHAMETZ—SEARCH FOR CHAMETZ
Sunday, April 13th
Search for chametz at ........................................ 8:15 pm

EREV PESACH - EVE OF PASSOVER
TA’ANIT BECHOROT - FAST OF THE FIRSTBORN
FIRST SEDER
Monday, April 14th
Fast Begins .............................................. 5:48 am
Morning Service .............................. 6:30 am
Siyum for Firstborns after morning services ..... 7:15 am
Eat chametz until ........................................ 10:53 am
Burn chametz until ................................... 11:54 am
Candle Lighting* ........................................ 7:26 pm
Mincha, Yom Tov Ma’ariv & Hallel ............. 7:30 pm
Fast ends ............................................. 8:16 pm
Begin First Seder after .................. 8:16 pm
* NOTE: Before a two-day Yom Tov, it is advisable to light a 24-
hour/yahrzeit candle so that on the second evening the candles may
be lit by transferring the flame from this pre-existing flame.

PESACH - PASSOVER
Tuesday, April 15th & Wednesday, April 16th

YOM TOV - 1ST DAY OF PESACH –
Tuesday, April 15th
Morning Service .............................................. 9:15 am
Yom Tov Mincha, Ma’ariv & Hallel .................. 7:30 pm
Light Candles from pre-existing flame AFTER 8:25 pm
Begin Second Seder AFTER .................. 8:25 pm
Count first night of Sefirah AFTER .................. 8:25 pm

YOM TOV – 2ND DAY OF PESACH –
Wednesday, April 16th
1st Day of the Omer
Morning Service .............................................. 9:15 am
Yom Tov Mincha .............................................. 7:30 pm
Ma’ariv, Havdalah & Yom Tov ends at .......... 8:27 pm
* Havdalah is comprised of the blessing over the wine (borei pri
Ha-Gafen) followed by the particular blessing of Havdalah
(hamavdil bein kodesh l’chol). We omit the blessing over in-
cense and candle.

1ST DAY OF CHOL HA’MOED PESACH –
Thursday, April 17th
2nd Day of the Omer
Morning Service .............................................. 6:30 am

2ND DAY OF CHOL HA’MOED PESACH –
Friday, April 18th
3rd Day of the Omer
Morning Service .............................................. 6:30 am

SHABBAT 3RD DAY CHOL HA’MOED PESACH
Friday & Saturday, April 18th & 19th
4th Day of the Omer
Mincha & Kabbalat Shabbat .................. 7:00 pm
Candle Lighting ................................. 7:30 pm
Morning Service .............................. 9:15 am
Educational Childcare ......................... 10:15 am
Shir Ha’Shirim ............................................. 11:30 am
Shabbat Mincha .................. 7:10 pm
Seudah Shelishit .................. 7:30 pm
Ma’ariv, Havdalah & Shabbat ends after .......... 8:30 pm

4TH DAY OF CHOL HA’MOED PESACH –
Sunday, April 20th
5th Day of the Omer
Morning Service .............................................. 8:00 am

YOM TOV - 7TH DAY OF PESACH –
Sunday night & Monday, April 20th & 21st
6th Day of the Omer
Mincha and Yom Tom Ma’ariv .............. 7:30 pm
Candle Lighting* ............................................ 7:32 pm
Morning Service .............................................. 9:15 am
Yom Tov Mincha followed by Yom Tov Ma’ariv 7:20 pm
Light Candles from pre-existing flame AFTER 8:32 pm
* NOTE: Before a two-day Yom Tov, it is advisable to light a 24-
hour/yahrzeit candle so that on the second evening the candles may
be lit by transferring the flame from this pre-existing flame.
YOM TOV - 8TH DAY OF PESACH –

Tuesday, April 22nd
7th Day of the Omer
Morning Service .............................................. 9:15 am
Yizkor ............................................................ 10:30 am
Yom Tov Mincha .............................................. 7:20 pm
Ma’ariv, Havdalah & Conclusion of Yom Tov ..8:37 pm

* Havdalah is comprised of the blessing over the wine (borei pri Ha-Gafen) followed by the particular blessing of Havdalah (hamatidil bein kodesh l’chol). We omit the blessing over incense and candle.

If you sold your chametz through CBI and have not been contacted by 8:50 pm, you may assume that your chametz has been repurchased and now belongs to you.

SHABBAT MEVARCHIM PARSHAT KEDOSHIM
SHABBAT SHALEM WITH RACHEL KORAZIM

Friday & Saturday, April 25th & 26th
Mincha & Kabbalat Shabbat …………………..7:00 pm
Candle Lighting ………………………………………7:36 pm
Morning Service ………………………………………9:15 am
Educational Childcare ……………………………….10:15 am
Shabbat Mincha ………………………………………7:20 pm
Seudah Shlishit ………………………………………7:40 pm
Ma’ariv, Havdalah & Shabbat ends after ………8:37 pm

YOM HASHOAH – COMMUNITY & TESTIMONY
Berkeley’s Jewish Communities’ Commemoration
Sunday, April 27, 7:00 pm at Congregation Netivot Shalom
(1316 University Ave.)

ROSH CHODESH IYYAR

Tuesday Night-Thursday, April 29th – May 1st
14th-16th Day of the Omer
Shacharit ……………………………………………………6:30 am

SHABBAT PARSHAT EMOR

Friday & Saturday, May 2nd & 3rd
18th Day of the Omer
Mincha & Kabbalat Shabbat …………………..7:00 pm
Candle Lighting ………………………………………7:43 pm
Morning Service ………………………………………9:15 am
Educational Childcare ……………………………….10:15 am
Shabbat Mincha ………………………………………7:20 pm
Seudah Shlishit ………………………………………7:40 pm
Ma’ariv, Havdalah & Shabbat ends after ………8:44 pm

YOM HAZIKARON/ DAY OF REMEMBRANCE FOR ISRAELI SOLDIERS

Sunday night & Monday, May 4th & 5th
20th Day of the Omer
Ceremony at CBI Monday, May 5th………………..7:00 pm

YOM HATZMA’UT

Monday night & Tuesday, May 5th & 6th
21st Day of the Omer
Celebratory Shacharit w/Hallel…………………..6:30 am

SHABBAT PARSHAT BEHAR

Friday & Saturday, May 9th – May 10th
25th Day of the Omer
Mincha & Kabbalat Shabbat …………………..7:00 pm
Candle Lighting ………………………………………7:49 pm
Morning Service ………………………………………9:15 am
Educational Childcare ……………………………….10:15 am
Mincha …………………………………………………7:35 pm
Seudah Shlishit ………………………………………7:55 pm
Ma’ariv, Havdalah & Shabbat ends after ………8:52 pm

SHABBAT PARSHAT BECHUKOTAI

Friday & Saturday, May 17th & 18th
32nd Day of the Omer
Mincha & Kabbalat Shabbat …………………..7:00 pm
Candle Lighting ………………………………………7:55 pm
Morning Service ………………………………………9:15 am
Educational Childcare ……………………………….10:15 am
Mincha …………………………………………………7:40 pm
Seudah Shlishit ………………………………………8:00 pm
Ma’ariv, Havdalah & Shabbat ends after ………8:59 pm

LAG B’OMER

Saturday night & Sunday, May 17th & 18th

SHABBAT MEVARCHIM PARSHAT BAMIDBAR

Friday & Saturday, May 23rd & 24th
39th Day of the Omer
Mincha & Kabbalat Shabbat …………………..7:00 pm
Candle Lighting ………………………………………8:01 pm
Morning Service ………………………………………9:15 am
Educational Childcare ……………………………….10:15 am
Mincha …………………………………………………7:40 pm
Seudah Shlishit ………………………………………8:00 pm
Ma’ariv, Havdalah & Shabbat ends after ………9:05 pm
MEMORIAL DAY  
**Monday, May 26th**  
**OFFICE CLOSED**  
Shacharit .................................................. 8:00 am

YOM YERUSHALAYIM  
**Tuesday night & Wednesday, May 27th & 28th**  
43rd Day of the Omer  
Shacharit w/Hallel ............................................ 6:30 am

ROSH CHODESH SIVAN  
**Thursday night & Friday, May 29th & 30th**  
44th Day of the Omer  
Shacharit .................................................... 6:30 am

SHABBAT PARSHAT NASSO  
**Friday & Saturday, May 30th & 31st**  
46th Day of the Omer  
Mincha & Kabbalat Shabbat ............................... 7:00 pm  
Candle Lighting .............................................. 8:06 pm  
Morning Service ............................................. 9:15 am  
Educational Childcare .................................... 10:15 am  
Mincha ......................................................... 7:45 pm  
Seudah Shlishit .............................................. 8:05 pm  
Ma’ariv, Havdalah & Shabbat ends after.............. 9:11 pm

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Please join us to celebrate as our son and brother  

**Gabriel Tuolumne**

is called to the Torah as a Bar Mitzvah  

Shabbat Parah Parshat Shemini  
**Saturday, March 22, 2014 • 20 Adar II, 5774 • 9:15 am**  
Luncheon and celebration following services  
Congregation Beth Israel  
Jennifer, Michael • Hannah, & Benjamin

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MERKAVAH 2014 CLASSES WITH MA’AYAN RABINOVICH

**CREATING SPACE FOR TIME**  
How do we slow down, take a break from our daily routine and have one day a week look different, and even holy?  
What does it take to make that happen?  
Shabbat is an opportunity for us to experience how to sanctify time, take a deep breath and connect to ourselves, our community and God.  
We’ll be studying, discussing and reflecting, through a variety of sources, about what Shabbat means, and how it can be a more meaningful day in our lives.  
$80, scholarships available  
**Wednesday, 11-12:30, February 19th-March 5th**

Classes meet at Congregation Beth Israel. No background needed, all levels welcome.  
Women only. For signing up and or more information: merkavahberkeley@gmail.com 510-219-0275
SHABBAT SHELANU • CBI SHABBAT YOUTH GROUPS

We wanted to take a moment and thank each member of the CBI Family for supporting Shabbat Shelanu’s (our Shabbat Youth Groups) transition into CBI. We continue to be inspired by our community’s spirit of hospitality, patience with process, and deep commitment to our children’s education and well-being. Indeed, the past few Shabbatot at CBI gave our community unique opportunities to fine tune and ameliorate our supervised play, and we are outlining below the schedule for Shabbat Shelanu. We ask that each parent makes sure that their child is in the correct designated space and group at each time and is being directly supervised by a parent or other adult designated by the parent. Where reasonable and possible, please help us to ensure a prayerful environment in the shul sanctuary and on the shul’s bimah.

Communication and Feedback:
During this transitional period and beyond, if you have any questions, ideas, or concerns, please share directly with Ma’ayan Rabinovich and/or Rabbi Cohen. Your active participation and feedback are critical on this journey.

In addition, our parent community reached an understanding that we bear responsibility for each other’s children. We ask that parents intervene if a child or a group of children are found wandering outside the CBI building, youth groups, designated spaces, or are engaging in inappropriate behaviors. In a case of intervention, the adult should walk the child back to their parent and notify Ma’ayan or R. Cohen of this occurrence. We expect that our parents will always act respectfully and sensitively, modeling to our children the very values we wish to imbue in them.

Parent Participation, Support, and Help:
Shabbat Shelanu relies heavily on our educator volunteers and we are always looking for additional parents to help lead our Shabbat groups. Our team is available to provide training, guidelines, and educational resources to any interested parent or suitable adult. In addition, we are on the lookout to hire additional madrichim. Please contact Ma’ayan Rabinovich if you are interested in getting involved in this way and have any leads.

— PROGRAM, SCHEDULE & DESIGNATED SPACES —

9:30 AM – 11:00 AM
UNSTRUCTURED SUPERVISED PLAY

Sukkah patio, Library (temporary Gan Shalom), and Magic Carpet (social hall)
All children are invited for supervised indoor and outdoor free play (Sukkah patio & Library) from 9:30 am to 11 a.m. Children under the age of 2 must be accompanied by a parent or designated adult. Children of that age can also join their parents on the Magic Carpet (North-West corner of the shul’s social hall, designated for our sweet crawlers). The shul’s front yard, by the women’s section, is not available for free play during Shabbat services.

11:00 AM – 11:15 AM
MIFGASH (COMMUNAL GATHERING)
Library (temporary Gan Shalom)

All children ages 2 to 2nd graders are invited for a Mifgash (gathering) at the shul’s library for snack and sendoff to groups. 3rd to 5th graders meet at the Shul Club at this time for snack and opening activity.

11:15 AM – 12:00 PM
EDUCATIONAL PROGRAMMING

Magic Carpet (Social Hall), Library (temporary Gan Shalom), Shul Tree House (upstairs classroom), Shul Club (front office)

<table>
<thead>
<tr>
<th>Groups</th>
<th>Designated Space*</th>
<th>Description</th>
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<tbody>
<tr>
<td>Babies and Tots (0-2)</td>
<td>Magic Carpet (carpet in social hall)</td>
<td>Unsupervised play, Child must be accompanied by a designated adult at all times.</td>
</tr>
<tr>
<td>Ketanim (3-4)</td>
<td>Sukkah &amp; Library</td>
<td>Shabbat tefillah (prayer), informal Parshah learning and related activity.</td>
</tr>
<tr>
<td>Shul Tree House (K-2nd grade)</td>
<td>Upstairs Classroom</td>
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<tr>
<td>Shul Club (3-5th grade)</td>
<td>Front Office</td>
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*The shul’s front yard, by the women’s section, as well as the Sukkah patio are not available for free play during this time.
Among the joys of my position at Yeshivat Chovevei Torah are the opportunities I have to visit our alumni and to see the incredible things they are doing. I have to thank my wife Rachel for allowing me the flexibility to travel, and I always try to maximize my trips by going to places where I can visit as many alumni as possible. The fact that I am able to do so is exciting in itself; we are blessed to have many clusters of musmakhim (rabbinic graduates) in key geographic centers outside the New York metropolitan area. We now have seven musmakhim in the Baltimore/Washington D.C. area; God willing we will soon have seven musmakhim in the Chicago area; and we have ten rabbis currently serving in California.

On Shabbat Feb. 7-8, I was able to visit with four musmakhim in the San Francisco Bay area. Having been born in Oakland, I consider the region my "home town," and for those of you who have not been there, it is simply gorgeous. I drove from San Francisco to Rav Ari Leibitz’s (YCT '06) school in Oakland, the Oakland Hebrew Day School. The school is perched on a beautiful mountain, providing incredible vistas for students who admit that the pull to look out the window sometimes trumps their focus. Rav Ari told me that the children often see deer and chickens roaming freely in the open land right next to the school. Even on the foggy, rainy day of my visit, the surroundings were breath-taking. Still, the true beauty is inside the school, an Orthodox institution with 30% of its student body coming from non-Orthodox backgrounds. They come because they love the nurturing, inclusive environment, and the quality education -- all Judaic classes are taught in Hebrew! Rav Ari has only been in his position (Head of School) for 18 months, but the transformation he has overseen in that short time is truly remarkable.

I was too soon on my way, and I welcomed the Shabbat in charming Berkeley, where Rav Yonatan Cohen (YCT '06) has turned the small shul where I spent the first eight years of my life into a growing powerhouse that attracts members and friends with backgrounds ranging from ultra-Orthodox to Conservative and Renewal. Rav Yonatan has built a community where the number of people returning to shul on Shabbat afternoon for the third meal and havdala is in the dozens. The level of observance of some members of this community doesn’t inhibit its warm inclusiveness of all its members. It is truly a vibrant and diverse paradise which embodies the vision of our Yeshiva: To train rabbis who inspire -- rabbis who will not only continue to shape Orthodoxy, but who will have a deep impact on the entire Jewish community. Joining us for Shabbat were Rav David Kashel (YCT ’07), Director of Education at Kevah, an adult learning enterprise with a broad reach, and Rav Gabe Greenberg (YCT ’12), the Jim Joseph Fellow at UC Berkeley soon scheduled to take over the pulpit in New Orleans from Rav Uri Topolosky (YCT ’05). Rabbis are trained at YCT to be self confident in order to be humble and to be open to all learning opportunities, so it should come as no surprise that the way they talk about being inspired by one another and the ways in which they learn from each other are even more impressive than their incredible achievements.

I encourage you, our friends and supporters, to visit our musmakhim. It may mean a trip to the Bay Area, or perhaps to somewhere else in the world where one or more of the 85 YCT musmakhim serve Jewish communities. When you see them, talk to them, and hear their experiences and challenges firsthand, I am confident that you will be as inspired by them as I am. I am confident, too, that you will schep nachas that we are, with God’s help, working to train a new generation of rabbis who are bringing God, Torah, and a meaningful Judaism to the world.
WHY JOIN MORASHA CBI’S LEGACY PROGRAM?
*By Sara Darmoni*

Why was it important to be part of the Legacy program?
I wanted to give something back to CBI, but knowing that I was just married and that our first child was on the way, expenses were going to be tight.
I then talked it over with Noah Alper, and realized how I can be part of CBI Legacy. It was so simple. I put down CBI as one of my beneficiaries on my IRA account. It was important for me to know that CBI will have these funds in the future so other families can experience the wonderful programs and the warmth of our community.

---

**CBI MORASHA (LEGACY) SOCIETY**

Our commitment to our beloved community is evident in everything we do. Now each of us can extend our commitment into the future.

We are profoundly grateful to the inaugural members of the **CBI MORASHA (LEGACY) SOCIETY**

Fran Alexander • Paul Albert • Noah and Hope Alper
Anonymous (2) • Ron & Bella Barany • Judith Bloom • Benjamin and Sara Darmoni
Nimrod and Aliza Elias • Malcolm Feeley • Alan Finkelstein & Leslie Valas
Sam Ginsburg • David & Diane Gould • Ezra & Toby Hendon • Gary & Ilene Katz
Jesse and Gabriella Kellerman • Seymour Kessler • Alan & Elissa Kittner
Gary & Lois Marcus • Ed & Phyllis Miller • Joel & Irene Resnikoff
Ben Rose & Rebecca Landes • Mordy & Rena Rosen
Bob and June Safran • Steve Silberblatt & Rita Kohl • Bob & Naomi Stamper
Linda & Stanley Wulf

*For more information or to join the Society please contact
Noah Alper at noahalper@gmail.com or Rena Rosen at t.rosenfamily@comcast.net.*
CBI Teens invite children of all ages to the
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Followed by Communal Purim BBQ Seudah
Free!

Come Have a Blast! On Purim Day • Sunday, March 16 • FREE
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The Classic, Cheese, Homemade Sauce, Basil, and Garnished with Parmesan

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Vegan Seitan Sausage, Hearty Marinara, Charred Peppers and Onion

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Very Very Very Slow Roasted Onions, Goat Cheese, Fresh Sage, and Marinara

Wild Mushrooms and Smoked Mozzarella - 15$
Garnished with fresh Chives and Pecorino

Creamed Spinach Pie- 13$
Its Creamed Spinach on Bread. What could go wrong?

A very nice sized pc. of Stromboli- 7.25$
Loaded Garlic Knots- 5$

attack of the snack
Fried Mac and Cheese- 7.50$
Arancini with Smoked Mozz and Marinara- 7.50$

salads and antipasta
Caesar Salad with Garlic Croutons and Parmesan- 6.50$
Beet Salad with Citrus, Pistachio, and Feta-6.50$
Marinated Olives- 5.00$
Roasted Rosemary Almonds- 4.50$
Chunk of Bread-1$

something sweet
Kitchen Sink Blondie- 2.00
Belgium Chocolate Brownie-2.00
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with Ma'ayan & Elishav Rabinovich

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SHABBAT SHALELM – FRIDAY & SATURDAY, APRIL 25 - 26

Rachel is a freelance Jewish education consultant in curriculum development for Israel and Holocaust education. Rachel opens for her audiences a window to Israeli society through literature; through stories, poems and songs of the best of Israel’s writers, she invites listeners to engage with Israel in an innovative way.

Until 2008 she had been the Academic Director of Distance learning programs at The JAFI Department of Education

Born in Israel, she had served in the I.D.F as an officer in the central training base for women and was later, a member of the I.D.F delegation to Niger (West Africa). She is a graduate of Haifa University with a PhD in Jewish education.

Rachel has a vast experience in Jewish education both in Israel and the Diaspora. As one of the founders and directors of a special program for soldiers from disadvantaged background, she was responsible for creating the educational framework and training teachers for the implementation of the program.

Since her first Shlichut to Canada where she was the head of JAFI delegation (from 1985 to 1988) she is involved with Jewish education worldwide: creating and implementing in-service training programs for educators, writing educational materials, counseling and teaching. Rachel is familiar, through many visits, with the Jewish education communities of the US, Canada, Latin America and Europe. Since 1990 she has invested a lot of her time and energy in helping the emerging Jewish schools of Hungary.

Rachel teaches at Israel’s well known learning centers such as Pardes and the Shalom Harman Institutes as well as numerous world Jewish communities.
YOM HASHOAH - COMMUNITY & TESTIMONY
BERKELEY SHULS’ YOM HASHOAH COMMEMORATION

Sunday, April 27th, 7pm
At Congregation Netivot Shalom (1316 University Ave)

Cosponsored by Congregation Beth El,
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Yom HaZikaron • Israel’s Memorial Day
Yom Ha’atzmaut • Israel’s Independence Day

MONDAY, MAY 5TH
AT CONGREGATION BETH ISRAEL

7:00 PM - Memorial Ceremony for Yom HaZikaron
8:00 PM - Celebratory Ma’ariv for Yom Ha’atzmaut,
followed by Yom Ha’atzmaut celebration
and light refreshments.
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With Rabbi Akiva Naiman

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Proceeds go to Regional Chapter to support
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— SHABBAT SERVICES —
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— ANNIVERSARIES —

Arye Rosenstein & Rachel Toaff-Rosenstein • 3/27/2014 • 9th anniversary
Jacob & Rena Harari • 3/28/2014 • 55th anniversary
Jim & Carol Cunradi • 3/29/2014 • 30th anniversary
Benjamin & Sara Darmoni • 4/2/2014 • 2nd anniversary
Steven & Joan Ominsky • 4/4/2014 • 49th anniversary
Michael & Deborah Lesser • 4/6/2014 • 45th anniversary
Offer & Miri Grembek • 4/20/2014 • 10th anniversary
Noah & Hope Alper • 5/25/2014 • 28th anniversary
Gilad Buchman & Rachel Perle • 5/31/2014 • 11th anniversary

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— BIRTHDAYS —

Tzvi Miller, March 2
Matthew Weiss, March 2 • 2nd birthday
Abby Streusand, March 3
Yehuda Ben-Israel, March 4, 2014
Desmid Lyon, March 4
Nadav Gilbert, March 3, 1st birthday
Beth Magid, March 5
Yoni Wulf, March 5, 18th birthday
Rachel Toaff-Rosenstein, March 7
Talia Bloom, March 8, 16th birthday
Shoshana Katler, March 8, 9th birthday
Michael Lesser, March 8
Gabriel Feiner, March 9, 13th birthday
Sheila Yudenfreund, March 9
Ari Libenson, March 10, 12th birthday
Raphael Mrejen, March 10, 9th birthday
Susan Schickman, March 10
Ronald Barany, March 11
Haim Levi, March 12
Paul Panish, March 12
Daniel Balbuena Quilter, March 14, 2nd birthday
Sara Engel, March 14
Howard Felson, March 15
Adra Greenberg, March 15, 1st birthday
Russell Kassman, March 15
Yuval Loewenberg, March 17, 8th birthday
Mark Schickman, March 17
Richard Atkins, March 18
Laura Schickman, March 18
Jim Cunradi, March 20
Naveh Rosenstein, March 21, 1st birthday
Eli Teitelman, March 21, 16th birthday
Simcha Magid, March 22, 6th birthday
Talya Sandel, March 23, 15th birthday
Arielle Tonkin, March 23
Jeremy Evnine, March 24
N. R. Golomb, March 24
Samuel Kabella, March 24, 6th birthday
David Spieler, March 24
Zushya Davis, March 25, 3rd birthday
Raaya Ilovitz, March 25, 4th birthday
Aya Krantz, March 25, 6th birthday
Marti Zedeck, March 27
Leah Zinn, March 27, 1st birthday
Sondra Markowitz, March 28
Sara Darmoni, March 29
Ariel Spagnolo, March 30, 9th birthday
David Alperin, March 31, 8th birthday
Ahron Schweig, March 31, 5th birthday
Gil Stein, March 31, 10th birthday
Marge Green, April 1
Alona Bach, April 2
Tirzah Brott, April 2
Maya Elias, April 2, 2nd birthday
Joel Brodsky, April 5
Deborah Lesser, April 5
Anna Belle Panish, April 5
Tania Schweig, April 6
Fran Quittel, April 7
Chaim Mahgel-Friedman, April 8
Glenn Massarano, April 9
Roni Greenberg, April 10, 16th birthday
Max Heitler Bamberger, April 10, 11th birthday
Nitzan Loewenberg, April 10, 12th birthday
Miriam Petrick, April 11
Robin Magid, April 12
Aaron Hillel Magid, April 13, 18th birthday
David Miller, April 13
Aaron Blumenfeld, April 18
Liara Brosbe, April 23
Hoshaya Cohen, April 25, 5th birthday
Michael Greenwald, April 25
Mira Batyah Schulman, April 25, 6th birthday
Roni Alperin-Daniel, April 26
Boaz Buchman-Perl, April 27, 7th birthday
Bat Sheva Miller, April 27
Joshua Meltzer, April 28
Maxine Winer, April 28
Jennifer Panish, April 29
Carol Cunradi, April 30
Elijah Isaacson, April 30, 6th birthday
Betzalel Massarano, April 30
Aliza Elias, May 1
Ayre Rosenstein, May 1
Eliana Sudikoff, May 1
Dan Mainemer, May 2
Hedva Felson, May 4, 3rd birthday
Ben Rose, May 4
Adene Sacks, May 4
Sam Haber, May 5
Raizel Mahgel-Friedman, May 5, 6th birthday
Claire Fenton, May 7
Yonatan Cohen, May 8
Viola Katz, May 9, 1st birthday
Daniel Magid, May 10
Marvin Engel, May 12
Netzach Miller, May 12
Sara Schulman, May 12
Barthea James, May 13
Shai Krantz, May 14, 8th birthday
Ben Zeitlin, May 16
Guy Biton-Harel, May 17
Cory Zinn, May 17
Mateo Aces, May 18
Molly Greenberg, May 21
Cynthia Samuels, May 21
Aaron Marcus, May 22
Joshua Magid, May 23
Maya Smith, May 26, 18th birthday
Ravenna Smith, May 26, 18th birthday
MAZAL TOV!

To the Diamond and Bongard Families on the wedding of Danielle Diamond and Ilan Bongard in Haifa, Israel.

To the Schickman and Dannehl families on the wedding of Joe Schickman and Laura Dannehl.

May they merit to build a loving home, filled with mitzvot, good deeds, and the warmth of family and community.

To Orli Hellerstein on becoming a bat mitzvah
To Gaviella Esther Sandel on becoming a bat mitzvah

To new parents Rachel Federman & Hillel Greene on the birth of a son, Abram Sye.
To Sarah & Michael Mrejen and big brothers and sister Raphael, Noa & Aviel on the birth of a girl, Yael.
To Marv and Sara Engel on the birth of a grandson to their daughter and son-in-law, Tamar and Maxim Shustef of Oakland.
To new parents Felisa & Jonathan Simon on the birth of a baby boy.
To Mark and Susan Schickman on the birth of a grandson, Jacob, to their son and daughter-in-law Joshua and Rikkie Schickman

May their lives be filled with the insights of Torah, the warm and supportive love of family and community, and the blessing of good deeds.

BARUCH DAYAN EMET • CONDOLENCES

We regret to inform you of the passing of Clara Stein, Chaya bat Leah v’Yaakov, beloved wife of Harry Stein, mother of Doreet Stein, Leora, and son Avi, mother-in-law of Jeff Stein and grandmother of Coby, Ami & Gil.
We regret to inform you of the passing of Luba Andermann, grandmother of Sergio Andermann, at the age of 93 surrounded by her children, and after visits from many of her 13 grand- and 14 great-grand-children.
We regret to inform you of the passing of Elaine Gessow (nee Silverman), Chava Yehudis bat Yaakov & Jean, the beloved mother of Jory Gessow, mother-in-law of Lisa Gessow, and grandmother of Sam Gessow. She is survived by her daughters Laura Goldman and Lisa Michaelson, and sons Jory Gessow and Jody Gessow, eight grandchildren and three great-grandchildren.
We regret to inform you of the passing of Robert Pregler (Rafael ben Yehoshua v’ Rivka), the beloved father of Ilene Lee. He passed away peacefully in his home in Los Angeles surrounded by his daughters.
We regret to inform you of the passing in Montreal of Florence Samuels (Faygah Perl bat Aryeh Leib HaCohen v’ Ronya), beloved sister of Beverly Feldman and sister-in-law of Norman Feldman; she is survived by her son Clifford Samuels and daughter Eloise Bruner and two grandchildren, as well as her sisters Joyce Tobenstein and Frances Bokser.
We regret to inform you of the passing of Haskell David Rosner (Tzvi Hirsh Dowid ben Ozias v’ Yaffa Bracha), beloved father of Cari Jelen, father-in-law of Dov Jelen and grandfather of Yaffa Jelen. He is also survived by his wife Sue Rosner, his son Seth and wife Katie and their two children Rebecca and Shane.
We regret to inform you of the passing in Israel of Tamar Bittelman, beloved wife of Noah Bittelman. She is survived by her husband, her mother and brothers and sister, nieces and nephews.
We regret to inform you of the passing of Adele Krone, (Sara Iba bat Yoshiya Lev v’ Raizel Bella z’l), devoted wife of 63 years to the late Dr. Joseph Schley, mother of Dr. Susan (Rabbi SaraLeya) Schley and Scott Schley, Esq. She is also survived by 7 grandchildren and a great grandchild.

May the Holy One comfort the families, together with all those who mourn for Zion and Jerusalem.

HaMakom Yenacheim Etchem Betoch Shear Aveilei Tziyon VeYerushalayim.
November 23: The Schickman Family in honor of the aufruf celebrating the upcoming marriage of Nathaniel Joseph Schickman & Laura Danneh

November 30: The Avram and Laura Davis Family

December 7: The Schubert family in honor of Liberty’s birthday

December 14: The members of the morning minyan in thanks for John Pilkington’s many years of service in support of the minyan: Avraham Burrell, Jory Gessow, Rabbi Yehudah Ferris, Rabbi Yonatan Cohen, Gary & Lois Marcus, Daniel Magid, Gerard Dahan, Justin Sweet, Boaz Haberman, Guy Harel, David Miller, Na’amain Kam, Muni Schweig, Arabella Bangura, Jonah Markowitz, members of the eruv committee for stepping up when called, Sam Ginsburg, Leora Lawton; Friends of John and Linda; Laura Lipman, Ezra & Toby Hendon, Sondra Markowitz, Steve Silberblatt & Rita Kohl, Bobby & Barbara Budnitz, Joan Sopher, Mordecai & Rena Rosen, David & Rikki Sudikoff, Eric & Rachel Seder, Norm & Beverly Feldman; Rona Rothenberg in memory of her father, Jerry Rothenberg, Yosef Chaim ben Schneur Zalman on his 14th yahrzeit, 12 Tevet; The CBI families thanking Jessica Alegre for her vital role on Shabbat to our children

December 21: Carol & Jim Cunradi, on the yahrzeit of Carol’s father, Chaim ben Mordechai haCohen z”l; Aron Menda in honor of the CBI family

December 28: Jonathan & Felisa Simon to celebrate their anniversary and buying a house in Berkeley

January 4: The Sacks-Hellerstein Family, in honor of our daughter Orli becoming a Bat Mitzvah.

January 11: The Sandel Family, in honor of Gavriella Esther Sandel becoming a Bat Mitzvah

January 18: Miriam R. L. Petruck, marking the yahrzeit of her father, HaRav Elimelech ben Yosef Dov Be’er.

Rhoda L. Agin in memory of her beloved parents Diana (Sheina Dina Itzkowitz) Agin and Irving (Yitzchak) Agin; Ezra & Toby Hendon in remembrance of the yahrzeit of Ezra’s father, Yakov ben Aharon; Rachel Seder in memory of her father Zev ben Binyamin z”l; Eric Seder in memory of his father Chaim Tzvi ben Yehoshua z”l; The Stein Family for the shloshim of Clara Stein, Chaya bat Yakov, z”l.

January 25: Gerard Dahan on the occasion of his mother’s 3rd yahrzeit, Rachel bat Pinchas; Janice Mac Millan/Koshercraft Catering

February 1: Epic Bites, thanking the community

February 8: Shabbat Shalem w/Scholar-In-Residence R. Asher Lopatin: Paul Albert; Ken & Sara Bamberger; R. Yonatan Cohen and Frayda Gonshor Cohen; Aaron Finkelstein; Alan Finkelstein & Leslie Valas; Jacob & Rachel Heitler; Yvette Hoffer; R. Ari & Florence Leubitz; Oakland Hebrew Day School; Joel & Irene Resnikoff

KIDDUSH SPONSORING

Kiddush Sponsorship Online Signup: On our weekly bulletin online, the Daf Hashavuah, you will find a link to a spreadsheet where you can sign up for sponsorships all on your own. You can still contact Rona (ronateitelman@gmail.com) or Avraham (510-845-7744) if you want to sign up the old-fashioned way.
—— DONATIONS ——

GENERAL FUND
Rhoda Agin: in memory of Ilene Lee’s father, Robert Pregler; of Jory Gessow’s mother, Elaine Gessow; of Beverly Feldman’s sister, Florence Samuels
Afikomen
Michael & Tamar Altfest: in appreciation of Kenny Weiss presiding over our son Ezra’s pidyon haben
Philip Altfest: on Ezra Altfest’s pidyon haben
Anonymous
Joan Brunswick: in memory of Bert Bradley; and of Jan Haber
Jack Cohen
Paul & Celia Concus: in memory of Jan Haber, beloved wife of Sam Haber and mother of Kate, Ruth & Sara Haber
Sanne Dewitt: in memory of her mother, Clara K. Kalter
Nimrod & Aliza Elias: for the Tot Shabbat program
Jane Falk: in memory of Jory Gessow’s mother, Elaine Gessow; of Doreet Stein’s mother, Clara Stein; in honor of Joe & Laura Schickman’s wedding; and of the wedding of Guy & Melissa Biton-Harel
Howard Felson & Efrat Campagnano: in honor of the Hendon, Alper, Budnitz, and Feiner/Shy families for their hospitality
Terence & Olga Gordon: in memory of Olga’s mother, Fanny Berelowitz
Simcha & Marge Green: for the recovery of Jeanette & Henry Wolpert; in memory of Jeanette Wolpert; in memory of Adele Kron, R. Schley’s mother
Shulamis Green: in appreciation for the lovely baking class with Jane Turbiner
Joseph Hellerstein & Adene Sacks: in honor of R. Cohen
David & Hanna Hindawi: on the yahrzeit of David’s brother, Meir Hed
Robert Isaacson
Lev & Sarah Jasper
Gary & Ilene Katz: in memory of Jan Haber; mazal tov to Mordy & Rena Rosen on the birth of their grandson Allen Caleb Rosen; to Leslie Valas & Alan Finkelstein on the birth of their granddaughter Orly Binah Heitler, and on the engagement of Aaron Finkelstein & Julie Sugar; to Ruth & Fried Wittman on the birth of two granddaughters in 2013
Jesse Kellerman & Gabriella Rosen Kellerman
Seymour Kessler: in memory of Barry Rubin; of Marty Abkowitz
Derek & Maureen Krantz
Kennard & Annetta Lipman: in memory of CB Gunter Linda Marcus: thank you for two wonderful shabbatot
Sam Markowitz: in memory of his mother Florence Markowitz, Etta Fredl bat Zalman v’Dvora
Edward & Phyllis Miller: in memory of Phyllis’s father, Michael Hecht
Karen Chana Quastler: in memory of Chava Yehudis bat Yaakov & Jean, mother of Jory Gessow; of Chaya bat Leah v’Yaakov, mother of Doreet Stein
Ben Rose & Rebecca Landes: in memory of Clara Stein, beloved mother of Doreet; and Elaine Gessow, beloved mother of Jory Gessow
Eric & Rachel Seder: in honor of the bat mitzvah of Ashira Bloom; of the birth of Orly Heitler; and of the birth of Allen Rosen
Richard & Susan Seeley
Henry & Violette Sibony: in honor of the wedding of Danielle Diamond; of Yael Mr ejen, new daughter of Sara & Michael Mr ejen; in memory of Beverly Feldman’s sister Florence Samuels in Montreal; and of Elaine Gessow
Gary Silverman
Marvin & Maxine Winer: in memory of Maxine’s father, Samuel Robert Apple
Sheldon & Marti Zedock: for the new member welcome fund

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Paul Albert
Ken & Sara Bamberger
R. Yonatan Cohen and Frayda Gonshor Cohen
R. Aaron Finkelstein
Alan Finkelstein & Leslie Valas
Jacob & Rachel Heitler
Yvette Hoffer
R. Ari & Florence Leubitz
Oakland Hebrew Day School
Joel & Irene Resnikoff

GAN SHALOM PRESCHOOL
R. Yonatan Cohen & Frayda Gonshor Cohen: in honor of the birth of a son to Judah & Naomi Dardik in April
Carol and Jim Cunradi: in honor of Laura Lipman’s birthday
Alisa Einwohner: in memory of Solomon & Lily, grandchildren of Avraham Leib Rosaner & Brynna Jablonka Rosaner
Doni & Stefanie Katz
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Rona Teitelman: in honor of Laura Lipman’s birthday
Witkin Foundation

BUILDING FOR GENERATIONS FUND
R. Yonatan Cohen & Frayda Gonshor Cohen
Donations Continued

Norman and Beverly Feldman: in honor of the bat mitzvah of Ashira Bloom; of the naming of Orly Heitler; of the naming of Allen Rosen; and of Laura Lipman’s 60th birthday
Desmid Lyon: in memory of Doreet Stein’s mother; in memory of Jory Gessow’s mother; in memory of Beverly Feldman’s sister; in memory of Ilene Lee’s father; mazel tov to Linda Diamond; refuah shleimah to Bayla Sosa bat Ronya
Gary & Lois Marcus
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Arvee Rosenstein & Rachel Toaff-Rosenstein: in honor of Sara Bamberger’s 40th birthday and Dalia Schulman’s 4th birthday
Ben & Jo-Ellen Zeitlin

Rabbi’s Discretionary Fund
Fran Alexander
Tony & Kathleen Bloom: thanking R. Cohen and Frayda for their time with Ashira.
Robert & Barbara Budnitz in memory of Ada and Paul Paresky’s yahrzeit.
Jim & Carol Cunradi: in memory of Jory Gessow’s mother
Kent Dannehl & Mary Strunk
Nimrod & Aliza Elias
Howard Felson & Efrat Campagnano: in honor of Frayda & R. Cohen
Josse Grant & Ariana Heller: with gratitude to R. Cohen
Kenneth & Karen Greene: in honor of the birth of our grandson, Ahron S. Greene and the warm hospitality extended to us during our visit for his bris. We sincerely appreciate R. Cohen’s and Frayda’s efforts on behalf of Hillel, Rachel & Abe
Alison Jordan: in appreciation for R. Cohen
Mira Kittner
Avi Langer: with gratitude to R. Cohen
Moshe & Liat Matsa
Edward & Phyllis Miller: in honor of the wedding of Joe Schickman & Laura Dannehl; of Raphael & Jeanette Rosen & Mordy & Rena Rosen on the birth of Allen Caleb Rosen; mazel tov to the Diamond and Bongard families on the wedding of Danielle Diamond and Ilan Bongard; and to Marv & Sara Engel on the birth of a granddaughter to Tamar & Maxim Shusteff
Michael & Chanah Piotrkowski: in memory of Elaine Gessow; and of Rafael ben Yehoshua v’ Rivka, Ilene Lee’s father
Mordecai & Rena Rosen: in honor of Allen Caleb Rosen
Ory & Tamar Sandel
Joe & Laura Schickman: with gratitude to R. Cohen
Friedner & Ruth Wittman
Perrin White: thank you for your shabbat hospitality!

Marvin & Sheila Yudenfreund: in honor of Allen Caleb Rosen; in memory of Beverly Feldman’s sister, Florence Samuels; in memory of Cari Jelen’s father, Haskell David Rosner; in memory of Elaine Gessow; in honor of R. Cohen and Frayda, Lois Marcus, Paul Albert, Elishav & Ma’ayan Rabinovich for their community building at CBI.

Children’s Jewish Education Fund
Noah & Hope Alper
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Aron & Anna Gonshor: in appreciation of Irene & Joel Resnikoff in appreciation; in honor of Jacob & Rachel Heitler, and Alan Finkelstein & Leslie Valas on the birth of Orly; in appreciation of Linda Wulf
Gary & Ilene Katz
Liya Levanda
Laura Lipman
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